



File No:

Date: / /

Date: ... / ... /
Patient Name: Mariam Ali
File Number: 1003533
إسم المريض: مريم علي محمد
Date Of Birth (تاريخ الميلاد): 2/6/1976 Gender: M / F
Marital Status: (الحالة الاجتماعية): متاهنة
Nationality (الجنسية): لبنانية Occupation: معلمة
Address (العنوان): السراة
Phone No. (رقم الهاتف): 052532335
E-MAIL:
How did you know about us: توصية

التاريخ الطبي Medical History		
الحالة الطبية Medical Condition	Yes/No نعم / لا	If 'YES' give details إذا كانت الإجابة نعم أذكر بالتفصيل
Recent or current drugs/Medical Treatment هل تتعاطى أي أدوية أو تتلقى أي علاجات حثيثاً؟	+	
Corticosteroids/Immunosuppressant هل تتعاطى أي سترويدات أو مثبطات المناعة؟	+	
Allergies هل لديك أي حساسية؟	+	
Surgical Operations, Serious Illness هل أجريت أي عمليات جراحية أو تعاني من أي أمراض؟	+	<u>استئصال الزائدة</u>
Cardiac surgery, Rheumatic fever, Endocarditis, Artificial heart valve, Congenital heart disease جراحة قلب، حمى روماتويد، التهاب شغاف القلب، صمام قلب صناعي، أمراض القلب	+	
High Blood Pressure, Bleeding disorders, Anticoagulants هل لديك ارتفاع في ضغط الدم، مشاكل في النزيف أو تتعاطى أي مبيعات للدم؟	+	
Anemia, Leukemia (سرطان الدم)، لوكيميا	+	
Chest disease, Asthma, Bronchitis, TB, Other أمراض صدرية، أزمة تنفسية، التهاب في الشعبات، السل، أمراض أخرى	+	
Renal, Urinary, Sexually transmitted disease هل تعاني من أي أمراض في الكلى أو أمراض بولية أو تناسلية؟	+	
Pregnancy, Contraceptive pill, Menstrual problems هل انت حامل؟ هل تتعاطين أي مانع للحمل؟ هل تعانين من مشاكل في الدورة الشهرية؟	+	
Hepatitis, Jaundice, Other liver diseases التهاب الكبد الوبائي، الصفراء، أي أمراض كبدية أخرى	+	
Peptic ulcer, Crohn's ulcerative colitis, Other قرحة معوية، داء كرون، أي أمراض معوية أخرى؟	+	
Epilepsy, or any other neurological disease هل تعاني من الصرع أو أي أمراض في الجهاز العصبي؟	+	
Thyroid Diseases, Diabetes هل تعاني من مرض السكري أو أمراض الغدة الدرقية؟	+	
Other conditions فيروس الإيدز، فيروس الحلا البسيط etc هل تعاني من أي أمراض أخرى؟ HSV, HIV...etc	+	



Medical Consent Form

I hereby consent and authorize the doctor to treat my medical condition which has been explained to me by the qualified physician

I understand that in order to provide me with the most efficient and enhanced service, diagnostic and other procedures may be deemed necessary.

I understand that my treating doctor may discover other or different conditions, which may require additional or different procedures than those planned.

I authorize my treating doctor to perform any procedures which are advisable in their professional judgment.

I understand that no warranty or guarantee has been made to me as a result or cure just as there may be risks and hazards in continuing my present condition without treatment.

I understand that there are also risks and hazards to the performance of the diagnostic and/or surgical procedures.
I realize that common surgical or diagnostic procedures are potential for an infection, swelling, bleeding, pain or allergic reaction.

I understand that there are minimal fees to be paid per service and that all fees must be paid in full before the completion of treatment.

I consent that all medical history and information I provided in my medical file is true and I understand that any information I provide regarding my medical status will be kept confidential and anonymous.

I believe that I have sufficient information to give this consent. I certify that this form has been fully explained to me and that I have read it and I understand its' content and I sign it with all my will.

I am fully aware that any payments is NON refundable

Patient's Signature/ Guardians (In case of minors):

Date: ... / ... /

نموذج القرار طبي

أوافق وأسمح للطبيب بمعالجة حالتي المرضية التي تم شرحها لي من قبل الطبيب المختص والمؤهل.

أتفهم أن بعض الإجراءات الطبية والتشخيصية الإضافية قد تكون ضرورية من أجل تزديتي بالعلاج الأمثل وخدمة الأفضل.

أتفهم أنه من الممكن أن يكشف الطبيب خلال العلاج أموراً مختلفة عن ما نذكر في الفحص الأولي والتي قد تتطلب إجراءات إضافية أو مختلفة عن تلك المخطط لها.

أفوض الطبيب المعالج باتخاذ كل الإجراءات الطبية والعلاجات اللازمة والمطلوبة بحكم خبرته المهنية والعلمية.

أقر أنه لم يتم تقديم أي ضمانات أو تأمين لنتائج العلاجات والإجراءات الطبية أو التجميلية المقيدة لي، كما أتفهم الأخطار والمضاعفات الناتجة عن عدم استكمال علاج حالتي المرضية.

أتفهم تماماً كافة الأخطار والمضاعفات التي قد تكون مصاحبة للفحوصات والإجراءات العلاجية والجراحية.

وأدرك أن بعض الإجراءات التشخيصية والعلاجية والجراحية قد تؤدي إلي مضاعفات كالتهاب أو التورم أو النزيف أو الألم أو الحساسية

أتفهم أن هناك رسوم بالحد الأدنى يجب علي دفعها مقابل الخدمة العلاجية وأن جميع الرسوم المطلوبة يجب أن تسدد بالكامل قبل الانتهاء من العلاج.

أقر أن كافة المعلومات الطبية والتاريخ الطبي الذي قدمته لي قسني الملف صحيحة. و أتفهم أن أي معلومات تتعلق بحالتي الصحية ستبقى سرية تماماً ولا يمكن الإطلاع عليها دون موافقتي

أقر أن لدي المعلومات الكاملة لتقديم هذا الأقرار وأن هذا النموذج قد تم شرحه لي بالكامل واني قد قرأت وفهمت جميع تفاصيله بالكامل واني وقعت عليه بكامل إرادتي

أنا على دراية تامة أن أي مدفوعات للمركز هي غير قابلة للاسترداد

توقيع المريض / ولي الأمر (من هم دون السن القانونية):

التاريخ: ... / ... /

استمارة تقييم المريض Patient Assessment Form

المؤشرات الحيوية Vital Signs	
Weight (الوزن):	Kg
Pulse (النبض):	ppm
Height (الطول):	157 cm
Blood Pressure (الضغط الدم):	/
Blood Type (دم):	
Blood Sugar (السكر الدم):	

سبب زيارة المريض للعيادة Chief Complaint

weight gain

Disease History التاريخ المرضي:	
Allergies الحساسية:	
Medications الأدوية:	Osteoporosis (Ca + twice a day)
Pregnancy الحمل:	
Previous Surgeries, Hospitalization عمليات سابقة، إيداع المستشفى:	
Smoking (التدخين):	Y / N
Alcohol (الكحول):	Y / N
Drugs (تعاويذ):	Y / N

الملاحظات العامة و السريرية General & Clinical Findings

weight gain / Period Irregular

الفحص Examination

BFA -

الصور الشعاعية Radiography

التشخيص Diagnosis

InBody

Marion Zero

ID 101219-1 | Height 157cm | Age 43 | Gender Female | Test Date / Time 10.12.2019 15:34

[InBody270]

Body Composition Analysis

Total amount of water in my body	Total Body Water (L)	31.2 (27.0~33.0)
What I need to build muscles	Protein (kg)	8.3 (7.2~8.8)
What I need for strong bones	Mineral (kg)	3.01 (2.49~3.05)
Where my excess energy is stored	Body Fat Mass (kg)	46.8 (10.6~17.0)
Sum of the above	Weight (kg)	89.3 (45.0~61.0)

InBody Score

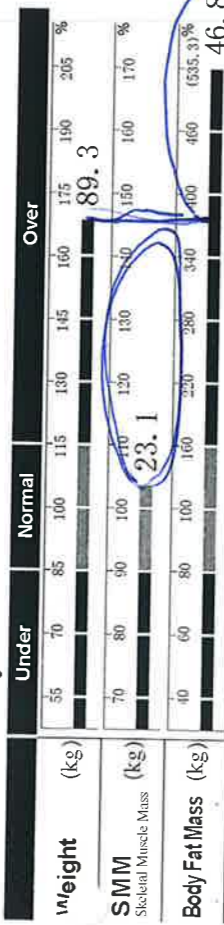
48/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 55.2 kg
 Weight Control -34.1 kg
 Fat Control -34.1 kg
 Muscle Control 0.0 kg

Muscle-Fat Analysis



Obesity Analysis

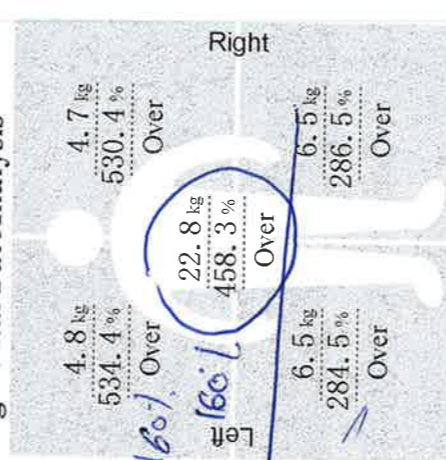


(18-24%)

Segmental Lean Analysis



Segmental Fat Analysis



* Segmental fat is estimated.

Body Composition History

Category	Weight (kg)	SMM (kg)	PBF (%)	Recent	Total
Weight (kg)	89.3			10.12.19	15:34
SMM (kg)	23.1				
PBF (%)	52.4				

Research Parameters

Fat Free Mass 42.5 kg
 Basal Metabolic Rate 1288 kcal (1707~2004)
 Obesity Degree 169% (90~110)
 Recommended calorie intake 1770 kcal

Calorie Expenditure of Exercise

Golf	157	Gateball	170
Walking	179	Yoga	179
Badminton	202	Table Tennis	202
Tennis	268	Bicycling	268
Boxing	268	Basketball	268
Mountain Climbing	291	Jumping Rope	313
Aerobics	313	Jogging	313
Soccer	313	Swimming	313
Japanese Fencing	447	Racketball	447
Squash	447	Taekwondo	447

* Based on your current weight
 * Based on 30 minute duration

Impedance

Z(α) 20 kHz: 386.8 386.9 25.3 272.4 284.1
 100 kHz: 350.5 352.5 21.8 249.2 260.7

ID	Height	Age	Gender	Test Date / Time
101219-1	157cm	43	Female	15. 12. 2019 16:35

Body Composition Analysis

Total amount of water in my body	Total Body Water (L)	31.1 (27.0~33.0)
What I need to build muscles	Protein (kg)	8.4 (7.2~8.8)
What I need for strong bones	Mineral (kg)	3.01 (2.49~3.05)
Where my excess energy is stored	Body Fat Mass (kg)	46.4 (10.6~17.0)
Sum of the above	Weight (kg)	88.9 (45.0~61.0)

InBody Score

48/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight	55.2 kg
Weight Control	-33.7 kg
Fat Control	-33.7 kg
Muscle Control	0.0 kg


Obesity Evaluation

BMI	<input type="checkbox"/> Normal <input type="checkbox"/> Under <input type="checkbox"/> Slightly Over <input checked="" type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal <input type="checkbox"/> Slightly Over <input checked="" type="checkbox"/> Over

Waist-Hip Ratio

1.06 

Visceral Fat Level

Level 20 

Research Parameters

Fat Free Mass	42.5 kg
Basal Metabolic Rate	1287 kcal (1701~1996)
Obesity Degree	168 % (90~110)
Recommended calorie intake	1765 kcal

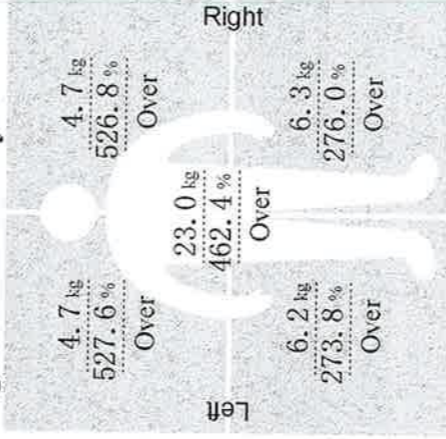
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



* Segmental fat is estimated.

Calorie Expenditure of Exercise

Golf	156	Gateball	169
Walking	178	Yoga	178
Badminton	201	Table Tennis	201
Tennis	267	Bicycling	267
Boxing	267	Basketball	267
Mountain Climbing	290	Jumping Rope	311
Aerobics	311	Jogging	311
Soccer	311	Swimming	311
Japanese Fencing	445	Racketball	445
Squash	445	Taekwondo	445

* Based on your current weight
* Based on 30 minute duration

Impedance

	RA	LA	TR	RL	LL
Z(f) 20 kHz	399.9	388.5	24.6	289.0	302.0
100 kHz	362.6	353.7	21.0	262.6	275.8

Body Composition History

	Weight (kg)	SMM (kg)	PBF (%)
Recent	89.3	23.1	52.4
10.12.19:15:12:19	88.9	23.1	52.2
15:34:16:35			

InBody

Mania

*after vacation
& Not on Diet.*

ID [[InBody270]]
 Height 157cm | Age 43 | Gender Female | Test Date / Time 07.01.2020 16:34

Body Composition Analysis

Total amount of water in my body	Total Body Water (L)	30.7 (27.0 ~ 33.0)
What I need to build muscles	Protein (kg)	8.2 (7.2 ~ 8.8)
What I need for strong bones	Mineral (kg)	2.90 (2.49 ~ 3.05)
Where my excess energy is stored	Body Fat Mass (kg)	46.6 (10.6 ~ 17.0)
Sum of the above	Weight (kg)	88.4 (45.0 ~ 61.0)

InBody Score

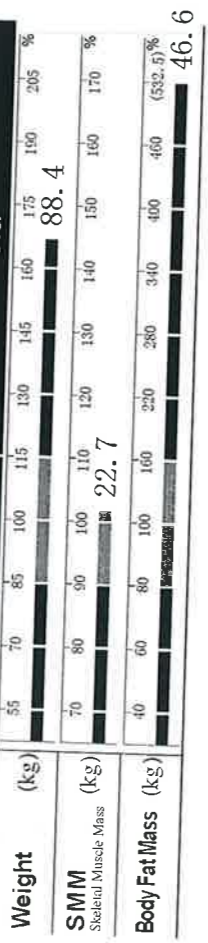
47/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

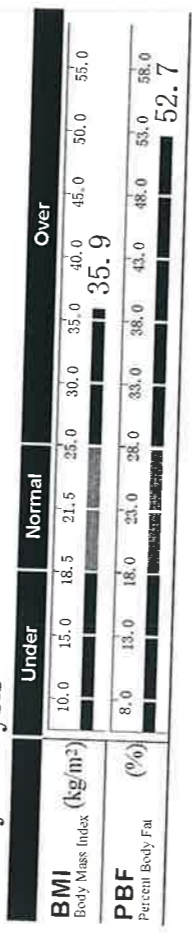
Weight Control

Target Weight 54.3 kg
 Weight Control -34.1 kg
 Fat Control -34.1 kg
 Muscle Control 0.0 kg

Muscle-Fat Analysis



Obesity Analysis



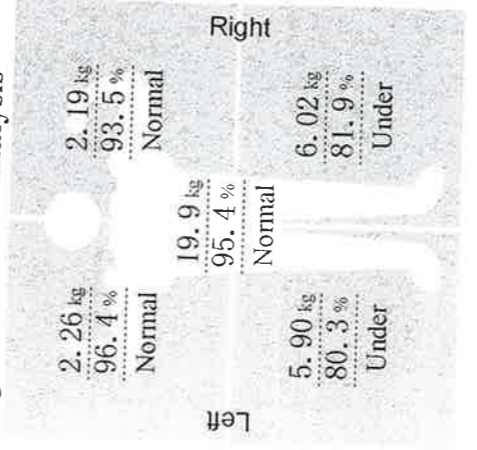
Visceral Fat Level



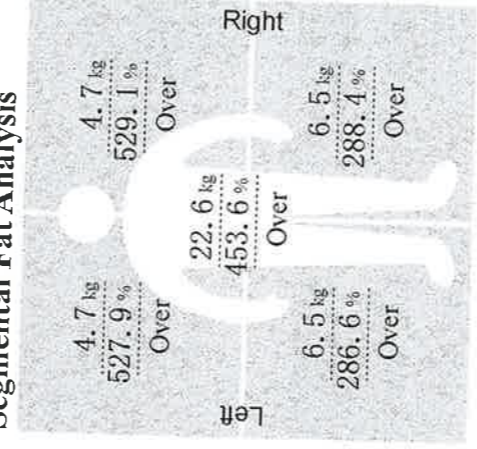
Research Parameters

Fat Free Mass 41.8 kg
 Basal Metabolic Rate 1273 kcal (1693 ~ 1987)
 Obesity Degree 167 % (90 ~ 110)
 Recommended calorie intake 1760 kcal

Segmental Lean Analysis



Segmental Fat Analysis



* Segmental fat is estimated.

Calorie Expenditure of Exercise

Golf	156	Gateball	168
Walking	177	Yoga	177
Badminton	200	Table Tennis	200
Tennis	265	Bicycling	265
Boxing	265	Basketball	265
Mountain Climbing	288	Jumping Rope	309
Aerobics	309	Jogging	309
Soccer	309	Swimming	309
Japanese Fencing	442	Racketball	442
Squash	442	Taekwondo	442

*Based on your current weight
 *Based on 30 minute duration

Impedance

Z(Ω) 20 kHz/ 411.6 395.3 26.3 283.8 294.5
 100 kHz/ 374.1 360.1 22.9 257.4 268.0

Body Composition History

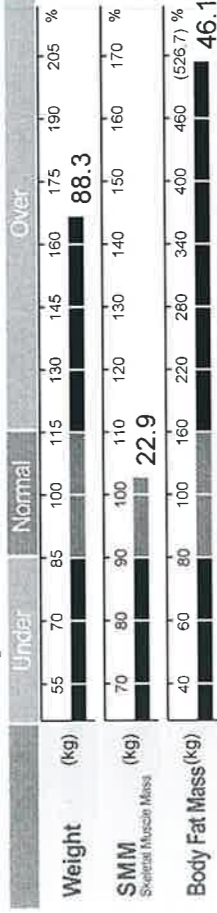
Weight (kg)	88.4				
SMM (kg)	22.7				
PBF (%)	52.7				
Recent Total	07.01.2016:34				

ID 200114-6 | Height 157cm | Age 43 | Gender Female | Test Date / Time 14.01.2020. 17:18

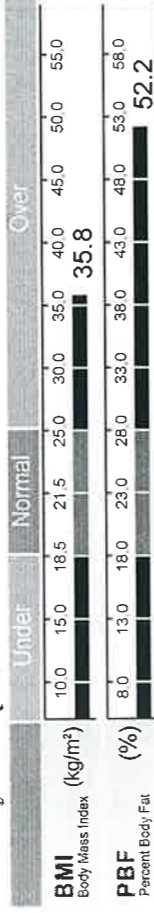
Body Composition Analysis

Total amount of water in body	Total Body Water (L)	31.0 (27.0-33.0)
For building muscles	Protein (kg)	8.2 (7.2-8.8)
For strengthening bones	Minerals (kg)	3.00 (2.49-3.05)
For storing excess energy	Body Fat Mass (kg)	46.1 (10.6-17.0)
Sum of the above	Weight (kg)	88.3 (45.0-61.0)

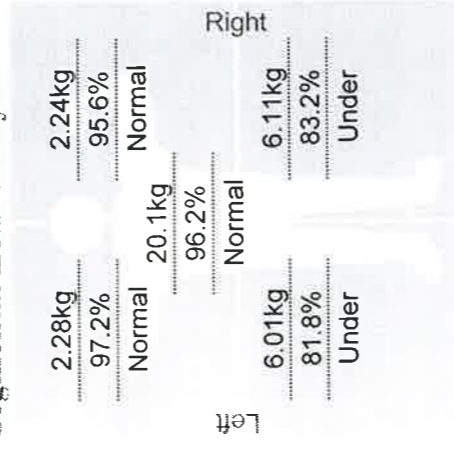
Muscle-Fat Analysis



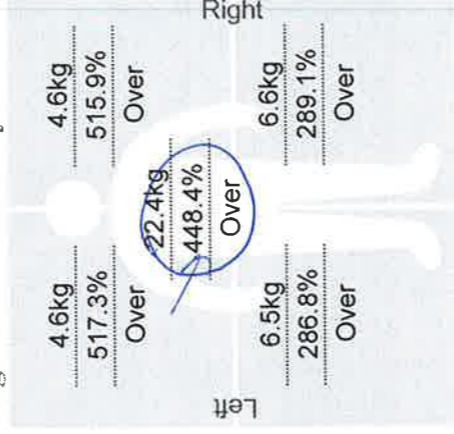
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History

Weight (kg)	88.3
SMM (kg)	22.9
PBF (%)	52.2

InBody Score

48 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 54.8 kg
 Weight Control - 33.5 kg
 Fat Control - 33.5 kg
 Muscle Control 0.0 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over

PBF Normal Slightly Over Over

Waist-Hip Ratio

1.03 (Scale: 0.75-0.85)

Visceral Fat Level

Level 23 (Scale: Low 10 High)

Research Parameters

Fat Free Mass 42.2 kg
 Basal Metabolic Rate 1281 kcal
 Obesity Degree 167 % (90-110)
 Recommended calorie intake 1759 kcal

Calorie Expenditure of Exercise

Golf	155	Gateball	168
Walking	177	Yoga	177
Badminton	200	Table Tennis	200
Tennis	265	Bicycling	265
Boxing	265	Basketball	265
Hiking	288	Jumping Rope	309
Aerobics	309	Jogging	309
Soccer	309	Swimming	309
Japanese Fencing	442	Racketball	442
Squash	442	Taekwondo	442

* Based on your current weight
 * Based on 30 minute duration

Impedance

RA LA TR RL LL
Z(fz) 20 kHz | 399.7 390.9 25.8 275.5 283.3
 100 kHz | 361.6 355.1 22.0 250.8 259.3

InBody

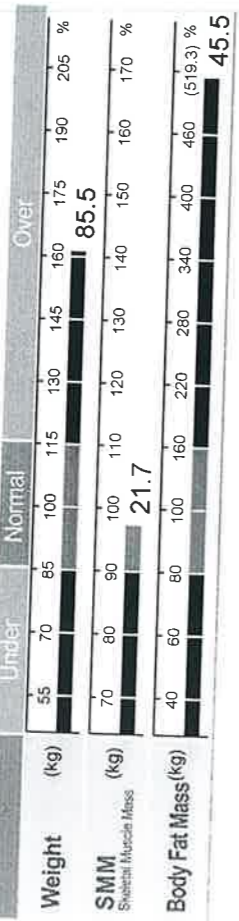
Weight Period due Marian Ali (3)

ID 200114-6 | Height 157cm | Age 43 | Gender Female | Test Date / Time 28.01.2020. 16:58

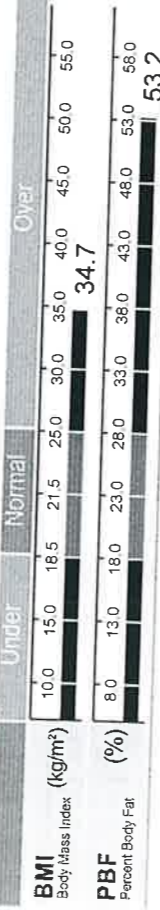
Body Composition Analysis

Total amount of water in body	Total Body Water (L)	29.3 (27.0~33.0)
For building muscles	Protein (kg)	7.9 (7.2~8.8)
For strengthening bones	Minerals (kg)	2.78 (2.49~3.05)
For storing excess energy	Body Fat Mass (kg)	45.5 (10.6~17.0)
Sum of the above	Weight (kg)	85.5 (45.0~61.0)

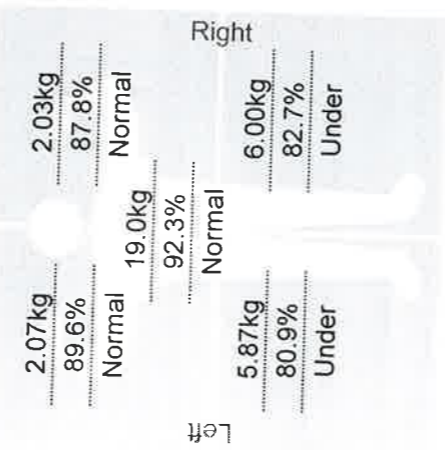
Muscle-Fat Analysis



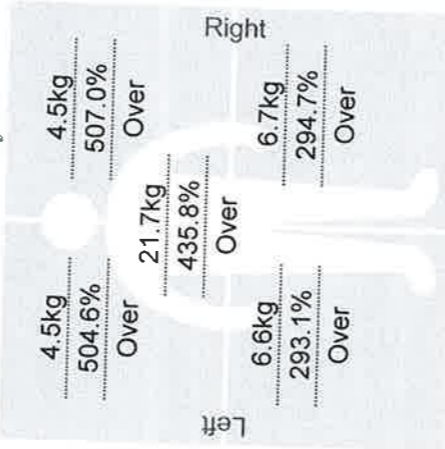
Obesity Analysis



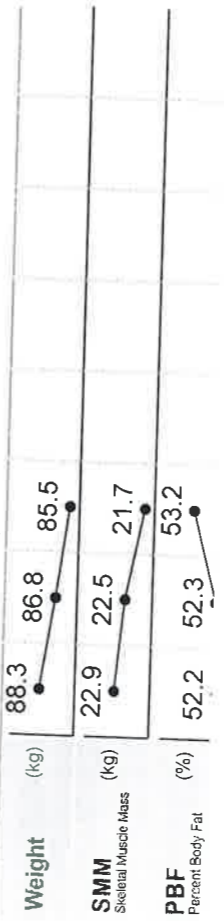
Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History



InBody Score

46 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 53.0 kg
 Weight Control - 32.5 kg
 Fat Control - 33.3 kg
 Muscle Control + 0.8 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over
 PBF Normal Slightly Over Over

Waist-Hip Ratio



Visceral Fat Level



Research Parameters

Fat Free Mass 40.0 kg
 Basal Metabolic Rate 1233 kcal
 Obesity Degree 161 % (90~110)
 Recommended calorie intake 1730 kcal

Calorie Expenditure of Exercise

Golf	151	Gateball	162
Walking	171	Yoga	171
Badminton	193	Table Tennis	193
Tennis	257	Bicycling	257
Boxing	257	Basketball	257
Hiking	279	Jumping Rope	299
Aerobics	299	Jogging	299
Soccer	299	Swimming	299
Japanese Fencing	428	Racketball	428
Squash	428	Taekwondo	428

* Based on your current weight
 * Based on 30 minute duration

Impedance

Z(α) 20 kHz | 433.0 422.4 30.9 287.8 300.1
 100 kHz | 392.4 382.4 26.4 262.1 274.0

* Segmental fat is estimated.

InBody

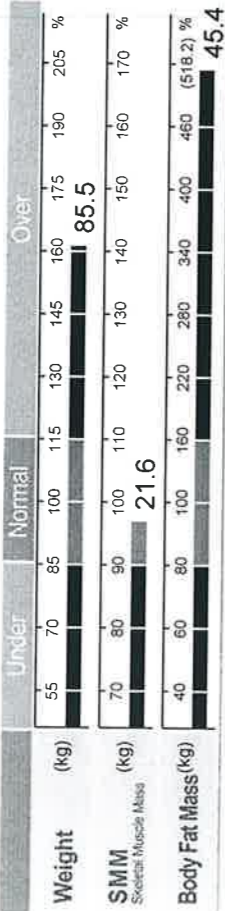
Mano A

ID 200114-6 | Height 157cm | Age 43 | Gender Female | Test Date / Time 04.02.2020. 16:23

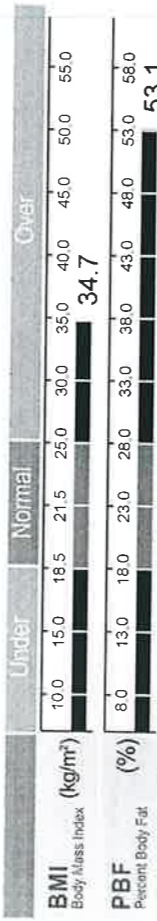
Body Composition Analysis

Total amount of water in body	Total Body Water (L)	29.4 (27.0~33.0)
For building muscles	Protein (kg)	7.8 (7.2~8.8)
For strengthening bones	Minerals (kg)	2.88 (2.49~3.05)
For storing excess energy	Body Fat Mass (kg)	45.4 (10.6~17.0)
Sum of the above	Weight (kg)	85.5 (45.0~61.0)

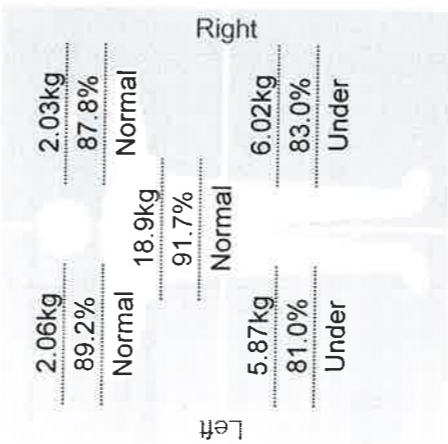
Muscle-Fat Analysis



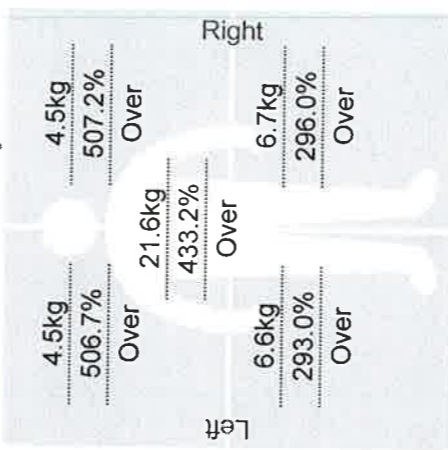
Obesity Analysis



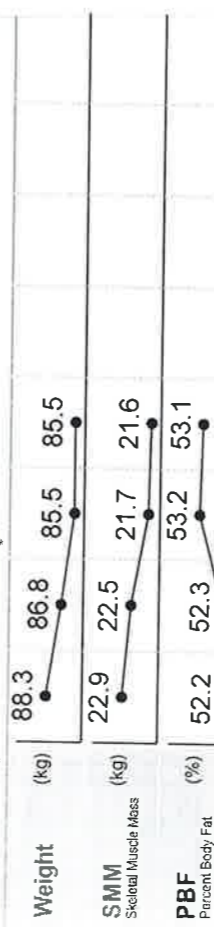
Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History



InBody Score

46 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 53.0 kg
 Weight Control -32.5 kg
 Fat Control -33.2 kg
 Muscle Control +0.7 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over
 PBF Normal Slightly Over Over

Waist-Hip Ratio

1.00 (0.75 - 0.85)

Visceral Fat Level

Level 23 (Low 10 - High)

Research Parameters

Fat Free Mass 40.1 kg
 Basal Metabolic Rate 1235 kcal
 Obesity Degree 161 % (90~110)
 Recommended calorie intake 1730 kcal

Calorie Expenditure of Exercise

Golf	151	Gateball	162
Walking	171	Yoga	171
Badminton	193	Table Tennis	193
Tennis	257	Bicycling	257
Boxing	257	Basketball	257
Hiking	279	Jumping Rope	299
Aerobics	299	Jogging	299
Soccer	299	Swimming	299
Japanese Fencing	428	Racketball	428
Squash	428	Taekwondo	428

* Based on your current weight
 * Based on 30 minute duration

Impedance

RA	LA	TR	RL	LL	
Z(Ω) 20 kHz	415.4	408.1	29.8	274.0	285.7
100 kHz	378.7	372.4	26.8	249.0	261.6