



File No:

Date: 29/19/19

Date: 29/19/2019 File Number: 1003179
Patient Name: أبرار محمد عبد الله
Date Of Birth (تاريخ الميلاد): 18/9/1984 Gender: M / F Marital Status (الحالة الاجتماعية):
Nationality (الجنسية): سعودية Occupation (الوظيفة):
Address (العنوان): البصرة Phone No. (رقم الهاتف): 0561622451
E-MAIL: abbar.adele84@gmail.com How did you know about us: ليعرف

التاريخ الطبي Medical History		
الحالة الطبية Medical Condition	Yes/No نعم / لا	If 'YES' give details إذا كانت الإجابة نعم اذكر بالتفصيل
Recent or current drugs/Medical Treatment هل تتعاطى أي أدوية أو تتلقى أي علاجات حثيثاً؟	لا	
Corticosteroids/Immunosuppressant هل تتعاطى أي سترويدات أو مثبطات للمناعة؟	لا	
Allergies هل لديك أي حساسية؟	نعم	من البنسلين
Surgical Operations, Serious Illness هل أجريت أي عمليات جراحية أو تعاني من أي أمراض؟	نعم	قصير دهن
Cardiac surgery, Rheumatic fever, Endocarditis, Artificial heart valve, Congenital heart disease جراحة قلب، حمى روماتويد، التهاب شغاف القلب، صمام قلب صناعي، أمراض القلب	لا	
High Blood Pressure, Bleeding disorders, Anticoagulants هل لديك ارتفاع في ضغط الدم، مشاكل في النزيف أو تتعاطى أي مميعات للدم؟	لا	
Anemia, Leukemia (سرطان الدم) انيميا (فقر الدم)، لوكيميا (سرطان الدم)	لا	
Chest disease, Asthma, Bronchitis, TB, Other أمراض صدرية، أزمة تنفسية، التهاب في الشعبات، المل، أمراض أخرى	لا	
Renal, Urinary, Sexually transmitted disease هل تعاني من أي أمراض في الكلى أو أمراض بولية أو تناسلية؟	لا	
Pregnancy, Contraceptive pill, Menstrual problems هل أنت حامل؟ هل تتعاطين أي مانع للحمل؟ هل تعانين من مشاكل في الدورة الشهرية؟	لا	
Hepatitis, Jaundice, Other liver diseases التهاب الكبد الوبائي، الصفراء، أي أمراض كبدية أخرى	لا	
Peptic ulcer, Crohn's ulcerative colitis, Other قرحة معوية، داء كرون، أي أمراض معوية أخرى؟	لا	
Epilepsy, or any other neurological disease هل تعاني من الصرع أو أي أمراض في الجهاز العصبي؟	لا	
Thyroid Diseases, Diabetes هل تعاني من مرض السكري أو أمراض الغدة الدرقية؟	لا	
Other conditions هل تعاني من أي أمراض أخرى؟ HSV, HIV...etc فيروس الحلا البسيط	لا	



Medical Consent Form

- I hereby consent and authorize the doctor to treat my medical condition which has been explained to me by the qualified physician
- I understand that in order to provide me with the most efficient and enhanced service, diagnostic and other procedures may be deemed necessary.
- I understand that my treating doctor may discover other or different conditions, which may require additional or different procedures than those planned.
- I authorize my treating doctor to perform any procedures which are advisable in their professional judgment.
- I understand that no warranty or guarantee has been made to me as a result or cure just as there may be risks and hazards in continuing my present condition without treatment.
- I understand that there are also risks and hazards to the performance of the diagnostic and/or surgical procedures.
- I realize that common surgical or diagnostic procedures are potential for an infection, swelling, bleeding, pain or allergic reaction.
- I understand that there are minimal fees to be paid per service and that all fees must be paid in full before the completion of treatment.
- I consent that all medical history and information I provided in my medical file is true and I understand that any information I provide regarding my medical status will be kept confidential and anonymous.
- I believe that I have sufficient information to give this consent. I certify that this form has been fully explained to me and that I have read it and I understand its' content and I sign it with all my will.

I am fully aware that any payments is NON refundable

Patient's Signature/ Guardians (In case of minors):

Date: ... / ... /

نموذج اقرار طبي

- أوافق و أسمع للطبيب بعلاج حالتي المرضية التي تم شرحها لي من قبل الطبيب المختص و المتعلم.
- أتفهم أن بعض الإجراءات الطبية والتشخيصية الإضافية قد تكون ضرورية من أجل تزويدي بالعلاج الأفضل و الخدمة الأفضل.
- أتفهم أنه من الممكن أن يكشف الطبيب خلال العلاج أموراً مختلفة عن ما ذكر في الفحص الأولي و التي قد تتطلب إجراءات إضافية أو مختلفة عن تلك المخطط لها.
- أفوض الطبيب المعالج باتخاذ كل الإجراءات الطبية و العلاجات اللازمة و المطلوبة بحكم خبرته المهنية و العلمية.
- أقر أنه لم يتم تقديم أي ضمانات أو تأمين لنتائج العلاجات و الإجراءات الطبية أو التجميلية المقدمة لي، كما أتفهم الأخطار و المضاعفات الناتجة عن عدم استكمال علاج حالتي المرضية.
- أتفهم تماماً كافة الأخطار و المضاعفات التي قد تكون مصاحبة للفحوصات و الإجراءات العلاجية و الجراحية.
- و ادرك ان بعض الإجراءات التشخيصية و العلاجية و الجراحية قد تؤدي الي مضاعفات كالالتهاب أو التورم أو النزيف أو الألم أو الحساسية
- أتفهم أن هناك رسوم بالحد الأدنى يجب علي دفعها مقابل الخدمة العلاجية و ان جميع الرسوم المطلوبة يجب ان تسدد بالكامل قبل الانتهاء من العلاج.
- أقر أن كافة المعلومات الطبية و التاريخ الطبي الذي قدمت لي فحنتي للقلب صحيحة و أتفهم ان أي معلومات تتعلق بحالتي الصحية ستبقى سرية تماماً ولا يمكن الاطلاع عليها بدون موافقتي
- أقر ان لدي المعلومات الكاملة لتفهم هذا الاقرار و ان هذا النموذج قد تم شرحه لي بالكامل و اني قد قرأت و فهمت جميع تفاصيله بالكامل و اني وقعت عليه بكامل ارادتي

انا على دراية تامة أن أي مدفوعات للمركز هي غير قابلة للاسترداد

توقيع المريض / ولي الأمر (لمن هم دون السن القانونية):

التاريخ: 29 / 10 / 2019

استمارة تقييم المريض Patient Assessment Form

المؤشرات الحيوية Vital Signs		
Weight (الوزن): 86 Kg	Height (الطول): cm	Blood Type (دمية الدم) :
Pulse (النبض): ppm	Blood Pressure (دمية الدم) : /	Blood Sugar (دمية السكر) :

سبب زيارة المريض للعيادة Chief Complaint

weight gain. with in 3 years
Back

التاريخ المرضي: Disease History

الحساسية Allergies

الأدوية Medications

الحمل Pregnancy

Previous Surgeries, Hospitalization
عمليات سابقة ، أفعال المستشفى

Smoking (التدخين) : Y / N

Alcohol (الكحول) : Y / N

Drugs (دوائية) : Y / N

الملاحظات العامة و السريرية General & Clinical Findings

الفحص Examination

الصور الشعاعية Radiography

التشخيص Diagnosis

File No:

Date: / /

Treatment Plan خطة العلاج

Doctor's Signature and Stamp

.....

REDAD DATA

cAEAIOEBAA83ODQxO

Confirm Data

Public Data Readed Succ

SHOW READED DATA

Public Data Verification report**File****Valid Signature?**

Non-Modifiable Data (SF3)	False
Modifiable Data (SF5)	False
Holder Signature Image (SF7)	False
Photography	False
Home Address	False
Work Address	False

Card Holder Information

Name	Abrar,Mhd.,Adel.,Al Tall	IDN:	784198440364838	Mother Name:	
Name (Ar)	ابرار محمد عادل ,التل	Card Number:	091815476	Mother Name (Ar):	
Title:		Nationality:	SYR	Family ID:	
Title (Ar):		الجنسية العربية السورية			
Issue Date:	19/11/2018	Sex:	F	Sponsor Type:	06
Expiry Date:	14/11/2020	Date of Birth:	18/09/1984	Sponsor Name:	مدرسه الصلح الخفصه فرع 1
Marital Status:	02	Husband IDN:		Sponsor Number:	00
Residency Type:	02	Residency Number:	30120182134645	Residency Expiry:	14/11/2020
ID Type:	IL	Occupation:	96	Occupation Field:	00



Photo

Signature Image

<http://orchidsvr/EMID/default.aspx>

10/29/2019

InBody

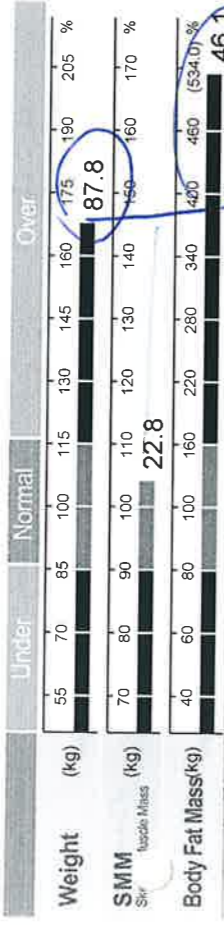
Akar Zero

ID	Height	Age	Gender	Test Date / Time
291019-2	156cm	35	Female	29.10.2019. 16:15

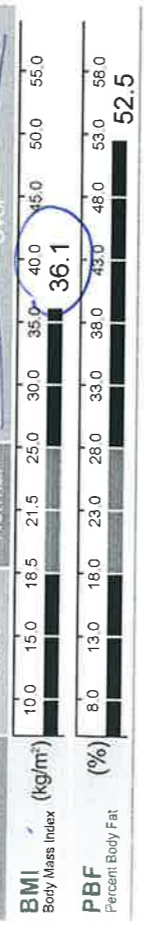
Body Composition Analysis

Total amount of water in body	Total Body Water (L)	30.6 (26.6~32.6)
For building muscles	Protein (kg)	8.3 (7.1~8.7)
For strengthening bones	Minerals (kg)	2.80 (2.47~3.01)
For storing excess energy	Body Fat Mass (kg)	46.1 (10.5~16.8)
Sum of the above	Weight (kg)	87.8 (44.5~60.1)

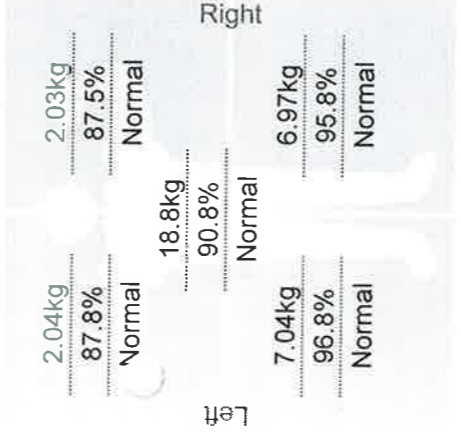
Muscle-Fat Analysis



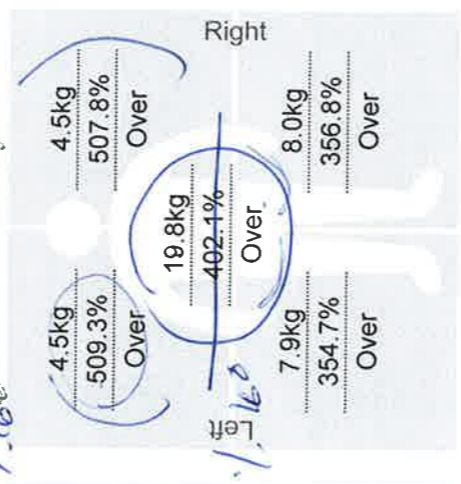
Obesity Analysis
 18.5 - 24.9
 25 - 29.9
 30 - 34.9 obese
 35 - obese



Segmental Lean Analysis



Segmental Fat Analysis



* Segmental fat is estimated.

Body Composition History

Weight (kg)	87.8
SMM (kg)	22.8
PBF (%)	52.5

InBody Score

48 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight	54.2 kg
Weight Control	- 33.6 kg
Fat Control	- 33.6 kg
Muscle Control	0.0 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over

PBF Normal Slightly Over Over

Waist-Hip Ratio



Visceral Fat Level



Research Parameters

Fat Free Mass	41.7 kg
Basal Metabolic Rate	1271 kcal (1684~1976)
Obesity Degree	168 % (90~110)
Recommended calorie intake	1801 kcal

Calorie Expenditure of Exercise

Golf	155	Gateball	167
Walking	176	Yoga	176
Badminton	198	Table Tennis	198
Tennis	263	Bicycling	263
Boxing	263	Basketball	263
Mountain Climbing	286	Jumping Rope	307
Aerobics	307	Jogging	307
Soccer	307	Swimming	307
Japanese Fencing	439	Racketball	439
Squash	439	Taekwondo	439

* Based on your current weight
 * Based on 30 minute duration

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

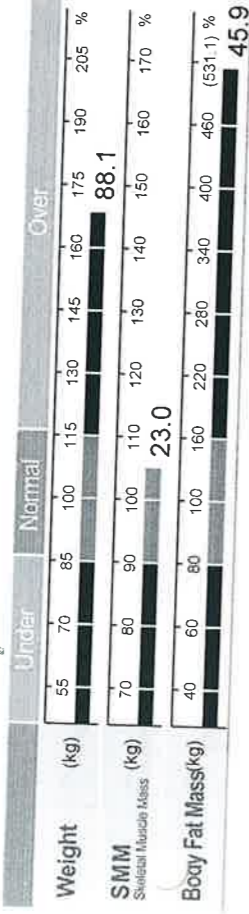
	RA	LA	TR	RL	LL
Z(Ω) 20 kHz	370.3	368.8	31.9	214.1	207.6
Z(Ω) 100 kHz	336.7	336.3	30.1	190.9	185.2

ID 051119-2 | Height 156cm | Age 35 | Gender Female | Test Date / Time 05.11.2019. 15:58

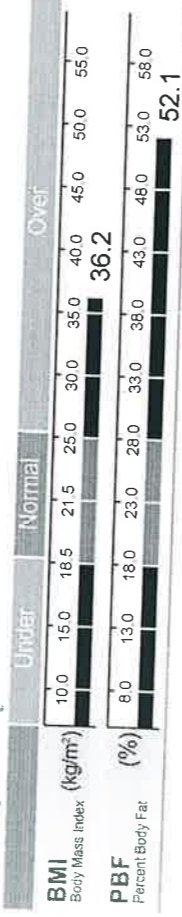
Body Composition Analysis

Total amount of water in body	Total Body Water (L)	31.1 (26.6~32.6)
For building muscles	Protein (kg)	8.3 (7.1~8.7)
For strengthening bones	Minerals (kg)	2.81 (2.47~3.01)
For storing excess energy	Body Fat Mass (kg)	45.9 (10.5~16.8)
Sum of the above	Weight (kg)	88.1 (44.5~60.1)

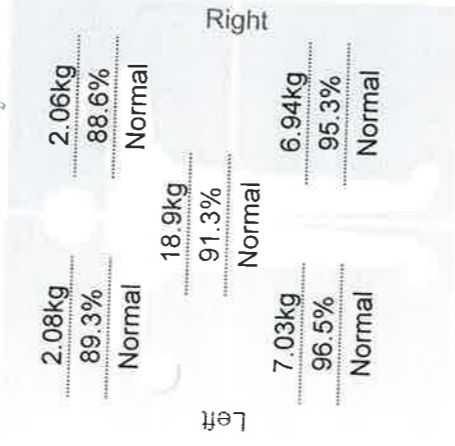
Muscle-Fat Analysis



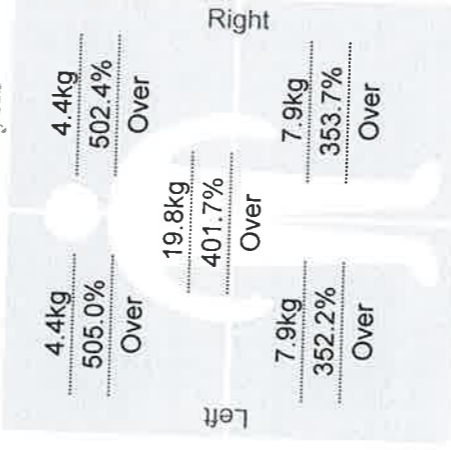
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History

Weight (kg)	88.1
SMM (kg)	23.0
PBF (%)	52.1

InBody Score

49/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 54.8 kg
 Weight Control -33.3 kg
 Fat Control -33.3 kg
 Muscle Control 0.0 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over

PBF Normal Slightly Over Over

Waist-Hip Ratio



Visceral Fat Level



Research Parameters

Fat Free Mass 42.2 kg
 Basal Metabolic Rate 1282 kcal (1689~1982)
 Obesity Degree 168 % (90~110)
 Recommended calorie intake 1804 kcal

Calorie Expenditure of Exercise

Golf	155	Gateball	167
Walking	176	Yoga	176
Badminton	199	Table Tennis	199
Tennis	264	Bicycling	264
Boxing	264	Basketball	264
Mountain Climbing	287	Jumping Rope	308
Aerobics	308	Jogging	308
Soccer	308	Swimming	308
Japanese Fencing	441	Racketball	441
Squash	441	Taekwondo	441

*Based on your current weight
 *Based on 30 minute duration

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

RA	LA	TR	RL	LL
Z(Ω) 20 kHz	370.0	366.3	29.6	213.1
100 kHz	335.7	334.0	27.3	191.7
			184.9	

ID 191119-3 | Height 156cm | Age 35 | Gender Female | Test Date / Time 19.11.2019 15:39

Body Composition Analysis

Total amount of water in my body	Total Body Water (L)	30.7 (26.6~32.6)
What I need to build muscles	Protein (kg)	8.2 (7.1~8.7)
What I need for strong bones	Mineral (kg)	2.80 (2.47~3.01)
Where my excess energy is stored	Body Fat Mass (kg)	44.9 (10.5~16.8)
Sum of the above	Weight (kg)	86.6 (44.5~60.1)

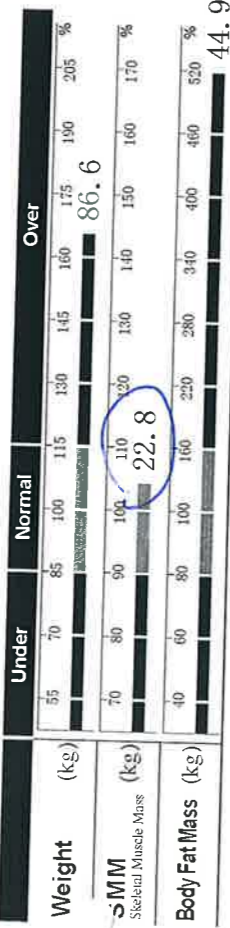
InBody Score 49 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

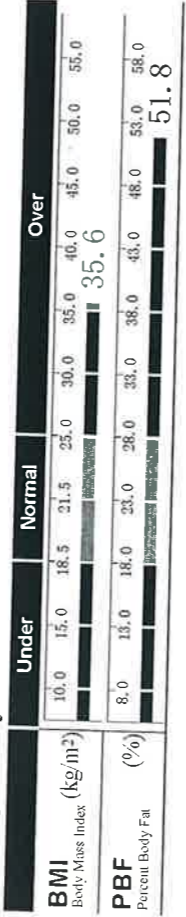
Weight Control

Target Weight 54.2 kg
 Weight Control -32.4 kg
 Fat Control -32.4 kg
 Muscle Control 0.0 kg

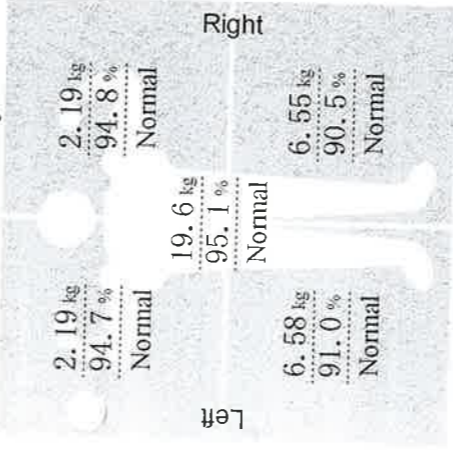
Muscle-Fat Analysis



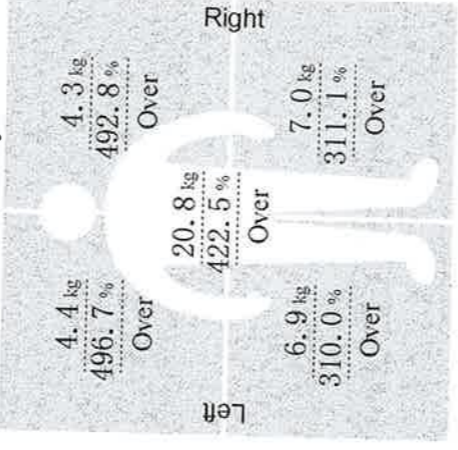
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



* Segmental fat is estimated.

Research Parameters

Fat Free Mass 41.7 kg
 Basal Metabolic Rate 1272 kcal (1666~1954)
 Obesity Degree 166% (90~110)
 Recommended calorie intake 1788 kcal

Calorie Expenditure of Exercise

Golf	152	Gateball	165
Walking	173	Yoga	173
Badminton	196	Table Tennis	196
Tennis	260	Bicycling	260
Boxing	260	Basketball	260
Mountain Climbing	282	Jumping Rope	303
Aerobics	303	Jogging	303
Soccer	303	Swimming	303
Japanese Fencing	433	Racketball	433
Squash	433	Taekwondo	433

* Based on your current weight
 * Based on 30 minute duration

Impedance

RA LA TR RL LL
 Z(α) 20 kHz | 360.8 360.3 29.1 235.8 231.5
 100 kHz | 327.4 328.9 26.7 211.7 207.5

Body Composition History

Weight (kg)	86.6				
SMM (kg)	22.8				
PBF (%)	51.8				
Recent Total	19.11.19 15:39				

ID 191119-3 | Height 156cm | Age 35 | Gender Female | Test Date / Time 03.12.2019 12:28

① Check impedance.

Body Composition Analysis

Total amount of water in my body	Total Body Water (L)	29.9 (26.6~32.6)
What I need to build muscles	Protein (kg)	8.1 (7.1~8.7)
What I need for strong bones	Mineral (kg)	2.79 (2.47~3.01)
Where my excess energy is stored	Body Fat Mass (kg)	44.7 (10.5~16.8)
Sum of the above	Weight (kg)	85.5 (44.5~60.1)

InBody Score

48/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 53.0 kg
 Weight Control -32.5 kg
 Fat Control -32.5 kg
 Muscle Control 0.0 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over
 PBF Normal Slightly Over Over

Waist-Hip Ratio

0.93 | 0.75 0.85

Visceral Fat Level

Level 20 | Low 10 High

Research Parameters

Fat Free Mass 40.8 kg
 Basal Metabolic Rate 1252 kcal (1650 ~ 1934)
 Obesity Degree 163 % (90 ~ 110)
 Recommended calorie intake 1777 kcal

Calorie Expenditure of Exercise

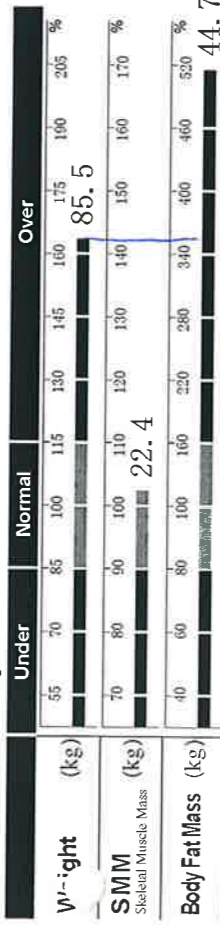
Golf	150	Gateball	162
Walking	171	Yoga	171
Badminton	193	Table Tennis	193
Tennis	257	Bicycling	257
Boxing	257	Basketball	257
Mountain Climbing	279	Jumping Rope	299
Aerobics	299	Jogging	299
Soccer	299	Swimming	299
Japanese Fencing	428	Racketball	428
Squash	428	Taekwondo	428

* Based on your current weight
 * Based on 30 minute duration

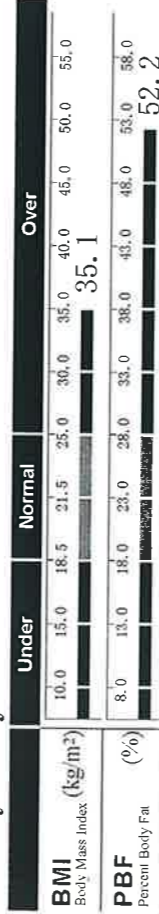
Impedance

RA LA TR RL LL
 Z(Ω) 20 Hz | 372.8 374.5 30.7 240.8 245.1
 100 kHz | 338.0 341.2 30.7 210.0 213.5

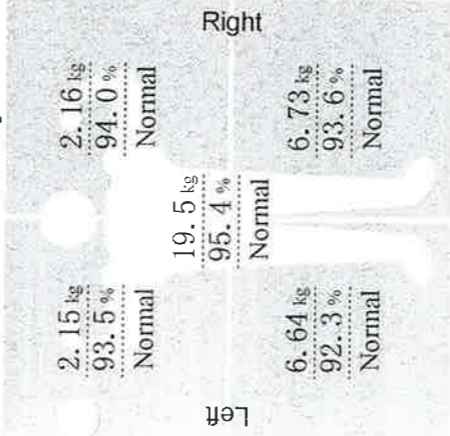
Muscle-Fat Analysis



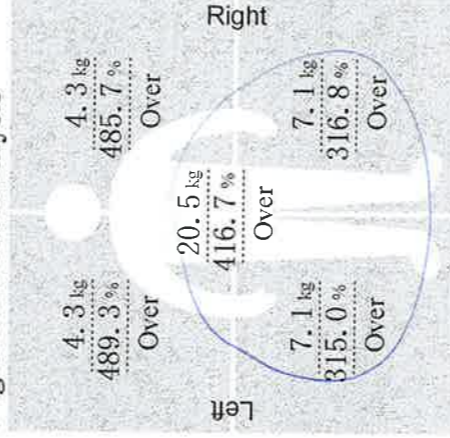
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



* Segmental fat is estimated.

Body Composition History

Weight (kg)	86.6	85.5
SMM (kg)	22.8	22.4
PBF (%)	51.8	52.2
Recent Total	19.11.19 03.12.19	15:39 12:28

InBody

Abir. P (↓ 700g Fat) kg
500g

[InBody270]

ID 051119-2 | Height 156cm | Age 35 | Gender Female | Test Date / Time 15.12.2019 13:24

① Check impedance.

Body Composition Analysis

Total amount of water in my body	Total Body Water (L)	29.4 (26.6~32.6)
What I need to build muscles	Protein (kg)	7.9 (7.1~8.7)
What I need for strong bones	Mineral (kg)	2.88 (2.47~3.01)
Where my excess energy is stored	Body Fat Mass (kg)	43.8 (40.5~46.8)
Sum of the above	Weight (kg)	84.0 (81.1~86.9)

InBody Score

48/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 52.3 kg
 Weight Control -31.7 kg
 Fat Control -31.8 kg
 Muscle Control +0.1 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over
 PBF Normal Slightly Over Over

Waist-Hip Ratio

0.92 0.75 0.85

Visceral Fat Level

Level 20 Low 10 High

Research Parameters

Fat Free Mass 40.2 kg
 Basal Metabolic Rate 1238 kcal (1627~1907)
 Obesity Degree 161% (90~110)
 Recommended calorie intake 1761 kcal

Calorie Expenditure of Exercise

Golf	148	Gateball	160
Walking	168	Yoga	168
Badminton	190	Table Tennis	190
Tennis	252	Bicycling	252
Boxing	252	Basketball	252
Mountain Climbing	274	Jumping Rope	294
Aerobics	294	Jogging	294
Soccer	294	Swimming	294
Japanese Fencing	420	Racketball	420
Squash	420	Taekwondo	420

* Based on your current weight
 * Based on 30 minute duration

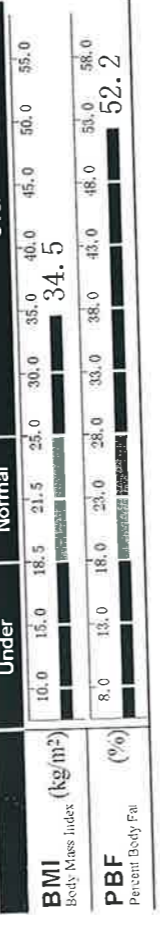
Impedance

RA LA TR RL LL
 Z(Ω) 20 kHz | 376.1 381.2 30.8 243.1 239.7
 100 kHz | 341.4 349.4 31.1 212.2 209.8

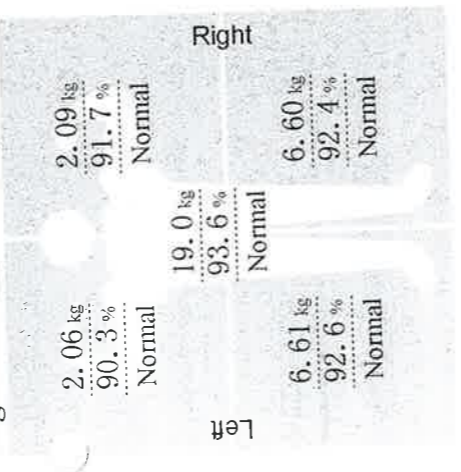
Muscle-Fat Analysis



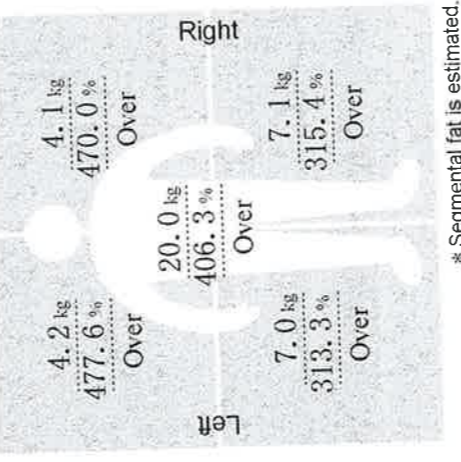
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History

Weight (kg)	88.1	84.0
SMM (kg)	23.0	21.9
PBF (%)	52.1	52.2
Recent Total	05:11:19 15:12:19	15:58 13:24

InBody

4 Abrar

[InBody270]

ID	Height	Age	Gender	Test Date / Time
191119-3	156cm	35	Female	17. 12. 2019 12:47

Body Composition Analysis

Total amount of water in my body	Total Body Water (L)	29.6 (26.6~32.6)
What I need to build muscles	Protein (kg)	7.9 (7.1~8.7)
What I need for strong bones	Mineral (kg)	2.89 (2.47~3.01)
Where my excess energy is stored	Body Fat Mass (kg)	43.8 (10.5~16.8)
Sum of the above	Weight (kg)	84.2 (44.5~60.1)

InBody Score

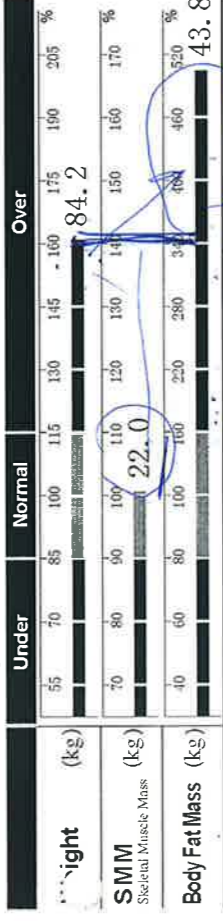
48/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

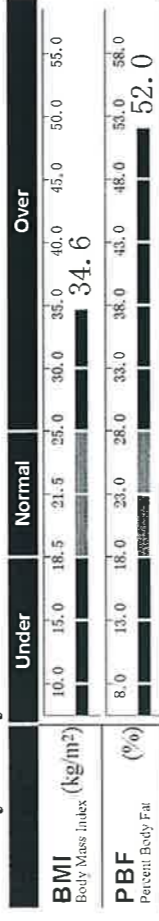
Weight Control

Target Weight	52.5 kg
Weight Control	-31.7 kg
Fat Control	-31.7 kg
Muscle Control	0.0 kg

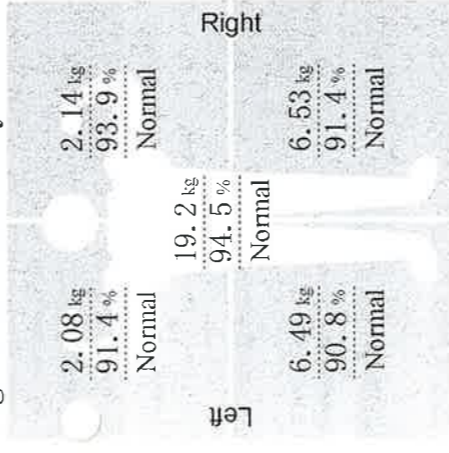
Muscle-Fat Analysis



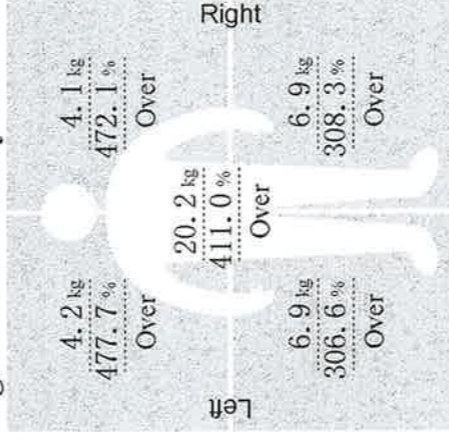
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History

Category	19. 11. 19	12. 19	17. 12. 19
Weight (kg)	86.6	85.5	84.2
SMM (kg)	22.8	22.4	22.0
PBF (%)	51.8	52.2	52.0
Recent Total	19. 11. 19 15:39	12. 19 12:28	17. 12. 19 12:47

Check impedance.

Waist-Hip Ratio

0.93

Visceral Fat Level

Level 20

Low 10 High

0.75 0.85

160 168 190 253 253 295 295 295 421 421

148 Gateball 168 Yoga 190 Table Tennis 253 Bicycling 253 Basketball 274 Jumping Rope 295 Jogging 295 Swimming 421 Racketball 421 Taekwondo

40.4 kg 1243 kcal (1630~1910) 161% (90~110) 1763 kcal

4.1 kg 472.1% Over 6.9 kg 308.3% Over

2.14 kg 93.9% Normal 6.53 kg 91.4% Normal

86.6 85.5 84.2 22.8 22.4 22.0 51.8 52.2 52.0