



File No: .....  
1655

Date: 29/19/19

Date: 29/19/19

File Number: 1003178

Patient Name: ZAHRA AIT WAJJA

إسم المريض: .....

Date Of Birth: 16/11/78 Gender: M / F

Marital Status: M

Nationality: Moroccan Occupation: No

Address: D.V.B.A.I

Phone No. (رقم الهاتف): 053353186

E-MAIL: wajja@outlook.com

How did you know about us: Gafyke

التاريخ الطبي Medical History		
الحالة الطبية Medical Condition	Yes/No نعم / لا	If 'YES' give details إذا كانت الإجابة نعم اذكر بالتفصيل
Recent or current drugs/Medical Treatment هل تتعاطى أي أدوية أو تتلقى أي علاجات حديثة؟	لا	
Corticosteroids/Immunosuppressant هل تتعاطى أي سترويدات أو مثبطات للمناعة؟	لا	
Allergies هل لديك أي حساسية؟	لا	
Surgical Operations, Serious Illness هل أجريت أي عمليات جراحية أو تعاني من أي أمراض؟	لا	
Cardiac surgery, Rheumatic fever, Endocarditis, Artificial heart valve, Congenital heart disease جراحة قلب، حمى روماتويد، التهاب شغاف القلب، صمام قلب صناعي، أمراض القلب	لا	
High Blood Pressure, Bleeding disorders, Anticoagulants هل لديك ارتفاع في ضغط الدم، مشاكل في النزيف أو تتعاطى أي مميعات للدم؟	لا	
Anemia, Leukemia (نقر الدم)، لوكيميا (سرطان الدم)	لا	
Chest disease, Asthma, Bronchitis, TB, Other أمراض صدرية، أزمة تنفسية، التهاب في القصبات، السل، أمراض أخرى	لا	
Renal, Urinary, Sexually transmitted disease هل تعاني من أي أمراض في الكلى أو أمراض بولية أو قناسلية؟	لا	
Pregnancy, Contraceptive pill, Menstrual problems هل أنت حامل؟ هل تتعاطين أي مانع للحمل؟ هل تعانين من مشاكل في الدورة الشهرية؟	نعم	ارتباطي صوبه منع الحمل Yasmin
Hepatitis, Jaundice, Other liver diseases التهاب الكبد الوبائي، الصفراء، أي أمراض كبدية أخرى	لا	
Peptic ulcer, Crohn's ulcerative colitis, Other قرحة معوية، داء كرون، أي أمراض معوية أخرى؟	لا	
Epilepsy, or any other neurological disease هل تعاني من الصرع أو أي أمراض في الجهاز العصبي؟	لا	
Thyroid Diseases, Diabetes هل تعاني من مرض الغدة الدرقية؟	لا	
Other conditions HSV, HIV...etc هل تعاني من أي أمراض أخرى؟ فيروس الإيدز، فيروس الحلا البسيط...etc	لا	

### Medical Consent Form

- I hereby consent and authorize the doctor to treat my medical condition which has been explained to me by the qualified physician
- I understand that in order to provide me with the most efficient and enhanced service, diagnostic and other procedures may be deemed necessary.
- I understand that my treating doctor may discover other or different conditions, which may require additional or different procedures than those planned.
- I authorize my treating doctor to perform any procedures which are advisable in their professional judgment.
- I understand that no warranty or guarantee has been made to me as a result or cure just as there may be risks and hazards in continuing my present condition without treatment.
- I understand that there are also risks and hazards to the performance of the diagnostic and/or surgical procedures.
- I realize that common surgical or diagnostic procedures are potential for an infection, swelling, bleeding, pain or allergic reaction.
- I understand that there are minimal fees to be paid per service and that all fees must be paid in full before the completion of treatment.
- I consent that all medical history and information I provided in my medical file is true and I understand that any information I provide regarding my medical status will be kept confidential and anonymous.
- I believe that I have sufficient information to give this consent. I certify that this form has been fully explained to me and that I have read it and I understand its' content and I sign it with all my will.

I am fully aware that any payments is NON refundable

Patient's Signature/ Guardians (In case of minors):

Date: ... / ... / .....

### نموذج اقرار طبي

- أوافق و أسمح للطبيب بعلاج حالتي المرضية التي تم شرحها لي من قبل الطبيب المختص و المؤهل.
- أتفهم أن بعض الإجراءات الطبية والتشخيصية الإضافية قد تكون ضرورية من أجل تزيدي بالعلاج الأفضل و الخدمة الأفضل.
- أتفهم أنه من الممكن أن يكشف الطبيب خلال العلاج أموراً مختلفة عن ما فكرت في الفحص الأولي و التي قد تتطلب إجراءات إضافية أو مختلفة عن تلك المخطط لها.
- أفوض الطبيب المعالج باتخاذ كل الإجراءات الطبية و العلاجات اللازمة و المطلوبة بحكم خبرته المهنية و الطبية.
- أقر أنه لم يتم تقديم أي ضمانات أو تأمين لنتائج العلاج و الإجراءات الطبية أو التجريبية المقدمة لي، كما أتفهم الأخطار و المضاعفات الناتجة عن عدم استكمال علاج حالتي المرضية.
- أتفهم تماماً كافة الأخطار و المضاعفات التي قد تكون مصاحبة للفحوصات و الإجراءات العلاجية و الجراحية.
- و ادرك ان بعض الإجراءات التشخيصية و العلاجية و الجراحية قد تؤدي الى مضاعفات كالتهاب أو التورم أو النزيف أو الألم أو المساسية
- أتفهم أن هناك رسوم بالحد الأدنى يجب علي دفعها مقابل الخدمة العلاجية و أن جميع الرسوم المطلوبة يجب ان تسدد بالكامل قبل الانتهاء من العلاج.
- أقر أن كافة المعلومات الطبية و التاريخ الطبي الذي قدمت لي قمتي للشفك صحية. و أتفهم ان اي معلومات تتعلق بخالتي الصحية ستبقى سرية تماماً ولا يمكن الاطلاع عليها دون موافقتي
- أقر أن لدي المعلومات الكاملة لتقديم هذا الاقرار و ان هذا النموذج قد تم شرحه لي بالكامل و اني قد قرأت و فهمت جميع تفاصيله بالكامل و اني وقعت عليه بأكمل ارادتي

انا على دراية تامة أن أي مدفوعات للمركز هي غير قابلة للاسترداد

توقيع المريض / ولي الأمر (من هم دون السن القانونية):



التاريخ: 29 / 10 / 19

استمارة تقييم المريض Patient Assessment Form

المؤشرات الحيوية Vital Signs	
Weight (الوزن): 61.3 Kg	Height (الطول): 165 cm
Pulse (النبض):	Blood Pressure (الدم): /
	Blood Type (الدم):
	Blood Sugar (السكر):

سبب زيارة المريض للعيادة Chief Complaint

التاريخ المرضي: Disease History

الحساسية: Allergies

الأدوية: Medications

الحمل: Pregnancy

الجراحات السابقة، عمليات المستشفى: Previous Surgeries, Hospitalization

التدخين: Smoking (Y) (N)

الكحول: Alcohol (Y) (N)

الأدوية: Drugs (Y) (N)

الملاحظات العامة و السريرية General & Clinical Findings

Over weight in the tummy  
Anemia + Back side  
Examination  
BCA

الصور الشعاعية Radiography

التشخيص: Diagnosis

- waist Circum =
- Need sessions on the tummy

File No: .....

Date: / /

**Treatment Plan** خطة العلاج

Doctor's Signature and Stamp

.....





REDAD DATA

cAEAlOEBA83ODQxO

Confirm Data

Public Data Readed Succ

SHOW READED DATA

**Public Data Verification report****File****Valid Signature?**

Non-Modifiable Data (SF3)	False
Modifiable Data (SF5)	False
Holder Signature Image (SF7)	False
Photography	False
Home Address	False
Work Address	False

**Card Holder Information**

Name	Zahra,,,Ait Wajja	IDN:	784197827980422	Mother Name:	
Name (Ar)	زهراء,,,ايت واجه	Card Number:	083344846	Mother Name (Ar):	
Title:		Nationality:	MAR	Family ID:	
Title(Ar):		Nationality (Ar):	المغرب		
Issue Date:	10/05/2017	Sex:	F	Sponsor Type:	02
Expiry Date:	06/05/2020	Date of Birth:	16/11/1978	Sponsor Name:	محمد خالد سعيد مطر بيله الميوري
Marital Status:	02	Husband IDN:		Sponsor Number:	30215254
Residency Type:	03	Residency Number:	20120113069997	Residency Expiry:	06/05/2020
ID Type:	IL	Occupation:	10	Occupation Field:	00



Photo

Signature Image

<http://orchidsvr/EMID/default.aspx>

10/29/2019

ID 291019-1 | Height 165cm | Age 40 | Gender Female | Test Date / Time 05.11.2019. 14:57

## Body Composition Analysis

Total amount of water in body	<b>Total Body Water</b>	(L)	29.2 ( 29.8~36.4 )
For building muscles	<b>Protein</b>	(kg)	7.8 ( 8.0~9.8 )
For strengthening bones	<b>Minerals</b>	(kg)	2.98 ( 2.75~3.37 )
For storing excess energy	<b>Body Fat Mass</b>	(kg)	19.9 ( 11.7~18.7 )
Sum of the above	<b>Weight</b>	(kg)	59.9 ( 49.7~67.3 )

## InBody Score

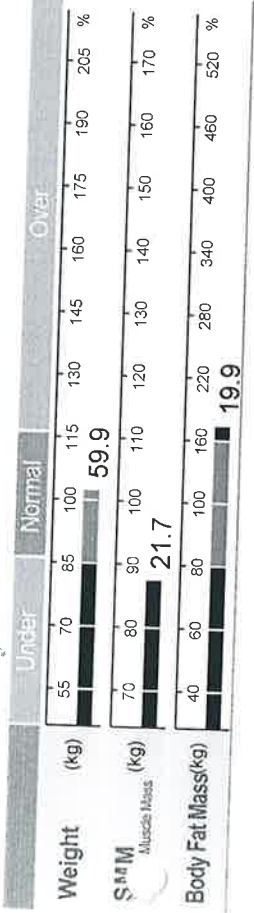
68 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

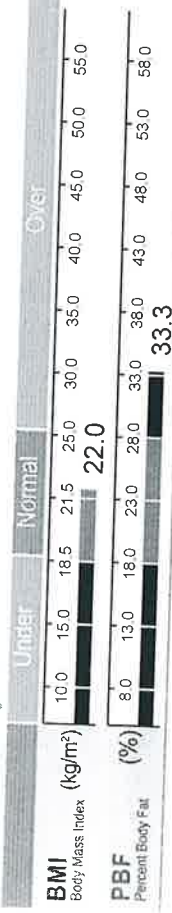
## Weight Control

Target Weight 58.5 kg  
 Weight Control - 1.4 kg  
 Fat Control - 6.5 kg  
 Muscle Control + 5.1 kg

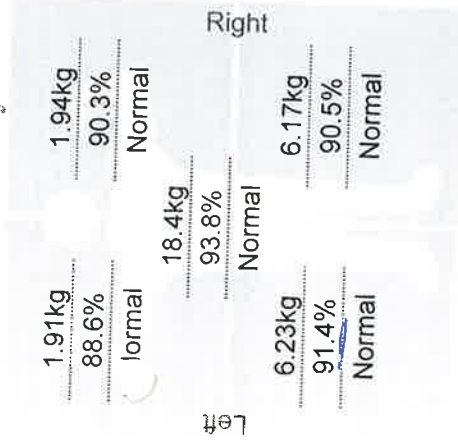
## Muscle-Fat Analysis



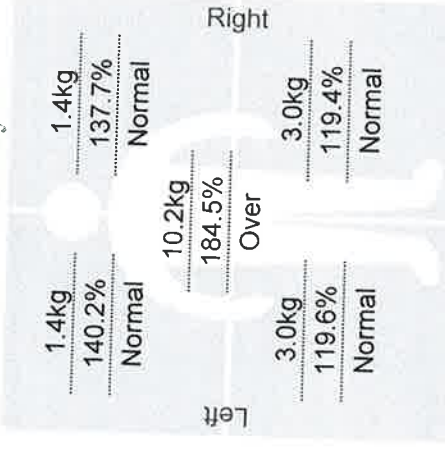
## Obesity Analysis



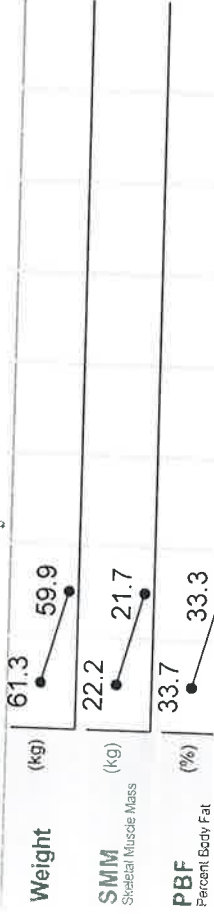
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## Visceral Fat Level

Level 9 (Low 10 High)

## Research Parameters

Fat Free Mass 40.0 kg  
 Basal Metabolic Rate 1233 kcal ( 1267~1466 )  
 Obesity Degree 102 % ( 90~110 )  
 Recommended calorie intake 1547 kcal

## Calorie Expenditure of Exercise

Golf	105	Gateball	114
Walking	120	Yoga	120
Badminton	135	Table Tennis	135
Tennis	180	Bicycling	180
Boxing	180	Basketball	180
Mountain Climbing	195	Jumping Rope	210
Aerobics	210	Jogging	210
Soccer	210	Swimming	210
Japanese Fencing	300	Racketball	300
Squash	300	Taekwondo	300

\* Based on your current weight  
 \* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

RA	LA	TR	RL	LL
Z(Ω) 20 kHz	461.2	471.3	28.6	370.1
100 kHz	417.6	428.2	24.3	330.3
	323.6			





Department: ORTHOPAEDICS  
Specimen: Serum-HO  
Visit Type / No: OP / OP-014  
Mobile No: 971503053186  
Collected On: 30/10/2019 11:27  
Referring Doctor: Walk-In (External)  
Received On: 30/10/2019 11:27  
Reported On: 30/10/2019 12:42

MRN: 1510190315  
Name: Ms ZAHRA AIT WAJJA  
Age / Sex: 40 Year(s) 11 Month(s)/Female  
Accession No: 1910300115  
Consulting Doctor: Dr. Bachar Aboutbaker  
Patient Address: Dubai, Dubai

Sample No: 3010190236/3010190235

Test Name	Result	Unit	Biological Reference Interval
VITAMIN D	65.63		Deficiency : <20 Insufficiency : 20-30 Sufficiency : 30-100 Toxicity : >100
LDL CHOLESTEROL	63	mg/dl	<40 Low >60 High
DL CHOLESTEROL	148 H	mg/dl	OPTIMAL : <100 ABOVE OPTIMAL : 100-129 BORDER LINE-HIGH : 130-159 HIGH:160-189 VERY HIGH:>190
LDH (LACTATE DEHYDROGENASE)	136	U/L	100.0-190.0
CALCIUM	9.4	mg/dl	8.5-10.1

LDL

IRANIAN HOSPITAL - DUBAI  
RED CRESCENT SOCIETY  
Dr. Mastaran Rezaee  
Specialist Histopathologist  
License No. 66931



3010190235

Sample No

Ms ZAHRA AIT WAJJA / 1510190315

Page 1 of 2

صوب : ٢٣٣٠ ، دبي ، ا.ع.م. هاتف : ٢٤٤٠٢٥٠ ، فاكس : ٢٤٤٠٢٣٢  
P.O. Box: 2330, Dubai, U.A.E., Tel.: +971 4 3440250, Fax: +971 4 3440322

E-mail : info@lhd.ae, Website : www.lhd.ae





مركز أوركييد الطبي  
ORCHID MEDICAL CENTER

No: REC-005835

Date: 05-11-2019

RECEIPT VOUCHER

AED 825.00

Receive from Mr./Mrs./M/s. 1003178 - ZAHRAA AIT - 971503053186

The sum of Dhs. **Eight Hundred Twenty Five Only**By Cash **0.00** / By Credit Card **825.00 (Bank Charges: 0.00)** / By Cheque **0.00** / By Bank Transfer **0.00** / By Allocated **0.00**

Bank: Cheque No. Date:

Being **ADVANCE FOR BIKINI AND UNDER ARMS PKG 3 SESSIONS \* 2 PKG 1100 BALANCE 330**Made by **Rana** زهور ايت واجة

- 1.Any Advance refund will be accepted within 48 hours for 25% of deduction from the total amount.
- 2.Treatment includes lab cost is non-refundable.
- 3.After 48 hours No refundable accepted

**Tel: + 9716 555 8337, Fax: + 9716 528 8130, e - mail: info@omc1.ae****www.omc1.ae**



مركز أوركيد الطبي  
ORCHID MEDICAL CENTER

AED 1,575.00

RECEIPT VOUCHER (No. REC-005834)

Date: 05-11-2019

Receive from Mr./Mrs./M/s. 1003178 - ZAHRAA AIT - 971503053186

The sum of Dhs. One Thousand Five Hundred Seventy-Five Dirhams and Zero Fils Only

By Cash 0.00 / By Credit Card 1,575.00 / By Cheque 0.00 / By Bank Transfer 0.00 / By Allocated 0.00

Bank:

Date: 05-11-2019

Cheque No.

Being DIET PKG WITH 5 SESSIONS ENDYMED + VAT

Made by Rana

زهراء أيت واجبة

1. Any Advance refund will be accepted within 48 hours for 25% of deduction from the total amount.
2. Treatment includes lab cost is non-refundable.
3. After 48 hours No refundable accepted

Confirmed by : 1003178 - ZAHRAA AIT - 971503053186

Tel : + 9716 555 8337, Fax : + 9716 528 8130, e - mail : [info@omc1.ae](mailto:info@omc1.ae)  
[www.omc1.ae](http://www.omc1.ae)



مركز أوركيذ الطبي  
ORCHID MEDICAL CENTER

AED 1,155.00

RECEIPT VOUCHER (No.REC-005917)

Date:09-11-2019

Receive from Mr./Mrs./M/s. 1003178 - ZAHRAA AIT - 971503053186

The sum of Dhs. **One Thousand One Hundred Fifty-Five Dirhams and Zero Fils Only**

By Cash 0.00 / By Credit Card 330.00 / By Cheque 0.00 / By Bank Transfer 0.00 / By Allocated 825.00

Bank: Cheque No.

Date: 09-11-2019

Being **PT PAID FOR PKG OF BIKINI AND UNDER ARMS 2 PKG 550\*2 VIKINI LASER + VAT**

Made by **Rana**

- 1.Any Advance refund will be accepted within 48 hours for 25% of deduction from the total amount.
- 2.Treatment includes lab cost is non-refundable.
- 3.After 48 hours No refundable accepted

Confirmed by : 1003178 - ZAHRAA AIT - 971503053186

**Tel : + 9716 555 8337, Fax : + 9716 528 8130, e - mail: info@omc1.ae**  
**www.omc1.ae**



# InBody

Zahra

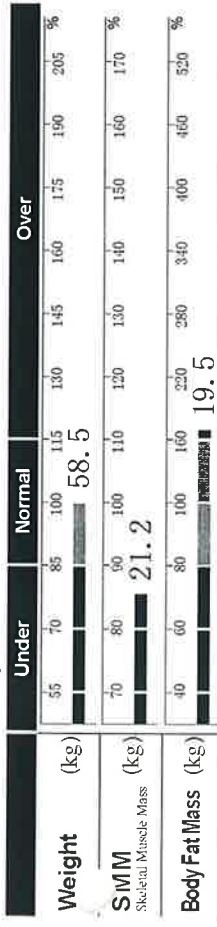
[InBody270]

ID	Height	Age	Gender	Test Date / Time
	165cm	40	Female	12.11.2019 15:10

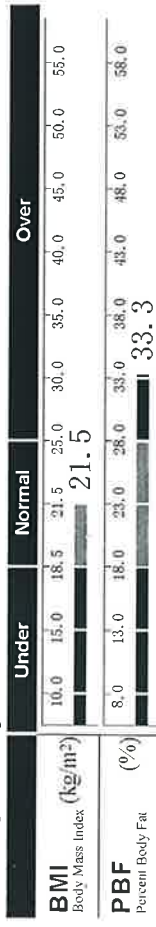
## Body Composition Analysis

Total amount of water in my body	<b>Total Body Water</b> (L)	28.5 ( 29.8 ~ 36.4 )
What I need to build muscles	<b>Protein</b> (kg)	7.7 ( 8.0 ~ 9.8 )
What I need for strong bones	<b>Mineral</b> (kg)	2.77 ( 2.75 ~ 3.37 )
Where my excess energy is stored	<b>Body Fat Mass</b> (kg)	19.5 ( 11.7 ~ 18.7 )
Sum of the above	<b>Weight</b> (kg)	58.5 ( 49.7 ~ 67.3 )

## Muscle-Fat Analysis



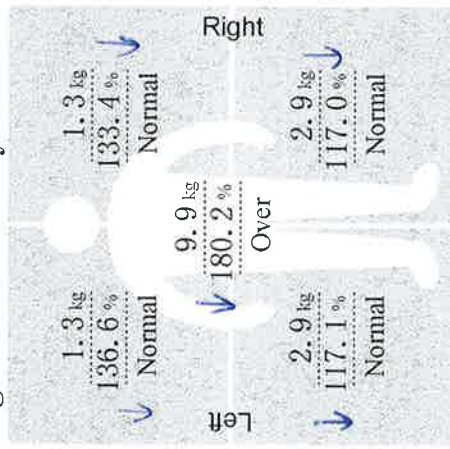
## Obesity Analysis



## Segmental Lean Analysis



## Segmental Fat Analysis



\* Segmental fat is estimated.

## Body Composition History

<b>Weight</b> (kg)	58.5								
<b>SMM</b> (kg)	21.2								
<b>PBF</b> (%)	33.3								
<input checked="" type="checkbox"/> Recent <input type="checkbox"/> Total	12.11.19								
	15:10								

## InBody Score

68/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight	58.6 kg
Weight Control	+0.1 kg
Fat Control	-6.0 kg
Muscle Control	+6.1 kg

## Obesity Evaluation

BMI	<input checked="" type="checkbox"/> Normal <input type="checkbox"/> Under <input type="checkbox"/> Slightly Over <input type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal <input type="checkbox"/> Slightly Over <input checked="" type="checkbox"/> Over

## Waist-Hip Ratio



## Visceral Fat Level



## Research Parameters

Fat Free Mass	39.0 kg
Basal Metabolic Rate	1213 kcal ( 1246 ~ 1440 )
Obesity Degree	100 % ( 90 ~ 110 )
Recommended calorie intake	2283 kcal

## Calorie Expenditure of Exercise

Golf	103	Gateball	111
Walking	117	Yoga	117
Badminton	132	Table Tennis	132
Tennis	176	Bicycling	176
Boxing	176	Basketball	176
Mountain Climbing	191	Jumping Rope	205
Aerobics	205	Jogging	205
Soccer	205	Swimming	205
Japanese Fencing	293	Racketball	293
Squash	293	Taekwondo	293

\* Based on your current weight  
\* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

RA	LA	TR	RL	LL
Z <sub>60</sub>	20 kHz	468.2	488.9	30.4
Z <sub>50</sub>	100 kHz	423.2	442.5	25.6
		342.9	338.9	



مركز أوركيديك الطبي  
ORCHID MEDICAL CENTER

AED 157.50

RECEIPT VOUCHER (No.REC-006077)

Date:22-11-2019

Receive from Mr./Mrs./M/s. 1003178 - ZAHRAA AIT - 971503053186

The sum of Dhs. **One Hundred Fifty-Seven Dirhams and Fifty Fils Only**

By Cash **0.00** / By Credit Card **157.50** / By Cheque **0.00** / By Bank Transfer **0.00** / By Allocated **0.00**

Bank: \_\_\_\_\_ Cheque No. \_\_\_\_\_

Date: 22-11-2019

Being **1 session carbon + vat**

Made by **Reem**

- 1.Any Advance refund will be accepted within 48 hours for 25% of deduction from the total amount.
- 2.Treatment includes lab cost is non-refundable.
- 3.After 48 hours No refundable accepted

Confirmed by : 1003178 - ZAHRAA AIT - 971503053186

**Tel : + 9716 555 8337, Fax: + 9716 528 8130, e - mail : info@omc1.ae**  
**www.omc1.ae**

## إقرار للعلاج باستخدام جهاز Q-Switch Laser

جهاز Q-Switch Laser أقر أنا يبراد البواصب بتقويض طبيب الاختصاص أو أحد معاونيه لإجراء العلاج باستخدام

ليزر ال **■ التقشير الكروني** باستخدام لوشن الكروني تبعه التقشير بالليزر هو أحد الإستراتيجيات لإعادة نضارة البشرة و علاج علامات التقدم بالسن، علاج التجاعيد، خطوط الوجه، والشذوذ الصبغي (البقع الحمراء والبنية غير المرغوب بها والمرتبطة بالتقدم بالسن وحالات أخرى)، تحسين ملمس البشرة، علاج حب الشباب، إزالة التصبغات(البقع الداكنة الناتجة عن حب الشباب)، الندوب التي تتبع الحبوب، توسيع مسامات الجلد، إزالة أو تخفيف الشعر الناعم بشكل مؤقت. بشكل عام ينصح ب3-5 جلسات معضمهم فترة زمنية من 2-4 اسابيع وجلسات مراجعة كل 3-6 اشهر.

■ **التقشير الناعم وإزالة التصبغات بالليزر** يقوم الجهاز بالتقشير بدون استخدام لوشن الكرون، بينما التقشير الناعم هو إزالة التصبغات بالليزر بوضفة لوشن الكرون مما يستهدف الأصباغ الأكثر عمقا الشائعة في الكلف و زيادة التصبغات بعد الإتهاب. ينصح ب6-12 جلسة بينهم 3-6 اشهر خصوصا في حالة الكلف.

. إزالة الوشم بالليزر.

. الأورام الصبغية.

. تقشير الشعر.

. إزالة فطريات الإضافر(الوضع A)

. بير إزالة الكلف (الوضع M)

مضادات الإستعمال للعلاج يتضمن:

. تناول عقار الأيسوترينوين (الأكيوثان) خلال ال6 اشهر الماضية.

. الحمل والرضاعة.

. الأمراض الجلدية والإتهابات و الاورام الجلدية السرطانية في منطقة العلاج.

. مشاكل في الجهاز المناعي.

. الإصابة بالإيدز والتهاب الكبد الوبائي.

. ضعف الشفاء(تكون الندوب الجلدية)

. التهاب.

أفهم تماما ان النتائج المثالية تتحقق من العلاجات وان النتيجة المرجحة لن تتحقق بعد الجلسة الأولى. ولا يتضمن الطبيب رضائي عن درجة التحسن بعد عدة جلسات.

لقد تم الشرح لي عن الحليجة الى انهاء خطة العلاج. و انا افهم ان النتائج قد تختلف بالخطر الى استجابتي لليزر وتضيئي للتعليمات ما قبل وما بعد العلاج.وقد التزمت بكل متطلبات ما قبل العلاج بالليزر التي زودت بها وسوف اتبع التعليمات الواردة هنا لما بعد العلاج والعناية بالبشرة التي شرحت لي بالكامل.

أفهم ان كما هناك منافع للاجراء المطلوب. افهم ان الاجراء قد ينطوي على مخاطر واحتمال تاخر في فترة الشفاء/ الانتام. ماعدا التقشير الناعم الذي لا يحتاج الى فترة شفاء.

افهم ان المضاعفات نادرة الحدوث لكنها ممكنة وتضمن التالي : احمرار مؤقت، تقشرات مشابهة لتقشرات حروق الشمس التي تستمر من عدة ساعات الى عدة ايام فقط. تغيرات صبغية (بقع داكنة او فاتحة على الجلد) او احمرار مزمن قد يمتد من شهر الى ثلاثة اشهر. بعض الاعراض المحتملة قد تتضمن حكة، الم،كدمات،تهاب،ندوب او انتفاخ.

اشعة الليزر قد تسبب ضررا للعين ويجب ارتداء النظارات الواقية اثناء العلاج . وعلى ايضا ابقاء عيناوي معقلتان اثناء العلاج. اقر ان المخدر الموضعي مطلوب مما قد يسبب برودة فقل ومضاعفات التخدير.

لقد تم شرح العلاج بكامل فوائده ومضاعفاته المحتملة. وقد تمت الاجابة على جميع اسئلتي وقد وقعت على هذا الاقرار بكامل ارادتي.

التوقيع:



التاريخ:

اسم المريض/لي امر المريض:



ID	Height	Age	Gender	Test Date / Time
291019-1	165cm	41	Female	19.11.2019 15:03

## Body Composition Analysis

Total amount of water in my body	<b>Total Body Water</b> (L)	28.5 ( 29.8 ~ 36.4 )
What I need to build muscles	<b>Protein</b> (kg)	7.6 ( 8.0 ~ 9.8 )
What I need for strong bones	<b>Mineral</b> (kg)	2.87 ( 2.75 ~ 3.37 )
Where my excess energy is stored	<b>Body Fat Mass</b> (kg)	18.6 ( 11.7 ~ 18.7 )
Sum of the above	<b>Weight</b> (kg)	57.6 ( 49.7 ~ 67.3 )

## InBody Score

69/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight	58.5 kg
Weight Control	+0.9 kg
Fat Control	-5.2 kg
Muscle Control	+6.1 kg

## Obesity Evaluation

BMI	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Under	<input type="checkbox"/> Slightly Over	<input type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal	<input checked="" type="checkbox"/> Slightly Over	<input type="checkbox"/> Over	

## Waist-Hip Ratio

0.91

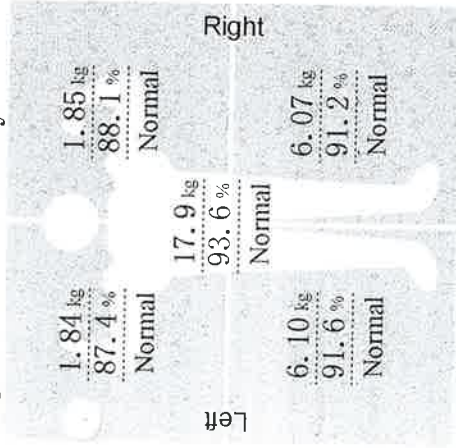
## Visceral Fat Level

Level 8

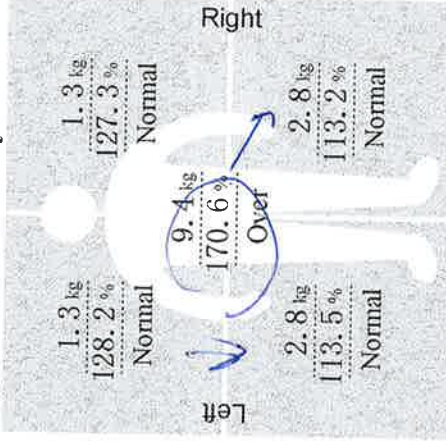
## Research Parameters

Fat Free Mass	39.0 kg
Basal Metabolic Rate	1212 kcal ( 1232 ~ 1424 )
Obesity Degree	98 % ( 90 ~ 110 )
Recommended calorie intake	2266 kcal

## Segmental Lean Analysis



## Segmental Fat Analysis



\* Segmental fat is estimated.

## Body Composition History

<b>Weight</b> (kg)	61.3	59.9	57.6
<b>SMM</b> (kg)	22.2	21.7	21.1
<b>PBF</b> (%)	33.7	33.3	32.3
Recent Total	29.10.19:05.11.19:19.11.19:14:58	14:57	15:03

# InBody

Zahra

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ID	Height	Age	Gender	Test Date / Time
291019-1	165cm	41	Female	26.11.2019 15:19

[InBody270]

## Body Composition Analysis

Total amount of water in my body	<b>Total Body Water</b> (L)	28.2 ( 29.8~36.4 )
What I need to build muscles	<b>Protein</b> (kg)	7.5 ( 8.0~9.8 )
What I need for strong bones	<b>Mineral</b> (kg)	2.86 ( 2.75~3.37 )
Where my excess energy is stored	<b>Body Fat Mass</b> (kg)	18.1 ( 11.7~18.7 )
Sum of the above	<b>Weight</b> (kg)	56.7 ( 49.7~67.3 )

**InBody Score**

69/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

### Weight Control

Target Weight	58.5 kg
Weight Control	+1.8 kg
Fat Control	-4.7 kg
Muscle Control	+6.5 kg

### Obesity Evaluation

BMI	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Under	<input type="checkbox"/> Slightly Over	<input type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal	<input checked="" type="checkbox"/> Slightly Over	<input type="checkbox"/> Over	

### Waist-Hip Ratio



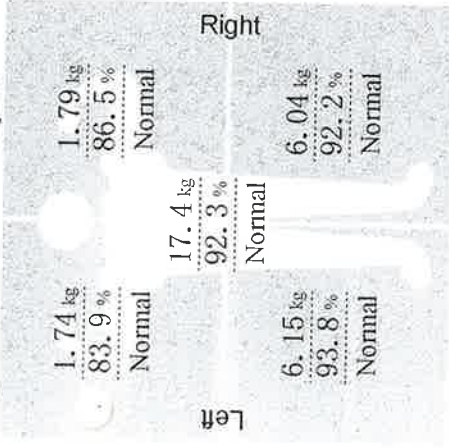
### Visceral Fat Level



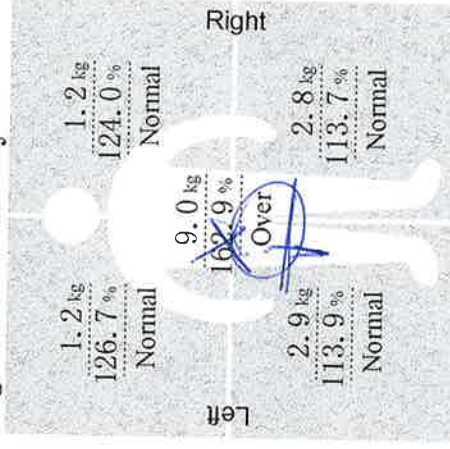
### Research Parameters

Fat Free Mass	38.6 kg
Basal Metabolic Rate	1203 kcal ( 1219~1407 )
Obesity Degree	97 % ( 90~110 )
Recommended calorie intake	2257 kcal

### Segmental Lean Analysis



### Segmental Fat Analysis



\* Segmental fat is estimated.

### Body Composition History

<b>Weight</b> (kg)	61.3	59.9	57.6	56.7
<b>SMM</b> (kg)	22.2	21.7	21.1	20.8
<b>PBF</b> (%)	33.7	33.3	32.3	32.0
Recent Total	29.10.19 14:58	05.11.19 14:57	11.19 15:03	26.11.19 15:19

270-2DM-0340/470AS-A115/F91802752

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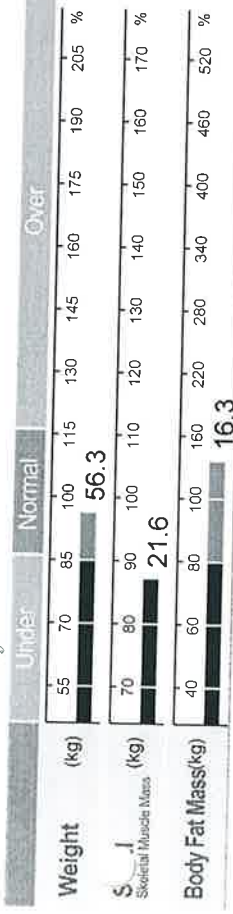


ID 291019-1 | Height 165cm | Age 41 | Gender Female | Test Date / Time 05.01.2020. 16:47

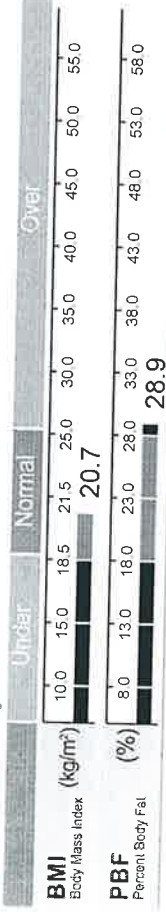
## Body Composition Analysis

Total amount of water in body	Total Body Water (L)	29.3 ( 29.8~36.4 )
For building muscles	Protein (kg)	7.8 ( 8.0~9.8 )
For strengthening bones	Minerals (kg)	2.88 ( 2.75~3.37 )
For storing excess energy	Body Fat Mass (kg)	16.3 ( 11.7~18.7 )
Sum of the above	Weight (kg)	56.3 ( 49.7~67.3 )

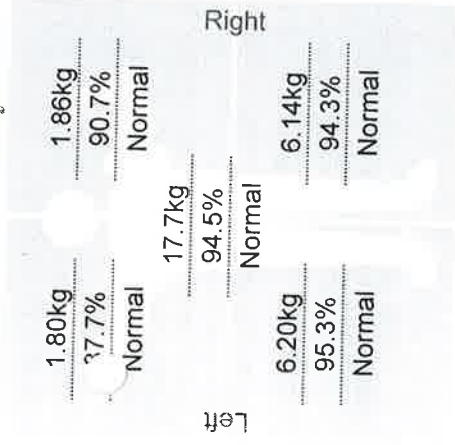
## Muscle-Fat Analysis



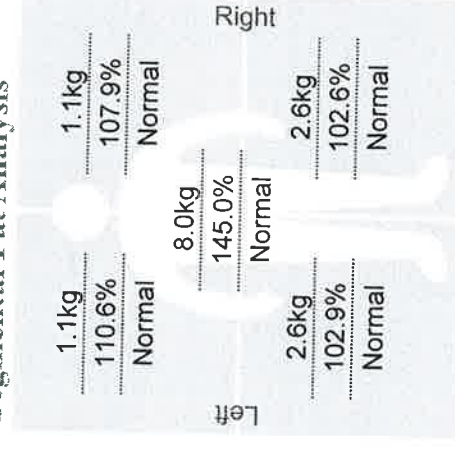
## Obesity Analysis



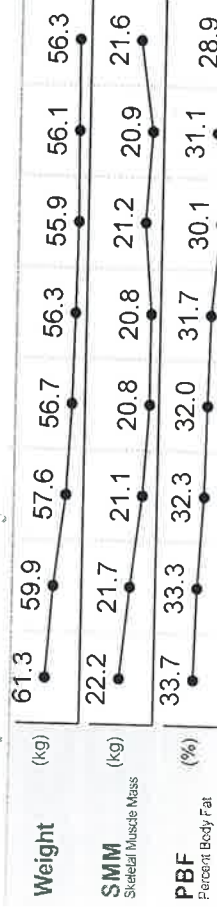
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## InBody Score

72/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 58.5 kg  
 Weight Control + 2.2 kg  
 Fat Control -2.8 kg  
 Muscle Control + 5.0 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio



## Visceral Fat Level



## Research Parameters

Fat Free Mass 40.0 kg  
 Basal Metabolic Rate 1234 kcal ( 1213~1400 )  
 Obesity Degree 96 % ( 90~110 )  
 Recommended calorie intake 2253 kcal

## Calorie Expenditure of Exercise

Golf	99	Gateball	107
Walking	113	Yoga	113
Badminton	127	Table Tennis	127
Tennis	169	Bicycling	169
Boxing	169	Basketball	169
Mountain Climbing	184	Jumping Rope	197
Aerobics	197	Jogging	197
Soccer	197	Swimming	197
Japanese Fencing	282	Racketball	282
Squash	282	Taekwondo	282

\* Based on your current weight  
 \* Based on 30 minute duration

## Impedance

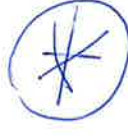
RA LA TR RL LL  
 Z(α) 20 kHz | 458.1 475.9 26.5 347.2 339.2  
 100 kHz | 416.4 432.8 22.6 313.5 306.7



# InBody

Zshra 10

ID 291019-1 | Height 165cm | Age 41 | Gender Female | Test Date / Time 17. 12. 2019 14:56



## Body Composition Analysis

Total amount of water in my body	<b>Total Body Water</b> (L)	28.6 ( 29.8 ~ 36.4 )
What I need to build muscles	<b>Protein</b> (kg)	7.6 ( 8.0 ~ 9.8 )
What I need for strong bones	<b>Mineral</b> (kg)	2.87 ( 2.75 ~ 3.37 )
Where my excess energy is stored	<b>Body Fat Mass</b> (kg)	16.8 ( 11.7 ~ 18.7 )
Sum of the above	<b>Weight</b> (kg)	55.9 ( 49.7 ~ 67.3 )

## InBody Score

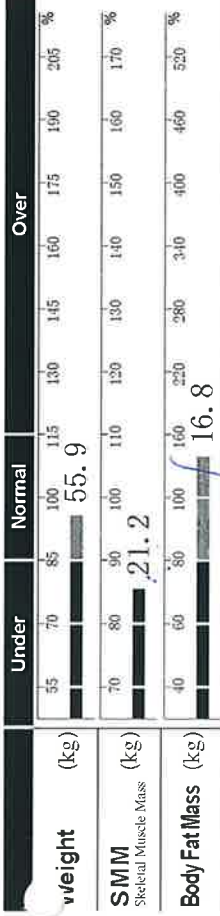
71 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

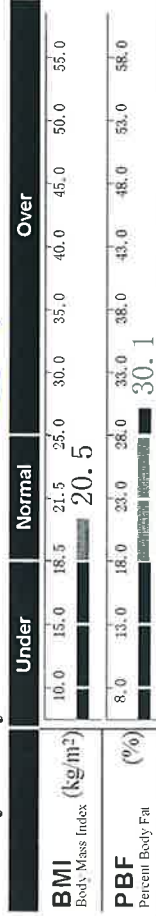
## Weight Control

Target Weight 58.6 kg  
 Weight Control +2.7 kg  
 Fat Control -3.3 kg  
 Muscle Control +6.0 kg

## Muscle-Fat Analysis

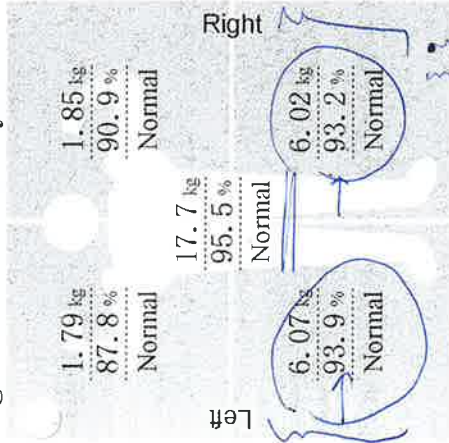


## Obesity Analysis

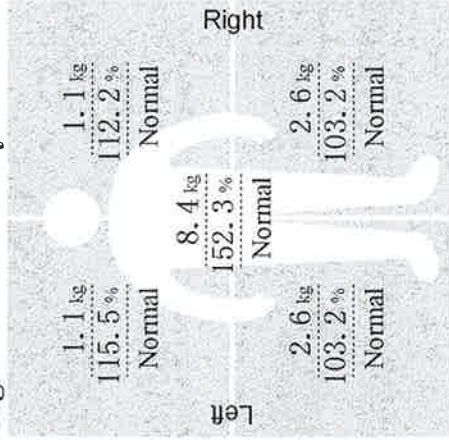


1 kg

## Segmental Lean Analysis



## Segmental Fat Analysis



\* Segmental fat is estimated.

## Body Composition History

<b>Weight</b> (kg)	61.3	59.9	57.6	56.7	56.3	55.9
<b>SMM</b> (kg)	22.2	21.7	21.1	20.8	20.8	21.2
<b>PBF</b> (%)	33.7	33.3	32.3	32.0	31.7	30.1
Recent Total	29.10.19:05	11.19:19	11.19:26	11.19:08	12.19:17	12.19:14:56

## Research Parameters

Fat Free Mass 39.1 kg  
 Basal Metabolic Rate 1214 kcal ( 1207 ~ 1393 )  
 Obesity Degree 96% ( 90 ~ 110 )

Recommended calorie intake 2248 kcal

## Calorie Expenditure of Exercise

Golf	98	Gateball	106
Walking	112	Yoga	112
Badminton	126	Table Tennis	126
Tennis	168	Bicycling	168
Boxing	168	Basketball	168
Mountain Climbing	182	Jumping Rope	196
Aerobics	196	Jogging	196
Soccer	196	Swimming	196
Japanese Fencing	280	Racketball	280
Squash	280	Taekwondo	280

\* Based on your current weight  
 \* Based on 30 minute duration

## Impedance

RA LA TR RL LL  
 Z(Ω) 20 kHz | 472.1 490.6 28.6 380.7 373.3  
 100 kHz | 428.3 446.5 24.2 339.9 335.0

# InBody

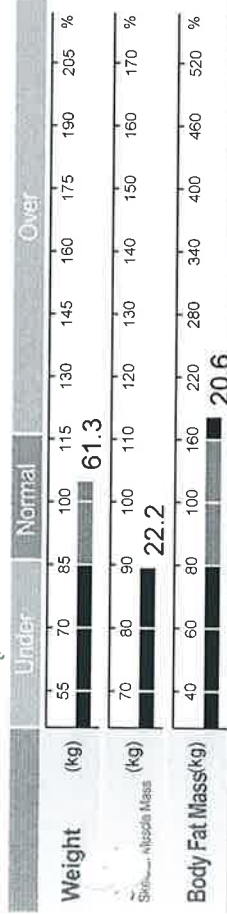
1 Scoop Per day → SOG whey Protein →  
Zahira Zevo →

ID 291019-1 | Height 165cm | Age 40 | Gender Female | Test Date / Time 29.10.2019. 14:58

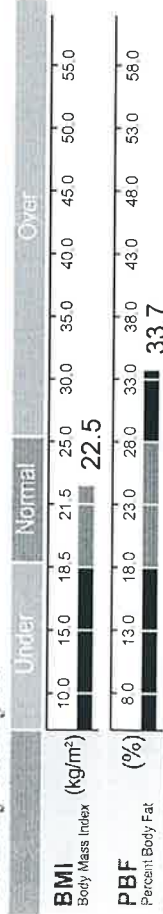
## Body Composition Analysis

Total amount of water in body	<b>Total Body Water</b>	(L)	29.7	( 29.8~36.4 )
For building muscles	<b>Protein</b>	(kg)	8.0	( 8.0~9.8 )
For strengthening bones	<b>Minerals</b>	(kg)	2.99	( 2.75~3.37 )
For storing excess energy	<b>Body Fat Mass</b>	(kg)	20.6	( 11.7~18.7 )
Sum of the above	<b>Weight</b>	(kg)	61.3	( 49.7~67.3 )

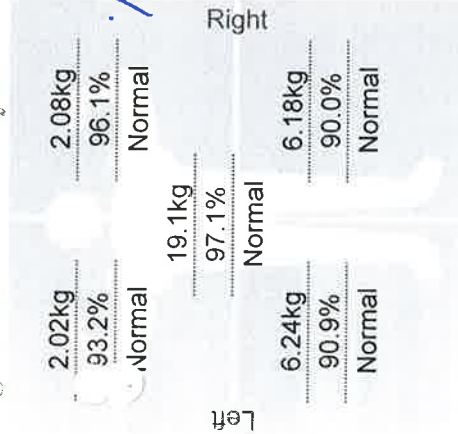
## Muscle-Fat Analysis



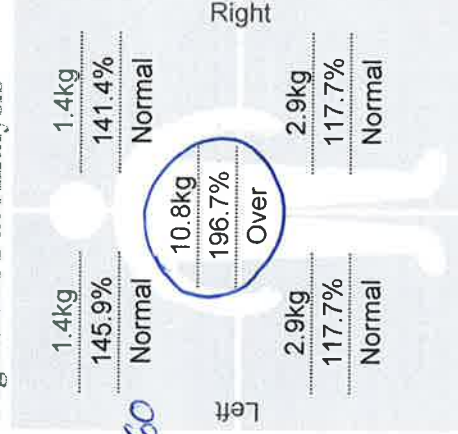
## Obesity Analysis



## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History

<b>Weight</b> (kg)	61.3
<b>SMM</b> (kg) (Skeletal Muscle Mass)	22.2
<b>PBF</b> (%) (Percent Body Fat)	33.7

## InBody Score

68 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 58.5 kg  
 Weight Control -2.8 kg  
 Fat Control -7.2 kg  
 Muscle Control +4.4 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio

0.96 (Scale: 0.75 to 0.85)

## Visceral Fat Level

Level 10 (Scale: Low to High)

## Research Parameters

Fat Free Mass 40.7 kg  
 Basal Metabolic Rate 1248 kcal ( 1288~1492 )  
 Obesity Degree 105 % ( 90~110 )  
 Recommended calorie intake 1562 kcal

## Calorie Expenditure of Exercise

Golf	108	Gateball	117
Walking	123	Yoga	123
Badminton	139	Table Tennis	139
Tennis	184	Bicycling	184
Boxing	184	Basketball	184
Mountain Climbing	200	Jumping Rope	215
Aerobics	215	Jogging	215
Soccer	215	Swimming	215
Japanese Fencing	307	Racketball	307
Squash	307	Taekwondo	307

\* Based on your current weight  
 \* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

Z(Ω) 20 REFZ | 437.2 452.2 29.3 382.1 372.8  
 100 REFZ | 393.4 409.8 24.7 339.9 333.4



# InBody

Zahra Zahra

ID 291019-1 | Height 165cm | Age 41 | Gender Female | Test Date / Time 08.12.2019 15:49

## Body Composition Analysis

Total amount of water in my body	<b>Total Body Water (L)</b>	28.1 ( 29.8~36.4 )
What I need to build muscles	<b>Protein (kg)</b>	7.5 ( 8.0~9.8 )
What I need for strong bones	<b>Mineral (kg)</b>	2.77 ( 2.75~3.37 )
Where my excess energy is stored	<b>Body Fat Mass (kg)</b>	17.9 ( 11.7~18.7 )
Sum of the above	<b>Weight (kg)</b>	56.3 ( 49.7~67.3 )

**InBody Score**

69/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

### Weight Control

Target Weight 58.5 kg  
 Weight Control +2.2 kg  
 Fat Control -4.4 kg  
 Muscle Control +6.6 kg

### Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

### Waist-Hip Ratio

0.89

### Visceral Fat Level

Level 7

### Research Parameters

Fat Free Mass 38.4 kg  
 Basal Metabolic Rate 1200 kcal ( 1213~1400 )  
 Obesity Degree 96% ( 90~110 )  
 Recommended calorie intake 2253 kcal

### Calorie Expenditure of Exercise

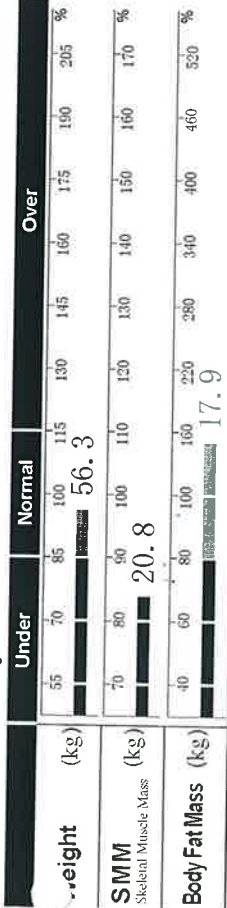
Golf	99	Gateball	107
Walking	113	Yoga	113
Badminton	127	Table Tennis	127
Tennis	169	Bicycling	169
Boxing	169	Basketball	169
Mountain Climbing	184	Jumping Rope	197
Aerobics	197	Jogging	197
Soccer	197	Swimming	197
Japanese Fencing	282	Racketball	282
Squash	282	Taekwondo	282

\* Based on your current weight  
 \* Based on 30 minute duration

### Impedance

RA LA TR RL LL  
 Z(α) 20 kHz 474.8 494.8 30.1 360.7 355.1  
 100 kHz 428.8 448.5 25.5 325.2 320.6

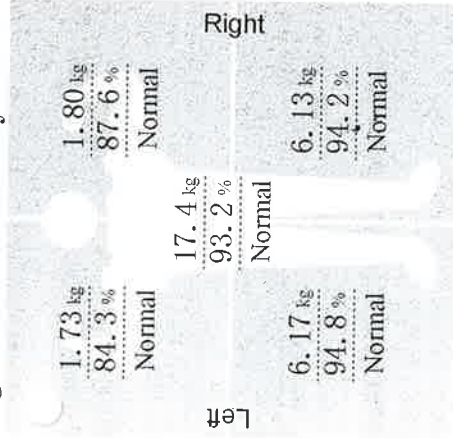
## Muscle-Fat Analysis



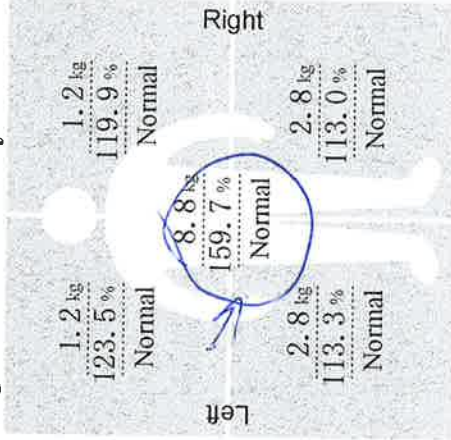
## Obesity Analysis



## Segmental Lean Analysis



## Segmental Fat Analysis



\* Segmental fat is estimated.

## Body Composition History

<b>Weight (kg)</b>	61.3	59.9	57.6	56.7	56.3
<b>SMM (kg)</b>	22.2	21.7	21.1	20.8	20.8
<b>PBF (%)</b>	33.7	33.3	32.3	32.0	31.7
Recent Total	29.10.19:05:14:58	11.19:19:11:15:03	26.11.19:08:15:19	12.19:15:19	15:49

270-208-0310/4701S-A115/P91802752

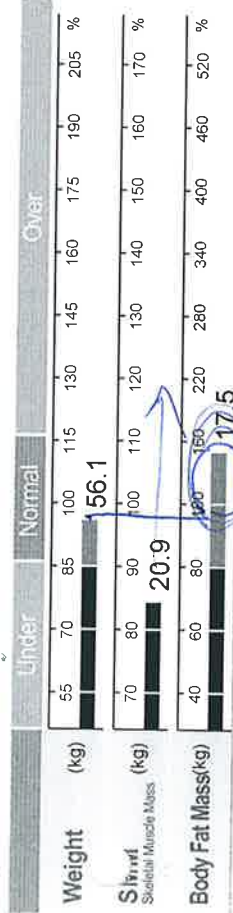


ID 291019-1 | Height 165cm | Age 41 | Gender Female | Test Date / Time 24.12.2019. 15:05

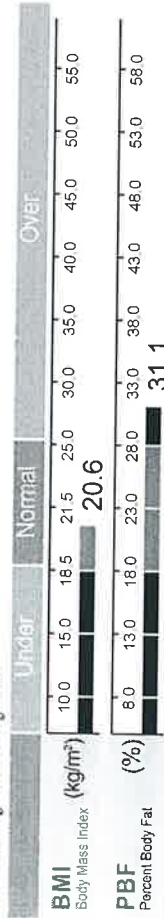
## Body Composition Analysis

Total amount of water in body	Total Body Water (L)	28.2 ( 29.8~36.4 )
For building muscles	Protein (kg)	7.6 ( 8.0~9.8 )
For strengthening bones	Minerals (kg)	2.76 ( 2.75~3.37 )
For storing excess energy	Body Fat Mass (kg)	17.5 ( 11.7~18.7 )
Sum of the above	Weight (kg)	56.1 ( 49.7~67.3 )

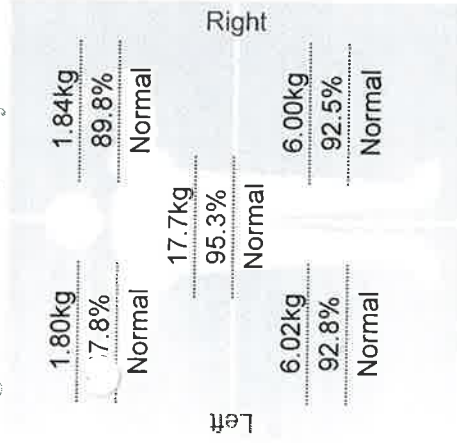
## Muscle-Fat Analysis



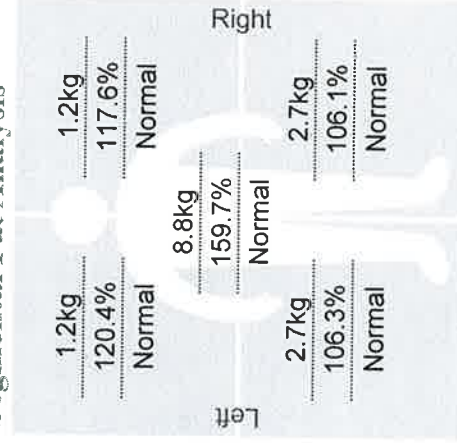
## Obesity Analysis



## Segmental Lean Analysis

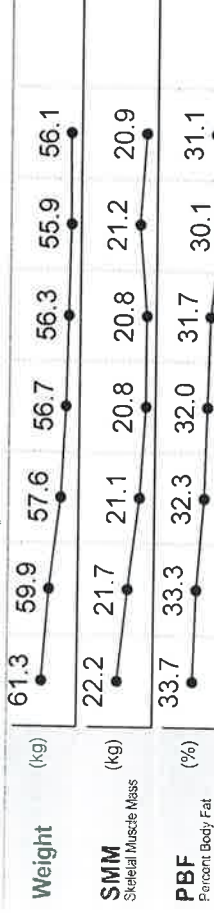


## Segmental Fat Analysis



\* Segmental fat is estimated.

## Body Composition History



## InBody Score

70 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 58.5 kg  
 Weight Control + 2.4 kg  
 Fat Control - 4.0 kg  
 Muscle Control + 6.4 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio

0.91

## Visceral Fat Level

Level 7

## Research Parameters

Fat Free Mass 38.6 kg  
 Basal Metabolic Rate 1204 kcal ( 1210~1396 )  
 Obesity Degree 96% ( 90~110 )  
 Recommended calorie intake 2250 kcal

## Calorie Expenditure of Exercise

Golf	99	Gateball	107
Walking	112	Yoga	112
Badminton	127	Table Tennis	127
Tennis	168	Bicycling	168
Boxing	168	Basketball	168
Mountain Climbing	183	Jumping Rope	196
Aerobics	196	Jogging	196
Soccer	196	Swimming	196
Japanese Fencing	281	Racketball	281
Squash	281	Taekwondo	281

\* Based on your current weight  
 \* Based on 30 minute duration

## Impedance

RA LA TR RL LL  
 Z<sub>(ω)</sub> 20 kHz | 480.7 492.4 29.4 388.9 385.9  
 100 kHz | 434.7 447.5 24.9 348.0 346.0

# InBody

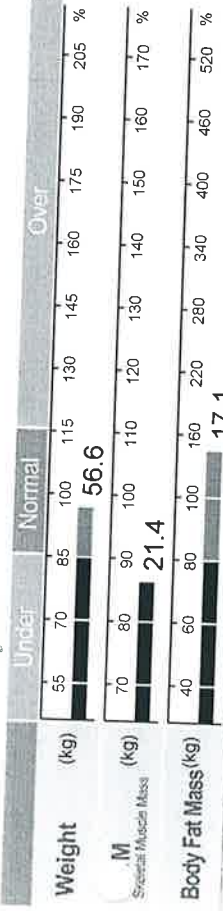
Zahra. 12

ID 291019-1 | Height 165cm | Age 41 | Gender Female | Test Date / Time 12.01.2020, 15:09

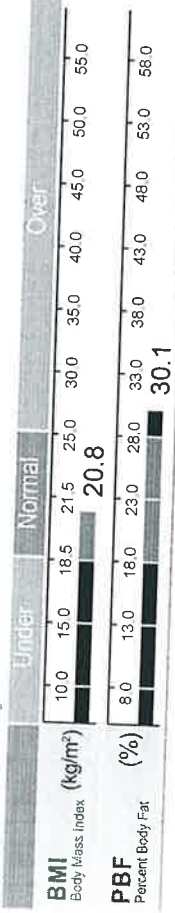
## Body Composition Analysis

Total amount of water in body	Total Body Water (L)	28.9 ( 29.8~36.4 )
For building muscles	Protein (kg)	7.7 ( 8.0~9.8 )
For strengthening bones	Minerals (kg)	2.87 ( 2.75~3.37 )
For storing excess energy	Body Fat Mass (kg)	17.1 ( 11.7~18.7 )
Sum of the above	Weight (kg)	56.6 ( 49.7~67.3 )

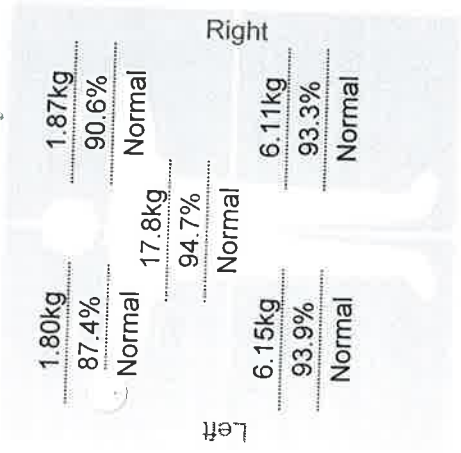
## Muscle-Fat Analysis



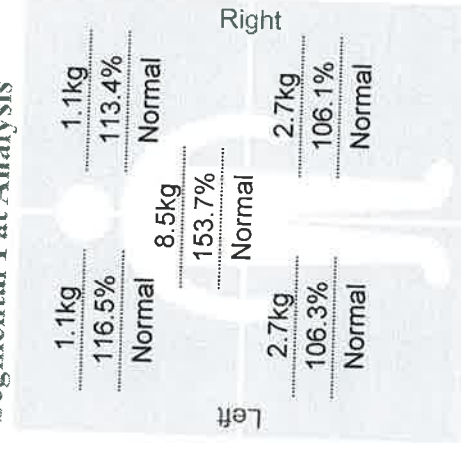
## Obesity Analysis



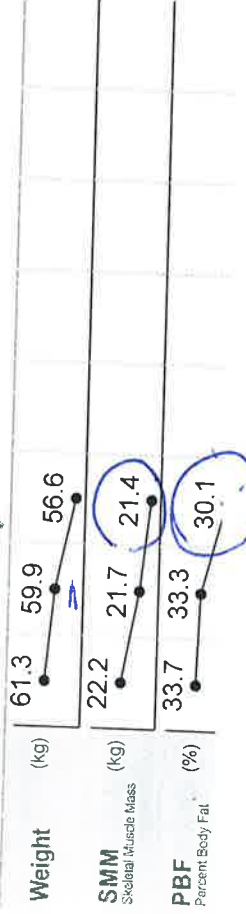
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## InBody Score

71 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 58.5 kg  
 Weight Control + 1.9 kg  
 Fat Control - 3.6 kg  
 Muscle Control + 5.5 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio

0.89

## Visceral Fat Level

Level 7

## Research Parameters

Fat Free Mass 39.5 kg  
 Basal Metabolic Rate 1224 kcal  
 Obesity Degree 97 % ( 90~110 )  
 Recommended calorie intake 2256 kcal

## Calorie Expenditure of Exercise

Golf	100	Gateball	108
Walking	113	Yoga	113
Badminton	128	Table Tennis	128
Tennis	170	Bicycling	170
Boxing	170	Basketball	170
Hiking	185	Jumping Rope	198
Aerobics	198	Jogging	198
Soccer	198	Swimming	198
Japanese Fencing	283	Racketball	283
Squash	283	Taekwondo	283

\*Based on your current weight  
 \*Based on 30 minute duration

## Impedance

Z(Ω)	20 kHz	470.3	490.2	27.3	366.1	360.5
	100 kHz	426.0	444.7	23.2	328.8	324.4

\* Do Cardio  
 She is eating more than



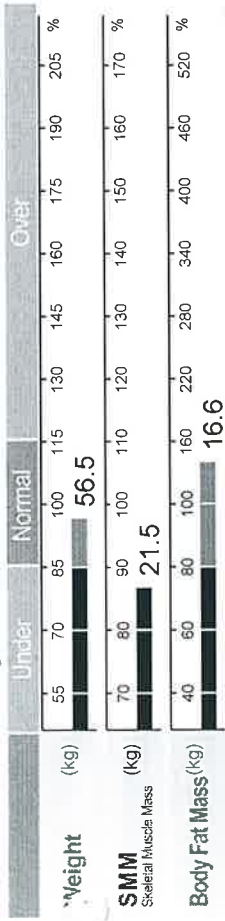
ID 291019-1 | Height 165cm | Age 41 | Gender Female | Test Date / Time 19.01.2020. 15:23

*Bravo* *Last Visit* 😊

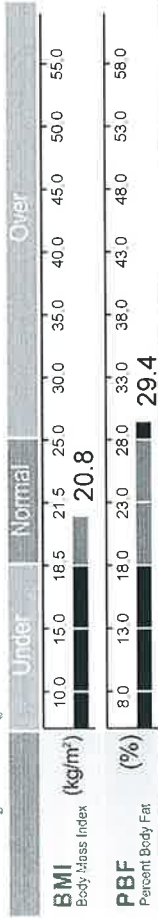
### Body Composition Analysis

Total amount of water in body	Total Body Water (L)	29.2 ( 29.8~36.4 )
For building muscles	Protein (kg)	7.8 ( 8.0~9.8 )
For strengthening bones	Minerals (kg)	2.88 ( 2.75~3.37 )
For storing excess energy	Body Fat Mass (kg)	16.6 ( 11.7~18.7 )
Sum of the above	Weight (kg)	56.5 ( 49.7~67.3 )

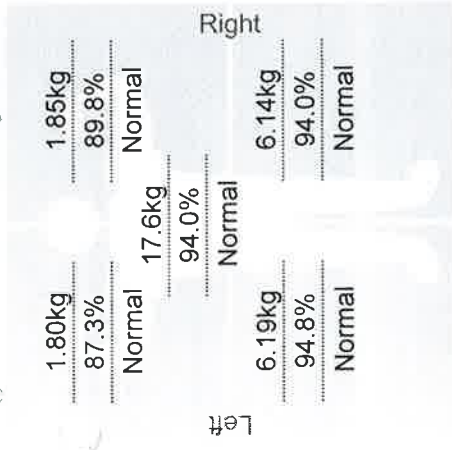
### Muscle-Fat Analysis



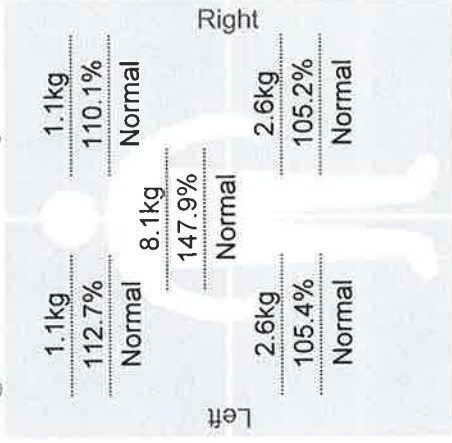
### Obesity Analysis



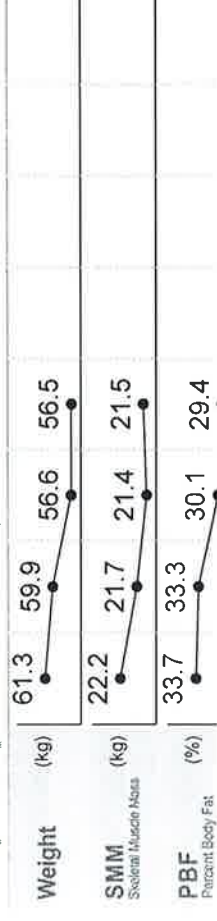
### Segmental Lean Analysis



### Segmental Fat Analysis



### Body Composition History



### InBody Score

72 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

### Weight Control

Target Weight 58.6 kg  
 Weight Control + 2.1 kg  
 Fat Control - 3.1 kg  
 Muscle Control + 5.2 kg

### Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

### Waist-Hip Ratio

0.87 ( 0.75 - 0.85 )

### Visceral Fat Level

Level 7 ( Low 10 High )

### Research Parameters

Fat Free Mass 39.9 kg  
 Basal Metabolic Rate 1232 kcal  
 Obesity Degree 97 % ( 90~110 )  
 Recommended calorie intake 2255 kcal

### Calorie Expenditure of Exercise

Golf	99	Gateball	107
Walking	113	Yoga	113
Badminton	128	Table Tennis	128
Tennis	170	Bicycling	170
Boxing	170	Basketball	170
Hiking	184	Jumping Rope	198
Aerobics	198	Jogging	198
Soccer	198	Swimming	198
Japanese Fencing	283	Racketball	283
Squash	283	Taekwondo	283

\*Based on your current weight  
 \*Based on 30 minute duration

### Impedance

RA LA TR RL LL  
 Z(Ω) 20 kHz | 464.2 478.9 26.1 345.9 339.0  
 100 kHz | 420.7 435.1 22.4 313.2 307.6



مركز أوركيد الطبي  
ORCHID MEDICAL CENTER

AED 210.00

RECEIPT VOUCHER (No.REC-006394)

Date:07-12-2019

Receive from Mr./Mrs./M/s. 1003178 - ZAHRAA AIT - 971503053186

The sum of Dhs. **Two Hundred Ten Dirhams and Zero Fils Only**

By Cash **0.00** / By Credit Card **210.00** / By Cheque **0.00** / By Bank Transfer **0.00** / By Allocated **0.00**

Bank: Cheque No.

Date: 07-12-2019

Being **CONSULTATION + VAT**

Made by **Rana**

- 1.Any Advance refund will be accepted within 48 hours for 25% of deduction from the total amount.
- 2.Treatment includes lab cost is non-refundable.
- 3.After 48 hours No refundable accepted

Confirmed by : 1003178 - ZAHRAA AIT - 971503053186

**Tel : + 9716 555 8337, Fax: + 9716 528 8130, e - mail : info@omc1.ae**  
**www.omc1.ae**





مركز أوركيده الطبي  
ORCHID MEDICAL CENTER

AED 150.00

RECEIPT VOUCHER (No.REC-006351)

Date:05-12-2019

Receive from Mr./Mrs./M/s. **1003178 - ZAHRAA AIT - 971503053186**

The sum of Dhs. **One Hundred Fifty Dirhams and Zero Fils Only**

By Cash **0.00** / By Credit Card **150.00** / By Cheque **0.00** / By Bank Transfer **0.00** / By Allocated **0.00**

Bank: Cheque No.

Date: **05-12-2019**

Being **COMPOSITE FILLING**

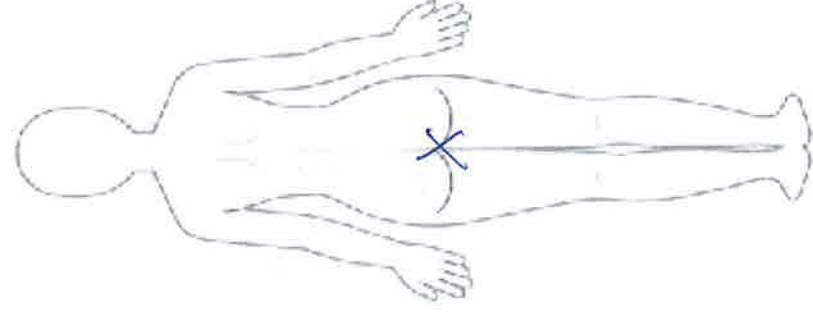
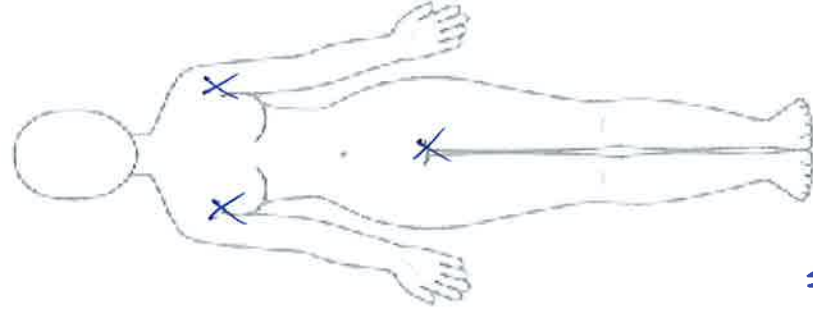
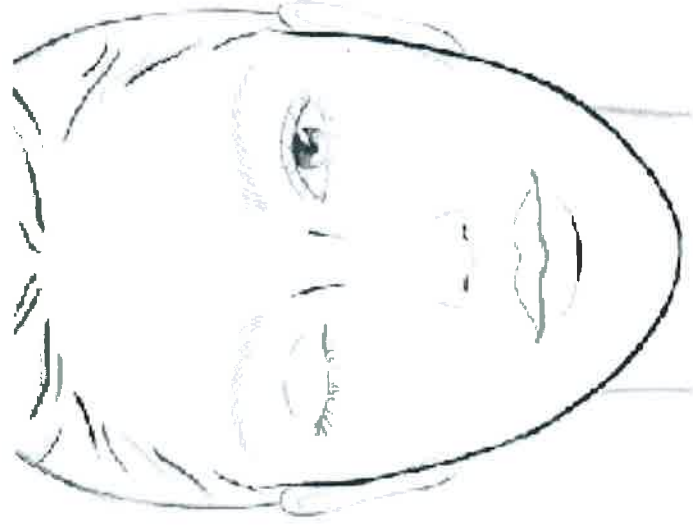
Made by **Rana**

- 1.Any Advance refund will be accepted within 48 hours for 25% of deduction from the total amount.
- 2.Treatment includes lab cost is non-refundable.
- 3.After 48 hours No refundable accepted

Confirmed by : **1003178 - ZAHRAA AIT - 971503053186**

**Tel : + 9716 555 8337, Fax : + 9716 528 8130, e - mail : [info@omc1.ae](mailto:info@omc1.ae)  
[www.omc1.ae](http://www.omc1.ae)**

Patient's Name: Zahra اسم المريض  
 File Number: 1003178 رقم الملف  
 Pain Relief given? Yes / No ..... Pretreatment photography taken? Yes / No .....  
 Evaluation and consent form completed? Yes / No



3rd. 4th. 5th.

	Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
Treatment Date	12/01/20.	10/02/20.	16/03/20.			
Treatment Area	U+A+Bilow	U+A+Bikini	Same.			
Hair Type						
Mode	NDYAG	U.A-Alex	U.A-Alex			
Fluence		8J/10ms.	8J/10.5.			
Pulse Type	16J/15ms.					
CNT Pulse	Bilow	Bilow-16/15ms	Bilow			
Passes		13J/16ms.	16J/15ms.			
Starting Time	145/17ms.					
Finish Time						
Post Treatment	Mebo.	Mebo.	HIRUDOID.			

Therapist Name and Signature .....