



مركز أوركيد الطبي  
ORCHID MEDICAL CENTER

صحة... ابتسامة... جمال  
Health ... Smile ... Beauty

File No: 1003011

Date: / /

Date: 5/10/2019 File Number: 1003011

Patient Name: Maxam Balash اسم المريض: .....

Date Of Birth: 9/5/1988 Gender: M (F) Marital Status: (الحالة الاجتماعية): Single

Nationality: Syrian Occupation: Urban Planner

Address: Shaqib Al Khan Phone No. (رقم الهاتف): 5599482

E-MAIL: maxam.balash@gmail.com How did you know about us: Friends

التاريخ الطبي Medical History		
الحالة الطبية Medical Condition	Yes/No نعم / لا	If 'YES' give details إذا كانت الإجابة نعم اذكر بالتفصيل
Recent or current drugs/Medical Treatment هل تتعاطى أي أدوية أو تتلقى أي علاجات حثيثاً؟	No	
Corticosteroids/Immunosuppressant هل تتعاطى أي سترويدات أو مثبطات للمناعة؟	No	
Allergies هل لديك أي حساسية؟	No	
Surgical Operations, Serious Illness هل أجريت أي عمليات جراحية أو تعاني من أي أمراض؟	No	
Cardiac surgery, Rheumatic fever, Endocarditis, Artificial heart valve, Congenital heart disease جراحة قلب، حمى روماتويد، التهاب شغاف القلب، صمام قلب صناعي، أمراض القلب	No	
High Blood Pressure, Bleeding disorders, Anticoagulants هل لديك ارتفاع في ضغط الدم، مشاكل في النزيف أو تتعاطى أي مميعات الدم؟	No	
Anemia, Leukemia (سرطان الدم)	No	
Chest disease, Asthma, Bronchitis, TB, Other أمراض صدرية، أزمة تنفسية، التهاب في الشعبات، السل، أمراض أخرى	No	
Renal, Urinary, Sexually transmitted disease هل تعاني من أي أمراض في الكلى أو أمراض بولية أو تناسلية؟	No	
Pregnancy, Contraceptive pill, Menstrual problems هل أنت حامل؟ هل تتعاطين أي مانع للحمل؟ هل تعانين من مشاكل في الدورة الشهرية؟	No	
Hepatitis, Jaundice, Other liver diseases التهاب الكبد الوبائي، الصفراء، أي أمراض كبدية أخرى	No	
Peptic ulcer, Crohn's ulcerative colitis, Other قرحة معوية، داء كرون، أي أمراض معوية أخرى؟	No	
Epilepsy, or any other neurological disease هل تعاني من الصرع أو أي أمراض في الجهاز العصبي؟	No	
Thyroid Diseases, Diabetes هل تعاني من مرض السكري أو أمراض الغدة الدرقية؟	No	
Other conditions فيروس الإيدز، فيروس الحلا البسيط HSV, HIV...etc	No	



### Medical Consent Form

I hereby consent and authorize the doctor to treat my medical condition which has been explained to me by the qualified physician

I understand that in order to provide me with the most efficient and enhanced service, diagnostic and other procedures may be deemed necessary.

I understand that my treating doctor may discover other or different conditions, which may require additional or different procedures than those planned.

I authorize my treating doctor to perform any procedures which are advisable in their professional judgment.

I understand that no warranty or guarantee has been made to me as a result or cure just as there may be risks and hazards in continuing my present condition without treatment.

I understand that there are also risks and hazards to the performance of the diagnostic and/or surgical procedures.  
I realize that common surgical or diagnostic procedures are potential for an infection, swelling, bleeding, pain or allergic reaction.

I understand that there are minimal fees to be paid per service and that all fees must be paid in full before the completion of treatment.

I consent that all medical history and information I provided in my medical file is true and I understand that any information I provide regarding my medical status will be kept confidential and anonymous.

I believe that I have sufficient information to give this consent. I certify that this form has been fully explained to me and that I have read it and I understand its' content and I sign it with all my will.

I am fully aware that any payments is NON refundable

Patient's Signature/ Guardians (In case of minors):

Date: 5 / 9 / 2014

### نموذج اقرار طبي

أوافق و أسمح للطبيب بعلاج حالتي المرضية التي تم شرحها لي من قبل الطبيب المختص و المرؤف،

أتفهم أن بعض الإجراءات الطبية والتشخيصية الاضافية قد تكون ضرورية من أجل تزويدي بالعلاج الاثل و الخدمة الافضل.

أتفهم أنه من الممكن أن يكتشف الطبيب خلال العلاج أمورا مختلفة عن ما ذكر في الفحص الأولي و التي قد تتطلب إجراءات إضافية أو مختلفة عن تلك المخطط لها.

أفوض الطبيب المعالج باتخاذ كل الإجراءات الطبية و العلاجات اللازمة و المطلوبة بحكم خبرته المهنية و العلمية.

أقر أنه لم يتم تقديم اي ضمانات او تأمين لتتبع العلاجات و الإجراءات الطبية أو التجميلية المقدمة لي. كما اتفهم الاخطار و المضاعفات الناتجة عن عدم استكمال علاج حالتي المرضية.

أتفهم تماما كافة الاخطار و المضاعفات التي قد تكون مصاحبة للفحوصات و الإجراءات العلاجية و الجراحية.

و ادرك ان بعض الإجراءات التشخيصية و العلاجية و الجراحية قد تؤدي الى مضاعفات كالالتهاب أو التورم أو النزيف أو الالام أو الحساسية

أتفهم أن هناك رسوم بالحد الأدنى يجب علي دفعها مقابل الخدمة العلاجية و أن جميع الرسوم المطلوبة يجب ان تسدد بالكامل قبل الانتهاء من العلاج.

أقر أن كافة المعلومات الطبية و التاريخ الطبي الذي قدمته لدي فتحتي الملف الصحية و اتفهم ان اي معلومات تتعلق بحالتي الصحية ستبقى سرية تماما ولا يمكن الاطلاع عليها دون موافقتي

أقر أن لدي المعلومات الكاملة لتقديم هذا الاقرار و ان هذا النموذج قد تم شرحه لي بالكامل و اني قد قرأت و فهمت جميع تفاصيله بالكامل و اني وقعت عليه بكامل ارادتي

انا على دراية تامة أن أي مدفوعات للمركز هي غير قابلة للاسترداد

توقيع المريض / ولي الأمر (لمن هم دون السن القانونية):

التاريخ: .... / ... / .....

PCOP. Cyst.  
Period Not Regular

استمارة تقييم المريض Patient Assessment Form

المؤشرات الحيوية Vital Signs		
Weight (الوزن): ١٥٦ Kg	Height (الطول): ١٦٦ cm	Blood Type (دم):
Pulse (النبض):	Blood Pressure (دم): /	Blood Sugar (دم):

سبب زيارة المريض العيادة Chief Complaint

In love - Bad habit Food  
- stress (lifestyle)

Disease History (التاريخ المرضي):	No.
Allergies (الحساسية):	No. (smiling)
Medications (الأدوية):	vit D, ١٠٠٠٠ IU once a day
Pregnancy (الحمل):	
Previous Surgeries, Hospitalization (عمليات سابقة، إدخال المستشفى):	
Smoking (التدخين): Y / N	Alcohol (الكحول): Y / N
	Drugs (مخدرات): Y / N

الملاحظات العامة والسريية General & Clinical Findings

Normal etc

الفحص Examination

BCA.

الصور الشعاعية Radiography

/

التشخيص Diagnosis

weight

File No: .....

Date: / /

Treatment Plan خطة العلاج

water:- 2,5L Daily

Dislike Fish, Tuna,

Doctor's Signature and Stamp

.....



REDAD DATA

cAEAlOEBA83ODQxO~

Confirm Data

Public Data Readed Succ

SHOW READED DATA

**Public Data Verification report****File****Valid Signature?**

Non-Modifiable Data (SF3) False

Modifiable Data (SF5) False

Holder Signature Image (SF7) False

Photography False

Home Address False

Work Address False

**Card Holder Information**

Name	Maram, Basheer,, Balash	IDN:	784198882813656	Mother Name:	
Name (Ar)	مرام بختيار بليش	Card Number:	090602610	Mother Name (Ar):	
Title:		Nationality:	SYR	Family ID:	
Title (Ar):		الجنسية العربية السورية			
Issue Date:	29/08/2018	Sex:	F	Sponsor Type:	06
Expiry Date:	10/07/2020	Date of Birth:	09/05/1988	Sponsor Name:	( اروب جلف لينتد ) فرع دبي
Marital Status:	01	Husband IDN:		Sponsor Number:	00
Residency Type:	02	Residency Number:	20120182372192	Residency Expiry:	10/07/2020
ID Type:	IL	Occupation:	2144	Occupation Field:	00



Photo

Signature Image

<http://orchidsvr/EMID/default.aspx>

10/5/2019

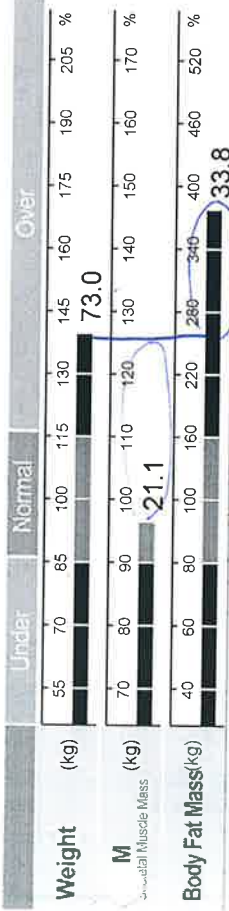


ID 051019-1 | Height 156cm | Age 31 | Gender Female | Test Date / Time 05.10.2019, 15:35

## Body Composition Analysis

Total amount of water in body	Total Body Water (L)	28.6 ( 26.6~32.6 )
For building muscles	Protein (kg)	7.6 ( 7.1~8.7 )
For strengthening bones	Minerals (kg)	2.97 ( 2.47~3.01 )
For storing excess energy	Body Fat Mass (kg)	33.8 ( 10.5~16.8 )
Sum of the above	Weight (kg)	73.0 ( 44.5~60.1 )

## Muscle-Fat Analysis



## InBody Score

57 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 52.4 kg  
 Weight Control -20.6 kg  
 Fat Control -21.7 kg  
 Muscle Control +1.1 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over

PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio



## Visceral Fat Level



## Research Parameters

Fat Free Mass 39.2 kg  
 Basal Metabolic Rate 1217 kcal ( 1463~1706 )  
 Obesity Degree 140 % ( 90~110 )  
 Recommended calorie intake 1674 kcal

## Calorie Expenditure of Exercise

Golf	129	Gateball	139
Walking	146	Yoga	146
Badminton	165	Table Tennis	165
Tennis	219	Bicycling	219
Boxing	219	Basketball	219
Mountain Climbing	238	Jumping Rope	256
Aerobics	256	Jogging	256
Soccer	256	Swimming	256
Japanese Fencing	365	Racketball	365
Squash	365	Taekwondo	365

\*Based on your current weight  
 \*Based on 30 minute duration

## Results Interpretation QR Code

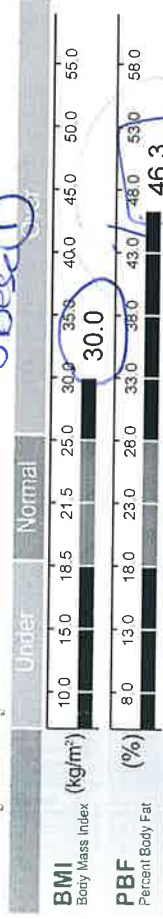
Scan the QR Code to see results interpretation in more detail.



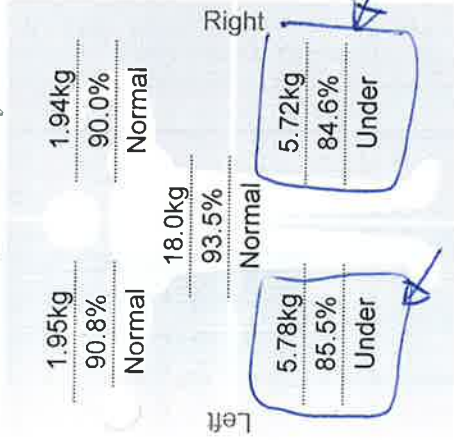
## Impedance

RA LA TR RL LL  
 Z(Ω) 20 kHz 441.9 437.4 22.6 294.5 287.1  
 100 kHz 402.7 398.1 19.6 264.7 258.8

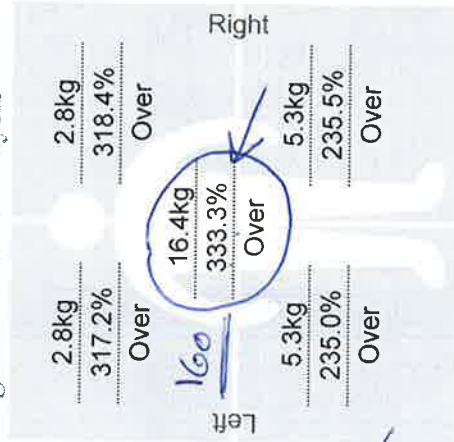
## Obesity Analysis



## Segmental Lean Analysis



## Segmental Fat Analysis



\* Segmental fat is estimated.

## Body Composition History

Weight (kg)	73.0
SMM (kg)	21.1
PBF (Percent Body Fat) (%)	46.3



مركز أوركييد الطبي  
ORCHID MEDICAL CENTER

AED 1,575.00

RECEIPT VOUCHER (No.REC-005387)

Date:05-10-2019

Receive from Mr./Mrs./M/s. 1003011 - MARAM BALASH - 971505599482

The sum of Dhs. One Thousand Five Hundred Seventy-Five Dirhams and Zero Fils Only

By Cash 0.00 / By Credit Card 1,575.00 / By Cheque 0.00 / By Bank Transfer 0.00 / By Allocated 0.00

Bank: Cheque No.

Date: 05-10-2019

Being DIETITION PKG WITH 5 SESSIONS ENDYMED + VAT

Made by Rana

- 1.Any Advance refund will be accepted within 48 hours for 25% of deduction from the total amount.
- 2.Treatment includes lab cost is non-refundable.
- 3.After 48 hours No refundable accepted

Confirmed by : 1003011 - MARAM BALASH - 971505599482

Tel : + 9716 555 8337, Fax : + 9716 528 8130, e - mail : [info@omc1.ae](mailto:info@omc1.ae)  
[www.omc1.ae](http://www.omc1.ae)



ID 051019-1 | Height 156cm | Age 31 | Gender Female | Test Date / Time 12.10.2019. 14:53

## Body Composition Analysis

Total amount of water in body	Total Body Water (L)	28.7 ( 26.6~32.6 )
For building muscles	Protein (kg)	7.6 ( 7.1~8.7 )
For strengthening bones	Minerals (kg)	2.97 ( 2.47~3.01 )
For storing excess energy	Body Fat Mass (kg)	33.2 ( 10.5~16.8 )
Sum of the above	Weight (kg)	72.5 ( 44.5~60.1 )

## InBody Score

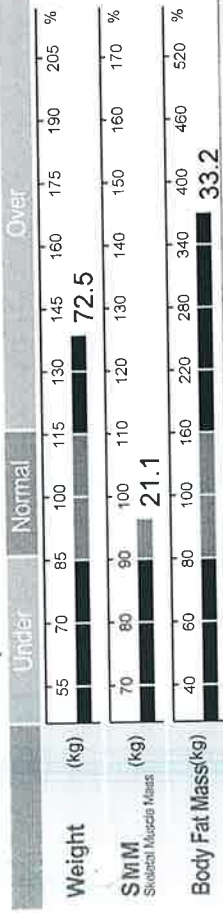
58 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 52.3 kg  
 Weight Control - 20.2 kg  
 Fat Control - 21.2 kg  
 Muscle Control + 1.0 kg

## Muscle-Fat Analysis



## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

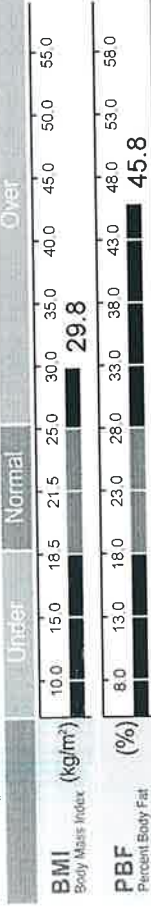
## Waist-Hip Ratio

0.91

## Visceral Fat Level

Level 17

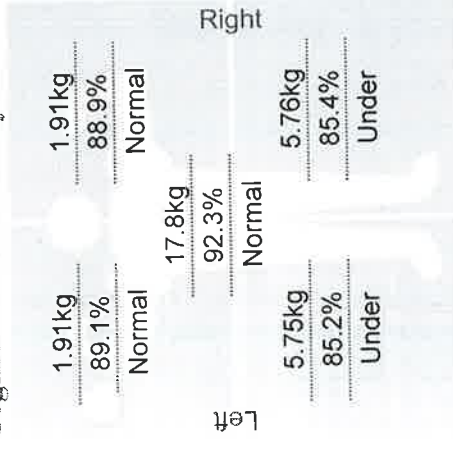
## Obesity Analysis



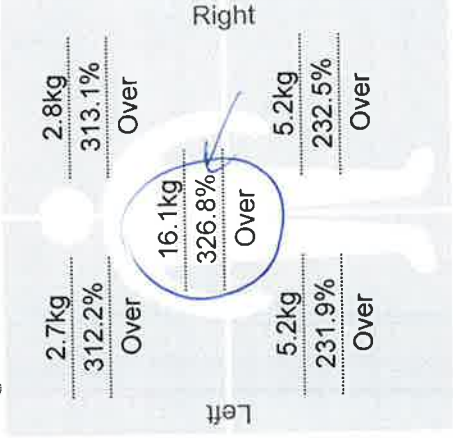
## Research Parameters

Fat Free Mass 39.3 kg  
 Basal Metabolic Rate 1218 kcal ( 1455~1696 )  
 Obesity Degree 139 % ( 90~110 )  
 Recommended calorie intake 1668 kcal

## Segmental Lean Analysis



## Segmental Fat Analysis



## Calorie Expenditure of Exercise

Golf	128	Gateball	138
Walking	145	Yoga	145
Badminton	164	Table Tennis	164
Tennis	218	Bicycling	218
Boxing	218	Basketball	218
Mountain Climbing	236	Jumping Rope	254
Aerobics	254	Jogging	254
Soccer	254	Swimming	254
Japanese Fencing	363	Racketball	363
Squash	363	Taekwondo	363

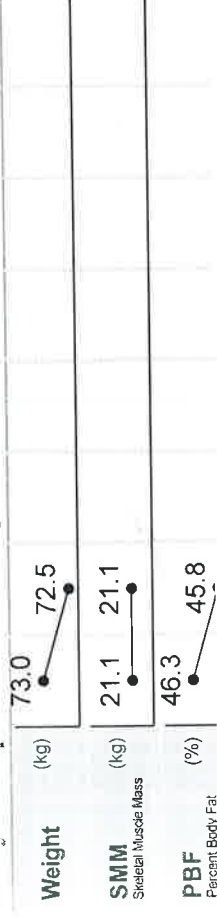
\* Based on your current weight  
 \* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Body Composition History



## Impedance

RA LA TR RL LL  
 Z(Ω) 20 REFZ | 425.9 425.5 23.4 278.2 278.1  
 100 REFZ | 390.0 388.9 20.1 251.7 251.8

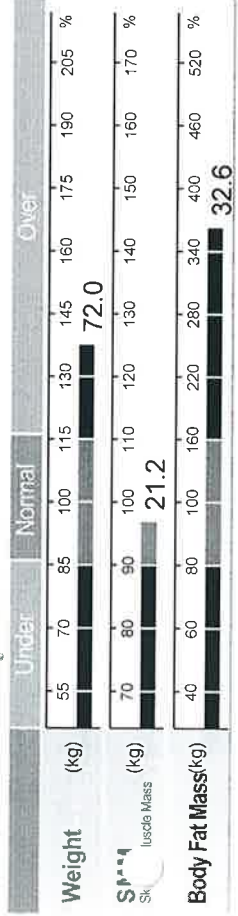
ID 051019-1 | Height 156cm | Age 31 | Gender Female | Test Date / Time 19.10.2019. 14:57

1800gm Fat

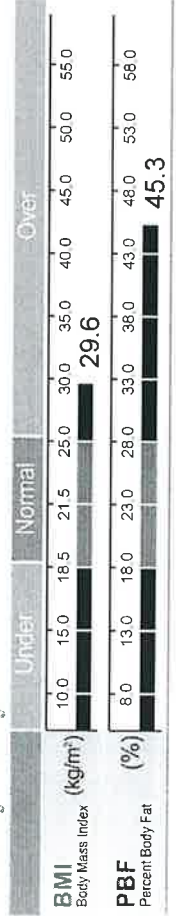
## Body Composition Analysis

Total amount of water in body	Total Body Water (L)	28.7 ( 26.6~32.6 )
For building muscles	Protein (kg)	7.7 ( 7.1~8.7 )
For strengthening bones	Minerals (kg)	2.97 ( 2.47~3.01 )
For storing excess energy	Body Fat Mass (kg)	32.6 ( 10.5~16.8 )
Sum of the above	Weight (kg)	72.0 ( 44.5~60.1 )

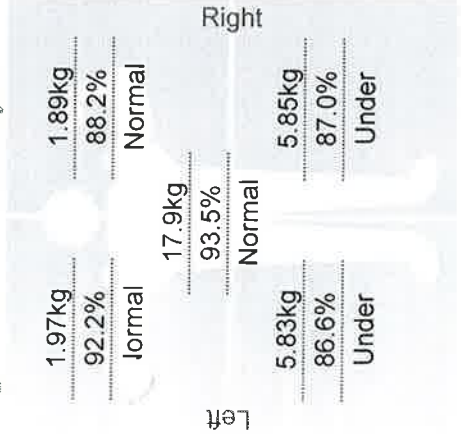
## Muscle-Fat Analysis



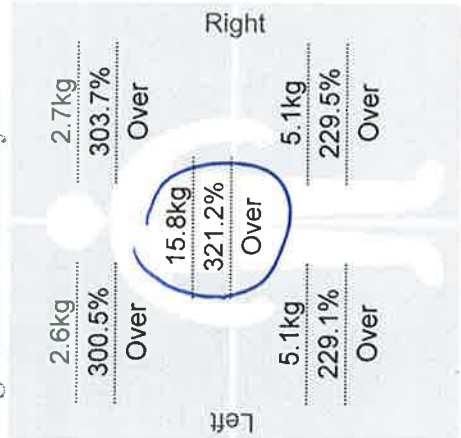
## Obesity Analysis



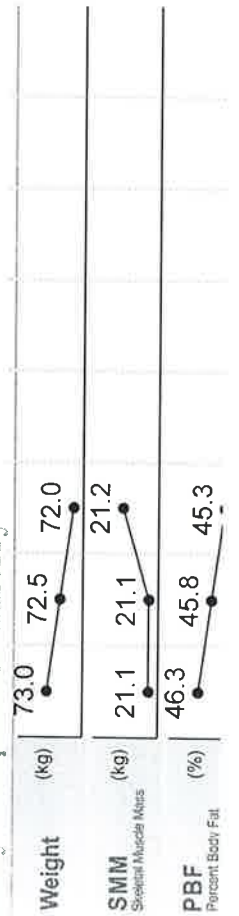
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## InBody Score

58 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 52.3 kg  
 Weight Control - 19.7 kg  
 Fat Control - 20.6 kg  
 Muscle Control + 0.9 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio



## Visceral Fat Level



## Research Parameters

Fat Free Mass 39.4 kg  
 Basal Metabolic Rate 1220 kcal ( 1448~1687 )  
 Obesity Degree 138 % ( 90~110 )  
 Recommended calorie intake 1663 kcal

## Calorie Expenditure of Exercise

Golf	127	Gateball	137
Walking	144	Yoga	144
Badminton	163	Table Tennis	163
Tennis	216	Bicycling	216
Boxing	216	Basketball	216
Mountain Climbing	235	Jumping Rope	252
Aerobics	252	Jogging	252
Soccer	252	Swimming	252
Japanese Fencing	360	Racketball	360
Squash	360	Taekwondo	360

\* Based on your current weight

\* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

Z(Ω) 20 kHz 444.6 421.4 23.6 284.5 286.1  
 100 kHz 405.1 384.2 20.4 254.7 255.9

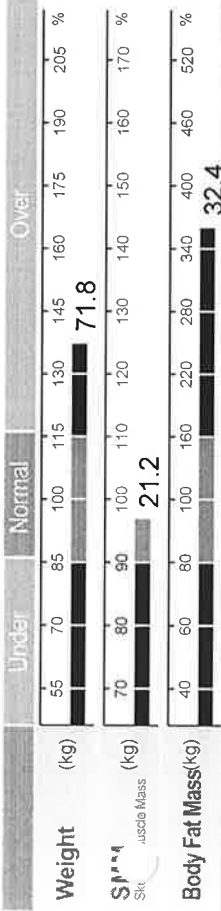
RA LA TR RL LL

ID 051019-1 | Height 156cm | Age 31 | Gender Female | Test Date / Time 27.10.2019. 18:15

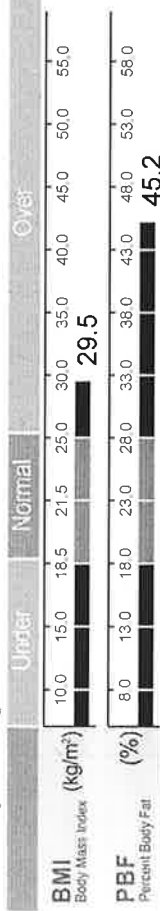
## Body Composition Analysis

Total amount of water in body	<b>Total Body Water</b>	(L)	28.7 ( 26.6~32.6 )
For building muscles	<b>Protein</b>	(kg)	7.7 ( 7.1~8.7 )
For strengthening bones	<b>Minerals</b>	(kg)	2.97 ( 2.47~3.01 )
For storing excess energy	<b>Body Fat Mass</b>	(kg)	32.4 ( 10.5~16.8 )
Sum of the above	<b>Weight</b>	(kg)	71.8 ( 44.5~60.1 )

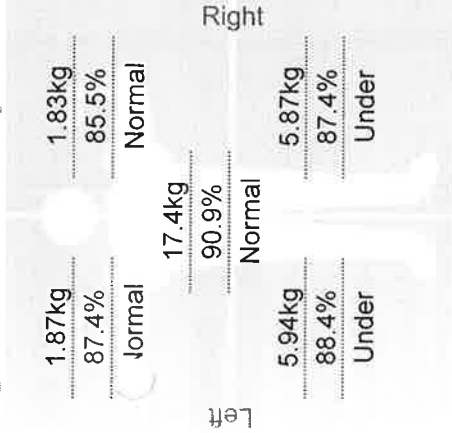
## Muscle-Fat Analysis



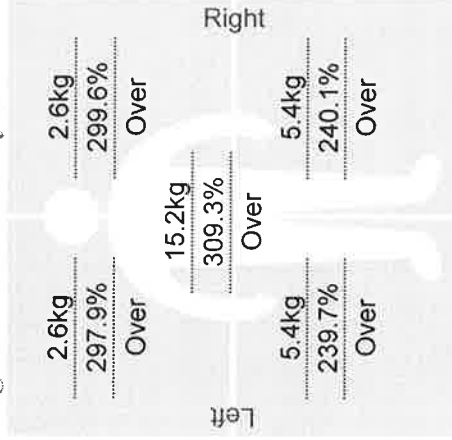
## Obesity Analysis



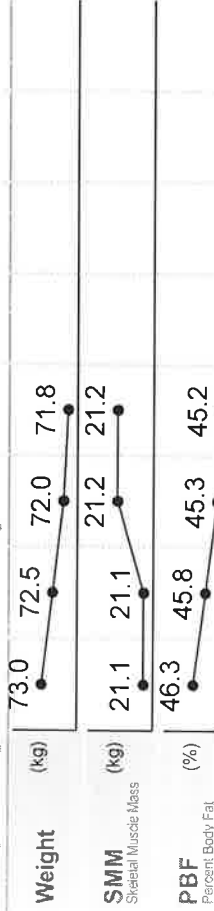
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## InBody Score

59 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 52.3 kg  
 Weight Control - 19.5 kg  
 Fat Control - 20.4 kg  
 Muscle Control + 0.9 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio

0.87 ( 0.75 0.85 )

## Visceral Fat Level

Level 16 ( Low 10 High )

## Research Parameters

Fat Free Mass 39.4 kg  
 Basal Metabolic Rate 1220 kcal ( 1445~1684 )  
 Obesity Degree 137 % ( 90~110 )  
 Recommended calorie intake 1661 kcal

## Calorie Expenditure of Exercise

Golf	126	Gateball	136
Walking	144	Yoga	144
Badminton	162	Table Tennis	162
Tennis	215	Bicycling	215
Boxing	215	Basketball	215
Mountain Climbing	234	Jumping Rope	251
Aerobics	251	Jogging	251
Soccer	251	Swimming	251
Japanese Fencing	359	Racketball	359
Squash	359	Taekwondo	359

\* Based on your current weight  
 \* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

RA LA TR RL LL  
 Z(42) 20 kHz | 447.5 435.9 23.1 273.3 265.8  
 100 kHz | 409.1 398.4 19.7 246.0 239.7



# InBody

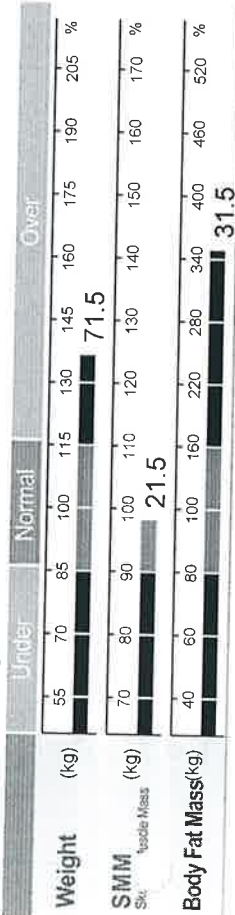
Minan (4)

ID 051019-1 | Height 156cm | Age 31 | Gender Female | Test Date / Time 29.10.2019. 18:22

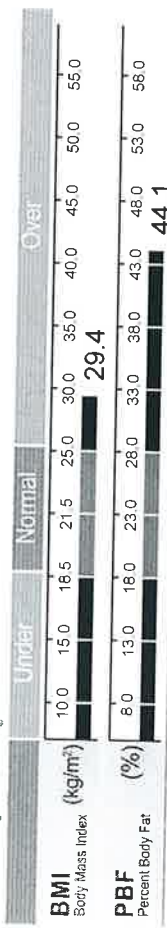
## Body Composition Analysis

Total amount of water in body	<b>Total Body Water</b>	(L)	29.2 ( 26.6-32.6 )
For building muscles	<b>Protein</b>	(kg)	7.7 ( 7.1-8.7 )
For strengthening bones	<b>Minerals</b>	(kg)	3.08 ( 2.47-3.01 )
For storing excess energy	<b>Body Fat Mass</b>	(kg)	31.5 ( 10.5-16.8 )
Sum of the above	<b>Weight</b>	(kg)	71.5 ( 44.5-60.1 )

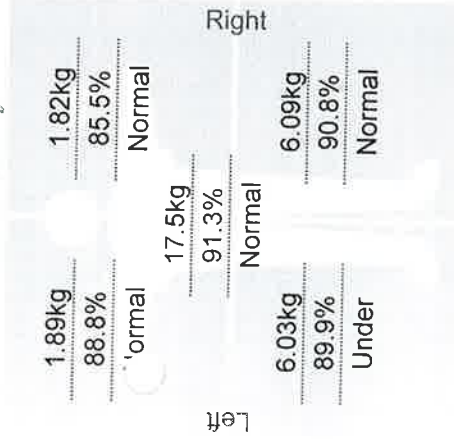
## Muscle-Fat Analysis



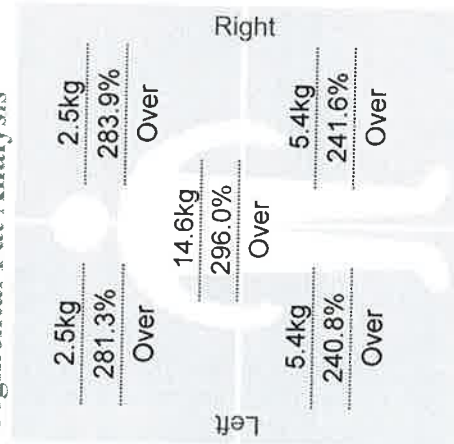
## Obesity Analysis



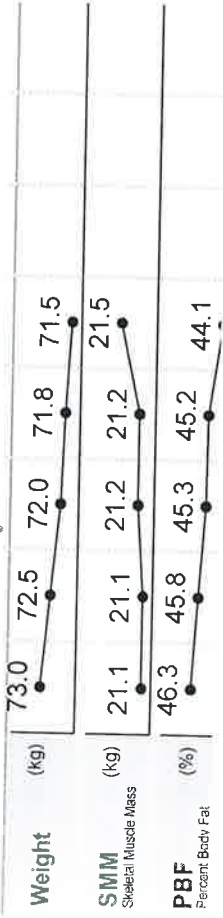
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## InBody Score

60 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 52.3 kg  
 Weight Control -19.2 kg  
 Fat Control -19.5 kg  
 Muscle Control +0.3 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio

0.84

## Visceral Fat Level

Level 15

## Research Parameters

Fat Free Mass 40.0 kg  
 Basal Metabolic Rate 1233 kcal ( 1440~1678 )  
 Obesity Degree 137 % ( 90~110 )  
 Recommended calorie intake 1658 kcal

## Calorie Expenditure of Exercise

Golf	126	Gateball	136
Walking	143	Yoga	143
Badminton	162	Table Tennis	162
Tennis	215	Bicycling	215
Boxing	215	Basketball	215
Mountain Climbing	233	Jumping Rope	250
Aerobics	250	Jogging	250
Soccer	250	Swimming	250
Japanese Fencing	358	Racketball	358
Squash	358	Taekwondo	358

\* Based on your current weight  
 \* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

Z(Ω) 20 kHz | 457.9 437.3 21.8 260.6 264.3  
 100 kHz | 416.6 398.1 18.7 234.6 237.7