



مركز أوركيد الطبي  
ORCHID MEDICAL CENTER

صحة... ابتسامة... جمال  
Health ... Smile ... Beauty

File No: .....

Date: 14/9/19

Date: 14/9/2019

File Number: 1002882

Patient Name: Maysa M. Al-hem

إسم المريض: .....

Date Of Birth (تاريخ الميلاد): 13/2007 Gender (الجنس): M / F

Marital Status (الحالة الاجتماعية): .....

Nationality (الجنسية): Jordanian... Occupation (الوظيفة): .....

Address (العنوان): Khana / Gasba Area

Phone No. (رقم الهاتف): 0507375705

E-MAIL: srazan.hathair@yehia.com

How did you know about us: Internet

التاريخ الطبي Medical History		
الحالة الطبية Medical Condition	Yes/No نعم / لا	If 'YES' give details إذا كانت الاجابة نعم اذكر بالتفصيل
Recent or current drugs/Medical Treatment هل تتعاطى أي أدوية أو تتلقى أي علاجات حديثاً؟	No	
Corticosteroids/Immunosuppressant هل تتعاطى أي سترويدات أو مثبطات للمناعة؟	No	
Allergies هل لديك أي حساسية؟	No	
Surgical Operations, Serious illness هل أجريت أي عمليات جراحية أو تعاني من أي أمراض؟	No	الكسور + اللوز
Cardiac surgery, Rheumatic fever, Endocarditis, Artificial heart valve, Congenital heart disease جراحة قلب، حمى روماتويد، التهاب شغاف القلب، صمام قلب صناعي، أمراض القلب	No	
High Blood Pressure, Bleeding disorders, Anticoagulants هل لديك ارتفاع في ضغط الدم، مشاكل في النزيف أو تتعاطى أي مميعات الدم؟	No	
Anemia, Leukemia (سرطان الدم)	No	
Chest disease, Asthma, Bronchitis, TB, Other أمراض صدرية، أزمة تنفسية، التهاب في الشعبات، السل، أمراض أخرى	No	
Renal, Urinary, Sexually transmitted disease هل تعاني من أي أمراض في الكلى أو أمراض بولية أو تناسلية؟	No	
Pregnancy, Contraceptive pill, Menstrual problems هل أنت حامل؟ هل تتعاطين أي مانع للحمل؟ هل تعانين من مشاكل في الدورة الشهرية؟	No	
Hepatitis, Jaundice, Other liver diseases التهاب الكبد الوبائي، الصفراء، أي أمراض كبدية أخرى	No	
Peptic ulcer, Crohn's ulcerative colitis, Other قرحة معوية، داء كرون، أي أمراض معوية أخرى؟	No	
Epilepsy, or any other neurological disease هل تعاني من الصرع أو أي أمراض في الجهاز العصبي؟	No	
Thyroid Diseases, Diabetes هل تعاني من مرض الغدة الدرقية؟	No	
Other conditions هل تعاني من أي أمراض أخرى؟ HSV, HIV...etc فيروس الإيدز، فيروس الحلا البسيط	No	



### Medical Consent Form

- I hereby consent and authorize the doctor to treat my medical condition which has been explained to me by the qualified physician
- I understand that in order to provide me with the most efficient and enhanced service, diagnostic and other procedures may be deemed necessary.
- I understand that my treating doctor may discover other or different conditions, which may require additional or different procedures than those planned.
- I authorize my treating doctor to perform any procedures which are advisable in their professional judgment.
- I understand that no warranty or guarantee has been made to me as a result or cure just as there may be risks and hazards in continuing my present condition without treatment.
- I understand that there are also risks and hazards to the performance of the diagnostic and/or surgical procedures.
- I realize that common surgical or diagnostic procedures are potential for an infection, swelling, bleeding, pain or allergic reaction.
- I understand that there are minimal fees to be paid per service and that all fees must be paid in full before the completion of treatment.
- I consent that all medical history and information I provided in my medical file is true and I understand that any information I provide regarding my medical status will be kept confidential and anonymous.
- I believe that I have sufficient information to give this consent. I certify that this form has been fully explained to me and that I have read it and I understand its content and I sign it with all my will.

I am fully aware that any payments is NON refundable

Patient's Signature/ Guardians (In case of minors):

Date: ... / ... / .....

### نموذج اقرار طبي

- أوافق وأسمح للطبيب بعلاج حالتي المرضية التي تم شرحها لي من قبل الطبيب المختص والمؤهل.
- أتفهم أن بعض الإجراءات الطبية والتشخيصية الإضافية قد تكون ضرورية من أجل تزيدي بالعلاج الأفضل والخدمة الأفضل.
- أتفهم أنه من الممكن أن يكتشف الطبيب خلال العلاج أموراً مختلفة عن ما ذكر في الفحص الأولي والتي قد تتطلب إجراءات إضافية أو مختلفة عن تلك المخطط لها.
- أفوض الطبيب المعالج باتخاذ كل الإجراءات الطبية والعلاجات اللازمة والمطلوبة بحكم خبرته المهنية والعلمية.
- أقر أنه لم يتم تقديم أي ضمانات أو تأمين لنتائج العلاجات والإجراءات الطبية أو التجميلية المقدمة لي، كما أتفهم الاخطار والمضاعفات الناتجة عن عدم استكمال علاج حالتي المرضية.
- أتفهم تماماً كافة الاخطار والمضاعفات التي قد تكون مصاحبة للفحوصات والإجراءات العلاجية والجراحية.
- و ادرك ان بعض الإجراءات التشخيصية والعلاجية والجراحية قد تؤدي الى مضاعفات كالالتهاب أو التورم أو النزيف أو الألم أو الحساسية.
- أتفهم أن هناك رسوم بالحد الأدنى يجب علي دفعها مقابل الخدمة العلاجية و أن جميع الرسوم المطلوبة يجب أن تسدد بالكامل قبل الانتهاء من العلاج.
- أقر أن كافة المعلومات الطبية والتاريخ الطبي الذي قدمته لي فتمحي للملف صحية. و اتفهم ان اي معلومات تتعلق بحالتي الصحية ستبقى سرية تماماً ولا يمكن الاطلاع عليها دون موافقتي
- أقر أن لدي المعلومات الكاملة لتقديم هذا الاقرار و ان هذا النموذج قد تم شرحه لي بالكامل و انني قد قرأت و فهمت جميع تفاصيله بالكامل و انني وقعت عليه بكامل ارادتي

انا على دراية تامة أن أي مدفوعات للمركز هي غير قابلة للاسترداد

توقيع المريض / ولي الأمر (من هم دون السن القانونية):

التاريخ: ... / ... / .....

استمارة تقييم المريض Patient Assessment Form

المؤشرات الحيوية Vital Signs

Weight (الوزن):	Kg	Height (الطول):	cm	Blood Type (نصية الدم):
Pulse (النبض):	ppm	Blood Pressure (دم ضغط):	/	Blood Sugar (سكر الدم):

Chief Complaint سبب زيارة المريض للعيادة

weight gain (13 years old)

Disease History التاريخ المرضي:	None
Allergies الحساسية	None
Medications الأدوية	—
Pregnancy الحمل	—
Previous Surgeries, Hospitalization عمليات سابقة، إدخال المستشفى	Extract for lymph nodes
Smoking (التدخين): Y / N	Alcohol (الكحول): Y / N
	Drugs (تعاطي العقاقير): Y / N

General & Clinical Findings الملاحظات العامة و السريرية

Normal, over weight on her  
Bulky arear  
Examination  
BCA-1, Consultation

Radiography الصور الشعاعية

Diagnosis التشخيص





REDAD DATA

CAEAI0EBAA830DQyM

Confirm Data

Public Data Readed Succ

SHOW READED DATA

**Public Data Verification report**

File	Valid Signature?
Non-Modifiable Data (SF3)	False
Modifiable Data (SF5)	False
Holder Signature Image (SF7)	False
Photography	False
Home Address	False
Work Address	False

**Card Holder Information**

Name	Maya,Moath Yousef, Milhem	IDN:	784200730476395	Mother Name:	Suzan B N
Name (Ar)	مايا محمد يوسف مليم	Card Number:	089352017	Mother Name (Ar):	سوزان بشارة
Title:		Nationality:	JOR	Family ID:	
Title(Ar):		Nationality (Ar):	الأردن		
Issue Date:	03/06/2018	Sex:	F	Sponsor Type:	03
Expiry Date:	26/05/2020	Date of Birth:	03/03/2007	Sponsor Name:	معاذ يوسف جابر ملحم
Marital Status:	01	Husband IDN:		Sponsor Number:	06100237
Residency Type:	03	Residency Number:	20120143095728	Residency Expiry:	26/05/2020
ID Type:	IL	Occupation:	98	Occupation Field:	00



Photo

Signature Image

No signature / بدون إمضاء

<http://orchidsvr/EMID/default.aspx>

9/14/2019



# InBody

Maya

ID 140919-1 | Height 158cm | Age 12.5 | Gender Female | Test Date / Time 14.09.2019. 16:40

## Body Composition Analysis

Total amount of water in body	Total Body Water (L)	31.9 ( 24.7~30.1 )
For building muscles	Protein (kg)	8.5 ( 6.6~8.0 )
For strengthening bones	Minerals (kg)	3.22 ( 2.29~2.79 )
For storing excess energy	Body Fat Mass (kg)	33.0 ( 8.9~17.8 )
Sum of the above	Weight (kg)	76.6 ( 41.1~55.7 )

## InBody Score

66 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 56.6 kg  
 Weight Control -20.0 kg  
 Fat Control -20.0 kg  
 Muscle Control 0.0 kg

## Obesity Evaluation

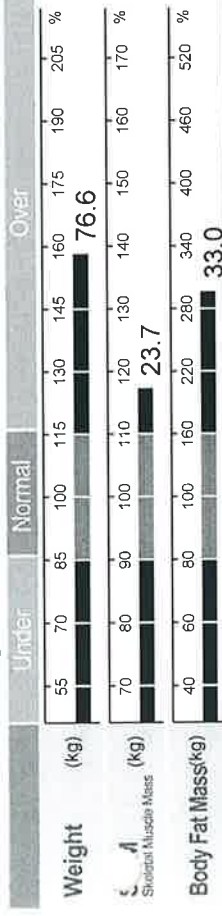
BMI  Normal  Under  Slightly Over  Over

PBF  Normal  Slightly Over  Over

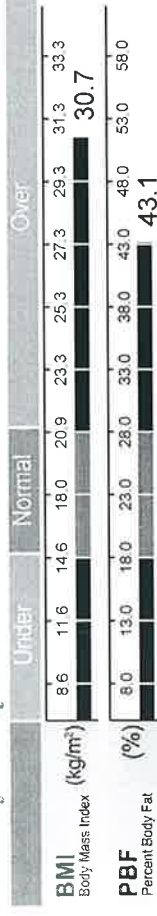
## Waist-Hip Ratio



## Muscle-Fat Analysis



## Obesity Analysis

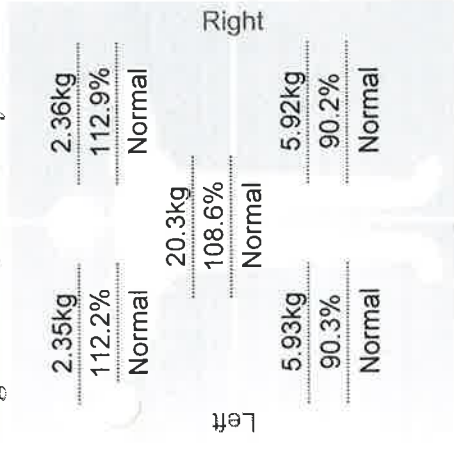


## Research Parameters

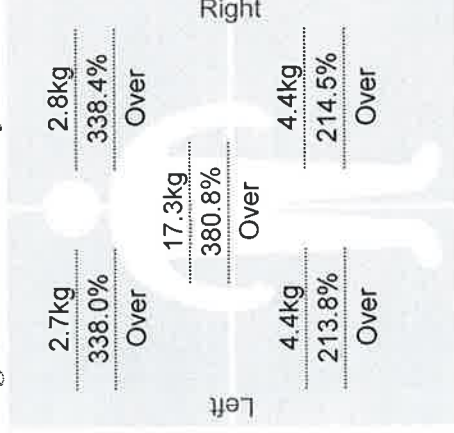
Fat Free Mass 43.6 kg  
 Basal Metabolic Rate 1311 kcal ( 1517~1771 )  
 Obesity Degree 158 % ( 90~110 )  
 Recommended calorie intake 2294 kcal

Level 17

## Segmental Lean Analysis



## Segmental Fat Analysis



\* Segmental fat is estimated

## Calorie Expenditure of Exercise

Golf	135	Gateball	146
Walking	153	Yoga	153
Badminton	173	Table Tennis	173
Tennis	230	Bicycling	230
Boxing	230	Basketball	230
Mountain Climbing	250	Jumping Rope	268
Aerobics	268	Jogging	268
Soccer	268	Swimming	268
Japanese Fencing	383	Racketball	383
Squash	383	Taekwondo	383

\* Based on your current weight  
 \* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Body Composition History

Weight (kg)	76.6
SMM (kg)	23.7
PBF (%)	43.1

## Impedance

RA LA TR RL LL  
 Z(s) 20 kHz | 365.4 368.5 21.4 290.5 288.7  
 100 kHz | 334.7 337.0 18.3 261.3 260.2



مركز أوركيد الطبي  
ORCHID MEDICAL CENTER

AED 2,625.00

RECEIPT VOUCHER

No: REC-005100

Date: 14-09-2019

Receive from Mr./Mrs./M/s. 1002882 - MAYA MOATH - 971507375705

The sum of Dhs. Two Thousand Six Hundred Twenty Five Only

By Cash 2,625.00 / By Credit Card 0.00 (Bank Charges: 0.00) / By Cheque 0.00 / By Bank Transfer 0.00 / By Allocated 0.00

Bank:

Cheque No.

Date:

Being ADVANCE FOR DNA TEST + DIETITIAN PKG + VAT

Made by Hiba

- 1.Any Advance refund will be accepted within 48 hours for 25% of deduction from the total amount.
- 2.Treatment includes lab cost is non-refundable.
- 3.After 48 hours No refundable accepted

**Tel : + 9716 555 8337, Fax : + 9716 528 8130, e – mail : [info@omc1.ae](mailto:info@omc1.ae)**  
**[www.omc1.ae](http://www.omc1.ae)**



# InBody

Mayer Zivo

ID 140919-1 | Height 158cm | Age 12.8 | Gender Female | Test Date / Time 03.12.2019 14:07

InBody270

## Body Composition Analysis

Total amount of water in my body	<b>Total Body Water (L)</b>	32.0 ( 24.7 ~ 30.1 )
What I need to build muscles	<b>Protein (kg)</b>	8.5 ( 6.6 ~ 8.0 )
What I need for strong bones	<b>Mineral (kg)</b>	3.33 ( 2.29 ~ 2.79 )
Where my excess energy is stored	<b>Body Fat Mass (kg)</b>	37.1 ( 8.9 ~ 17.8 )
Sum of the above	<b>Weight (kg)</b>	80.9 ( 41.1 ~ 55.7 )

**InBody Score**

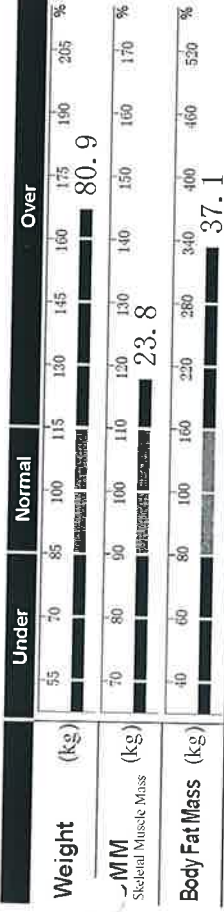
62/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

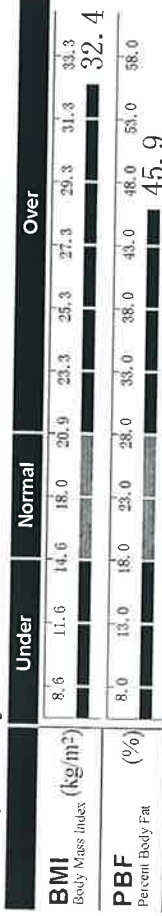
### Weight Control

Target Weight 56.8 kg  
 Weight Control -24.1 kg  
 Fat Control -24.1 kg  
 Muscle Control 0.0 kg

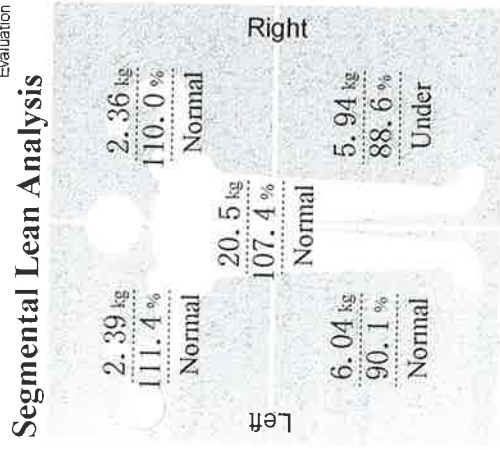
## Muscle-Fat Analysis



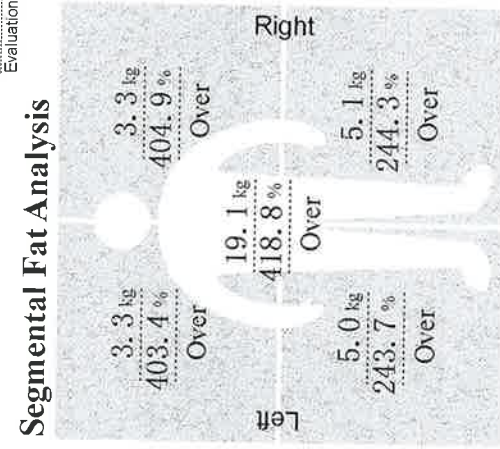
## Obesity Analysis



Lean Mass % Evaluation



Fat Mass % Evaluation



\* Segmental fat is estimated.

## Visceral Fat Level



## Research Parameters

Fat Free Mass 43.8 kg  
 Basal Metabolic Rate 1315 kcal ( 1581 ~ 1850 )  
 Obesity Degree 167 % ( 90 ~ 110 )  
 Recommended calorie intake 2322 kcal

## Calorie Expenditure of Exercise

Golf	142	Gateball	154
Walking	162	Yoga	162
Badminton	183	Table Tennis	183
Tennis	243	Bicycling	243
Boxing	243	Basketball	243
Mountain Climbing	264	Jumping Rope	283
Aerobics	283	Jogging	283
Soccer	283	Swimming	283
Japanese Fencing	405	Racketball	405
Squash	405	Taekwondo	405

\* Based on your current weight  
 \* Based on 30 minute duration

## Impedance

Z(α) 20 kHz 384.3 378.2 21.0 297.6 286.1  
 100 kHz 352.4 346.8 17.8 266.1 256.9

## Body Composition History

Category	Value	Value	Value	Value	Value	Value
Weight (kg)	76.6	80.6	80.9			
SMM (kg)	23.7	24.1	23.8			
PBF (%)	43.1	44.9	45.9			
Recent Total	14:09	19:24	11:19	03:12	19:16	14:07

270-2DM-0340-470AS-A115/F91802752

*Zero*  
*Manga*

ID 140919-J | Height 158cm | Age 12.8 | Gender Female | Test Date / Time 15.12.2019 17:28

[InBody270]

## Body Composition Analysis

Total amount of water in my body	<b>Total Body Water</b> (L)	30.8 (24.7~30.1)
What I need to build muscles	<b>Protein</b> (kg)	8.2 (6.6~8.0)
What I need for strong bones	<b>Mineral</b> (kg)	3.21 (2.29~2.79)
Where my excess energy is stored	<b>Body Fat Mass</b> (kg)	37.3 (8.9~17.8)
Sum of the above	<b>Weight</b> (kg)	79.5 (41.1~55.7)

**InBody Score**

**60**/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

### Weight Control

Target Weight 54.8 kg  
Weight Control -24.7 kg  
Fat Control -24.7 kg  
Muscle Control 0.0 kg

### Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
PBF  Normal  Slightly Over  Over

### Waist-Hip Ratio

0.98

### Visceral Fat Level

Level 19

### Research Parameters

Fat Free Mass 42.2 kg  
Basal Metabolic Rate 1282 kcal (1560~1824)  
Obesity Degree 164% (90~110)  
Recommended calorie intake 2310 kcal

### Calorie Expenditure of Exercise

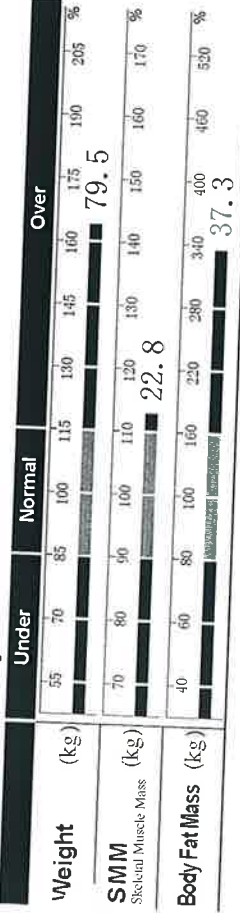
Golf	140	Gateball	151
Walking	159	Yoga	159
Badminton	180	Table Tennis	180
Tennis	239	Bicycling	239
Boxing	239	Basketball	239
Mountain Climbing	259	Jumping Rope	278
Aerobics	278	Jogging	278
Soccer	278	Swimming	278
Japanese Fencing	398	Racketball	398
Squash	398	Taekwondo	398

\*Based on your current weight  
\*Based on 30 minute duration

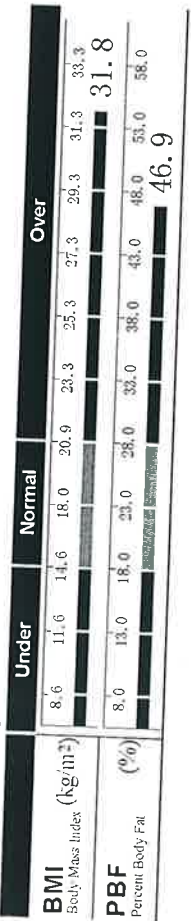
### Impedance

Z(ω) 20 kHz | 413.5 402.8 21.5 292.7 287.1  
100 kHz | 378.9 371.0 18.4 262.5 258.7

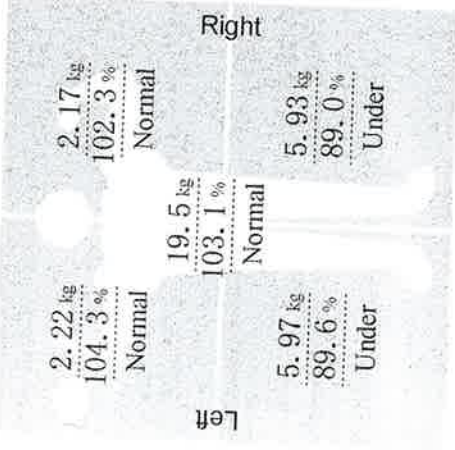
## Muscle-Fat Analysis



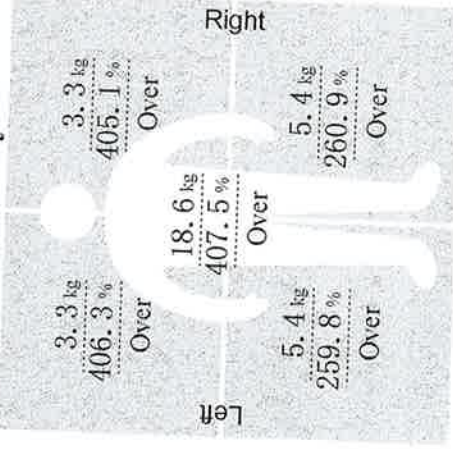
## Obesity Analysis



## Segmental Lean Analysis

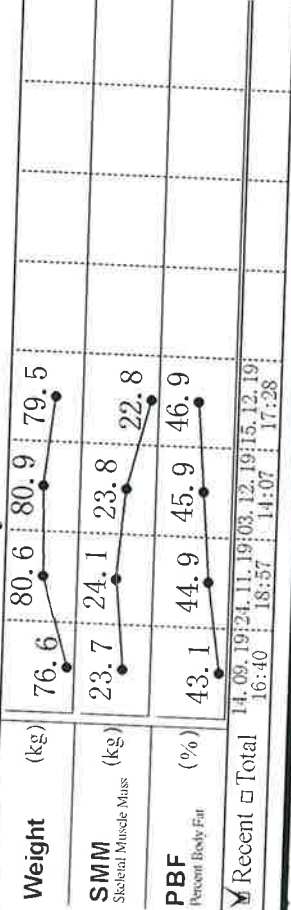


## Segmental Fat Analysis



\* Segmental fat is estimated.

## Body Composition History



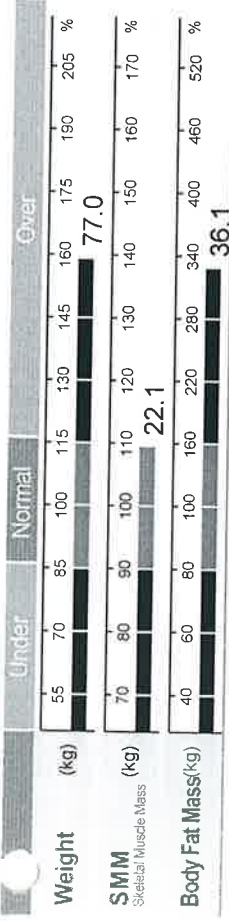


ID 140919-1 | Height 158cm | Age 12.8 | Gender Female | Test Date / Time 24.12.2019. 15:45

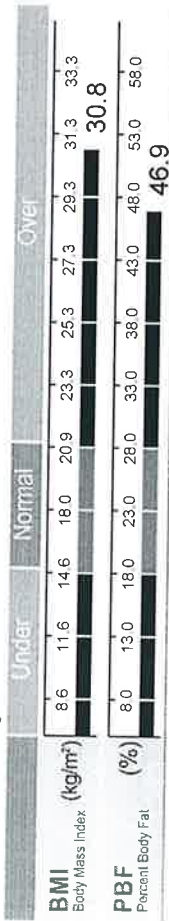
## Body Composition Analysis

Total amount of water in body	Total Body Water (L)	29.9 ( 24.7~30.1 )
For building muscles	Protein (kg)	7.9 ( 6.6~8.0 )
For strengthening bones	Minerals (kg)	3.09 ( 2.29~2.79 )
For storing excess energy	Body Fat Mass (kg)	36.1 ( 8.9~17.8 )
Sum of the above	Weight (kg)	77.0 ( 41.1~55.7 )

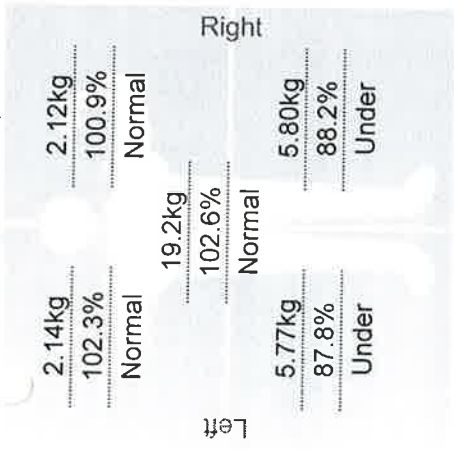
## Muscle-Fat Analysis



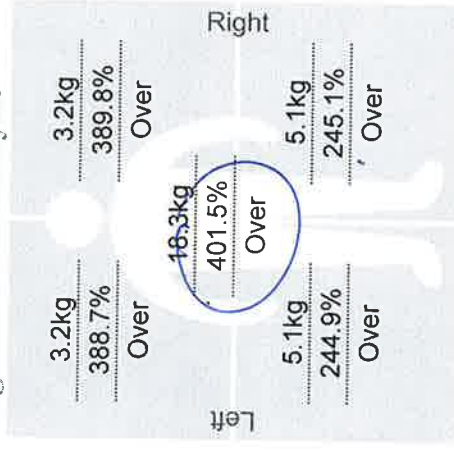
## Obesity Analysis



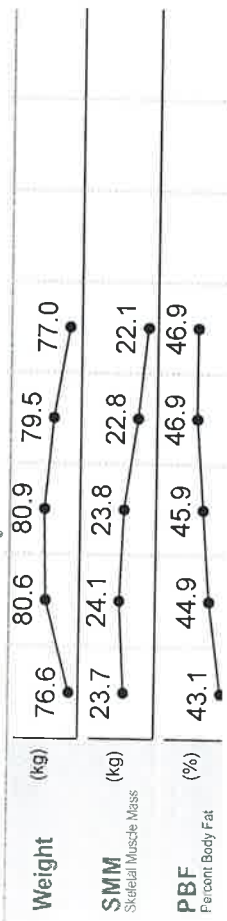
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## InBody Score

60 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 53.1 kg  
Weight Control - 23.9 kg  
Fat Control - 23.9 kg  
Muscle Control 0.0 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio

1.00 ( 0.75 0.85 )

## Visceral Fat Level

Level 19 ( Low 10 High )

## Research Parameters

Fat Free Mass 40.9 kg  
Basal Metabolic Rate 1253 kcal ( 1523~1779 )  
Obesity Degree 159 % ( 90~110 )  
Recommended calorie intake 2288 kcal

## Calorie Expenditure of Exercise

Golf	136	Gateball	146
Walking	154	Yoga	154
Badminton	174	Table Tennis	174
Tennis	231	Bicycling	231
Boxing	231	Basketball	231
Mountain Climbing	251	Jumping Rope	270
Aerobics	270	Jogging	270
Soccer	270	Swimming	270
Japanese Fencing	385	Racketball	385
Squash	385	Taekwondo	385

\* Based on your current weight  
\* Based on 30 minute duration

## Impedance

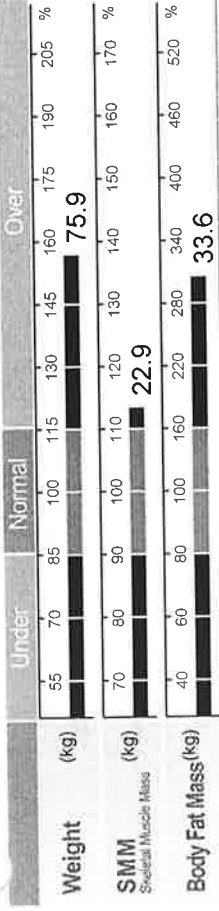
RA LA TR RL LL  
Z(α) 20 kHz | 413.6 406.9 23.7 303.9 306.8  
100 kHz | 379.9 373.9 20.2 273.2 275.6

ID 140919-1 | Height 158cm | Age 12.9 | Gender Female | Test Date / Time 16.02.2020. 17:37

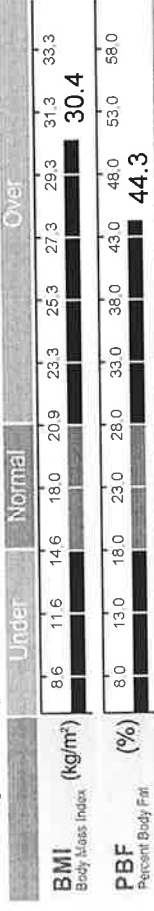
## Body Composition Analysis

Total amount of water in body	Total Body Water (L)	30.9 ( 24.7~30.1 )
For building muscles	Protein (kg)	8.2 ( 6.6~8.0 )
For strengthening bones	Minerals (kg)	3.20 ( 2.29~2.79 )
For storing excess energy	Body Fat Mass (kg)	33.6 ( 8.9~17.8 )
Sum of the above	Weight (kg)	75.9 ( 41.1~55.7 )

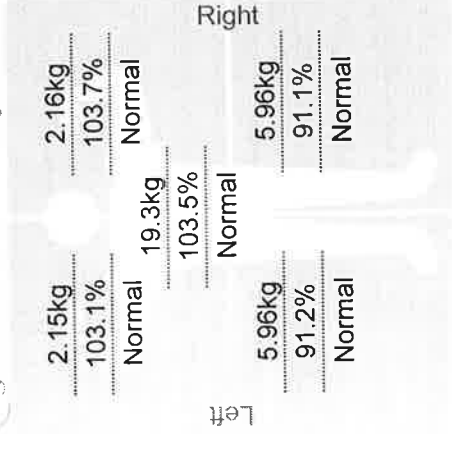
## Muscle-Fat Analysis



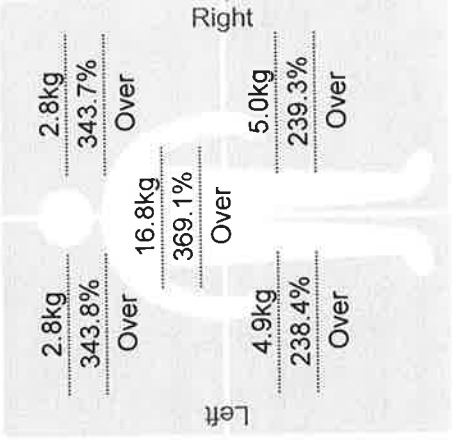
## Obesity Analysis



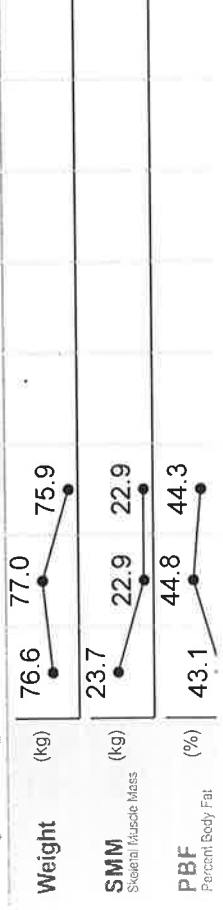
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## InBody Score

64/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 54.9 kg  
 Weight Control -21.0 kg  
 Fat Control -21.0 kg  
 Muscle Control 0.0 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over

PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio

0.95 ( 0.75 - 0.85 )

## Visceral Fat Level

Level 17 ( Low 10 - High )

## Research Parameters

Fat Free Mass 42.3 kg  
 Basal Metabolic Rate 1284 kcal  
 Obesity Degree 157 % ( 90~110 )  
 Recommended calorie intake 2276 kcal

## Calorie Expenditure of Exercise

Golf	134	Gateball	144
Walking	152	Yoga	152
Badminton	172	Table Tennis	172
Tennis	228	Bicycling	228
Boxing	228	Basketball	228
Hiking	247	Jumping Rope	266
Aerobics	266	Jogging	266
Soccer	266	Swimming	266
Japanese Fencing	380	Racketball	380
Squash	380	Taekwondo	380

\* Based on your current weight  
 \* Based on 30 minute duration

## Impedance

RA LA TR RL LL  
 Z(α) 20 kHz 412.3 415.7 21.2 291.8 290.0  
 100 kHz 377.5 380.2 17.8 261.9 261.1

\* Segmental fat is estimated.

May 19, 2020

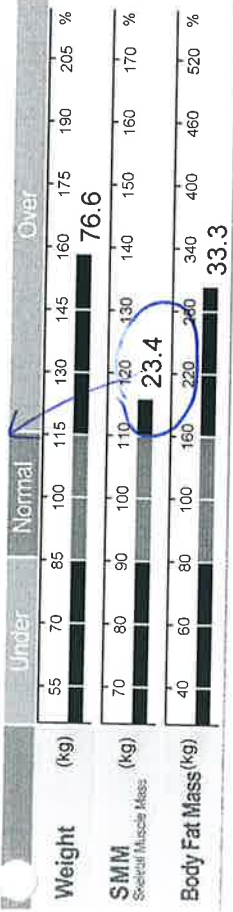
ID 140919-1 | Height 158cm | Age 12.9 | Gender Female | Test Date / Time 25.02.2020. 17:49

## Body Composition Analysis

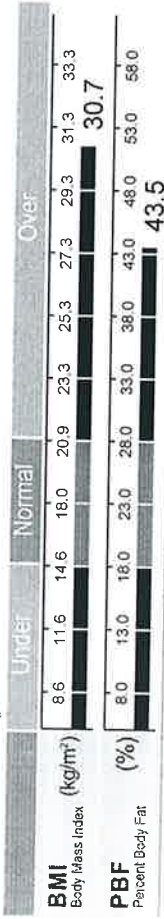
Total amount of water in body	Total Body Water (L)	31.6 ( 24.7~30.1 )
For building muscles	Protein (kg)	8.5 ( 6.6~8.0 )
For strengthening bones	Minerals (kg)	3.22 ( 2.29~2.79 )
For storing excess energy	Body Fat Mass (kg)	33.3 ( 8.9~17.8 )
Sum of the above	Weight (kg)	76.6 ( 41.1~55.7 )

## Muscle-Fat Analysis

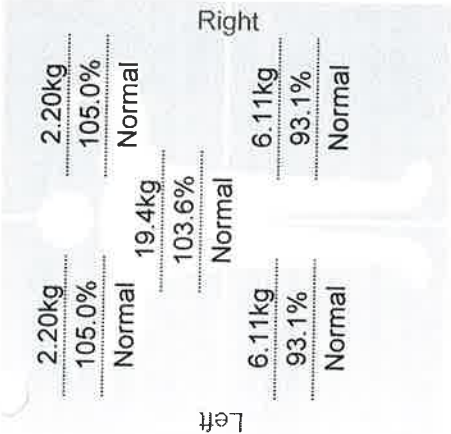
500



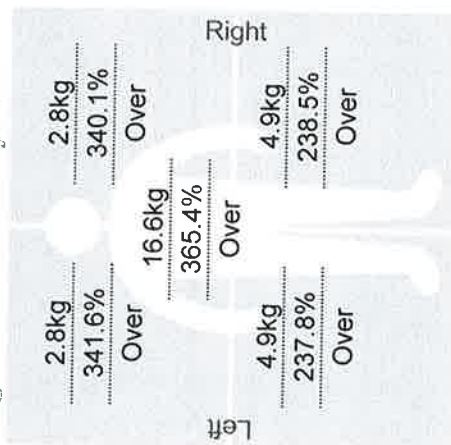
## Obesity Analysis



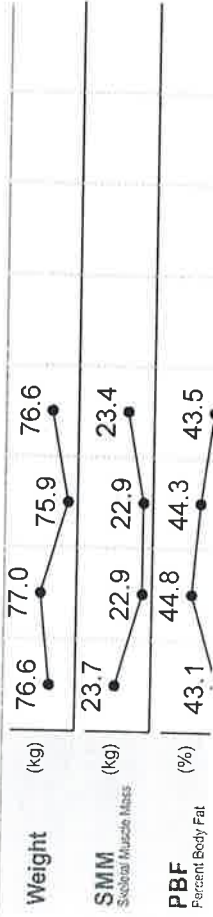
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## InBody Score

66 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 56.2 kg  
 Weight Control -20.4 kg  
 Fat Control -20.4 kg  
 Muscle Control 0.0 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio

0.94 ( 0.75 - 0.85 )

## Visceral Fat Level

Level 17 ( Low - 10 - High )

## Research Parameters

Fat Free Mass 43.3 kg  
 Basal Metabolic Rate 1304 kcal  
 Obesity Degree 158 % ( 90~110 )  
 Recommended calorie intake 2282 kcal

## Calorie Expenditure of Exercise

Golf	135	Gateball	146
Walking	153	Yoga	153
Badminton	173	Table Tennis	173
Tennis	230	Bicycling	230
Boxing	230	Basketball	230
Hiking	250	Jumping Rope	268
Aerobics	268	Jogging	268
Soccer	268	Swimming	268
Japanese Fencing	383	Racketball	383
Squash	383	Taekwondo	383

\* Based on your current weight  
 \* Based on 30 minute duration

## Impedance

RA LA TR RL LL  
 Z(Ω) 20 kHz | 382.1 381.7 21.0 264.0 261.9  
 100 kHz | 350.2 350.9 18.0 239.3 237.6