



File No:

Date: 25/6/19

Date: ... / ... /

File Number: 1002403

Patient Name: Kawthar Ahmed

اسم المريض: كوثار أحمد

Date Of Birth (تاريخ الميلاد): 6/17/1996 Gender (الجنس): M / F

Marital Status: (الحالة الاجتماعية): Single

Nationality (الجنسية):

طالبة

Address (العنوان):

Phone No. (رقم الهاتف): 0563114064

E-MAIL:

How did you know about us:

التاريخ الطبي Medical History	
Medical Condition	الحالة الطبية
Recent or current drugs/Medical Treatment هل تتعاطى أي أدوية أو تتلقى أي علاجات حديتيا؟	No
Corticosteroids/Immunosuppressant هل تتعاطى أي سترويدات أو مثبطات للمناعة؟	No
Allergies هل لديك أي حساسية؟	No
Surgical Operations, Serious Illness هل أجريت أي عمليات جراحية أو تعاني من أي امراض؟	No
Cardiac surgery, Rheumatic fever, Endocarditis, Artificial heart valve, Congenital heart disease جراحة قلب، حمى روماتويد، التهاب شغاف القلب، صمام قلب صناعي، امراض القلب	No
High Blood Pressure, Bleeding disorders, Anticoagulants هل لديك ارتفاع في ضغط الدم، مشاكل في النزيف أو تتعاطى أي مميعات للدم؟	No
Anemia, Leukemia (سرطان الدم)	No
Chest disease, Asthma, Bronchitis, TB, Other امراض صدرية، أزمة تنفسية، التهاب في الشعبات، السل، امراض اخرى	No
Renal, Urinary, Sexually transmitted disease هل تعاني من أي امراض بولية أو تناسلية؟	No
Pregnancy, Contraceptive pill, Menstrual problems هل انت حامل؟ هل تتعاطين أي مانع للحمل؟ هل تعانين من مشاكل في الدورة الشهرية؟	No
Hepatitis, Jaundice, Other liver diseases التهاب الكبد الوبائي، الصفراء، أي امراض كبدية اخرى	No
Peptic ulcer, Crohn's ulcerative colitis, Other قرحة معوية، داء كرون، أي امراض معوية اخرى؟	No
Epilepsy, or any other neurological disease هل تعاني من الصرع أو أي امراض في الجهاز العصبي؟	No
Thyroid Diseases, Diabetes هل تعاني من مرض السكري أو امراض الغدة الدرقية؟	No
Other conditions HSV, HIV...etc	No



Medical Consent Form

- I hereby consent and authorize the doctor to treat my medical condition which has been explained to me by the qualified physician
- I understand that in order to provide me with the most efficient and enhanced service, diagnostic and other procedures may be deemed necessary.
- I understand that my treating doctor may discover other or different conditions, which may require additional or different procedures than those planned.
- I authorize my treating doctor to perform any procedures which are advisable in their professional judgment.
- I understand that no warranty or guarantee has been made to me as a result or cure just as there may be risks and hazards in continuing my present condition without treatment.
- I understand that there are also risks and hazards to the performance of the diagnostic and/or surgical procedures.
- I realize that common surgical or diagnostic procedures are potential for an infection, swelling, bleeding, pain or allergic reaction.
- I understand that there are minimal fees to be paid per service and that all fees must be paid in full before the completion of treatment.
- I consent that all medical history and information I provided in my medical file is true and I understand that any information I provide regarding my medical status will be kept confidential and anonymous.
- I believe that I have sufficient information to give this consent. I certify that this form has been fully explained to me and that I have read it and I understand its' content and I sign it with all my will.

I am fully aware that any payments is NON refundable

Patient's Signature/ Guardians (In case of minors):

Kautkax

Date: ... / ... /

نموذج اقرار طبي

- أوافق وأسمح للطبيب بعلاج حالتي المرضية التي تم شرحها لي من قبل الطبيب المختص والمؤهل.
- أتفهم أن بعض الإجراءات الطبية والتشخيصية الإضافية قد تكون ضرورية من أجل ترويدي بالعلاج الأمثل و الخدمة الأفضل.
- أتفهم أنه من الممكن أن يكشف الطبيب خلال العلاج أمورا مختلفة عن ما ذكر في القصة الأولى والتي قد تتطلب إجراءات إضافية أو مختلفة عن تلك المخطط لها.
- أفرض الطبيب المعالج باتخاذ كل الإجراءات الطبية و العلاجات اللازمة و المطلوبة بحكم خبرته المهنية و العلمية.
- أفهم تماما كافة الاخطار و المضاعفات التي قد تكون مصحبة للفحوصات و الاجراءات العلاجية و الجراحية.
- و ادرك ان بعض الاجراءات التشخيصية و العلاجية و الجراحية قد تؤدي الى مضاعفات كالالتهاب أو التورم أو النزيف أو الألم أو الحساسية المرضية.
- أتفهم أن هناك رسوم بالحد الأدنى يجب علي دفعها مقابل الخدمة العلاجية و أن جميع الرسوم المطلوبة يجب ان تسدد بالكامل قبل الانتهاء من العلاج.
- أقر أن كافة المعلومات الطبية و التاريخ الطبي الذي قدمته لي فتحي للملف صحيحة. و اتفهم ان اي معلومات تتعلق بحالتي الصحية ستبقى سرية تماما ولا يمكن الاطلاع عليها دون موافقتي
- أقر أن لدي المعلومات الكاملة لتقديم هذا الأقرار و ان هذا النموذج قد تم شرحه لي بالكامل و اني قد قرأت و فهمت جميع تفاصيله بالكامل و اني وقعت عليه بكامل إرادتي

انا على دراية تامة أن أي مدفوعات للمركز هي غير قابلة للاسترداد

توقيع المريض / ولي الأمر (لمن هم دون السن القانونية):

التاريخ: / /

استمارة تقييم المريض Patient Assessment Form

المؤشرات الحيوية Vital Signs		
Weight (الوزن):	Kg	Height (الطول): cm
Pulse (النبض):	ppm	Blood Pressure (ضغط الدم): /
		Blood Type (دم):
		Blood Sugar (سكر الدم):

سبب زيارة المريض للعيادة Chief Complaint

→ weight + self Image not happy

Disease History: التاريخ المرضي:	_____
Allergies الحساسية:	_____
Medications الأدوية:	_____
Pregnancy الحمل:	_____
Previous Surgeries, Hospitalization عمليات سابقة , ادخال للمستشفى:	_____
Smoking (التدخين): Y / N	Alcohol (الكحول): Y / N
	Drugs (مخدرات): Y / N

الملاحظات العامة و السريرية General & Clinical Findings

الفحص Examination

BCA.

الصور الشعاعية Radiography

التشخيص Diagnosis

File No:

Date: / /

Treatment Plan خطة العلاج

Doctor's Signature and Stamp

.....



PATIENT NAME:

FILE NO#:

DATE	TREATMENT	PAYMENT	BALANCE	SIGNATURE
06/07/19	Endymed thigh - 65 cm 1st Session			<i>Beena</i>
16/07/19	Endymed thighs - 2nd - 60 cm.			
3/8/19	ACNE vulgaris + PIH front P. Bioderma cleanser + gel Moisturiser Acne treatment instead Acrethik			
06/08/19	Endymed thighs - 4th Session			<i>Beena</i>

د. وسام مروان الطباع
Dr. Wesam Marwan Al Tabbaa
الخصائي الجلدية
Dermatology specialist
MOH License No.: V826
مركز اوركيده الطبي
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الخصائي الجلدية
Dermatology specialist
MOH License No.: V826
مركز اوركيده الطبي
Orchid Medical Centre

ID 250619-2 Height 159cm Age 22 Gender Female Test Date & Time 26.06.2019. 16:54

54kg

Body Composition Analysis

Total amount of water in body	Total Body Water (L)	27.3 (27.7~33.9)
For building muscles	Protein (kg)	7.4 (7.4~9.0)
For strengthening bones	Minerals (kg)	2.64 (2.56~3.13)
For storing excess energy	Body Fat Mass (kg)	24.0 (10.9~17.4)
Sum of the above	Weight (kg)	61.3 (46.2~62.6)

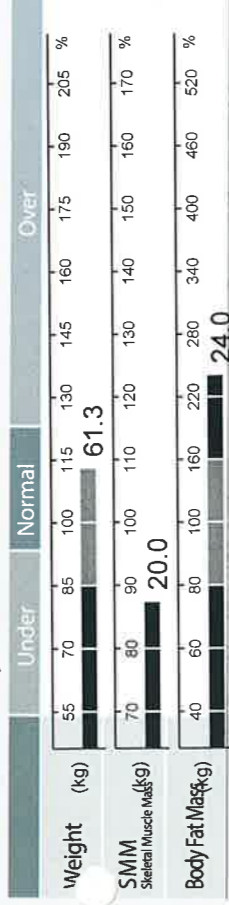
InBody Score **64**/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

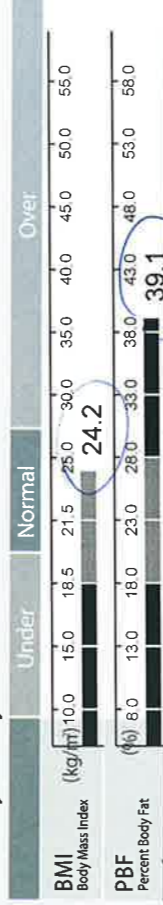
Weight Control

Target Weight 54.3 kg
 Weight Control -7.0 kg
 Fat Control → -11.5 kg
 Muscle Control → +4.5 kg

Muscle-Fat Analysis



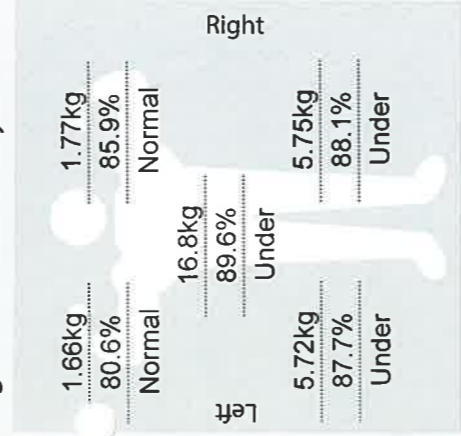
Obesity Analysis



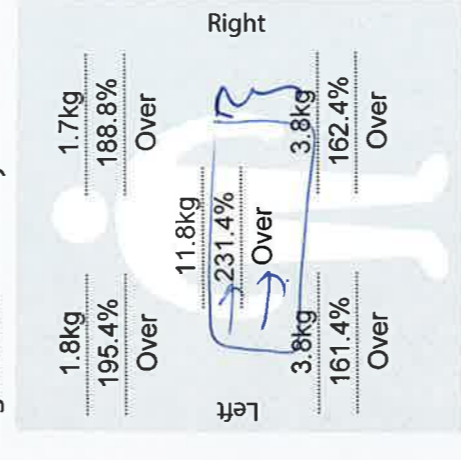
Research Parameters

Fat Free Mass 37.3 kg
 Basal Metabolic Rate 1177 kcal (1288~1492)
 Obesity Degree 113 % (90~110)
 Recommended calorie intake 1637 kcal

Segmental Lean Analysis



Segmental Fat Analysis



* Segmental fat is estimated.

Calorie Expenditure of Exercise

Golf	108	Gateball	117
Walking	123	Yoga	123
Badminton	139	Table Tennis	139
Tennis	184	Bicycling	184
Boxing	184	Basketball	184
Mountain Climbing	200	Jumping Rope	215
Aerobics	215	Jogging	215
Soccer	215	Swimming	215
Japanese Fencing	307	Racketball	307
Squash	307	Taekwondo	307

* Based on your current weight
 * Based on 30 minute duration

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

Z_(ω) 20 kHz 423.5 452.3 27.9 299.8 300.8
 100 kHz 385.2 413.8 25.1 271.5 274.3

Body Composition History

Weight (kg)	61.3
SMM (kg)	20.0
PBF (%)	39.1



مركز أوركيديد الطبي
ORCHID MEDICAL CENTER

Date:06-07-2019

RECEIPT VOUCHER (No.REC-004327)**AED 2,100.00**Receive from Mr./Mrs./M/s. **1002403 - KAWTHAR AHMED - 971506106592**The sum of Dhs. **Two Thousand One Hundred Dirhams and Zero Fils Only**By Cash **2,100.00** / By Credit Card **0.00** / By Cheque **0.00** / By Bank Transfer **0.00** / By Allocated **0.00**Date: **06-07-2019**

Bank: Cheque No.

Being **DIETITIAN 5 KG PACKAGE FOR 5 SESSIONS + VAT**Made by **Rana**

- 1.Any Advance refund will be accepted within 48 hours for 25% of deduction from the total amount.
- 2.Treatment includes lab cost is non-refundable.
- 3.After 48 hours No refundable accepted

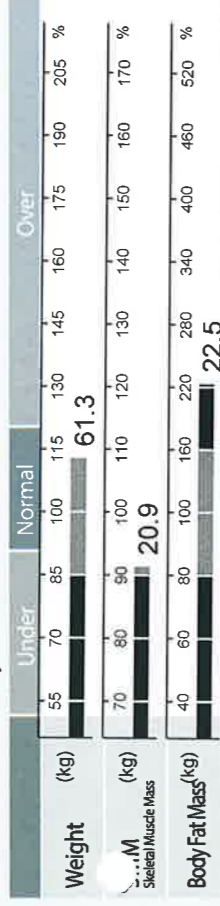
Confirmed by : **1002403 - KAWTHAR AHMED - 971506106592****Tel : + 9716 555 8337, Fax : + 9716 528 8130, e - mail : info@omc1.ae**www.omc1.ae

ID 250619-2 | Height 159cm | Age 23 | Gender Female | Test Date & Time 06.07.2019. 16:52

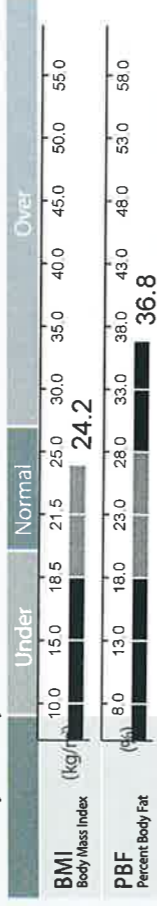
Body Composition Analysis

Total amount of water in body	Total Body Water (L)	28.3 (27.7~33.9)
For building muscles	Protein (kg)	7.6 (7.4~9.0)
For strengthening bones	Minerals (kg)	2.87 (2.56~3.13)
For storing excess energy	Body Fat Mass (kg)	22.5 (10.9~17.4)
Sum of the above	Weight (kg)	61.3 (46.2~62.6)

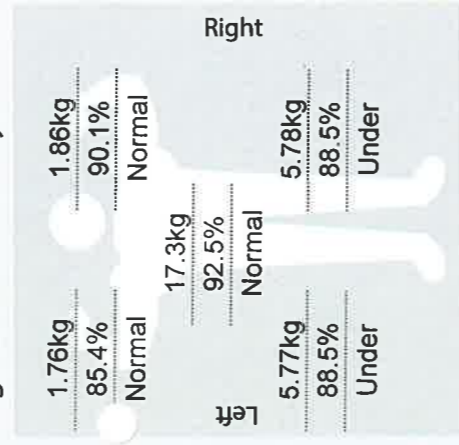
Muscle-Fat Analysis



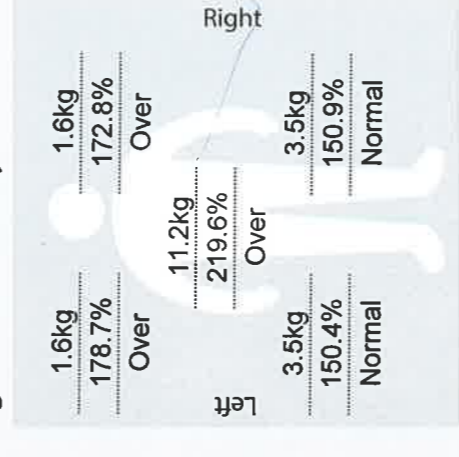
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History



InBody Score

67 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 54.4 kg
 Weight Control -6.9 kg
 Fat Control -10.0 kg
 Muscle Control +3.1 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over

PBF Normal Slightly Over Over

Waist-Hip Ratio

0.89

Visceral Fat Level

Level 11

Research Parameters

Fat Free Mass 38.8 kg
 Basal Metabolic Rate 1207 kcal (1288~1492)
 Obesity Degree 113 % (90~110)
 Recommended calorie intake 1631 kcal

Calorie Expenditure of Exercise

Golf	108	Gateball	117
Walking	123	Yoga	123
Badminton	139	Table Tennis	139
Tennis	184	Bicycling	184
Boxing	184	Basketball	184
Mountain Climbing	200	Jumping Rope	215
Aerobics	215	Jogging	215
Soccer	215	Swimming	215
Japanese Fencing	307	Racketball	307
Squash	307	Taekwondo	307

* Based on your current weight

* Based on 30 minute duration

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

Z_(R) 20 kHz | 430.0 456.4 25.5 311.6 310.9
 100 kHz | 389.9 416.1 21.9 280.4 281.1

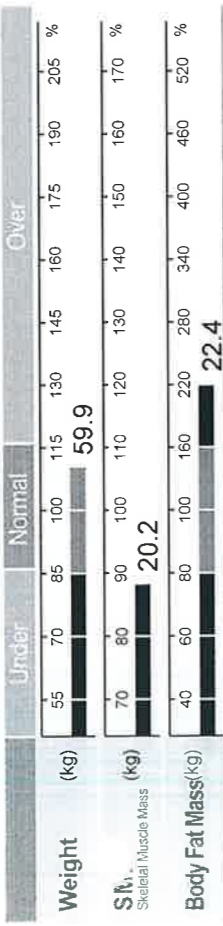
Period due 9 After 2 days

Kawthar (2)

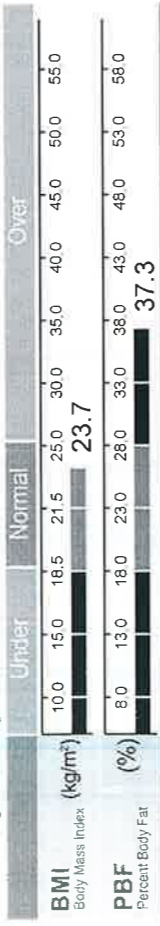
Body Composition Analysis

Total amount of water in body	Total Body Water (L)	27.5 (27.7~33.9)
For building muscles	Protein (kg)	7.3 (7.4~9.0)
For strengthening bones	Minerals (kg)	2.65 (2.56~3.13)
For storing excess energy	Body Fat Mass (kg)	22.4 (10.9~17.4)
Sum of the above	Weight (kg)	59.9 (46.2~62.6)

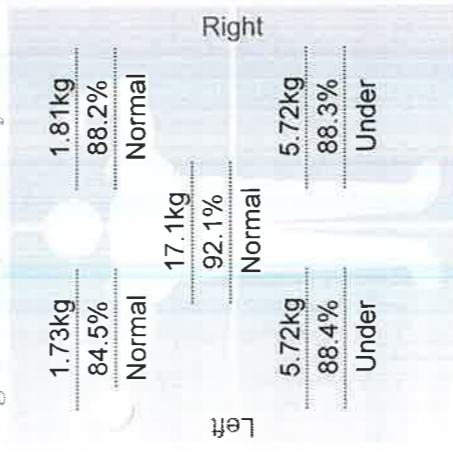
Muscle-Fat Analysis



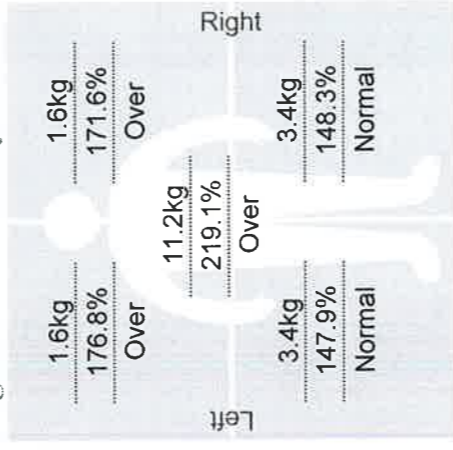
Obesity Analysis



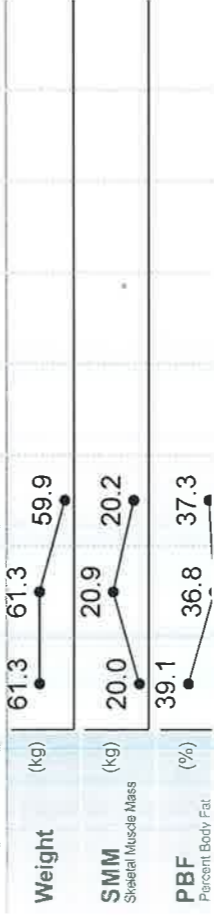
Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History



InBody Score

66 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 54.4 kg
 Weight Control -5.5 kg
 Fat Control -9.8 kg
 Muscle Control +4.3 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over
 PBF Normal Slightly Over Over

Waist-Hip Ratio



Visceral Fat Level



Research Parameters

Fat Free Mass 37.5 kg
 Basal Metabolic Rate 1181 kcal (1267~1466)
 Obesity Degree 110 % (90~110)
 Recommended calorie intake 1616 kcal

Calorie Expenditure of Exercise

Golf	105	Gateball	114
Walking	120	Yoga	120
Badminton	135	Table Tennis	135
Tennis	180	Bicycling	180
Boxing	180	Basketball	180
Mountain Climbing	195	Jumping Rope	210
Aerobics	210	Jogging	210
Soccer	210	Swimming	210
Japanese Fencing	300	Racketball	300
Squash	300	Taekwondo	300

* Based on your current weight
 * Based on 30 minute duration

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

Z_(α) 20 kHz 433.5 453.5 28.5 322.6 321.6
 100 kHz 392.2 412.8 24.9 289.4 289.7



مركز أوركيده الطبي
ORCHID MEDICAL CENTER

AED 210.00

RECEIPT VOUCHER (No.REC-004621)

Date:03-08-2019

Receive from Mr./Mrs./M/s. 1002403 - KAWTHAR AHMED - 971506106592

The sum of Dhs. Two Hundred Ten Dirhams and Zero Fils Only

By Cash 210.00 / By Credit Card 0.00 / By Cheque 0.00 / By Bank Transfer 0.00 / By Allocated 0.00

Bank: Cheque No.

Date: 03-08-2019

Being CONS + VAT

Made by Rana

- 1.Any Advance refund will be accepted within 48 hours for 25% of deduction from the total amount.
- 2.Treatment includes lab cost is non-refundable.
- 3.After 48 hours No refundable accepted

Confirmed by : 1002403 - KAWTHAR AHMED - 971506106592

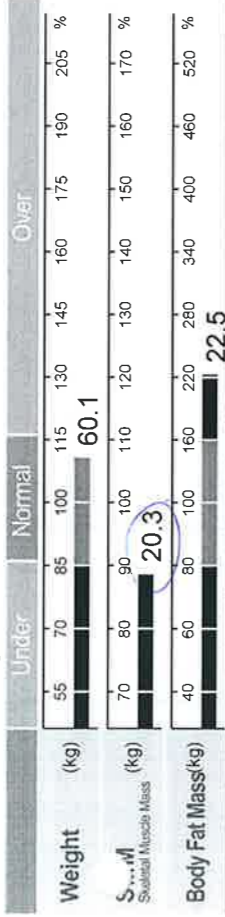
Tel : + 9716 555 8337, Fax: + 9716 528 8130, e - mail : info@omc1.ae
www.omc1.ae

ID 250619-2 | Height 159cm | Age 23 | Gender Female | Test Date / Time 23.07.2019. 16:28

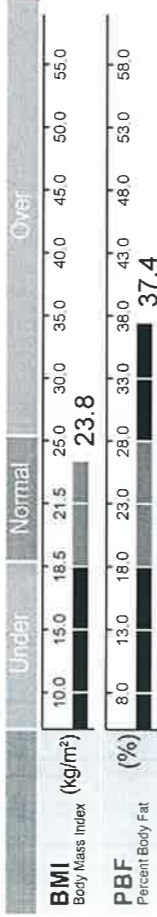
Body Composition Analysis

Total amount of water in body	Total Body Water (L)	27.5 (27.7~33.9)
For building muscles	Protein (kg)	7.3 (7.4~9.0)
For strengthening bones	Minerals (kg)	2.75 (2.56~3.13)
For storing excess energy	Body Fat Mass (kg)	22.5 (10.9~17.4)
Sum of the above	Weight (kg)	60.1 (46.2~62.6)

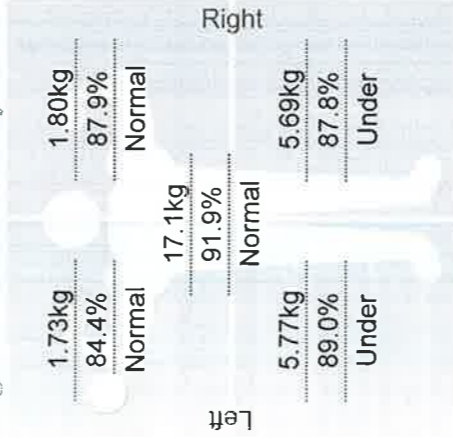
Muscle-Fat Analysis



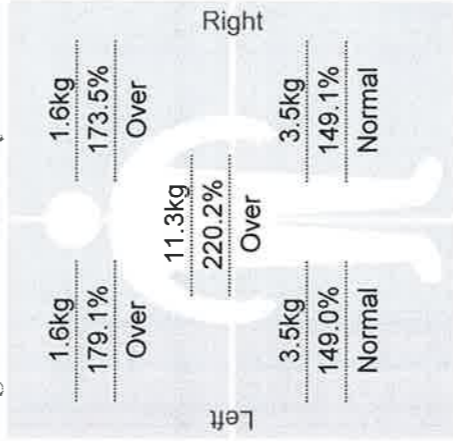
Obesity Analysis



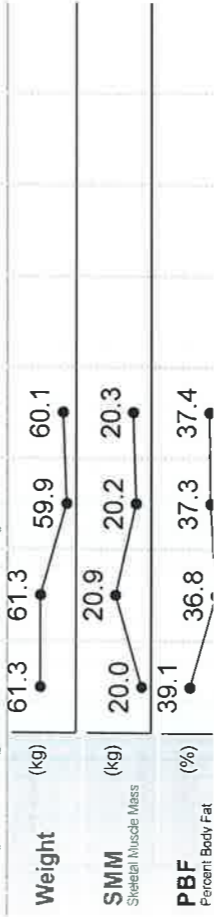
Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History



InBody Score

66/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 54.3 kg
 Weight Control -5.8 kg
 Fat Control -10.0 kg
 Muscle Control +4.2 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over
 PBF Normal Slightly Over Over

Waist-Hip Ratio

0.90 (0.75 0.85)

Visceral Fat Level

Level 11 (Low 10 High)

Research Parameters

Fat Free Mass 37.6 kg
 Basal Metabolic Rate 1182 kcal (1270~1470)
 Obesity Degree 111 % (90~110)
 Recommended calorie intake 1618 kcal

Calorie Expenditure of Exercise

Golf	106	Gateball	114
Walking	120	Yoga	120
Badminton	136	Table Tennis	136
Tennis	180	Bicycling	180
Boxing	180	Basketball	180
Mountain Climbing	196	Jumping Rope	210
Aerobics	210	Jogging	210
Soccer	210	Swimming	210
Japanese Fencing	301	Racketball	301
Squash	301	Taekwondo	301

*Based on your current weight
 *Based on 30 minute duration

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

Z₍₅₀₎ 20 kHz | 431.2 449.3 28.7 323.9 314.0
 100 kHz | 390.6 410.3 25.1 290.1 282.6

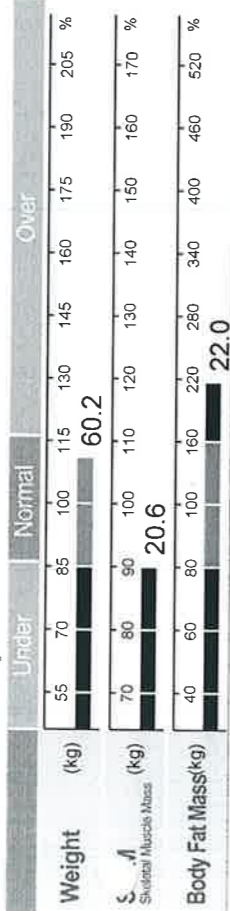
Kauffman

ID 250619-2 | Height 159cm | Age 23 | Gender Female | Test Date / Time 27.07.2019. 16:17

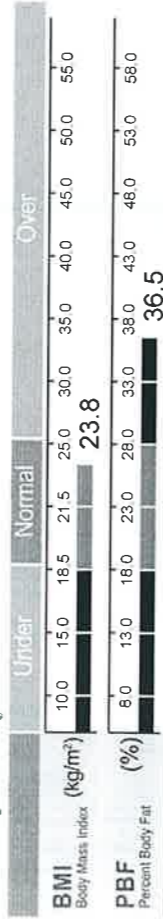
Body Composition Analysis

Total amount of water in body	Total Body Water	(L)	27.9	(27.7~33.9)
For building muscles	Protein	(kg)	7.5	(7.4~9.0)
For strengthening bones	Minerals	(kg)	2.76	(2.56~3.13)
For storing excess energy	Body Fat Mass	(kg)	22.0	(10.9~17.4)
Sum of the above	Weight	(kg)	60.2	(46.2~62.6)

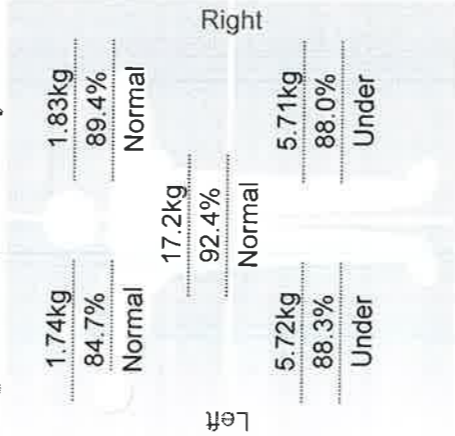
Muscle-Fat Analysis



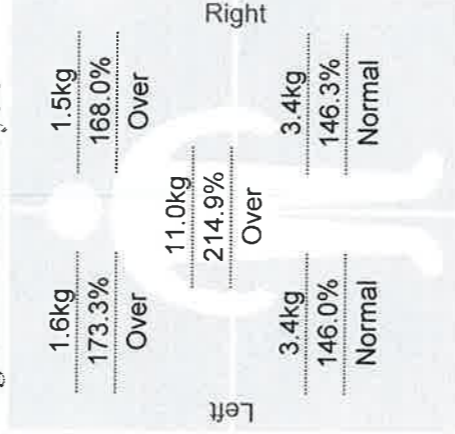
Obesity Analysis



Segmental Lean Analysis

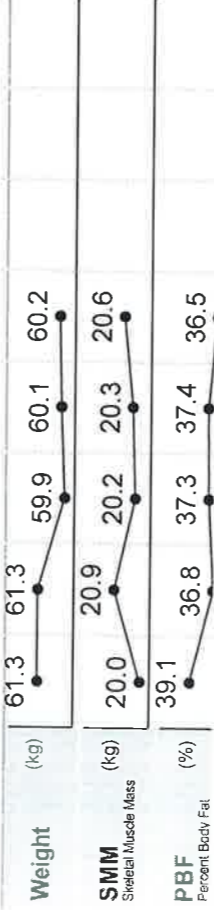


Segmental Fat Analysis



* Segmental fat is estimated.

Body Composition History



InBody Score

67 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 54.3 kg
 Weight Control - 5.9 kg
 Fat Control - 9.5 kg
 Muscle Control + 3.6 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over

PBF Normal Slightly Over Over

Waist-Hip Ratio

0.89

Visceral Fat Level

Level 11 (Low 10 High)

Research Parameters

Fat Free Mass 38.2 kg
 Basal Metabolic Rate 1196 kcal (1271~1471)
 Obesity Degree 111 % (90~110)
 Recommended calorie intake 1619 kcal

Calorie Expenditure of Exercise

Golf	106	Gateball	114
Walking	120	Yoga	120
Badminton	136	Table Tennis	136
Tennis	181	Bicycling	181
Boxing	181	Basketball	181
Mountain Climbing	196	Jumping Rope	211
Aerobics	211	Jogging	211
Soccer	211	Swimming	211
Japanese Fencing	301	Racketball	301
Squash	301	Taekwondo	301

* Based on your current weight
 * Based on 30 minute duration

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

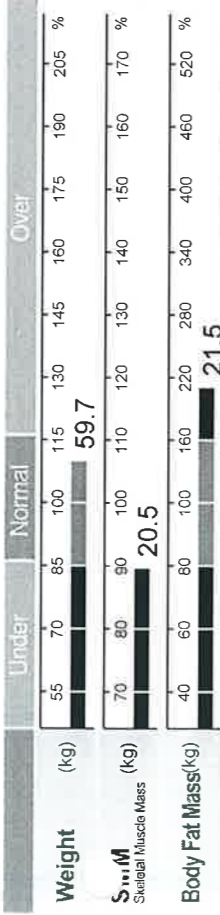
RA LA TR RL LL
 Z(Ω) 20 kHz | 433.8 460.4 26.6 321.7 319.0
 100 kHz | 393.5 419.2 22.8 288.9 287.7

ID 250619-2 | Height 159cm | Age 23 | Gender Female | Test Date / Time 03.08.2019. 16:50

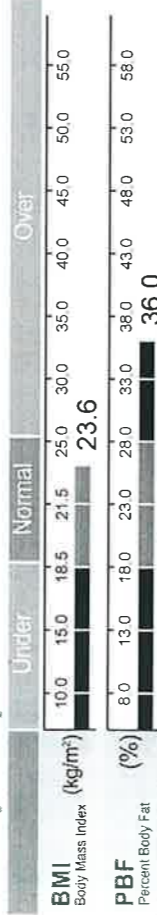
Body Composition Analysis

Total amount of water in body	Total Body Water (L)	28.0 (27.7~33.9)
For building muscles	Protein (kg)	7.4 (7.4~9.0)
For strengthening bones	Minerals (kg)	2.76 (2.56~3.13)
For storing excess energy	Body Fat Mass (kg)	21.5 (10.9~17.4)
Sum of the above	Weight (kg)	59.7 (46.2~62.6)

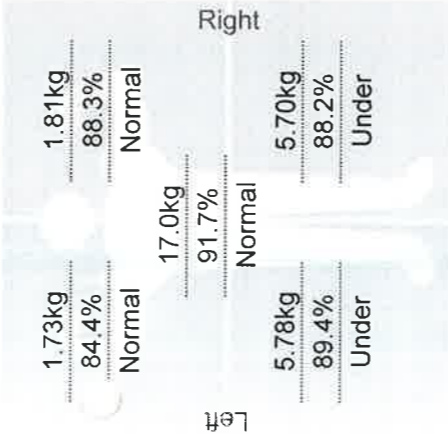
Muscle-Fat Analysis



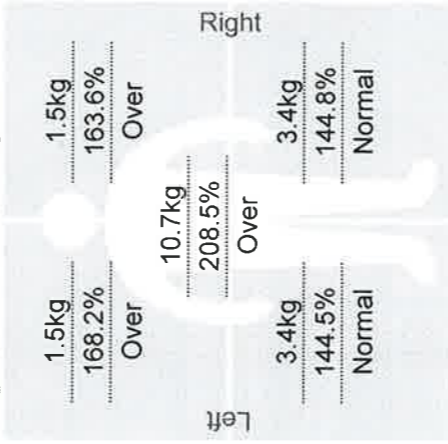
Obesity Analysis



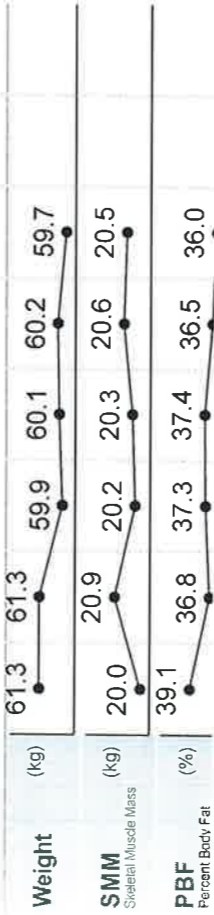
Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History



InBody Score

67 /100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 54.3 kg
 Weight Control - 5.4 kg
 Fat Control - 9.0 kg
 Muscle Control + 3.6 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over
 PBF Normal Slightly Over Over

Waist-Hip Ratio

0.88

Visceral Fat Level

Level 10 (Low 10 High)

Research Parameters

Fat Free Mass 38.2 kg
 Basal Metabolic Rate 1196 kcal (1264~1462)
 Obesity Degree 110 % (90~110)
 Recommended Calorie Intake 1614 kcal

Calorie Expenditure of Exercise

Golf	105	Gateball	113
Walking	119	Yoga	119
Badminton	135	Table Tennis	135
Tennis	179	Bicycling	179
Boxing	179	Basketball	179
Mountain Climbing	195	Jumping Rope	209
Aerobics	209	Jogging	209
Soccer	209	Swimming	209
Japanese Fencing	299	Racketball	299
Squash	299	Taekwondo	299

* Based on your current weight
 * Based on 30 minute duration

Results Interpretation QR Code

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Impedance

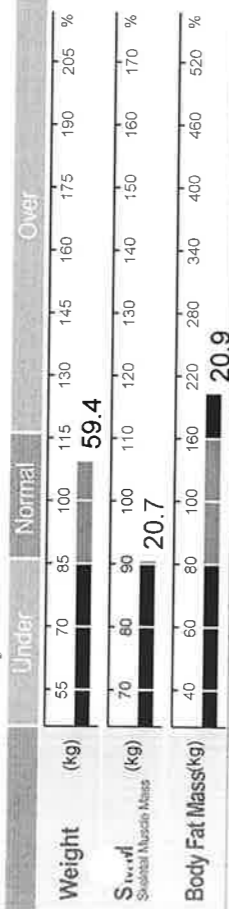
RA LA TR RL LL
 Z(Ω) 20 kHz | 427.5 448.5 25.9 311.9 301.8
 100 kHz | 388.6 409.3 23.0 280.7 273.5

ID 250619-2 | Height 159cm | Age 23 | Gender Female | Test Date / Time 06.08.2019. 16:11

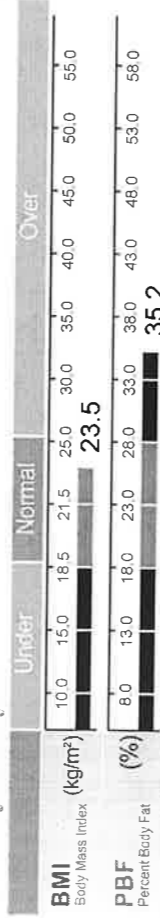
Body Composition Analysis

Total amount of water in body	Total Body Water	(L)	28.1 (27.7~33.9)
For building muscles	Protein	(kg)	7.5 (7.4~9.0)
For strengthening bones	Minerals	(kg)	2.86 (2.56~3.13)
For storing excess energy	Body Fat Mass	(kg)	20.9 (10.9~17.4)
Sum of the above	Weight	(kg)	59.4 (46.2~62.6)

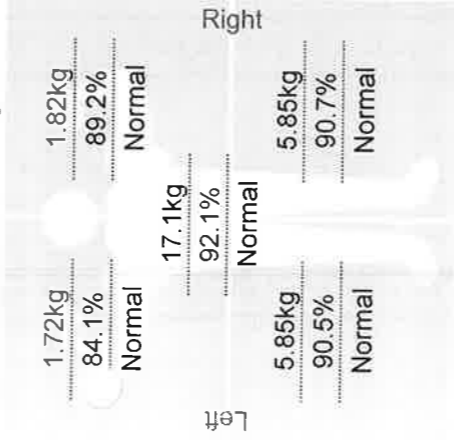
Muscle-Fat Analysis



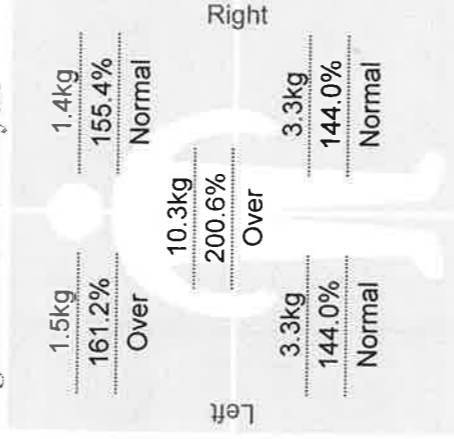
Obesity Analysis



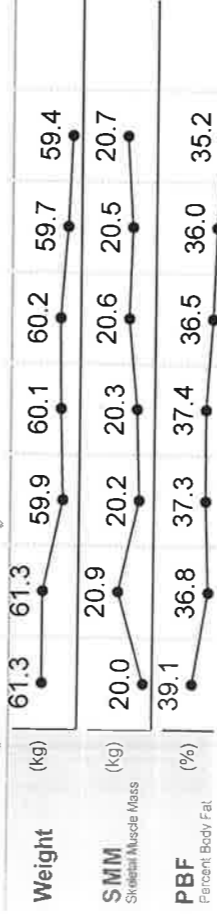
Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History



InBody Score

68 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 54.4 kg
 Weight Control -5.0 kg
 Fat Control -8.4 kg
 Muscle Control +3.4 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over
 PBF Normal Slightly Over Over

Waist-Hip Ratio

0.86

Visceral Fat Level

Level 9 (Low 10 High)

Research Parameters

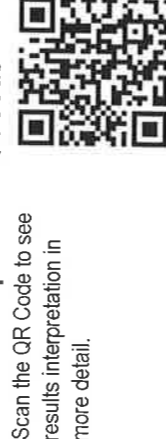
Fat Free Mass 38.5 kg
 Basal Metabolic Rate 1202 kcal (1259~1457)
 Obesity Degree 109 % (90~110)
 Recommended calorie intake 1611 kcal

Calorie Expenditure of Exercise

Golf	105	Gateball	113
Walking	119	Yoga	119
Badminton	134	Table Tennis	134
Tennis	178	Bicycling	178
Boxing	178	Basketball	178
Mountain Climbing	194	Jumping Rope	208
Aerobics	208	Jogging	208
Soccer	208	Swimming	208
Japanese Fencing	297	Racketball	297
Squash	297	Taekwondo	297

* Based on your current weight
 * Based on 30 minute duration

Results Interpretation QR Code



Scan the QR Code to see results interpretation in more detail.

Impedance

Z(Ω) 20_{HFZ} | 435.7 25.8 308.2 308.8
 100_{HFZ} | 393.8 421.9 22.3 277.5 277.7