



مركز أوركييد الطبي
ORCHID MEDICAL CENTER

صحة... ابتسامة... جمال
Health ... Smile ... Beauty

File No: 1002326

Date: 15/6/2019

Date: 15/6/2019

File Number: 1002326

Patient Name: Munirah Alqahatani

إسم المريض: مونيعة العنقوني

Date Of Birth (تاريخ الميلاد): 19/6/79 Gender (الجنس): M (F)

Marital Status: (الحالة الاجتماعية):

Nationality (الجنسية): الإماراتية

Marital Status: (الحالة الاجتماعية):

Address (العنوان): مسقط

Phone No. (رقم الهاتف): 9864567655

E-MAIL: wwwssr1@yahoo.com

How did you know about us:

التاريخ الطبي Medical History	
الحالة الطبية Medical Condition	Yes/No نعم / لا
Recent or current drugs/Medical Treatment هل تتعاطى أي أدوية أو تتلقى أي علاجات حثيثاً؟	✓
Corticosteroids/Immunosuppressant هل تتعاطى أي ستيرويدات أو مثبطات للمناعة؟	✓
Allergies هل لديك أي حساسية؟	✓
Surgical Operations, Serious Illness هل أجريت أي عمليات جراحية أو تعاني من أي أمراض؟	✓
Cardiac surgery, Rheumatic fever, Endocarditis, Artificial heart valve, Congenital heart disease جراحة قلب، حمى روماتويد، التهاب شغاف القلب، صمام قلب صناعي، أمراض القلب	✓
High Blood Pressure, Bleeding disorders, Anticoagulants هل لديك ارتفاع في ضغط الدم، مشاكل في النزيف أو تتعاطى أي مميعات للدم؟	✓
Anemia, Leukemia (سرطان الدم)، Lوكيميا (فقر الدم)	✓
Chest disease, Asthma, Bronchitis, TB, Other أمراض صدرية، أزمة تنفسية، التهاب في الشعبات، السل، أمراض أخرى	✓
Renal, Urinary, Sexually transmitted disease هل تعاني من أي أمراض في الكلى أو أمراض بولية أو تناسلية؟	✓
Pregnancy, Contraceptive pill, Menstrual problems هل أنت حامل؟ هل تتعاطين أي ملاح للحمل؟ هل تعاني من مشاكل في الدورة الشهرية؟	✓
Hepatitis, Jaundice, Other liver diseases التهاب الكبد الوبائي، الصفراء، أي أمراض كبدية أخرى	✓
Peptic ulcer, Crohn's ulcerative colitis, Other قرحة معوية، داء كرون، أي أمراض معوية أخرى؟	✓
Epilepsy, or any other neurological disease هل تعاني من الصرع أو أي أمراض في الجهاز العصبي؟	✓
Thyroid Diseases, Diabetes هل تعاني من مرض السكري أو أمراض الغدة الدرقية؟	✓
Other conditions هل تعاني من أي أمراض أخرى؟	✓
HSV, HIV... etc فيروس الإيدز، فيروس الحلا البسيط etc	✓

فيتمريضه انعم منة

لوير



Medical Consent Form

- I hereby consent and authorize the doctor to treat my medical condition which has been explained to me by the qualified physician
- I understand that in order to provide me with the most efficient and enhanced service, diagnostic and other procedures may be deemed necessary.
- I understand that my treating doctor may discover other or different conditions, which may require additional or different procedures than those planned.
- I authorize my treating doctor to perform any procedures which are advisable in their professional judgment.
- I understand that no warranty or guarantee has been made to me as a result or cure just as there may be risks and hazards in continuing my present condition without treatment.
- I understand that there are also risks and hazards to the performance of the diagnostic and/or surgical procedures.
- I realize that common surgical or diagnostic procedures are potential for an infection, swelling, bleeding, pain or allergic reaction.
- I understand that there are minimal fees to be paid per service and that all fees must be paid in full before the completion of treatment.
- I consent that all medical history and information I provided in my medical file is true and I understand that any information I provide regarding my medical status will be kept confidential and anonymous.
- I believe that I have sufficient information to give this consent. I certify that this form has been fully explained to me and that I have read it and I understand its' content and I sign it with all my will.

I am fully aware that any payments is NON refundable

Patient's Signature/ Guardians (In case of minors):

Date: ... / ... /

نموذج إقرار طبي

- أوافق و أسمح للطبيب بعلاج حالتي المرضية التي تم شرحها لي من قبل الطبيب المختص و المؤهل،
- أتفهم أن بعض الإجراءات الطبية والتشخيصية الإضافية قد تكون ضرورية من أجل تزويدي بالعلاج الأمثل و الخدمة الأفضل.
- أتفهم أنه من الممكن أن يكشف الطبيب خلال العلاج أموراً مختلفة عن ما ذكر في الفحص الأولي و التي قد تتطلب إجراءات إضافية أو مختلفة عن تلك المخطط لها.
- أفوض الطبيب المعالج باتخاذ كل الإجراءات الطبية و العلاجات اللازمة و المطلوبة بحكم خبرته المهنية و العلمية.
- أقر أنه لم يتم تقديم اي ضمانات او تأمين لنتائج العلاجات و الإجراءات الطبية أو التجميلية المقدمة لي، كما اتفهم الاخطار و المضاعفات الناتجة عن عدم استكمال علاج حالتي المرضية.
- أتفهم تماما كافة الاخطار و المضاعفات التي قد تكون مصاحبة للفحوصات و الإجراءات العلاجية و الجراحية.
- و ادرك ان بعض الإجراءات التشخيصية و العلاجية و الجراحية قد تؤدي الى مضاعفات كالالتهاب أو التورم أو النزيف أو الالم أو الحساسية
- أتفهم أن هناك رسوم بالحد الأدنى يجب علي دفعها مقابل الخدمة العلاجية و أن جميع الرسوم المطلوبة يجب ان تسدد بالكامل قبل الانتهاء من العلاج.
- أقر أن كافة المعلومات الطبية و التاريخ الطبي الذي قدمته لي فتحي الملف صحيفاً. و اتفهم ان اي معلومات تتعلق بحالتي الصحية ستبقى سرية تماماً ولا يمكن الاطلاع عليها دون موافقتي
- أقر أن لدي المعلومات الكاملة لتقديم هذا الأقرار و ان هذا النموذج قد تم شرحه لي بالكامل و اني قد قرأت و فهمت جميع تفاصيله بالكامل و اني وقعت عليه بأكمل ارادتي

انا على دراية تامة أن أي مدفوعات للمركز هي غير قابلة للاسترداد

توقيع المريض / ولي الأمر (لمن هم دون السن القانونية):

التاريخ: 15.../6/2019

استمارة تقييم المريض Patient Assessment Form

المؤشرات الحيوية Vital Signs

Weight (الوزن):	Kg	Height (الطول):	cm	Blood Type (نصيلة الدم):	-
Pulse (النبض):	ppm	Blood Pressure (ضغط الدم):	- / -	Blood Sugar (سكر الدم):	-

سبب زيارة المريض للعيادة Chief Complaint

التاريخ المرضي: Disease History

الحساسية Allergies

الأدوية Medications

الحمل Pregnancy

Previous Surgeries, Hospitalization
عمليات سابقة , ابحال للمستشفى

Smoking (التدخين): ~~Y~~ / ~~N~~

Alcohol (الكحول): ~~Y~~ / ~~N~~

Drugs (العقاقير): ~~Y~~ / ~~N~~

الملاحظات العامة و السريرية General & Clinical Findings

الفحص Examination

الصور الشعاعية Radiography

التشخيص Diagnosis

REDAD DATA

cAEAlOEBA83ODQxO*

Public Data Readed Succ

SHOW READED DATA

Confirm Data

Public Data Verification report

File	Valid Signature?
Non-Modifiable Data (SF3)	False
Modifiable Data (SF5)	False
Holder Signature Image (SF7)	False
Photography	False
Home Address	False
Work Address	False

Card Holder Information

Name	Munirah,Ahmed,Abdulla,Alqahntani	IDN:	784197982813871	Mother Name:	
Name (Ar)	منيرة أحمد عبد الله القحطاني	Card Number:	084183897	Mother Name (Ar):	
Title:		Nationality (Ar):	ARE الإمارات العربية المتحدة	Family ID:	101045599
Title(Ar):		Sex:	F	Sponsor Type:	
Issue Date:	06/07/2017	Date of Birth:	19/06/1979	Sponsor Name:	
Expiry Date:	06/07/2027	Husband IDN:		Sponsor Number:	
Marital Status:	02	Residency Number:		Residency Expiry:	
Residency Type:		Occupation:	10	Occupation Field:	00
ID Type:	ID				



Photo

Signature Image

<http://orchidsvr/EMID/default.aspx>

6/15/2019

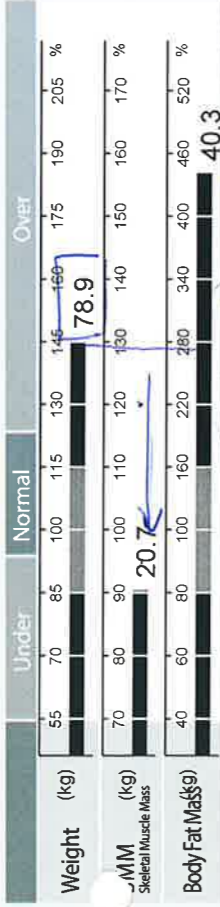
69kg target wt
-9kg - 10kg

ID 150619-1 | Height 159cm | Age 38 | Gender Female | Test Date & Time 15.06.2019. 14:50

Body Composition Analysis

Total amount of water in body	Total Body Water (L)	28.2 (27.7~33.9)
For building muscles	Protein (kg)	7.5 (7.4~9.0)
For strengthening bones	Minerals (kg)	2.86 (2.56~3.13)
For storing excess energy	Body Fat Mass (kg)	40.3 (10.9~17.4)
Sum of the above	Weight (kg)	78.9 (46.2~62.6)

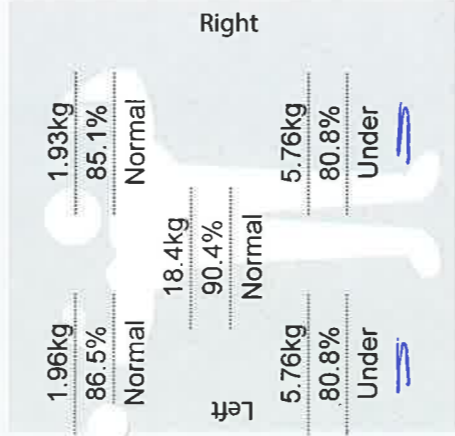
Muscle-Fat Analysis



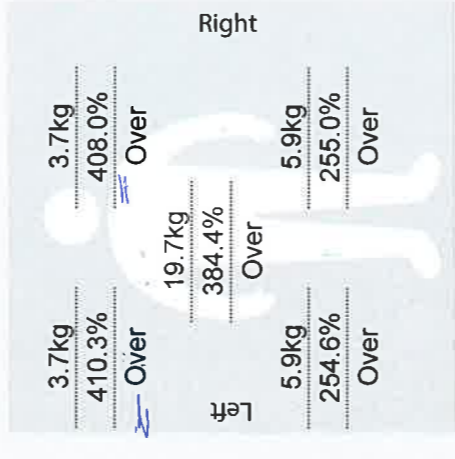
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History

Weight (kg)	78.9
SMM (kg)	20.7
PBF (%)	51.1

InBody Score

49/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 54.4 kg
 Weight Control -24.5 kg
 Fat Control -27.8 kg
 Muscle Control +3.3 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over

PBF Normal Slightly Over Over

Waist-Hip Ratio

1.00

Visceral Fat Level

Level 20

Research Parameters

Fat Free Mass 38.6 kg
 Basal Metabolic Rate 1203 kcal (1551~1813)
 Obesity Degree 145 % (90~110)
 Recommended calorie intake 1704 kcal

Calorie Expenditure of Exercise

Golf	139	Gateball	150
Walking	158	Yoga	158
Badminton	178	Table Tennis	178
Tennis	237	Bicycling	237
Boxing	237	Basketball	237
Mountain Climbing	257	Jumping Rope	276
Aerobics	276	Jogging	276
Soccer	276	Swimming	276
Japanese Fencing	395	Racketball	395
Squash	395	Taekwondo	395

*Based on your current weight

*Based on 30 minute duration

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

RA LA TR RL LL
 Z(Ω) 20 kHz 457.8 447.8 27.8 314.9 313.8
 100 kHz 416.9 410.2 23.9 287.8 287.5



مركز أوركيد الطبي
ORCHID MEDICAL CENTER

AED 1,260.00

RECEIPT VOUCHER (No.REC-004067)

Date:16-06-2019

Receive from Mr./Mrs./M/s. 1002326 - MUNIRAH ALQAHTANI - 971564557655

The sum of Dhs. One Thousand Two Hundred Sixty Dirhams and Zero Fils Only

By Cash 1,260.00 / By Credit Card 0.00 / By Cheque 0.00 / By Bank Transfer 0.00 / By Allocated 0.00

Bank: Cheque No.

Date: 16-06-2019

Being DIETITIAN PACKAGE 5 KG FOR 5 SESSIONS + VAT

Made by Hiba

- 1.Any Advance refund will be accepted within 48 hours for 25% of deduction from the total amount.
- 2.Treatment includes lab cost is non-refundable.
- 3.After 48 hours No refundable accepted

Confirmed by : 1002326 - MUNIRAH ALQAHTANI - 971564557655

Tel : + 9716 555 8337, Fax : + 9716 528 8130, e - mail : info@omc1.ae
www.omc1.ae

Munira k (i)
 * Period due
 4400g

ID 150619-1 | Height 158cm | Age 40 | Gender Female | Test Date & Time 25.06.2019. 13:45

Body Composition Analysis

Total amount of water in body	Total Body Water (L)	28.6 (27.7~33.9)
For building muscles	Protein (kg)	7.6 (7.4~9.0)
For strengthening bones	Minerals (kg)	2.87 (2.56~3.13)
For storing excess energy	Body Fat Mass (kg)	39.9 (10.9~17.4)
Sum of the above	Weight (kg)	79.0 (46.2~62.6)

InBody Score

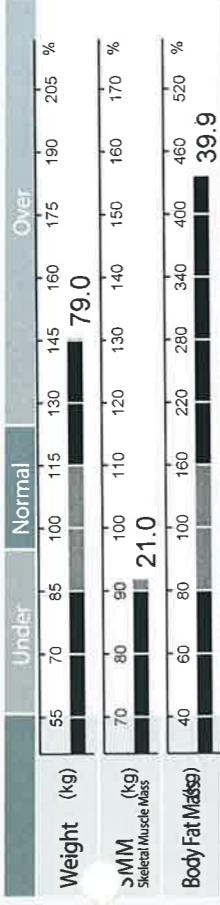
50 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

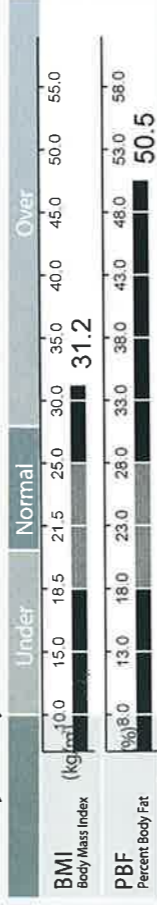
Weight Control

Target Weight 54.4 kg
 Weight Control -24.6 kg
 Fat Control 100% -27.4 kg
 Muscle Control +2.8 kg

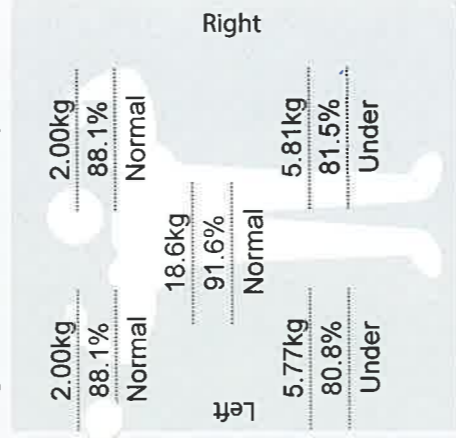
Muscle-Fat Analysis



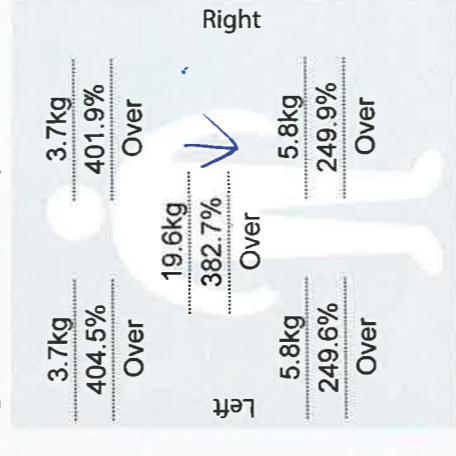
Obesity Analysis



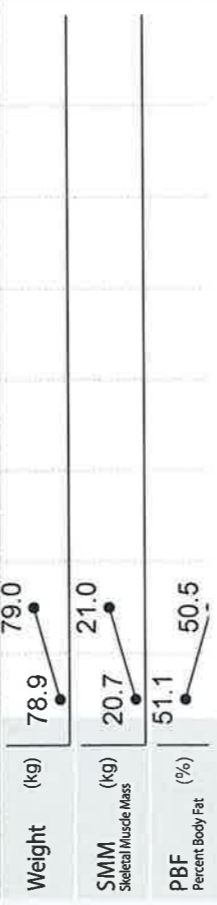
Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History



Visceral Fat Level



Research Parameters

Fat Free Mass 39.1 kg
 Basal Metabolic Rate 1215 kcal (1553~1815)
 Obesity Degree 145 % (90~110)
 Recommended calorie intake 1699 kcal

Calorie Expenditure of Exercise

Golf	139	Gateball	150
Walking	158	Yoga	158
Badminton	179	Table Tennis	179
Tennis	237	Bicycling	237
Boxing	237	Basketball	237
Mountain Climbing	258	Jumping Rope	277
Aerobics	277	Jogging	277
Soccer	277	Swimming	277
Japanese Fencing	395	Racketball	395
Squash	395	Taekwondo	395

* Based on your current weight
 * Based on 30 minute duration

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

Z₀ 20 kHz 441.7 441.2 26.3 308.1 313.1
 100 kHz 403.8 405.0 22.7 280.7 285.3

No any Result Start not save per day food and change the

ID 150619-1 | Height 159cm | Age 4p | Gender Female | Test Date & Time 02.07.2019. 13:12

Body Composition Analysis

Total amount of water in body	Total Body Water (L)	28.2 (27.7~33.9)
For building muscles	Protein (kg)	7.5 (7.4~9.0)
For strengthening bones	Minerals (kg)	2.86 (2.56~3.13)
For storing excess energy	Body Fat Mass (kg)	39.7 (10.9~17.4)
Sum of the above	Weight (kg)	78.3 (46.2~62.6)

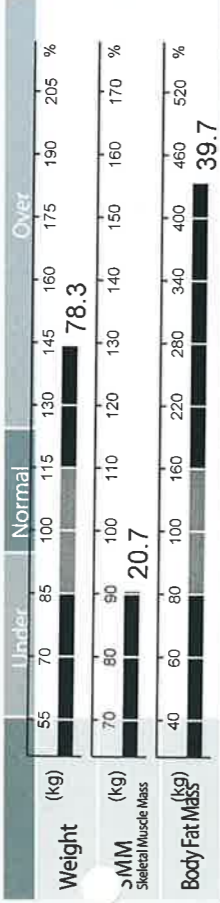
InBody Score 50 / 100 Points
Intake

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

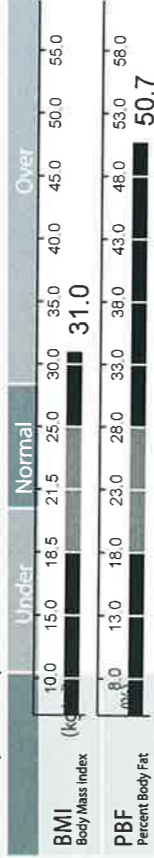
Weight Control

Target Weight 54.3 kg
 Weight Control -24.0 kg
 Fat Control -27.2 kg
 Muscle Control +3.2 kg

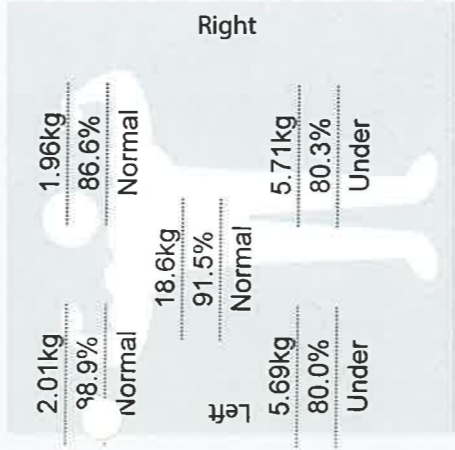
Muscle-Fat Analysis



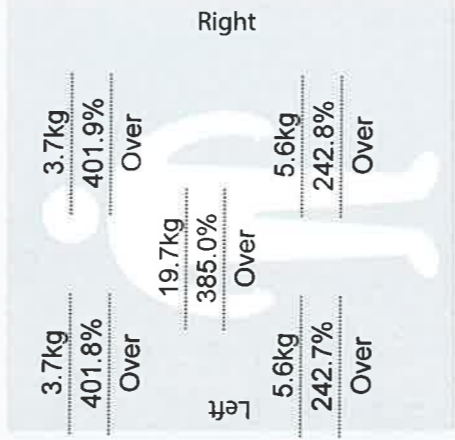
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



Research Parameters

Fat Free Mass 38.6 kg
 Basal Metabolic Rate 1204 kcal (1542~1803)
 Obesity Degree 144 % (90~110)
 Recommended calorie intake 1691 kcal

Calorie Expenditure of Exercise

Golf	138	Gateball	149
Walking	157	Yoga	157
Badminton	177	Table Tennis	177
Tennis	235	Bicycling	235
Boxing	235	Basketball	235
Mountain Climbing	255	Jumping Rope	274
Aerobics	274	Jogging	274
Soccer	274	Swimming	274
Japanese Fencing	392	Racketball	392
Squash	392	Taekwondo	392

* Based on your current weight
 * Based on 30 minute duration

Results Interpretation QR Code

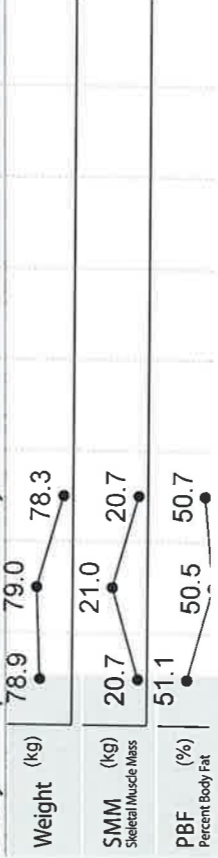
Scan the QR Code to see results interpretation in more detail.



Impedance

RA LA TR RL LL
 Z(Ω) 20 kHz 448.2 433.6 27.6 318.6 320.9
 100 kHz 410.1 398.0 23.8 290.2 292.4

Body Composition History

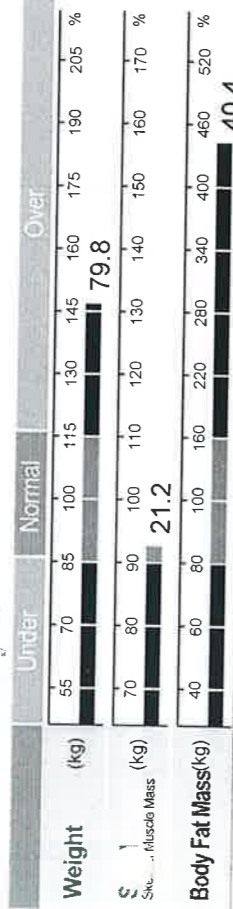


ID 150619-1 | Height 159cm | Age 40 | Gender Female | Test Date / Time 16.07.2019. 14:37

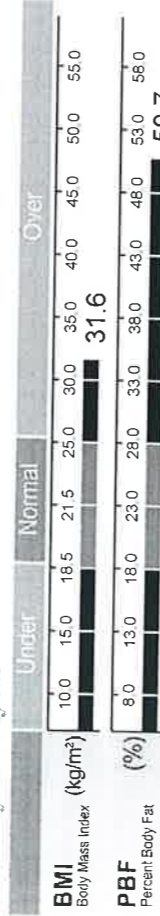
Body Composition Analysis

Total amount of water in body	Total Body Water (L)	28.8 (27.7~33.9)
For building muscles	Protein (kg)	7.6 (7.4~9.0)
For strengthening bones	Minerals (kg)	2.98 (2.56~3.13)
For storing excess energy	Body Fat Mass (kg)	40.4 (10.9~17.4)
Sum of the above	Weight (kg)	79.8 (46.2~62.6)

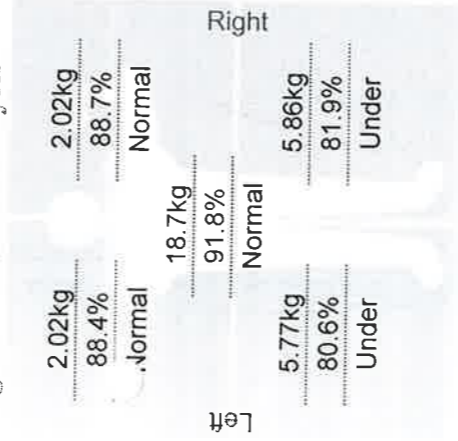
Muscle-Fat Analysis



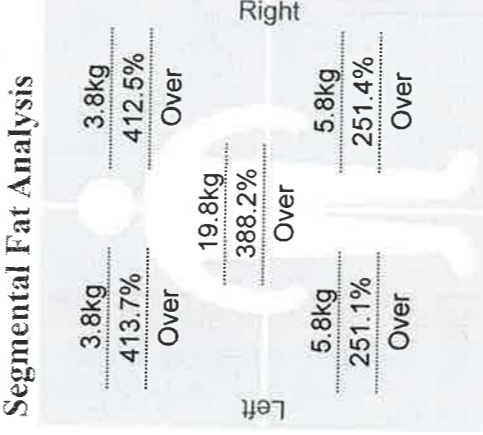
Obesity Analysis



Segmental Lean Analysis

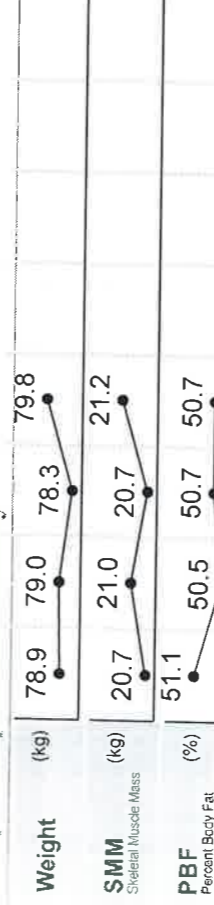


Segmental Fat Analysis



* Segmental fat is estimated.

Body Composition History



InBody Score

50 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 54.4 kg
 Weight Control -25.4 kg
 Fat Control -27.9 kg
 Muscle Control +2.5 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over

PBF Normal Slightly Over Over

Waist-Hip Ratio

1.01

Visceral Fat Level

Level 20

Research Parameters

Fat Free Mass 39.4 kg
 Basal Metabolic Rate 1220 kcal (1565~1830)
 Obesity Degree 147 % (90~110)
 Recommended caloric intake 1707 kcal

Calorie Expenditure of Exercise

Golf	140	Gateball	152
Walking	160	Yoga	160
Badminton	180	Table Tennis	180
Tennis	239	Bicycling	239
Boxing	239	Basketball	239
Mountain Climbing	260	Jumping Rope	279
Aerobics	279	Jogging	279
Soccer	279	Swimming	279
Japanese Fencing	399	Racketball	399
Squash	399	Taekwondo	399

* Based on your current weight
 * Based on 30 minute duration

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

Z(Ω) 20 kHz 433.5 435.2 26.8 302.7 312.7
 100 kHz 397.4 399.5 23.2 275.6 284.3

InBody

Munina

9 Ften Break
1.5 months
Should fix the
Hormone for the
Start the Diet
InBody Score

ID 150619-1 | Height 159cm | Age 40 | Gender Female | Test Date / Time 10.09.2019. 12:22

Body Composition Analysis

Total amount of water in body	Total Body Water (L)	29.0 (27.7~33.9)
For building muscles	Protein (kg)	7.7 (7.4~9.0)
For strengthening bones	Minerals (kg)	2.88 (2.56~3.13)
For storing excess energy	Body Fat Mass (kg)	39.9 (10.9~17.4)
Sum of the above	Weight (kg)	79.5 (46.2~62.6)

↓ 900g

50/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight **54.3** kg
Weight Control **- 25.2** kg
Fat Control **- 27.4** kg
Muscle Control **+ 2.2** kg

Obesity Evaluation

BMI Normal Under Slightly Over Over
PBF Normal Slightly Over Over

Waist-Hip Ratio

1.03

Visceral Fat Level

Level 20

Research Parameters

Fat Free Mass **39.6** kg
Basal Metabolic Rate **1226** kcal (1560~1824)
Obesity Degree **146** % (90~110)
Recommended calorie intake **1704** kcal

Calorie Expenditure of Exercise

Golf	140	Gateball	151
Walking	159	Yoga	159
Badminton	180	Table Tennis	180
Tennis	239	Bicycling	239
Boxing	239	Basketball	239
Mountain Climbing	259	Jumping Rope	278
Aerobics	278	Jogging	278
Soccer	278	Swimming	278
Japanese Fencing	398	Racketball	398
Squash	398	Taekwondo	398

* Based on your current weight
* Based on 30 minute duration

Results Interpretation QR Code

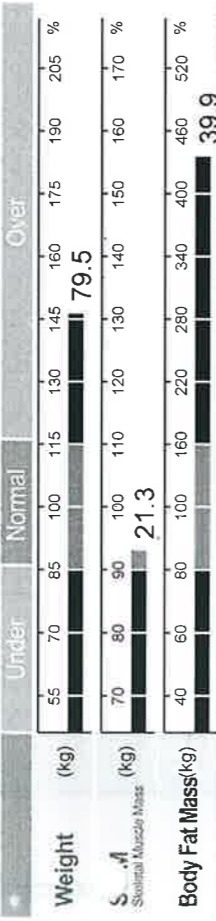
Scan the QR Code to see results interpretation in more detail.



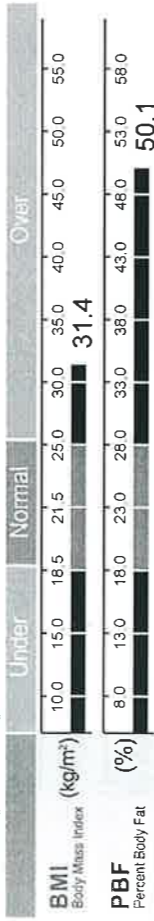
Impedance

RA LA TR RL LL
Z(Ω) 20 REF | 422.4 408.5 25.5 297.8 308.8
100 REFz | 389.1 377.6 22.1 272.2 282.7

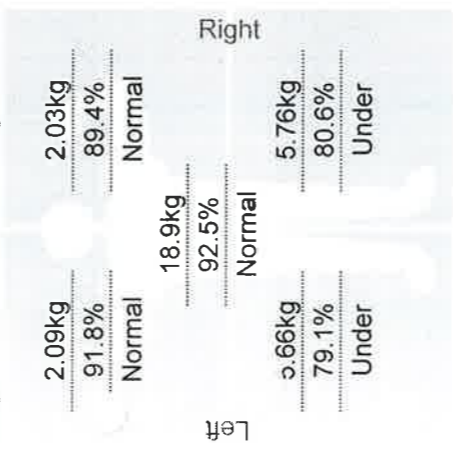
Muscle-Fat Analysis



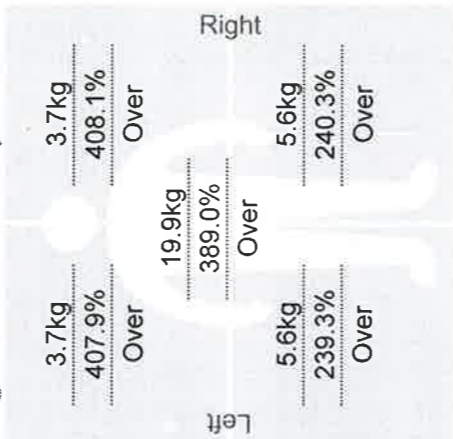
Obesity Analysis



Segmental Lean Analysis

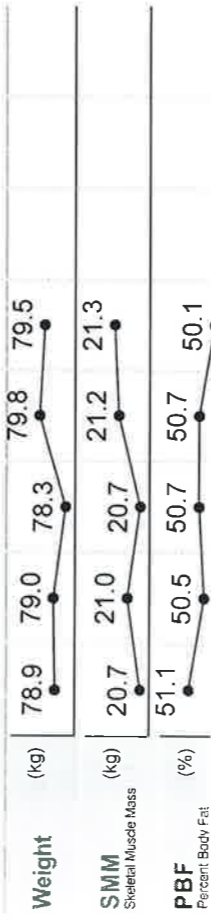


Segmental Fat Analysis



* Segmental fat is estimated

Body Composition History



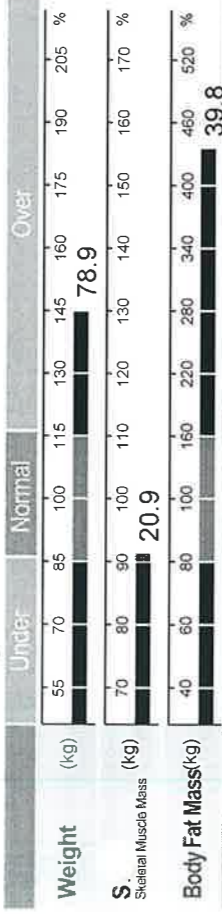
ID 150619-1 | Height 159cm | Age 40 | Gender Female | Test Date / Time 28.09.2019. 19:25

Body Composition Analysis

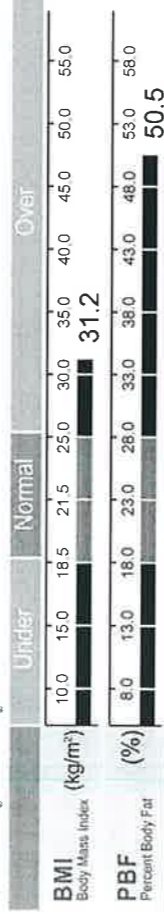
Total amount of water in body	Total Body Water (L)	28.6 (27.7~33.9)
For building muscles	Protein (kg)	7.6 (7.4~9.0)
For strengthening bones	Minerals (kg)	2.87 (2.56~3.13)
For storing excess energy	Body Fat Mass (kg)	39.8 (10.9~17.4)
Sum of the above	Weight (kg)	78.9 (46.2~62.6)

↓ 600g

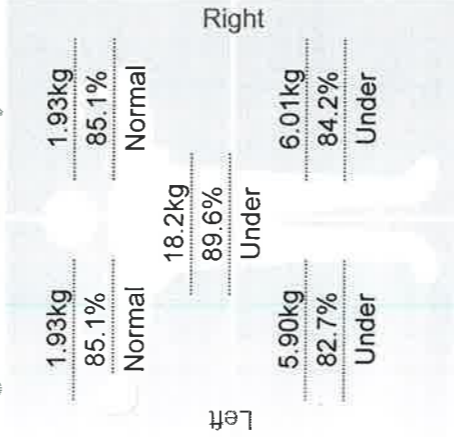
Muscle-Fat Analysis



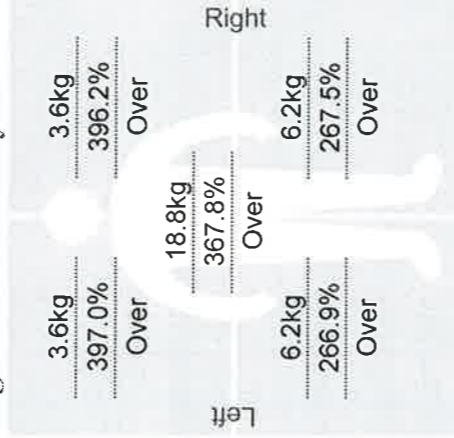
Obesity Analysis



Segmental Lean Analysis

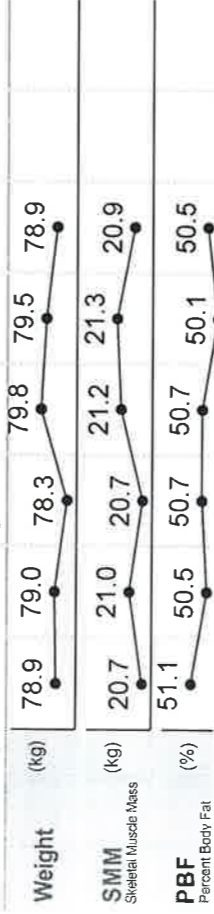


Segmental Fat Analysis



* Segmental fat is estimated

Body Composition History



InBody Score

50/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 54.4 kg
 Weight Control -24.5 kg
 Fat Control -27.3 kg
 Muscle Control +2.8 kg

100g

Obesity Evaluation

BMI Normal Under Slightly Over Over
 PBF Normal Slightly Over Over

Waist-Hip Ratio

0.96

Visceral Fat Level

Level 20 (Low 10 High)

Research Parameters

Fat Free Mass 39.1 kg
 Basal Metabolic Rate 1214 kcal (1551~1813)
 Obesity Degree 145 % (90~110)
 Recommended calorie intake 1698 kcal

Calorie Expenditure of Exercise

Golf	139	Gateball	150
Walking	158	Yoga	158
Badminton	178	Table Tennis	178
Tennis	237	Bicycling	237
Boxing	237	Basketball	237
Mountain Climbing	257	Jumping Rope	276
Aerobics	276	Jogging	276
Soccer	276	Swimming	276
Japanese Fencing	395	Racketball	395
Squash	395	Taekwondo	395

* Based on your current weight
 * Based on 30 minute duration

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

Z(Ω) 20 kHz 449.9 449.6 25.6 284.2 293.8
 100 Hz 411.4 411.6 22.2 260.7 269.3