



مركز أوركيد الطبي  
ORCHID MEDICAL CENTER

صحة... ابتسامة... جمال  
Health ... Smile ... Beauty

File No: .....

Date: 23/2/19

File Number: .....

Date: ... / ... / .....  
Patient Name: Badr Saif .....  
إسم المريض: بدر سيف .....

Date Of Birth (تاريخ الميلاد): 1988 / 9 / 1 .....  
M / F (الجنس): M / F .....  
Marital Status (الحالة الاجتماعية): Married .....

Nationality (الجنسية): .....  
Occupation (الوظيفة): .....

Address (العنوان): .....  
Phone No. (رقم الهاتف): 0585758589 .....

E-MAIL: .....  
How did you know about us: .....

التاريخ الطبي Medical History	Yes/No نعم / لا	If 'YES' give details إذا كانت الإجابة نعم اذكر بالتفصيل
<b>الحالة الطبية Medical Condition</b>		
Recent or current drugs/Medical Treatment هل تتعاطى أي أدوية أو تلقي أي علاجات حديثاً؟		/
Corticosteroids/Immunosuppressant هل تتعاطى أي سترويدات أو مثبطات للمناعة؟		/
Allergies أي حساسية؟		/
Surgical Operations, Serious illness هل أجريت أي عمليات جراحية أو تعاني من أي أمراض؟		/
Cardiac surgery, Rheumatic fever, Endocarditis, Artificial heart valve, Congenital heart disease جراحة قلب، حمى روماتويد، التهاب شغاف القلب، صمام قلب صناعي، أمراض القلب		/
High Blood Pressure, Bleeding disorders, Anticoagulants هل لديك ارتفاع في ضغط الدم، مشاكل في النزيف أو تتعاطى أي مميعات الدم؟		/
Anemia, Leukemia (سرطان الدم)		/
Chest disease, Asthma, Bronchitis, TB, Other أمراض صدرية، أزمة تنفسية، التهاب في القصبات، السل، أمراض أخرى		/
Renal, Urinary, Sexually transmitted disease هل تعاني من أي أمراض في الكلى أو أمراض يولية أو تناسلية؟		/
Pregnancy, Contraceptive pill, Menstrual problems هل أنت حامل؟ هل تتعاطين أي ملاح للحمل؟ هل تعانين من مشاكل في الدورة الشهرية؟		/
Hepatitis, Jaundice, Other liver diseases التهاب الكبد الوبائي، الصفراء، أمراض كبدية أخرى		/
Peptic ulcer, Crohn's ulcerative colitis, Other قرحة معوية، داء كرون، أي أمراض معوية أخرى؟		/
Epilepsy, or any other neurological disease هل تعاني من الصرع أو أي أمراض في الجهاز العصبي؟		/
Thyroid Diseases, Diabetes هل تعاني من مرض السكرى أو أمراض الغدة الدرقية؟		/
Other conditions فيروس الإيدز، فيروس الحلا البسيط etc		/

29/1



### Medical Consent Form

- I hereby consent and authorize the doctor to treat my medical condition which has been explained to me by the qualified physician
- I understand that in order to provide me with the most efficient and enhanced service, diagnostic and other procedures may be deemed necessary.
- I understand that my treating doctor may discover other or different conditions, which may require additional or different procedures than those planned.
- I authorize my treating doctor to perform any procedures which are advisable in their professional judgment.
- I understand that no warranty or guarantee has been made to me as a result or cure just as there may be risks and hazards in continuing my present condition without treatment.
- I understand that there are also risks and hazards to the performance of the diagnostic and/or surgical procedures.
- I realize that common surgical or diagnostic procedures are potential for an infection, swelling, bleeding, pain or allergic reaction.
- I understand that there are minimal fees to be paid per service and that all fees must be paid in full before the completion of treatment.
- I consent that all medical history and information I provided in my medical file is true and I understand that any information I provide regarding my medical status will be kept confidential and anonymous.
- I believe that I have sufficient information to give this consent. I certify that this form has been fully explained to me and that I have read it and I understand its content and I sign it with all my will.

Patient's Signature/ Guardians (In case of minors):

Date: ... / ... / .....

### نموذج اقرار طبي

- أوافق و أسمح للطبيب بعلاج حالتي المرضية التي تم شرحها لي من قبل الطبيب المختص و المؤهل،
- أتفهم أن بعض الإجراءات الطبية والتشخيصية الإضافية قد تكون ضرورية من أجل تزويدي بالعلاج الأمثل و الخدمة الأفضل.
- أتفهم أنه من الممكن أن يكشف الطبيب خلال العلاج أموراً مختلفة عن ما ذكر في الفحص الأولي و التي قد تتطلب إجراءات إضافية أو مختلفة عن تلك المخطط لها.
- أفوض الطبيب المعالج باتخاذ كل الإجراءات الطبية و العلاجات اللازمة و المطلوبة بحكم خبرته المهنية و العلمية.
- أقر أنه لم يتم تقديم اي ضمانات او تأمين لنتائج العلاج و الإجراءات الطبية او التجميلية المقدمة لي، كما أتفهم الاخطار و المضاعفات الناتجة عن عدم استكمال علاج حالتي المرضية.
- أتفهم تماماً كافة الاخطار و المضاعفات التي قد تكون مصاحبة للفحوصات و الإجراءات العلاجية و الجراحية.
- و ادرك ان بعض الإجراءات التشخيصية و العلاجية و الجراحية قد تؤدي الي مضاعفات كالالتهاب أو التورم أو النزيف أو الالام أو الحساسية المرضية.
- أتفهم أن هناك رسوم بالحد الأدنى يجب علي دفعها مقابل الخدمة العلاجية و أن جميع الرسوم المطلوبة يجب أن تسدد بالكامل قبل الانتهاء من العلاج.
- أقر أن كافة المعلومات الطبية و التاريخ الطبي الذي قدمته لدي قمتي الملف صحيحة و أتفهم ان اي معلومات تتعلق بحالتي الصحية ستبقى سرية تماماً ولا يمكن الاطلاع عليها دون موافقتي
- أقر أن لدي المعلومات الكاملة لتقديم هذا الاقرار و ان هذا النموذج قد تم شرحه لي بالكامل و اني قد قرأت و فهمت جميع تفاصيله بالكامل و اني وقعت عليه بكامل ارادتي

توقيع المريض / ولي الأمر (من هم دون السن القانونية):

التاريخ: ... / ... / .....

استمارة تقييم المريض Patient Assessment Form

المؤشرات الحيوية Vital Signs			
Weight (الوزن):	Kg	Height (الطول): cm	Blood Type (دمية الدم):
Pulse (النبض):	ppm	Blood Pressure (دمية الدم): /	Blood Sugar (دمية السكر):

سبب زيارة المريض للعيادة Chief Complaint

Finger correction In the side area

التاريخ المرضي: Disease History

الحساسية Allergies

الأدوية Medications

الحمل Pregnancy

Previous Surgeries, Hospitalization  
عمليات سابقة ، اذخال للمستشفى

Smoking (التدخين): ~~Y~~ / ~~N~~

Alcohol (الكحول): Y / ~~N~~ Drugs (دوائية): ~~Y~~ / N

الملاحظات العامة و السريرية General & Clinical Findings

Finger correction IN the west area

الفحص Examination

BCA

الصور الشعاعية Radiography

التشخيص Diagnosis

File No: .....

Date: / /

**Treatment Plan** خطة العلاج

Doctor's Signature and Stamp

.....

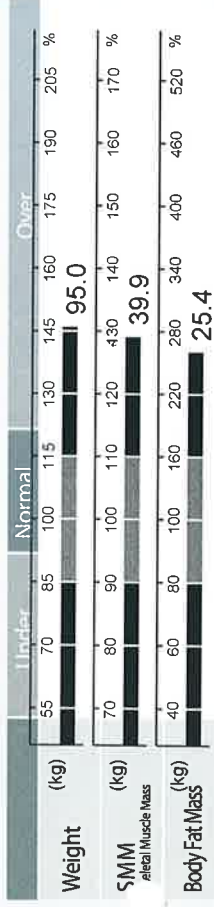


*Zero*

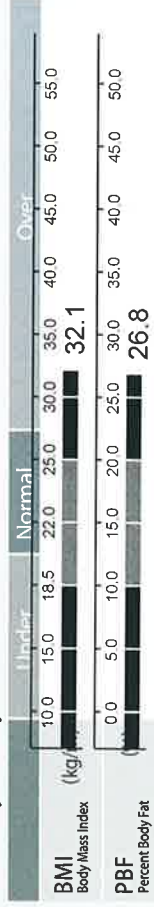
## Body Composition Analysis

Total amount of water in body	Total Body Water	(L)	51.0	( 36.6~44.8 )
For building muscles	Protein	(kg)	13.9	( 9.8~12.0 )
For strengthening bones	Minerals	(kg)	4.73	( 3.38~4.14 )
For storing excess energy	Body Fat Mass	(kg)	25.4	( 7.8~15.6 )
Sum of the above	Weight	(kg)	95.0	( 55.3~74.9 )

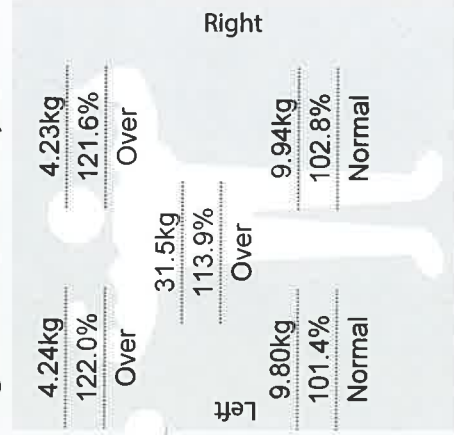
## Muscle-Fat Analysis



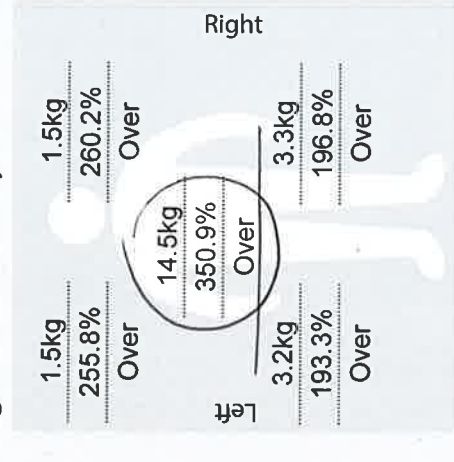
## Obesity Analysis



## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History

Weight (kg)	95.0
SMM (kg)	39.9
PBF (%)	26.8

## InBody Score

**81** /100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 81.8 kg  
 Weight Control - 13.2 kg  
 Fat Control - 13.2 kg  
 Muscle Control 0.0 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio

0.96

## Visceral Fat Level

Level 11

## Research Parameters

Fat Free Mass 69.6 kg  
 Basal Metabolic Rate 1873 kcal ( 1940~2289 )  
 Obesity Degree 146 % ( 90~110 )  
 Recommended calorie intake 2517 kcal

## Calorie Expenditure of Exercise

Golf	167	Gateball	181
Walking	190	Yoga	190
Badminton	215	Table Tennis	215
Tennis	285	Bicycling	285
Boxing	285	Basketball	285
Mountain Climbing	310	Jumping Rope	333
Aerobics	333	Jogging	333
Soccer	333	Swimming	333
Japanese Fencing	475	Racketball	475
Squash	475	Taekwondo	475

\* Based on your current weight  
 \* Based on 30 minute duration

## Results Interpretation QR Code



Scan the QR Code to see results interpretation in more detail.

## Impedance

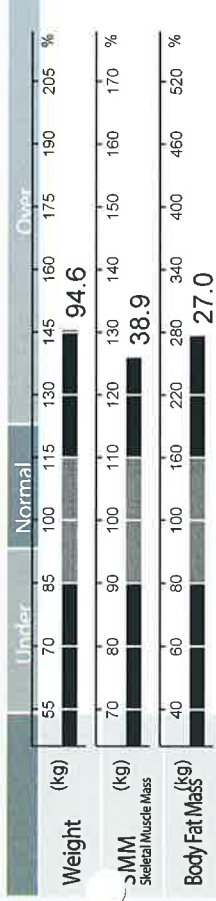
RA LA TR RL LL  
 Z(Ω) 20 kHz 266.1 265.8 18.7 230.7 234.5  
 100 kHz 230.0 228.7 15.4 199.8 204.5



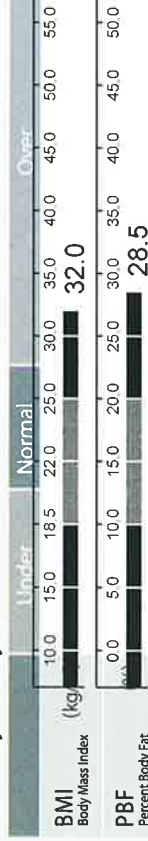
## Body Composition Analysis

Total amount of water in body	Total Body Water (L)	49.5 ( 36.6~44.8 )
For building muscles	Protein (kg)	13.6 ( 9.8~12.0 )
For strengthening bones	Minerals (kg)	4.51 ( 3.38~4.14 )
For storing excess energy	Body Fat Mass (kg)	27.0 ( 7.8~15.6 )
Sum of the above	Weight (kg)	94.6 ( 55.3~74.9 )

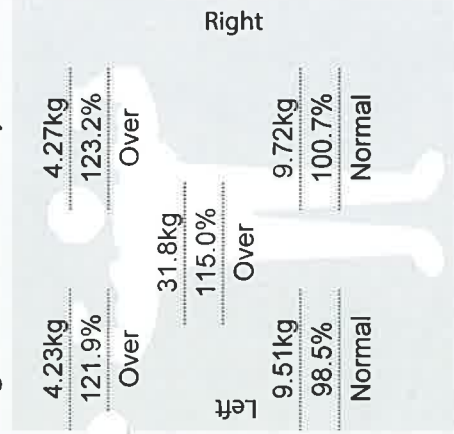
## Muscle-Fat Analysis



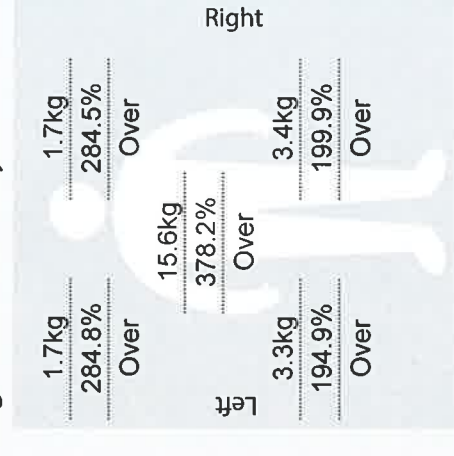
## Obesity Analysis



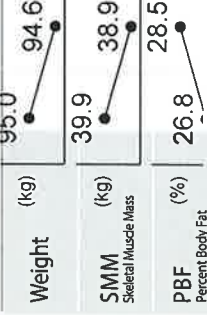
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## InBody Score

77 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 79.5 kg  
 Weight Control - 15.1 kg  
 Fat Control - 15.1 kg  
 Muscle Control 0.0 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio

1.02

## Visceral Fat Level

Level 11

## Research Parameters

Fat Free Mass 67.6 kg  
 Basal Metabolic Rate 1830 kcal ( 1933~2281 )  
 Obesity Degree 145 % ( 90~110 )  
 Recommended calorie intake 2510 kcal

## Calorie Expenditure of Exercise

Golf	167	Gateball	180
Walking	189	Yoga	189
Badminton	214	Table Tennis	214
Tennis	284	Bicycling	284
Boxing	284	Basketball	284
Mountain Climbing	308	Jumping Rope	331
Aerobics	331	Jogging	331
Soccer	331	Swimming	331
Japanese Fencing	473	Racketball	473
Squash	473	Taekwondo	473

\* Based on your current weight  
 \* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

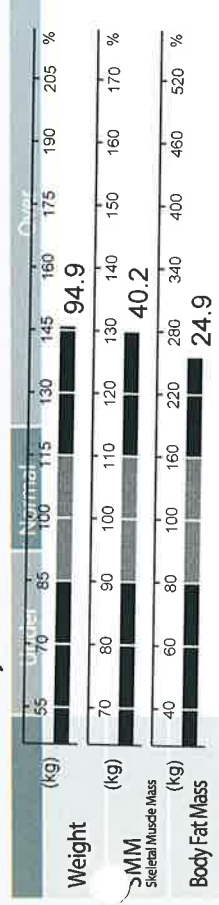
RA LA TR RL LL  
 Z<sub>(0)</sub> 20 kHz | 262.0 265.9 21.0 248.6 257.8  
 100 kHz | 226.4 229.1 17.7 212.6 223.4

2.5kg ↓

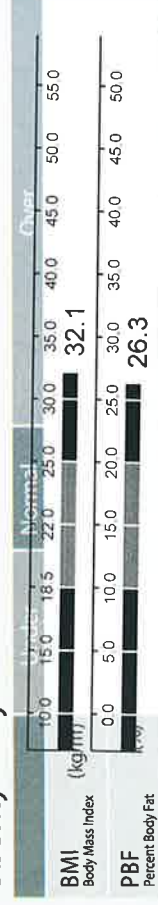
## Body Composition Analysis

Total amount of water in body	Total Body Water	(L)	51.3 ( 36.6~44.8 )
For building muscles	Protein	(kg)	14.0 ( 9.8~12.0 )
For strengthening bones	Minerals	(kg)	4.74 ( 3.38~4.14 )
For storing excess energy	Body Fat Mass	(kg)	24.9 ( 7.8~15.6 )
Sum of the above	Weight	(kg)	94.9 ( 55.3~74.9 )

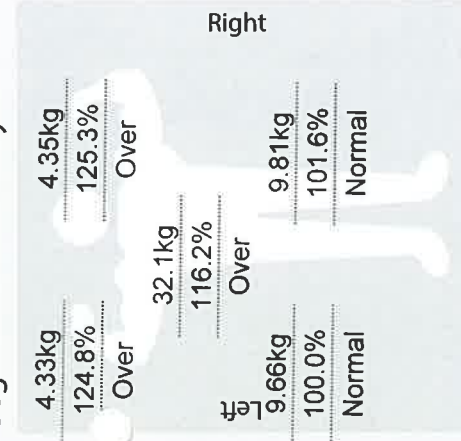
## Muscle-Fat Analysis



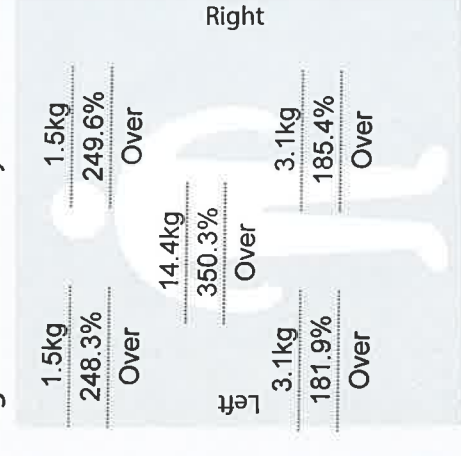
## Obesity Analysis



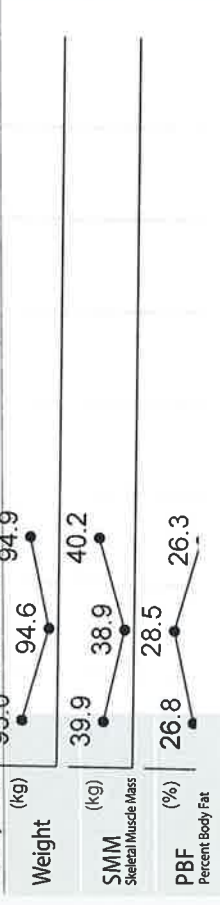
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## InBody Score

82 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight	82.3 kg
Weight Control	- 12.6 kg
Fat Control	- 12.6 kg
Muscle Control	0.0 kg

## Obesity Evaluation

BMI	<input type="checkbox"/> Normal <input type="checkbox"/> Under <input type="checkbox"/> Slightly Over <input checked="" type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal <input type="checkbox"/> Slightly Over <input checked="" type="checkbox"/> Over

## Waist-Hip Ratio



## Visceral Fat Level



## Research Parameters

Fat Free Mass	70.0 kg
Basal Metabolic Rate	1881 kcal ( 1938~2287 )
Obesity Degree	146 % ( 90~110 )
Recommended calorie intake	2516 kcal

## Calorie Expenditure of Exercise

Golf	167	Gateball	180
Walking	190	Yoga	190
Badminton	215	Table Tennis	215
Tennis	285	Bicycling	285
Boxing	285	Basketball	285
Mountain Climbing	309	Jumping Rope	332
Aerobics	332	Jogging	332
Soccer	332	Swimming	332
Japanese Fencing	475	Racketball	475
Squash	475	Taekwondo	475

\*Based on your current weight  
\*Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

Z(x)	RA	LA	TR	RL	LL
	20 kHz	257.5	259.4	19.3	238.2
	100 kHz	222.9	223.9	15.5	205.5





مركز أوريكيد الطبي  
ORCHID MEDICAL CENTER

2,100.00

RECEIPT VOUCHER (No. REC-002811)

Date: 02-03-2019

Receive from Mr./Mrs./M/s. 1001659 - BADER SAIF - 971505758589

The sum of Dhs. Two Thousand One Hundred Dirhams and Zero Fils Only

By Cash 0.00 / By Credit Card 2,100.00 / By Cheque 0.00 / By Bank Transfer 0.00 / By Allocated 0.00

Bank: Cheque No.

Date: 02-03-2019

Being PATIENT PAID DIETITIAN PACKAGE WITH ENDYMED SESSION

Made by Rana

Tel: + 9716 555 8337, Fax: + 9716 528 8130, e - mail: info@omc1.ae  
www.omc1.ae

3

↑ 100g / ↑ 700g muscle

ID 230219-2 | Height 172cm | Age 37 | Gender Male | Test Date & Time 23.03.2019, 18:30

## Body Composition Analysis

Total amount of water in body	Total Body Water	(L)	52.1 ( 36.6~44.8 )
For building muscles	Protein	(kg)	14.2 ( 9.8~12.0 )
For strengthening bones	Minerals	(kg)	4.66 ( 3.38~4.14 )
For storing excess energy	Body Fat Mass	(kg)	25.3 ( 7.8~15.6 )
Sum of the above	Weight	(kg)	96.3 ( 55.3~74.9 )

## InBody Score

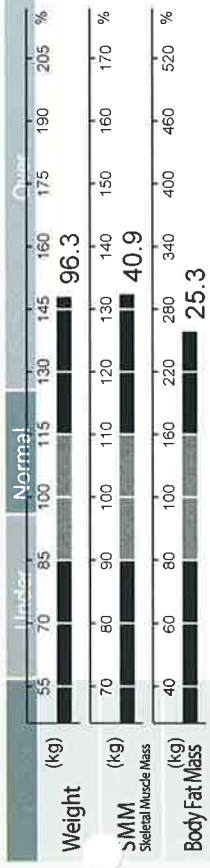
83/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight	83.6 kg
Weight Control	- 12.7 kg
Fat Control	- 12.7 kg
Muscle Control	0.0 kg

## Muscle-Fat Analysis



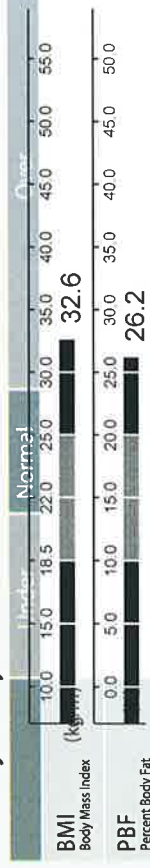
## Waist-Hip Ratio

0.94

## Visceral Fat Level

Level 10

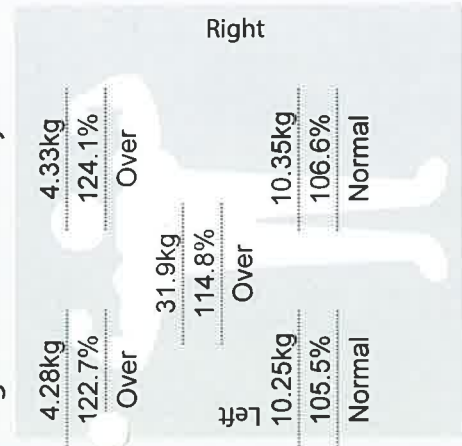
## Obesity Analysis



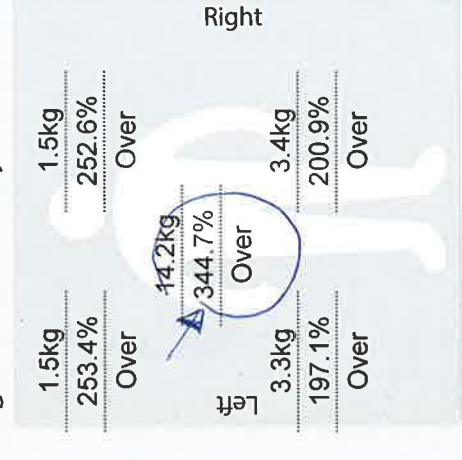
## Research Parameters

Fat Free Mass	71.0 kg
Basal Metabolic Rate	1905 kcal ( 1961~2315 )
Obesity Degree	148 % ( 90~110 )
Recommended calorie intake	2540 kcal

## Segmental Lean Analysis



## Segmental Fat Analysis



## Calorie Expenditure of Exercise

Golf	170	Gateball	183
Walking	193	Yoga	193
Badminton	218	Table Tennis	218
Tennis	289	Bicycling	289
Boxing	289	Basketball	289
Mountain Climbing	314	Jumping Rope	337
Aerobics	337	Jogging	337
Soccer	337	Swimming	337
Japanese Fencing	482	Racketball	482
Squash	482	Taekwondo	482

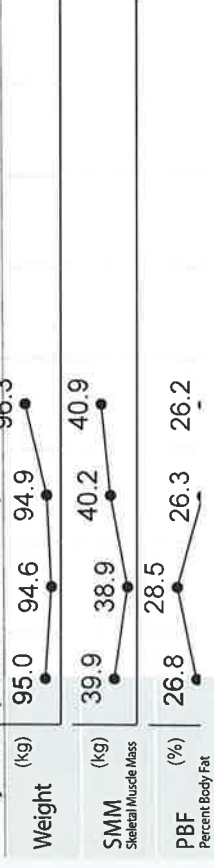
\* Based on your current weight  
\* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Body Composition History



## Impedance

RA	LA	TR	RL	LL
20 kHz	252.4	256.3	19.5	214.3
100 kHz	217.7	220.5	15.8	185.0

## Body Composition Analysis

Total amount of water in body	Total Body Water (L)	51.1 ( 36.6~44.8 )
For building muscles	Protein (kg)	14.0 ( 9.8~12.0 )
For strengthening bones	Minerals (kg)	4.63 ( 3.38~4.14 )
For storing excess energy	Body Fat Mass (kg)	24.6 ( 7.8~15.6 )
Sum of the above	Weight (kg)	94.3 ( 55.3~74.9 )

## InBody Score

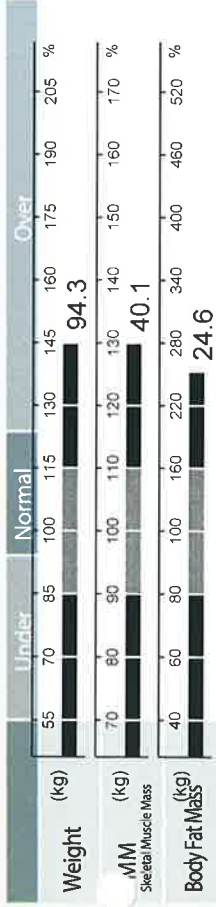
82/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

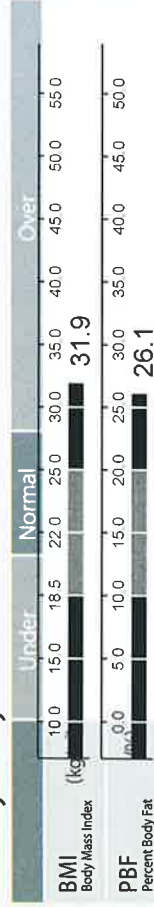
## Weight Control

Target Weight	82.0 kg
Weight Control	- 12.3 kg
Fat Control	- 12.3 kg
Muscle Control	0.0 kg

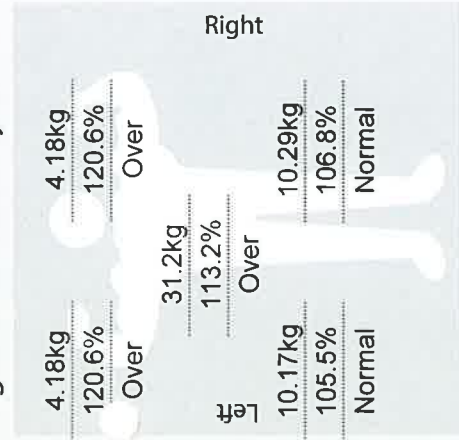
## Muscle-Fat Analysis



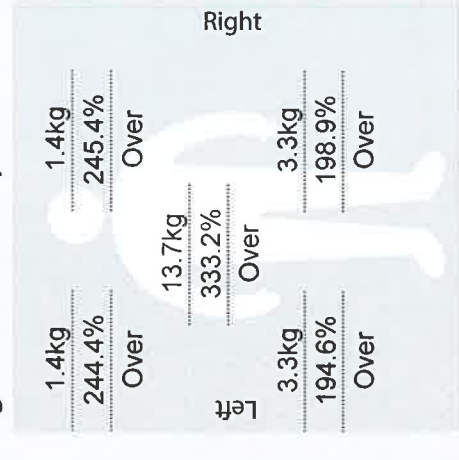
## Obesity Analysis



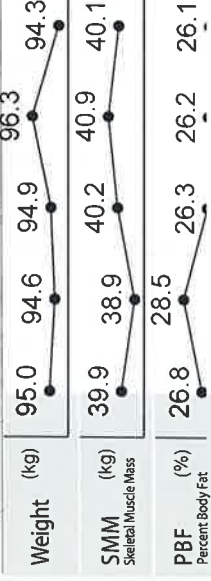
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## Research Parameters

Fat Free Mass	69.7 kg
Basal Metabolic Rate	1876 kcal ( 1928~2274 )
Obesity Degree	145 % ( 90~110 )

Recommended calorie intake 2505 kcal

## Calorie Expenditure of Exercise

Golf	166	Gateball	179
Walking	189	Yoga	189
Badminton	213	Table Tennis	213
Tennis	283	Bicycling	283
Boxing	283	Basketball	283
Mountain Climbing	307	Jumping Rope	330
Aerobics	330	Jogging	330
Soccer	330	Swimming	330
Japanese Fencing	472	Racketball	472
Squash	472	Taekwondo	472

\* Based on your current weight

\* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

RA	LA	TR	RL	LL
Z <sub>(Ω)</sub>	20.4	259.6	259.8	20.4
Z <sub>(Ω)</sub>	223.9	224.1	16.5	186.3
Z <sub>(Ω)</sub>	189.8			

↓ Muscle lack of muscle develop to Build

## Body Composition Analysis

Total amount of water in body	Total Body Water	50.1 ( 36.6~44.8 )
For building muscles	Protein	13.7 ( 9.8~12.0 )
For strengthening bones	Minerals	4.62 ( 3.38~4.14 )
For storing excess energy	Body Fat Mass	24.0 ( 7.8~15.6 )
Sum of the above	Weight	92.4 ( 55.3~74.9 )

## InBody Score

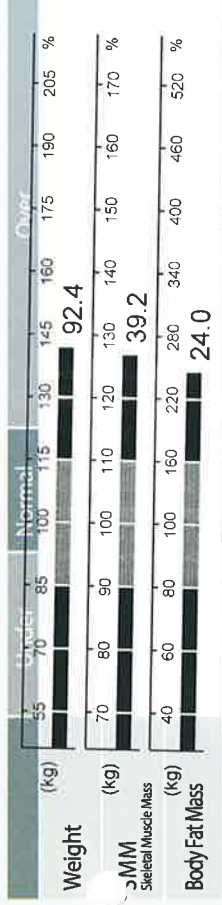
81 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person has a score over 100 points.

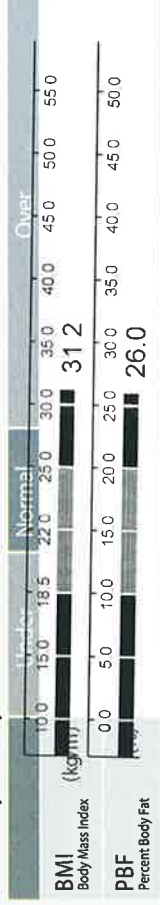
## Weight Control

Target Weight	80.4 kg
Weight Control	- 12.0 kg
Fat Control	- 12.0 kg
Muscle Control	0.0 kg

## Muscle-Fat Analysis



## Obesity Analysis



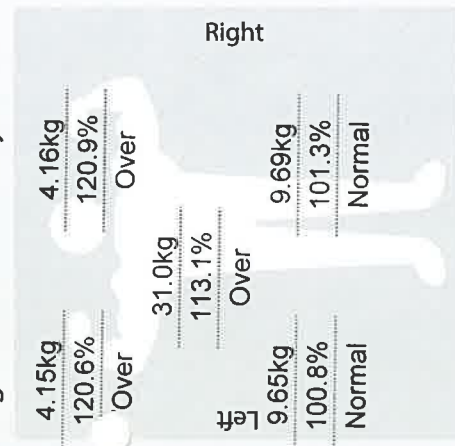
## Visceral Fat Level



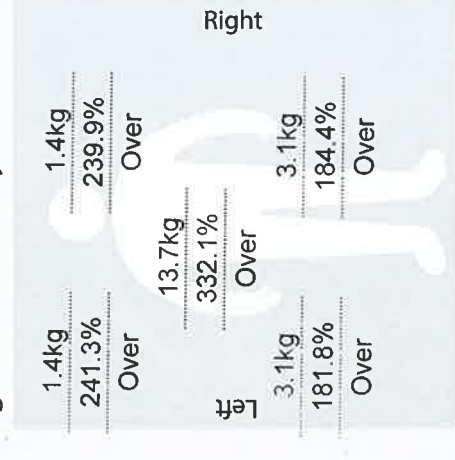
## Research Parameters

Fat Free Mass	68.4 kg
Basal Metabolic Rate	1847 kcal ( 1897~2236 )
Obesity Degree	142 % ( 90~110 )
Recommended calorie intake	2471 kcal

## Segmental Lean Analysis



## Segmental Fat Analysis



## Calorie Expenditure of Exercise

Golf	163	Gateball	176
Walking	185	Yoga	185
Badminton	209	Table Tennis	209
Tennis	277	Bicycling	277
Boxing	277	Basketball	277
Mountain Climbing	301	Jumping Rope	323
Aerobics	323	Jogging	323
Soccer	323	Swimming	323
Japanese Fencing	462	Racketball	462
Squash	462	Taekwondo	462

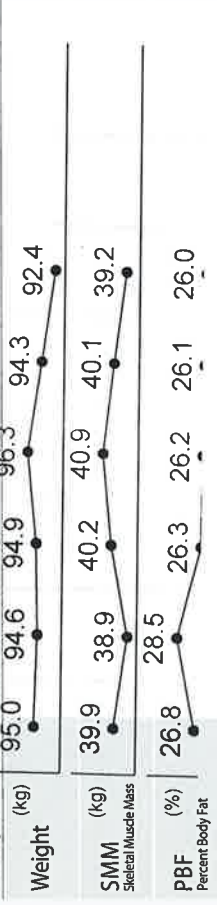
\* Based on your current weight  
\* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail



## Body Composition History



## Impedance

Z (Ω)	RA	LA	TR	RL	LL
100 Ω	228.1	229.4	15.6	203.1	203.6
200 Ω	262.4	263.1	19.5	233.6	232.7

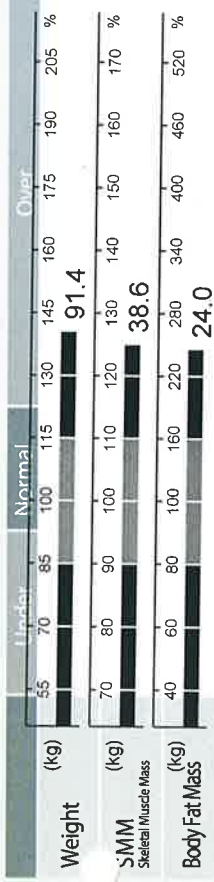


ID 280219-2 | Height 172cm | Age 37 | Gender Male | Test Date & Time 04.05.2019. 18:14

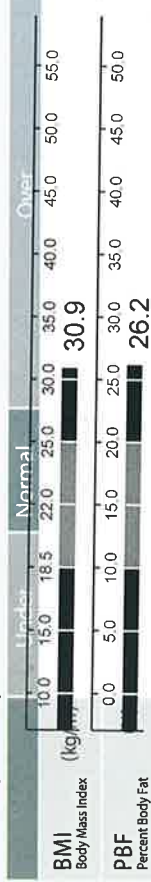
## Body Composition Analysis

Total amount of water in body	Total Body Water	49.4 ( 36.6~44.8 )
For building muscles	Protein	13.4 ( 9.8~12.0 )
For strengthening bones	Minerals	4.61 ( 3.38~4.14 )
For storing excess energy	Body Fat Mass	24.0 ( 7.8~15.6 )
Sum of the above	Weight	91.4 ( 55.3~74.9 )

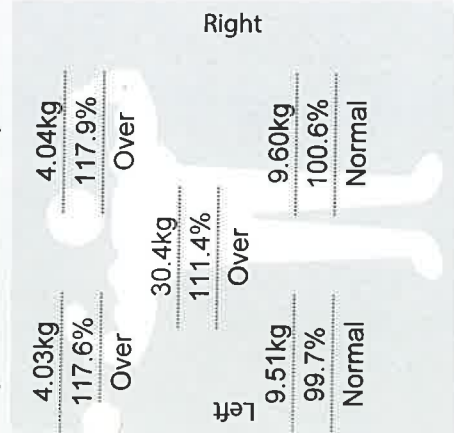
## Muscle-Fat Analysis



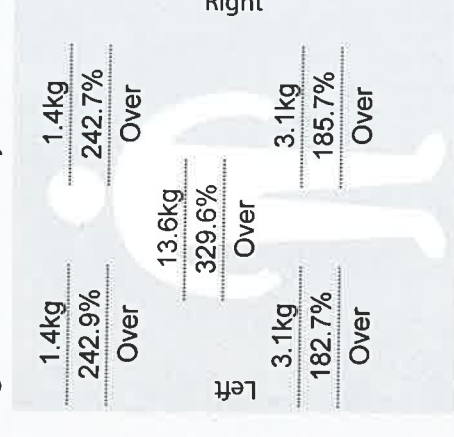
## Obesity Analysis



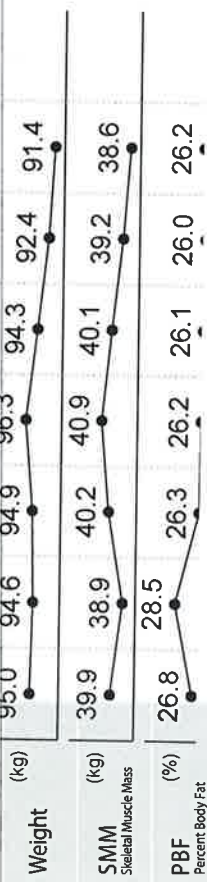
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## InBody Score

80/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 79.3 kg  
 Weight Control -12.1 kg  
 Fat Control -12.1 kg  
 Muscle Control 0.0 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio

0.96

## Visceral Fat Level

Level 10

## Research Parameters

Fat Free Mass 67.4 kg  
 Basal Metabolic Rate 1826 kcal ( 1880~2216 )  
 Obesity Degree 140 % ( 90~110 )  
 Recommended calorie intake 2454 kcal

## Calorie Expenditure of Exercise

Golf	161	Gateball	174
Walking	183	Yoga	183
Badminton	207	Table Tennis	207
Tennis	274	Bicycling	274
Boxing	274	Basketball	274
Mountain Climbing	298	Jumping Rope	320
Aerobics	320	Jogging	320
Soccer	320	Swimming	320
Japanese Fencing	457	Racketball	457
Squash	457	Jeukwondo	457

\* Based on your current weight  
 \* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

RA LA TR RL LL  
 Z(Ω) 20 Hz | 274.9 275.7 19.4 242.1 244.0  
 100 Hz | 239.4 240.3 15.8 209.1 212.5