



Date: 2018 / 12 / 22

File Number: 100.1345

Patient Name: Anwar Fakhri Fadhil

اسم المريض:

Date Of Birth: 14/01/1968 Gender: M / F

Marital Status: (الحالة الاجتماعية): M

Nationality: كويتي Occupation: Office job

Address: Sharjah Alkhan

Phone No. (رقم الهاتف): 0506322013

E-MAIL:

How did you know about us: w.diaf@omc.com

التاريخ الطبي Medical History		
الحالة الطبية Medical Condition	Yes/No نعم / لا	If 'YES' give details إذا كتبت الإجابة نعم أذكر بالتفصيل
Recent or current drugs/Medical Treatment هل تتعاطى أي أدوية أو تتلقى أي علاجات حثيثاً؟	لا	
Corticosteroids/Immunosuppressant هل تتعاطى أي سترويدات أو مثبطات المناعة؟	لا	
Allergies هل لديك أي حساسية؟	لا	
Surgical Operations, Serious Illness هل أجريت أي عمليات جراحية أو تعاليت من أي أمراض؟	لا	
Cardiac surgery, Rheumatic fever, Endocarditis, Artificial heart valve, Congenital heart disease جراحة قلب، حمى روماتويد، التهاب شغاف القلب، صمام قلب صناعي، أمراض القلب	لا	
High Blood Pressure, Bleeding disorders, Anticoagulants هل لديك ارتفاع في ضغط الدم، مشاكل في النزيف أو تتعاطى أي مميعات الدم؟	لا	
Anemia, Leukemia (سرطان الدم) ، لوكيميا (فقر الدم)	لا	
Chest disease, Asthma, Bronchitis, TB, Other أمراض صدرية، أزمة تنفسية، التهاب في الشعبات، السل، أمراض أخرى	لا	
Renal, Urinary, Sexually transmitted disease هل تعاليت من أي أمراض بولية أو تناسلية؟	لا	
Pregnancy, Contraceptive pill, Menstrual problems هل أنت حامل؟ هل تتعاطين أي مانع للحمل؟ هل تعالين من مشاكل في الدورة الشهرية؟	لا	
Hepatitis, Jaundice, Other liver diseases التهاب الكبد الوبائي، الصفراء، أي أمراض كبدية أخرى	لا	
Peptic ulcer, Crohn's ulcerative colitis, Other قرحة معوية، داء كرون، أي أمراض معوية أخرى؟	لا	
Epilepsy, or any other neurological disease هل تعاليت من الصرع أو أي أمراض في الجهاز العصبي؟	لا	
Thyroid Diseases, Diabetes هل تعاليت من مرض السكري أو أمراض الغدة الدرقية؟	لا	
Other conditions HIV...etc فيروس الإيدز، فيروس الحلا البسيط	لا	



### Medical Consent Form

- I hereby consent and authorize the doctor to treat my medical condition which has been explained to me by the qualified physician
- I understand that in order to provide me with the most efficient and enhanced service, diagnostic and other procedures may be deemed necessary.
- I understand that my treating doctor may discover other or different conditions, which may require additional or different procedures than those planned.
- I authorize my treating doctor to perform any procedures which are advisable in their professional judgment.
- I understand that no warranty or guarantee has been made to me as a result or cure just as there may be risks and hazards in continuing my present condition without treatment.
- I understand that there are also risks and hazards to the performance of the diagnostic and/or surgical procedures.
- I realize that common surgical or diagnostic procedures are potential for an infection, swelling, bleeding, pain or allergic reaction.
- I understand that there are minimal fees to be paid per service and that all fees must be paid in full before the completion of treatment.
- I consent that all medical history and information I provided in my medical file is true and I understand that any information I provide regarding my medical status will be kept confidential and anonymous.
- I believe that I have sufficient information to give this consent. I certify that this form has been fully explained to me and that I have read it and I understand its' content and I sign it with all my will.

Patient's Signature/ Guardians (In case of minors):

Date: ... / ... / .....

### نموذج اقرار طبي

- أوافق و أسمح للطبيب بعلاج حالتي المرضية التي تم شرحها لي من قبل الطبيب المختص و المؤهل.
- أتفهم أن بعض الإجراءات الطبية والتشخيصية الإضافية قد تكون ضرورية من أجل تزويدي بالعلاج الأمثل و الخدمة الأفضل.
- أتفهم أنه من الممكن أن يتكشف الطبيب خلال العلاج أمورا مختلفة عن ما ذكر في الفحص الأولي و التي قد تتطلب إجراءات إضافية أو مختلفة عن تلك المخطط لها.
- أفوض الطبيب المعالج باتخاذ كل الإجراءات الطبية و العلاجات اللازمة و المطلوبة بحكم خبرته المهنية و العلمية.
- أقر أنه لم يتم تقديم اي ضمانات أو تأمين لنتائج العلاجات و الإجراءات الطبية أو التجميلية المقدمة لي، كما أتفهم الاخطار و المضاعفات الناتجة عن عدم استكمال علاج حالتي المرضية.
- أتفهم تماما كافة الاخطار و المضاعفات التي قد تكون مصاحبة للفحوصات و الاجراءات العلاجية و الجراحية.
- و ادرك ان بعض الاجراءات التشخيصية و العلاجية و الجراحية قد تؤدي الى مضاعفات كالالتهاب أو التورم أو النزيف أو الألم أو الحساسية
- أتفهم أن هناك رسوم بالحد الأدنى يجب علي دفعها مقابل الخدمة العلاجية و أن جميع الرسوم المطلوبة يجب ان تسدد بالكامل قبل اتمامها من العلاج.
- أقر أن كافة المعلومات الطبية و التاريخ الطبي الذي قدمته لدي قمتي للملف صحية و أتفهم ان اي معلومات تتعلق بحالتي الصحية ستبقى سرية تماما ولا يمكن الاطلاع عليها دون موافقتي
- أقر أن لدي المعلومات الكاملة لتقديم هذا الاقرار و ان هذا النموذج قد تم شرحه لي بالكامل و اني قد قرأت و فهمت جميع تفاصيله بالكامل و اني وقعت عليه بكامل ارادتي

توقيع المريض / ولي الأمر (من هم دون السن القانونية):

أبو

التاريخ: ... / ... / .....

استمارة تقييم المريض Patient Assessment Form

المؤشرات الحيوية Vital Signs

Weight (الوزن):	Kg	Height (الطول):	cm	Blood Type (دم):
Pulse (النبض):	ppm	Blood Pressure (دم):	/	Blood Sugar (دم):

سبب زيارة المريض للعيادة Chief Complaint

losing weight + Figure correction

Disease History: التاريخ المرضي:	/
Allergies: الحساسية:	/
Medications: الأدوية:	/
Pregnancy: الحمل:	/
Previous Surgeries, Hospitalization: عمليات سابقة، إيداع للمستشفى:	Nose job.
Smoking (التدخين): Y (N)	Alcohol (الكحول): Y (N)
	Drugs (العقاقير): Y (N)

General & Clinical Findings: الملاحظات العامة والسيرية

weight gain In her trunk area

الفحص Examination

Radiography: الصور الشعاعية

التشخيص Diagnosis

File No: .....

Date: / /

Treatment Plan خطة العلاج

( 5 EMDR + 1 session Consultation )

.....

Doctor's Signature and Stamp

.....



REDAD DATA

cAEAlOEBA83ODQxO

Confirm Data

Public Data Readed Succ

SHOW READED DATA

**Public Data Verification report**

File	Valid Signature?
Non-Modifiable Data (SF3)	False
Modifiable Data (SF5)	False
Holder Signature Image (SF7)	False
Photography	False
Home Address	False
Work Address	False

**Card Holder Information**

Name	Anwar,Fakhri,,Fadhil	IDN:	784196850408103	Mother Name:	
Name (Ar)	انوار فخری، فاضل	Card Number:	090878917	Mother Name (Ar):	
Title:		Nationality:	IRQ	Family ID:	
Title(Ar):		Nationality (Ar):	العراق		
Issue Date:	18/09/2018	Sex:	F	Sponsor Type:	08
Expiry Date:	11/09/2021	Date of Birth:	16/10/1968	Sponsor Name:	مؤسسة الفشارية للاعلام
Marital Status:	02	Husband IDN:		Sponsor Number:	00
Residency Type:	07	Residency Number:	301200871166000	Residency Expiry:	11/09/2021
ID Type:	IL	Occupation:	2451	Occupation Field:	00



Photo

Signature Image

<http://orchidsvr/EMID/default.aspx>

12/22/2018

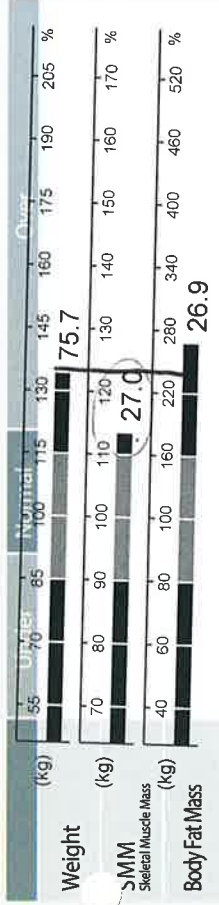


ID: 221218-3 | Height: 162cm | Age: 50 | Gender: Female | Test Date & Time: 22.12.2018. 18:22

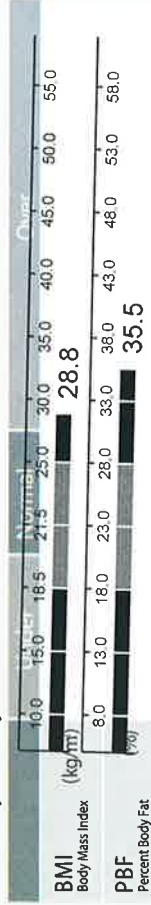
## Body Composition Analysis

Total amount of water in body	Total Body Water	(L)	35.8	( 28.7~35.1 )
For building muscles	Protein	(kg)	9.5	( 7.7~9.5 )
For strengthening bones	Minerals	(kg)	3.49	( 2.65~3.25 )
For storing excess energy	Body Fat Mass	(kg)	26.9	( 11.3~18.1 )
Sum of the above	Weight	(kg)	75.7	( 47.9~64.9 )

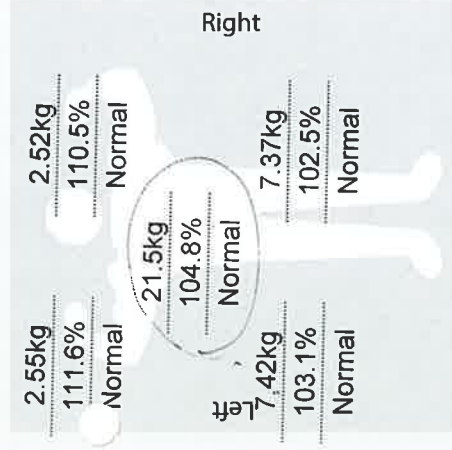
## Muscle-Fat Analysis



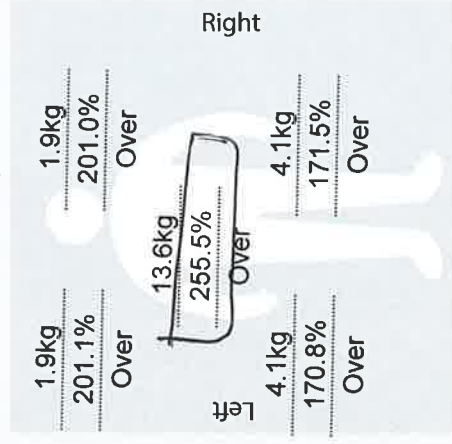
## Obesity Analysis



## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History

Weight	(kg)	75.7
SMM	(kg)	27.0
PBF	(%)	35.5

## InBody Score

73 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight: 63.4 kg  
 Weight Control: - 12.3 kg  
 Fat Control: - 12.3 kg  
 Muscle Control: 0.0 kg

## Obesity Evaluation

BMI:  Normal  Under  Slightly Over  Over  
 PBF:  Normal  Slightly Over  Over

## Waist-Hip Ratio

0.89 (Normal range: 0.75-0.85)

## Visceral Fat Level

Level 12 (Normal range: Low-10-High)

## Research Parameters

Fat Free Mass: 48.8 kg  
 Basal Metabolic Rate: 1425 kcal (1503~1755)  
 Obesity Degree: 134% (90~110)  
 Recommended calorie intake: 1619 kcal

## Calorie Expenditure of Exercise

Golf	133	Gateball	144
Walking	151	Yoga	151
Badminton	171	Table Tennis	171
Tennis	227	Bicycling	227
Boxing	227	Basketball	227
Mountain Climbing	247	Jumping Rope	265
Aerobics	265	Jogging	265
Soccer	265	Swimming	265
Japanese Fencing	379	Racketball	379
Squash	379	Taekwondo	379

\* Based on your current weight  
 \* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

Z(Ω) 20 kHz: 353.5 349.0 21.2 244.3 239.0  
 100 kHz: 315.7 312.9 18.4 217.3 212.9

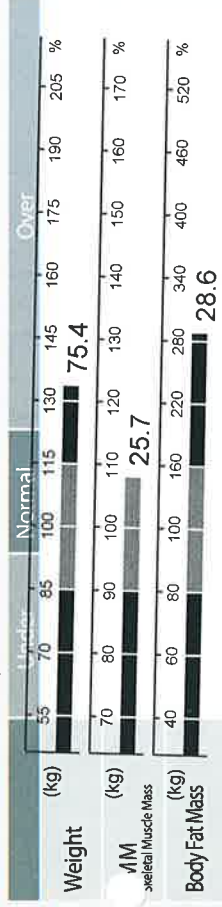
*Zero She will start her Diet From tomorrow*

ID 1218-3 | Height 162cm | Age 50 | Gender Female | Test Date & Time 29.12.2018. 18:51

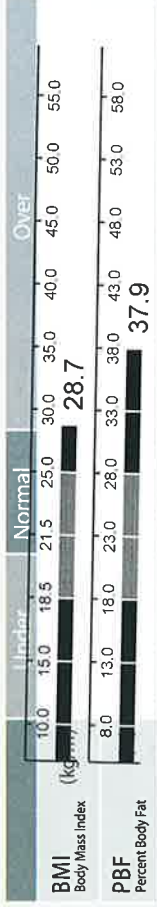
## Body Composition Analysis

Total amount of water in body	Total Body Water (L)	34.3 ( 28.7~35.1 )
For building muscles	Protein (kg)	9.2 ( 7.7~9.5 )
For strengthening bones	Minerals (kg)	3.27 ( 2.65~3.25 )
For storing excess energy	Body Fat Mass (kg)	28.6 ( 11.3~18.1 )
Sum of the above	Weight (kg)	75.4 ( 47.9~64.9 )

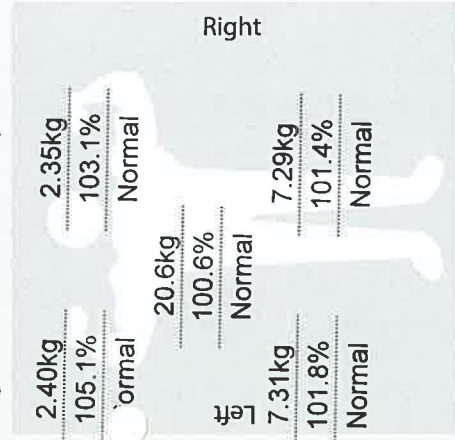
## Muscle-Fat Analysis



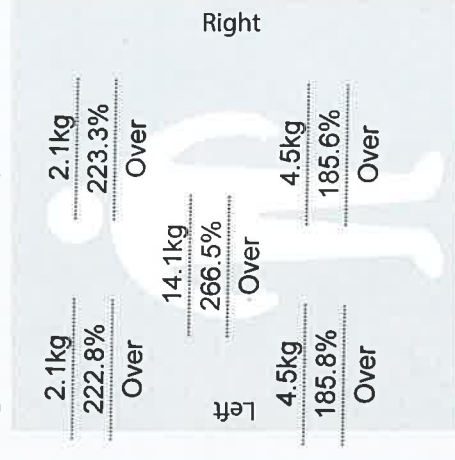
## Obesity Analysis



## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## InBody Score

69/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 60.8 kg  
 Weight Control -14.6 kg  
 Fat Control -14.6 kg  
 Muscle Control 0.0 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio

0.89

## Visceral Fat Level

Level 13

## Research Parameters

Fat Free Mass 46.8 kg  
 Basal Metabolic Rate 1382 kcal ( 1499~1749 )  
 Obesity Degree 134 % ( 90~110 )  
 Recommended calorie intake 1616 kcal

## Calorie Expenditure of Exercise

Golf	133	Gateball	143
Walking	151	Yoga	151
Badminton	170	Table Tennis	170
Tennis	226	Bicycling	226
Boxing	226	Basketball	226
Mountain Climbing	246	Jumping Rope	264
Aerobics	264	Jogging	264
Soccer	264	Swimming	264
Japanese Fencing	377	Racketball	377
Squash	377	Taekwondo	377

\* Based on your current weight  
 \* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

Z(α) 20 kHz 362.9 354.7 23.3 240.3 237.5  
 100 kHz 326.0 319.9 20.6 215.8 211.8





مركز أوركيده الطبي  
ORCHID MEDICAL CENTER

2,100.00

RECEIPT VOUCHER (No. REC-002113)

Date: 29-12-2018

Receive from Mr./Mrs./M/s. 1001343 - ANWAR FADHIL - 971507372013

The sum of Dhs. Two Thousand One Hundred Dirhams and Zero Fils Only

By Cash 0.00 / By Credit Card 2,100.00 / By Cheque 0.00 / By Bank Transfer 0.00 / By Allocated 0.00

Bank: Cheque No.

Date: 29-12-2018

Being

Made by Ghada

Tel : + 9716 555 8337, Fax: + 9716 528 8130, e - mail : [info@omc1.ae](mailto:info@omc1.ae)  
[www.omc1.ae](http://www.omc1.ae)

ID 221218-3 | Height 162cm | Age 50 | Gender Female | Test Date & Time 05.01.2019. 17:53

Anwar (1)

## Body Composition Analysis

Total amount of water in body	Total Body Water (L)	34.5 ( 28.7~35.1 )
For building muscles	Protein (kg)	9.2 ( 7.7~9.5 )
For strengthening bones	Minerals (kg)	3.46 ( 2.65~3.25 )
For storing excess energy	Body Fat Mass (kg)	26.1 ( 11.3~18.1 )
Sum of the above	Weight (kg)	73.3 ( 47.9~64.9 )

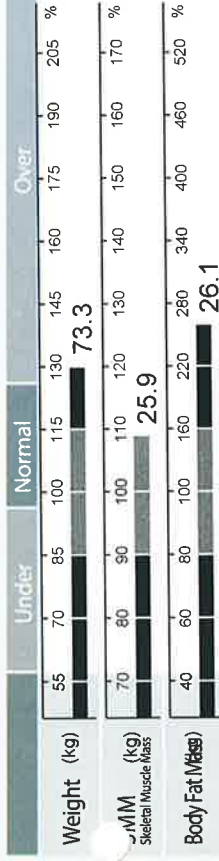
InBody Score **72/100** Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

### Weight Control

Target Weight 61.3 kg  
 Weight Control -12.0 kg  
 Fat Control -12.0 kg  
 Muscle Control 0.0 kg

## Muscle-Fat Analysis

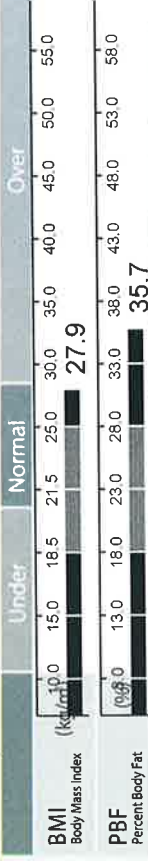


Handwritten notes: *73.3 (70-75) 25.9 (25-30) 26.1 (25-30) 72/100*

Obesity Analysis

### Visceral Fat Level

Level 12 (Low 10, High)

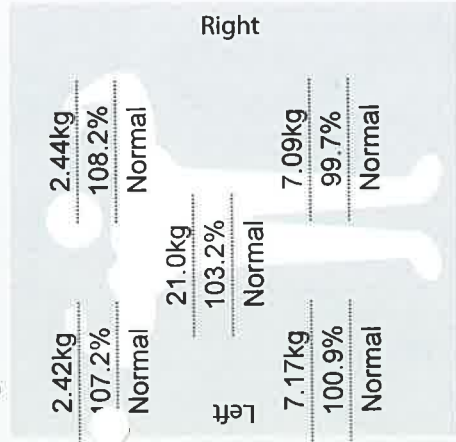


Handwritten notes: *150 (70) 35.7*

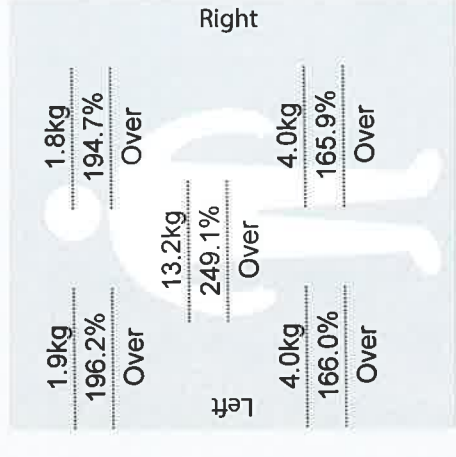
### Research Parameters

Fat Free Mass 47.2 kg  
 Basal Metabolic Rate 1389 kcal ( 1467~1711 )  
 Obesity Degree 130 % ( 90~110 )  
 Recommended calorie intake 1594 kcal

## Segmental Lean Analysis



## Segmental Fat Analysis



### Calorie Expenditure of Exercise

Golf	129	Gateball	139
Walking	147	Yoga	147
Badminton	166	Table Tennis	166
Tennis	220	Bicycling	220
Boxing	220	Basketball	220
Mountain Climbing	239	Jumping Rope	257
Aerobics	257	Jogging	257
Soccer	257	Swimming	257
Japanese Fencing	367	Racketball	367
Squash	367	Taekwondo	367

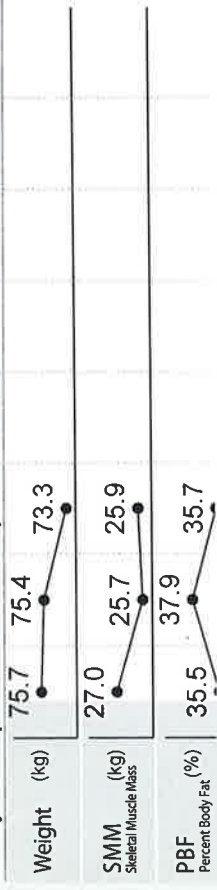
\* Based on your current weight  
 \* Based on 30 minute duration

### Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Body Composition History



### Impedance

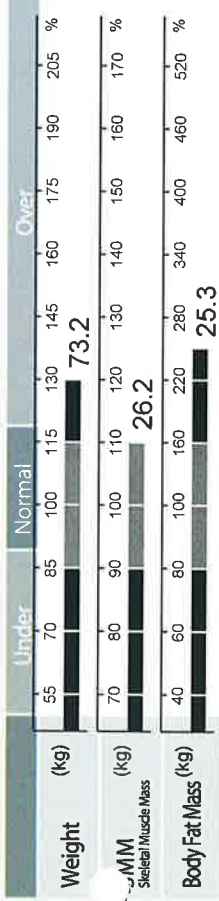
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 100 kHz: 331.2 335.4 19.2 233.6 226.1

Anwar 2

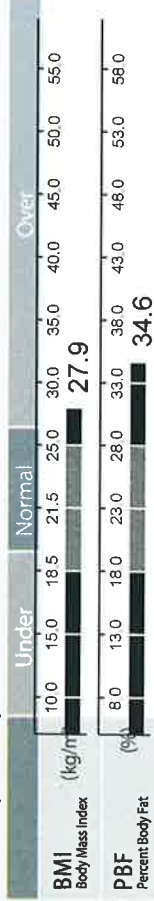
## Body Composition Analysis

Total amount of water in body	Total Body Water (L)	35.0 ( 28.7~35.1 )
For building muscles	Protein (kg)	9.3 ( 7.7~9.5 )
For strengthening bones	Minerals (kg)	3.57 ( 2.65~3.25 )
For storing excess energy	Body Fat Mass (kg)	25.3 ( 11.3~18.1 )
Sum of the above	Weight (kg)	73.2 ( 47.9~64.9 )

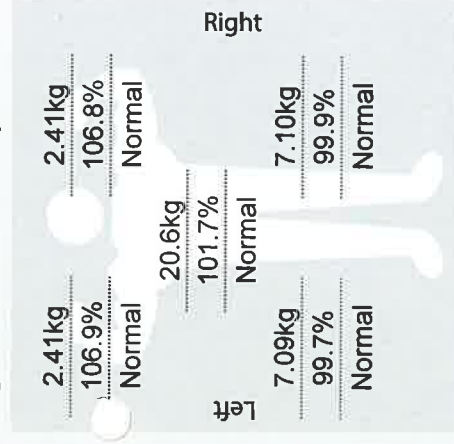
## Muscle-Fat Analysis



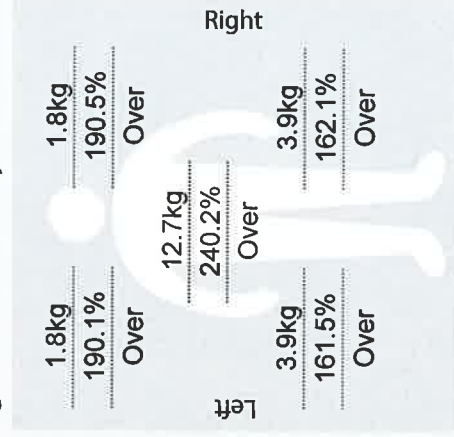
## Obesity Analysis



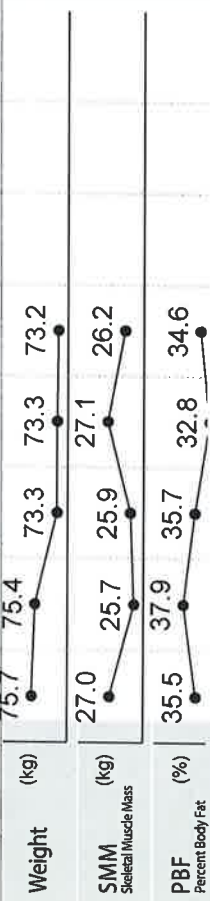
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## InBody Score

73 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight	62.1 kg
Weight Control	- 11.1 kg
Fat Control	- 11.1 kg
Muscle Control	0.0 kg

## Obesity Evaluation

BMI	<input type="checkbox"/> Normal <input type="checkbox"/> Under <input checked="" type="checkbox"/> Slightly Over <input type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal <input type="checkbox"/> Slightly Over <input checked="" type="checkbox"/> Over

## Waist-Hip Ratio

0.88 (Scale: 0.75-0.85)

## Visceral Fat Level

Level 11 (Scale: Low 10 High)

## Research Parameters

Fat Free Mass	47.9 kg
Basal Metabolic Rate	1404 kcal ( 1466~1709 )
Obesity Degree	130 % ( 90~110 )
Recommended calorie intake	1593 kcal

## Calorie Expenditure of Exercise

Golf	129	Gateball	139
Walking	146	Yoga	146
Badminton	165	Table Tennis	165
Tennis	220	Bicycling	220
Boxing	220	Basketball	220
Mountain Climbing	239	Jumping Rope	256
Aerobics	256	Jogging	256
Soccer	256	Swimming	256
Japanese Fencing	366	Racketball	366
Squash	366	Taekwondo	366

\* Based on your current weight

\* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



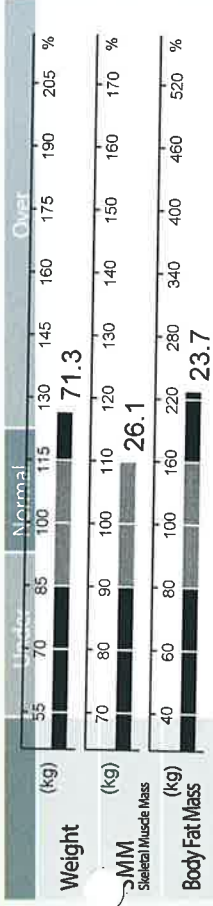
## Impedance

Z(α)	20 kHz	356.6	20.2	241.7	240.4
	100 kHz	323.4	323.3	17.6	217.5 216.1

## Body Composition Analysis

Total amount of water in body	Total Body Water (L)	34.7 ( 28.7~35.1 )
For building muscles	Protein (kg)	9.3 ( 7.7~9.5 )
For strengthening bones	Minerals (kg)	3.57 ( 2.65~3.25 )
For storing excess energy	Body Fat Mass (kg)	23.7 ( 11.3~18.1 )
Sum of the above	Weight (kg)	71.3 ( 47.9~64.9 )

## Muscle-Fat Analysis



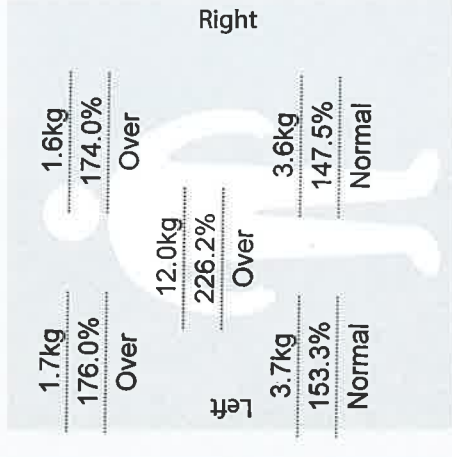
## Obesity Analysis



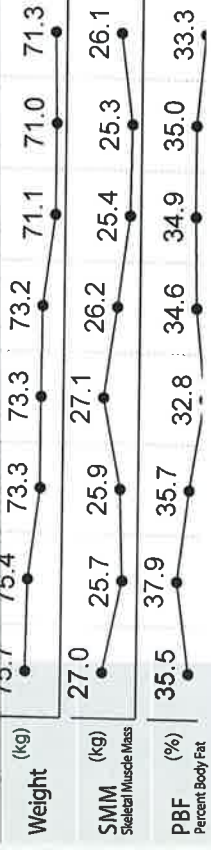
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## InBody Score

75 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight	61.8 kg
Weight Control	- 9.5 kg
Fat Control	- 9.5 kg
Muscle Control	0.0 kg

## Obesity Evaluation

BMI	<input type="checkbox"/> Normal <input type="checkbox"/> Under <input checked="" type="checkbox"/> Slightly Over <input type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal <input type="checkbox"/> Slightly Over <input checked="" type="checkbox"/> Over

## Waist-Hip Ratio

0.88

## Visceral Fat Level

Level 10

## Research Parameters

Fat Free Mass	47.6 kg
Basal Metabolic Rate	1397 kcal ( 1437~1674 )
Obesity Degree	126 % ( 90~110 )
Recommended calorie intake	1573 kcal

## Calorie Expenditure of Exercise

Golf	126	Gateball	136
Walking	143	Yoga	143
Badminton	161	Table Tennis	161
Tennis	214	Bicycling	214
Boxing	214	Basketball	214
Mountain Climbing	232	Jumping Rope	250
Aerobics	250	Jogging	250
Soccer	250	Swimming	250
Japanese Fencing	357	Racketball	357
Squash	357	Taekwondo	357

\* Based on your current weight  
\* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

RA	LA	TR	RL	LL
Z(g)	20 kHz	364.7	371.9	19.9
100 kHz	331.3	338.4	17.3	241.5
		212.5		

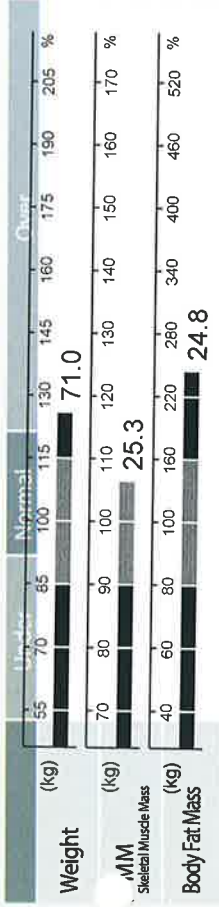


ID 221218-3 | Height 162cm | Age 50 | Gender Female | Test Date & Time 22.01.2019. 11:29

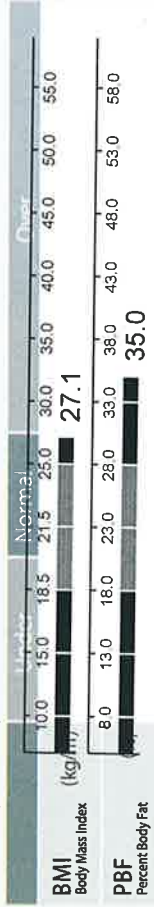
## Body Composition Analysis

Total amount of water in body	Total Body Water	(L)	33.7 ( 28.7~35.1 )
For building muscles	Protein	(kg)	9.0 ( 7.7~9.5 )
For strengthening bones	Minerals	(kg)	3.46 ( 2.65~3.25 )
For storing excess energy	Body Fat Mass	(kg)	24.8 ( 11.3~18.1 )
Sum of the above	Weight	(kg)	71.0 ( 47.9~64.9 )

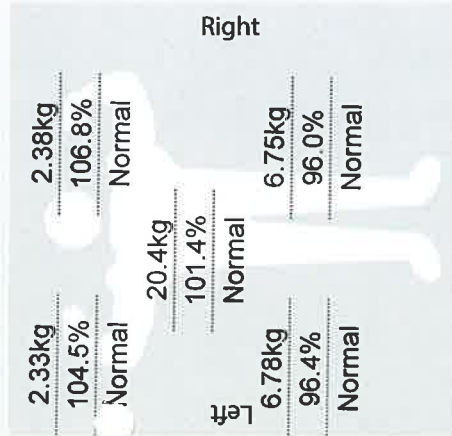
## Muscle-Fat Analysis



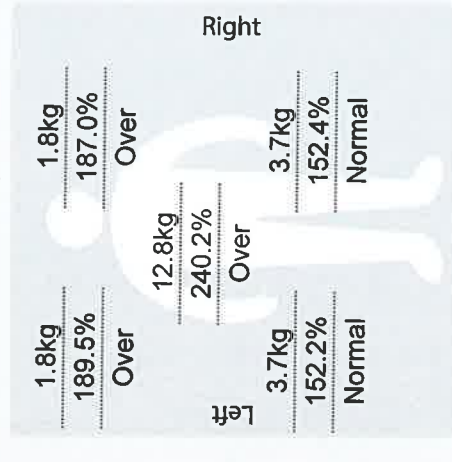
## Obesity Analysis



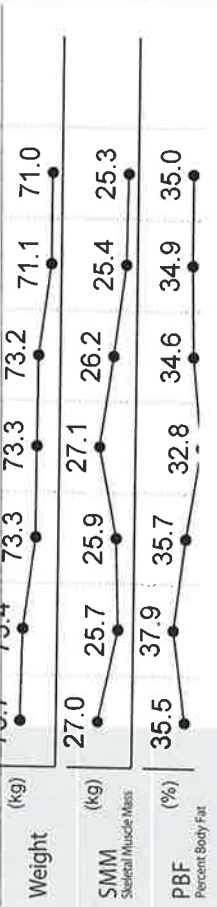
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## InBody Score

72 / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 59.9 kg  
 Weight Control - 11.1 kg  
 Fat Control - 11.1 kg  
 Muscle Control 0.0 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio

0.91 ( 0.75 - 0.85 )

## Visceral Fat Level

Level 11 ( Low 10 High )

## Research Parameters

Fat Free Mass 46.2 kg  
 Basal Metabolic Rate 1367 kcal ( 1433~1669 )  
 Obesity Degree 126 % ( 90~110 )  
 Recommended calorie intake 1570 kcal

## Calorie Expenditure of Exercise

Golf	125	Gateball	135
Walking	142	Yoga	142
Badminton	161	Table Tennis	161
Tennis	213	Bicycling	213
Boxing	213	Basketball	213
Mountain Climbing	232	Jumping Rope	249
Aerobics	249	Jogging	249
Soccer	249	Swimming	249
Japanese Fencing	355	Racketball	355
Squash	355	Taekwondo	355

\* Based on your current weight  
 \* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

Z(Ω) 20 kHz 358.0 366.6 21.8 265.0 261.4  
 100 kHz 325.8 334.2 19.2 237.0 233.5



ID 221218-3 | Height 162cm | Age 50 | Gender Female | Test Date & Time 02.02.2019. 18:10

## Body Composition Analysis

Total amount of water in body	Total Body Water (L)	34.2 ( 28.7~35.1 )
For building muscles	Protein (kg)	9.2 ( 7.7~9.5 )
For strengthening bones	Minerals (kg)	3.46 ( 2.65~3.25 )
For storing excess energy	Body Fat Mass (kg)	23.3 ( 11.3~18.1 )
Sum of the above	Weight (kg)	70.2 ( 47.9~64.9 )

InBody Score

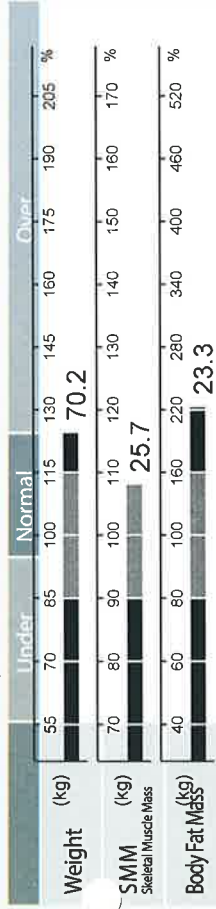
74/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 60.9 kg  
 Weight Control -9.3 kg  
 Fat Control -9.3 kg  
 Muscle Control 0.0 kg

## Muscle-Fat Analysis



## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

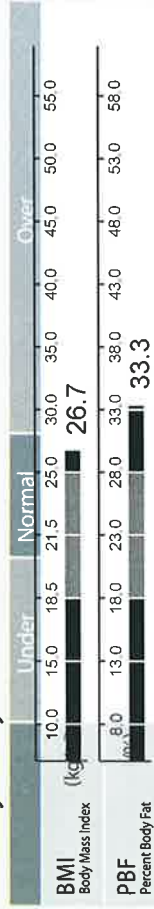
## Waist-Hip Ratio

0.90 ( 0.75 0.85 )

## Visceral Fat Level

Level 10 ( Low 10 High )

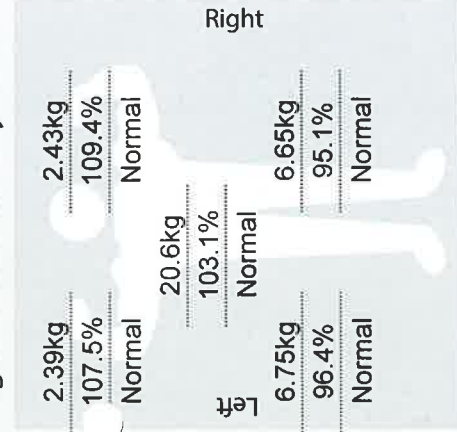
## Obesity Analysis



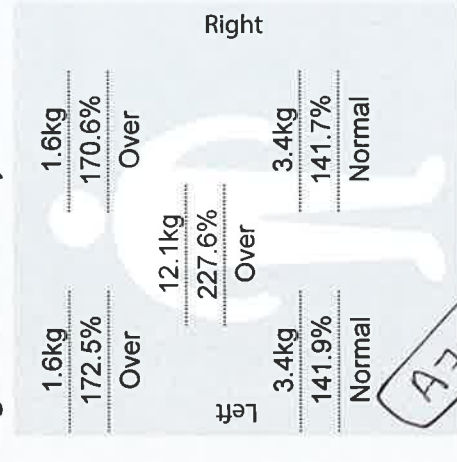
## Research Parameters

Fat Free Mass 46.9 kg  
 Basal Metabolic Rate 1382 kcal ( 1421~1654 )  
 Obesity Degree 124 % ( 90~110 )  
 Recommended calorie intake 1562 kcal

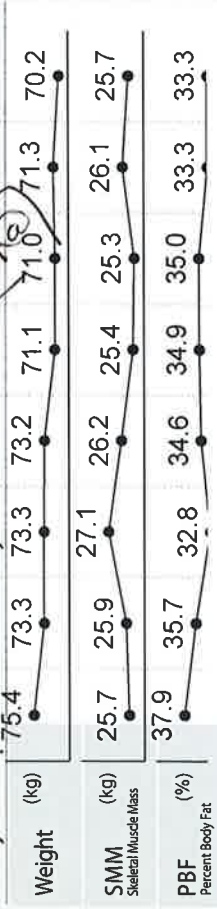
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



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## Calorie Expenditure of Exercise

Golf	124	Gateball	133
Walking	140	Yoga	140
Badminton	159	Table Tennis	159
Tennis	211	Bicycling	211
Boxing	211	Basketball	211
Mountain Climbing	229	Jumping Rope	246
Aerobics	246	Jogging	246
Soccer	246	Swimming	246
Japanese Fencing	351	Racketball	351
Squash	351	Taekwondo	351

\* Based on your current weight  
 \* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

RA LA TR RL LL  
 Z(Ω) 20 kHz 362.6 370.2 20.2 275.0 266.1  
 100 kHz 329.4 336.6 17.5 245.9 237.6

ID 221218-3 | Height 162cm | Age 50 | Gender Female | Test Date & Time 12.02.2019. 11:29

### Body Composition Analysis

Total amount of water in body	Total Body Water (L)	34.7 ( 28.7~35.1 )
For building muscles	Protein (kg)	9.3 ( 7.7~9.5 )
For strengthening bones	Minerals (kg)	3.47 ( 2.65~3.25 )
For storing excess energy	Body Fat Mass (kg)	22.8 ( 11.3~18.1 )
Sum of the above	Weight (kg)	70.3 ( 47.9~64.9 )

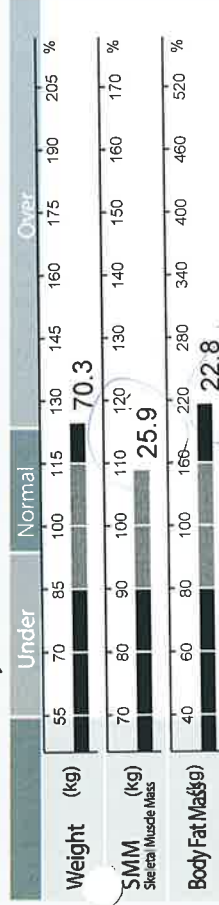
InBody Score **75**/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

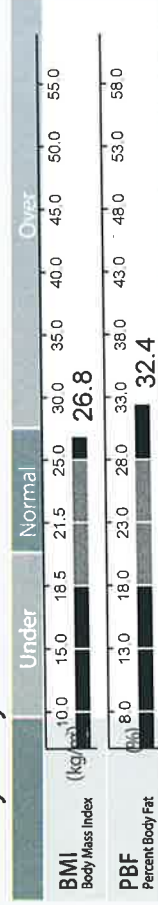
### Weight Control

Target Weight 61.7 kg  
 Weight Control -8.6 kg  
 Fat Control -8.6 kg  
 Muscle Control 0.0 kg

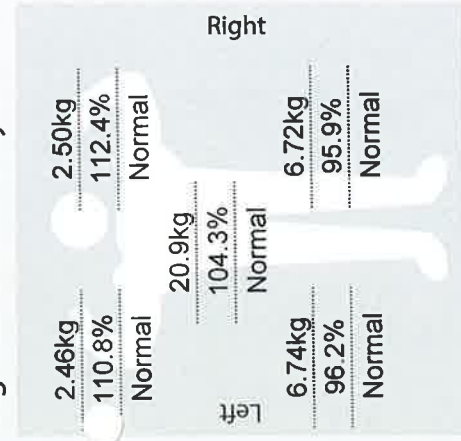
### Muscle-Fat Analysis



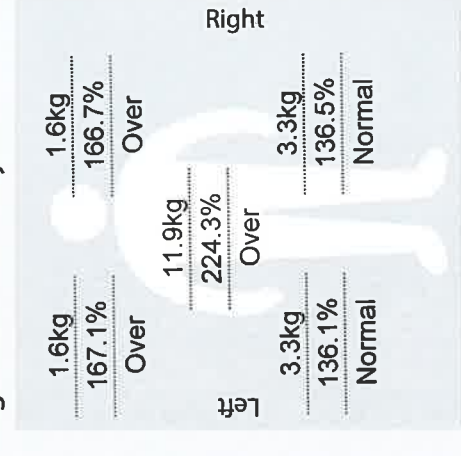
### Obesity Analysis



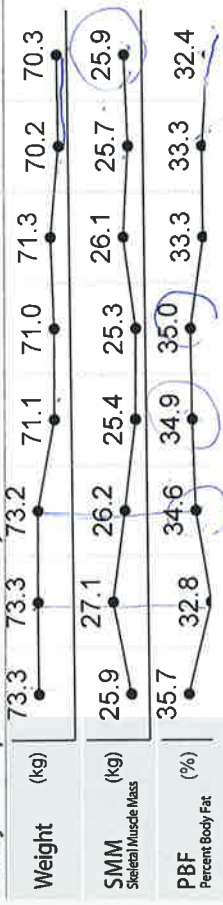
### Segmental Lean Analysis



### Segmental Fat Analysis



### Body Composition History



### Research Parameters

Fat Free Mass 47.5 kg  
 Basal Metabolic Rate 1396 kcal ( 1422~1656 )  
 Obesity Degree 125 % ( 90~110 )  
 Recommended calorie intake 1563 kcal

### Calorie Expenditure of Exercise

Golf	124	Gateball	134
Walking	141	Yoga	141
Badminton	159	Table Tennis	159
Tennis	211	Bicycling	211
Boxing	211	Basketball	211
Mountain Climbing	229	Jumping Rope	246
Aerobics	246	Jogging	246
Soccer	246	Swimming	246
Japanese Fencing	352	Racketball	352
Squash	352	Taekwondo	352

\* Based on your current weight  
\* Based on 30 minute duration

### Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



### Impedance

RA LA TR RL LL  
 Z<sub>100</sub> 20 kHz 339.5 345.7 19.6 258.1 254.9  
 100 kHz 310.6 315.4 17.4 231.9 229.0



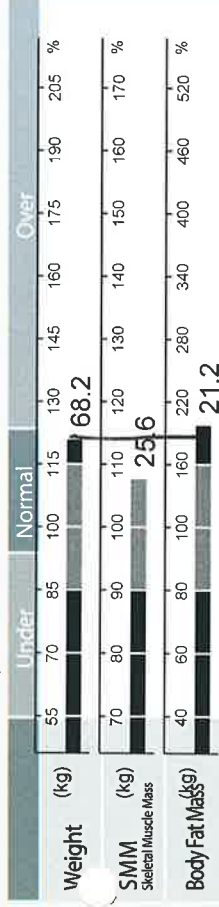
ID 241218-3 | Height 162cm | Age 50 | Gender Female | Test Date & Time 02.03.2019. 15:53

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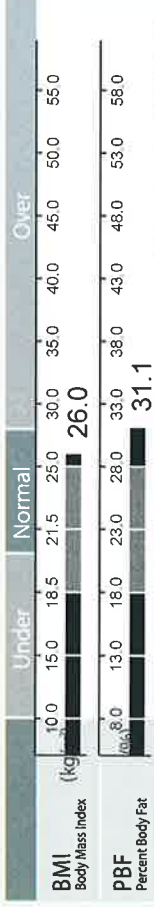
## Body Composition Analysis

Total amount of water in body	Total Body Water (L)	34.4 ( 28.7~35.1 )
For building muscles	Protein (kg)	9.1 ( 7.7~9.5 )
For strengthening bones	Minerals (kg)	3.46 ( 2.65~3.25 )
For storing excess energy	Body Fat Mass (kg)	21.2 ( 11.3~18.1 )
Sum of the above	Weight (kg)	68.2 ( 47.9~64.9 )

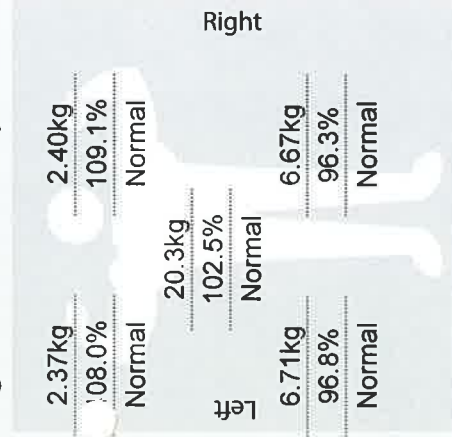
## Muscle-Fat Analysis



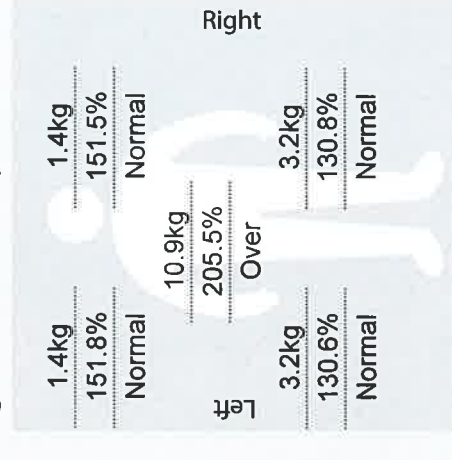
## Obesity Analysis



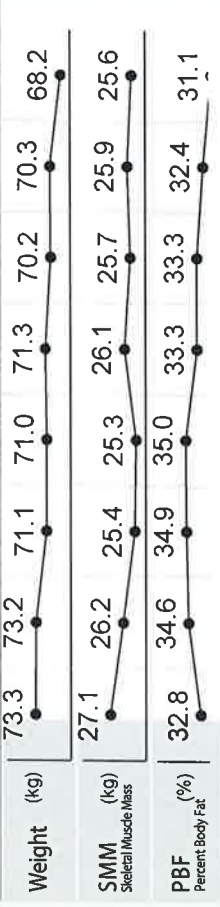
## Segmental Lean Analysis



## Segmental Fat Analysis



## Body Composition History



## InBody Score

76/100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight 61.0 kg  
 Weight Control -7.2 kg  
 Fat Control -7.2 kg  
 Muscle Control 0.0 kg

## Obesity Evaluation

BMI  Normal  Under  Slightly Over  Over  
 PBF  Normal  Slightly Over  Over

## Waist-Hip Ratio

0.88

## Visceral Fat Level

Level 9

## Research Parameters

Fat Free Mass 47.0 kg  
 Basal Metabolic Rate 1385 kcal ( 1391~1618 )  
 Obesity Degree 121 % ( 90~110 )  
 Recommended calorie intake 1541 kcal

## Calorie Expenditure of Exercise

Golf	120	Gateball	130
Walking	136	Yoga	136
Badminton	154	Table Tennis	154
Tennis	205	Bicycling	205
Boxing	205	Basketball	205
Mountain Climbing	222	Jumping Rope	239
Aerobics	239	Jogging	239
Soccer	239	Swimming	239
Japanese Fencing	341	Racketball	341
Squash	341	Taekwondo	341

\* Based on your current weight  
 \* Based on 30 minute duration

## Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



## Impedance

Z<sub>(α)</sub> 20 kHz 352.7 356.9 19.2 257.7 253.9  
 100 kHz 322.4 325.7 16.9 232.5 228.7

150 kcal

### Body Composition Analysis

Total amount of water in body	Total Body Water	(L)	34.1	( 28.7~35.1 )
For building muscles	Protein	(kg)	9.1	( 7.7~9.5 )
For strengthening bones	Minerals	(kg)	3.46	( 2.66~3.25 )
For storing excess energy	Body Fat Mass	(kg)	19.5	( 11.3~18.1 )
Sum of the above	Weight	(kg)	66.2	( 47.9~64.9 )

InBody Score **78** / 100 Points

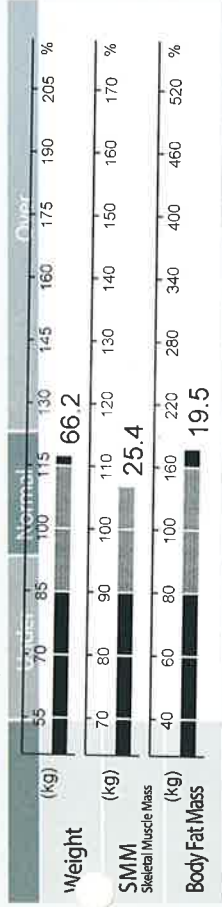
**78** / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

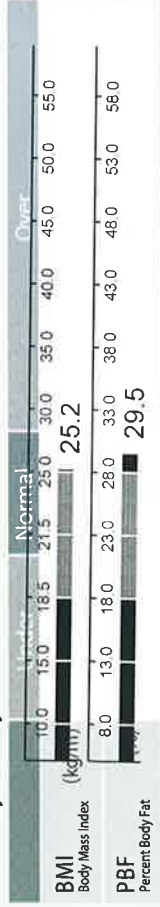
### Weight Control

Target Weight	60.6 kg
Weight Control	- 5.6 kg
Fat Control	- 5.6 kg
Muscle Control	0.0 kg

### Muscle-Fat Analysis



### Obesity Analysis



Waist-Hip Ratio 0.88

Visceral Fat Level Level 8

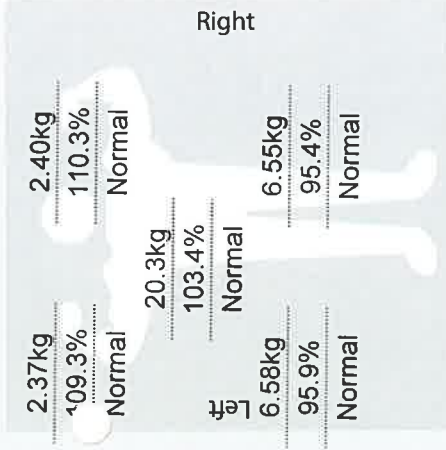
Research Parameters Fat Free Mass 46.7 kg

Basal Metabolic Rate 1378 kcal ( 1361~1581 )

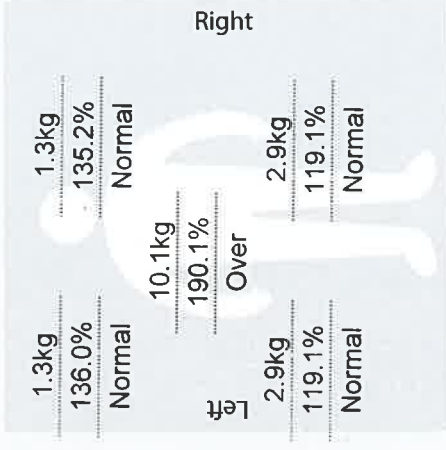
Obesity Degree 117 % ( 90~110 )

Recommended calorie intake 1520 kcal

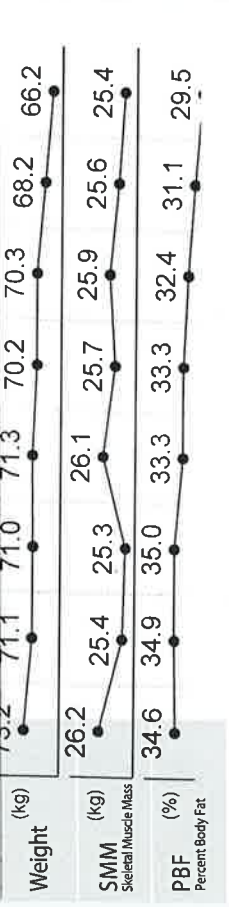
### Segmental Lean Analysis



### Segmental Fat Analysis



### Body Composition History



### Impedance

Z(α)	20 kHz	354.9	18.9	266.9	262.7
	100 kHz	323.9	327.6	16.6	240.7 236.6

### Calorie Expenditure of Exercise

Golf	117	Gateball	126
Walking	132	Yoga	132
Badminton	150	Table Tennis	150
Tennis	199	Bicycling	199
Boxing	199	Basketball	199
Mountain Climbing	216	Jumping Rope	232
Aerobics	232	Jogging	232
Soccer	232	Swimming	232
Japanese Fencing	331	Racketball	331
Squash	331	Taekwondo	331

### Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.

