

File No#: 1400669 Date: 5/12/2017
اسم المريض: _____
Patient Name: May saar yaraaf
Gender (الجنس): M / F
Date of Birth (تاريخ الميلاد): _____
Occupation (الوظيفة): _____
Nationality (الجنسية): Omani
Phone No. (رقم الهاتف): 97150634828
Marital Status (الحالة الاجتماعية): Married
Contact Person in Case of Emergency: _____

How Did You Know About Us?

Dr. Yaraaf

التاريخ الطبي للعلاج بالليزر

*يرجى الاجابة على الأسئلة التالية بدقة:-

- 1- ما هو الوصف الأنسب لنوع بشرتك ؟
1 - دائمة الاحترق , قليلة الاسمرار
2- دائمة الاحترق , عديمة الاسمرار
3 - قليلة الاحترق , دائمة الاسمرار
4- نادرة الاحترق , دائمة الاسمرار
5- بشرة داكنة السمرة

2- هل ظهرت لديك سابقا علامات ندوب أو جدره ؟ نعم ___ لا ___

3- هل لديك اي تاريخ مرضي من الحلا البسيط (الهربس) أو بثور الحمى أو التقرحات في منطقة العلاج ؟ نعم ___ لا ___

4- هل تناولت عقار "الأكوتان / الايسوترتينوين " خلال الست أشهر الماضية؟ نعم ___ لا ___

File No#: 1000067 Date: 24/2/2018 اسم المريض:
Patient Name: Maysa Yasar. Gender (الجنس): M / F
Date of Birth(تاريخ الميلاد): 1982 Occupation (الوظيفة):
Nationality(الجنسية):
Marital Status (الحالة الاجتماعية): Married Phone No. (الرقم الهاتف): 056-6369828
Contact Person in Case of Emergency: 168cm

How Did You Know About Us?

	الحالة الطبية Medical Condition	Yes/No نعم / لا	If 'YES' give details إذا كانت الإجابة نعم انكر بالتفصيل
	Recent or current drugs/Medical Treatment هل تتعاطى أي أدوية أو تتلقى أي علاجات حثيثا؟	Yes/No نعم / لا	— Noon shift Multivix.
	Corticosteroids/Immunosuppressant هل تتعاطى أي سترويدات أو مثبطات المناعة؟	Yes/No نعم / لا	—
	Allergies هل لديك أي حساسية؟	Yes/No نعم / لا	—
	Surgical Operations, Serious illness هل أجريت أي عمليات جراحية أو تعاني من أي أمراض؟	Yes/No نعم / لا	C-section
CVS	Cardiac surgery, Rheumatic fever, Endocarditis, Artificial heart valve, Congenital heart disease جراحة قلب، حمى روماتويدية، التهاب عضلات القلب، صمام قلب صناعي، أمراض القلب	Yes/No نعم / لا	—
	High Blood Pressure, Bleeding disorders, Anticoagulants هل لديك ارتفاع في ضغط الدم، مشاكل في النزيف أو تتعاطى أي مبيدات الدم؟	Yes/No نعم / لا	— No
	Anemia, Leukemia (نقص الدم)، لو كيميا (سرطان الدم)	Yes/No نعم / لا	—
RS	Chest disease, Asthma, Bronchitis, TB, Other أمراض صدرية، أزمة تنفسية، التهاب في الشعبات، السل، أمراض أخرى	Yes/No نعم / لا	—
GU	Renal, Urinary, Sexually transmitted disease هل تعاني من أي أمراض في الكلى أو أمراض بولية أو تناسلية؟	Yes/No نعم / لا	—
	*for ladies: Pregnancy, Contraceptive pill, Menstrual problems *للنساء: هل أنت حامل؟ هل تتعاطين أي مانع للحمل؟ هل تعطين من مشاكل في الدورة الشهرية؟	Yes/No نعم / لا	—
GI	Hepatitis, Jaundice, Other liver diseases التهاب الكبد الوبائي، الصفراء، أي أمراض كبدية أخرى	Yes/No نعم / لا	—
	Peptic ulcer, Crohn's ulcerative colitis, Other قرحة معوية، داء كرون، أي أمراض معوية أخرى؟	Yes/No نعم / لا	— Past ulcer.
CNS	Epilepsy, or any other neurological disease هل تعاني من الصرع أو أي أمراض في الجهاز العصبي؟	Yes/No نعم / لا	—
ENDO	Thyroid Diseases, Diabetes هل تعاني من مرض الغدة الدرقية؟	Yes/No نعم / لا	—
Other	Other conditions (فيروس الإيدز، فيروس الحلا البسيط...etc) HSV, HIV...etc	Yes/No نعم / لا	—

For Doctor's Use Only لا يستعمل الطبيب فقط

Weight: _____ Height: _____ Blood Type: _____

Chief Complaint:

السجل الطبي Medical History

Diseases: _____ Medication: _____
Allergies: _____

Hospitalization: _____ Pregnancy: _____ Family History: _____

Habits: Smoking: Y/N Alcohol: Y/N Drugs: Y/N

Remarks:

Clinical Findings:

Radiography:

Examination :

Diagnosis:

Medical Consent Form

I hereby consent and authorize the doctor to treat my medical condition, which has been explained to me by the qualified physician.

I understand that in order to provide me with the most efficient and enhanced service, diagnostic and other procedures may be deemed necessary.

I understand that my treating doctor may discover other or different conditions, which may require additional or different procedures than those planned.

I authorize my treating doctor to perform such procedure, which are advisable in their professional judgment.

I understand that no warranty or guarantee has been made to me as to a result or cure just as there may be risks and hazards in continuing my present condition without treatment, there are also risk and hazards to the performance of the diagnostic and /or surgical procedure. I realize that common surgical or diagnostic procedure are potential for an infection, swelling, bleeding and allergic reaction.

I understand that there are minimal fees to be paid per service and that all fees must be paid in full after the completion of each treatment.

I understand that any information that I provide regarding my medical status will be kept completely confidential and anonymous.

I believe that I have sufficient information to give this consent. I certify that form has been fully explained to me and that I have read it understand its contents.

Patient Signature/ Guardian (In case of minors):

Date:

Dentist Signature:

نموذج إقرار طبي

أوافق و اسمح للطبيب بعلاج حالتي المرضية والتي تم شرحها لي من قبل الطبيب المختص و المؤهل.

أتفهم انه من أجل تزويدي بالعلاج الأمثل و الخدمة الأفضل، فإن بعض التشخيصات و الإجراءات الطبية الإضافية سوف تكون ضرورية لاستكمال العلاج.

وأنا اتفهم أن من الممكن ان يكتشف الطبيب خلال العلاج حالات أخرى أو مختلفة عن ما نكر في الفحص الأولي، والتي قد تتطلب إجراءات إضافية أو مختلفة عن تلك المخطط لها.

أفوض الطبيب المعالج بإجراء العلاجات اللازمة و المطلوبة بحكم خبرتهم المهنية و العلمية.

أتفهم انه ليس هنالك أي ضمانات أو أي تأمين لنتائج العلاج كما أتفهم ان هناك مخاطر ناتجة عن عدم استكمال علاج حالتي المرضية، و اتفهم تماماً كافة الاخطار الناجمة عن الفحوصات و الإجراءات العلاجية و الجراحية. و اتفهم احتمالية حدوث عدوى أو تورم أو نزيف أو حساسية نتيجة للفحص أو الإجراء الطبي

أتفهم ان هنالك رسوم بالحد الأدنى يجب دفعها مقابل الخدمة العلاجية و أن جميع الرسوم المطلوبة يجب سدادها مباشرة بعد الانتهاء من كل علاج.

إن أي معلومات أقدّمها بخصوص حالتي الصحية ستبقى سرية تماماً ولا يمكن الاطلاع عليها دون موافقتي.

أقر أنني امتلك المعلومات الكافية لتوقيع هذا الإقرار. و ان هذا النموذج قد تم شرحه لي بالكامل و اني قد قرأت و فهمت جميع تفاصيل هذا الإقرار.

توقيع المريض / الوصي :

التاريخ:

توقيع الطبيب المختص:

Patient Name: FILE NO#

DATE	TREATMENT	PAYMENT	BALANCE	SIGNATURE
	5/2/19 Diet Counseling	-	-	Bakaa
26/2/19	Endymed 1st session			Bakaa
5/3/19	Endymed 2nd session			Bakaa
13/3/19	FOOD INTERVIEW TYPE 60 PINE - NEENA			Bakaa
13/3/19	Endymed 3rd session			Bakaa
2/4/19	Endymed 4th session			Bakaa
25/3/19	Gold Stamp done			Bakaa
26/3/19	Endymed 5th session			Bakaa
10/4/19	Endymed 6th done			Bakaa
18/5/2019	Botox (0.2) ml Plan: FRF (3 session) + PRP P. Accretin 0.025			د. وسام مروان الطباع Dr. Wesam Marwan Al Tabbaa Dermatology specialist MOH License No.: V826 Orchid Medical Centre
16/6/19	Measurement: - up 83cm (nubi) down 91cm 2nd session microvne done			د. وسام مروان الطباع Dr. Wesam Marwan Al Tabbaa Dermatology specialist MOH License No.: V826 Orchid Medical Centre
10.09.2019	Profacial Face			د. وسام مروان الطباع Dr. Wesam Marwan Al Tabbaa Dermatology specialist MOH License No.: V826 Orchid Medical Centre
20/11/2019	Acne Vulgaris dysport (0.5) P. tetralysal - A.D.M Acne serum			د. وسام مروان الطباع Dr. Wesam Marwan Al Tabbaa Dermatology specialist MOH License No.: V826 Orchid Medical Centre



مركز أوركيد الطبي
ORCHID MEDICAL CENTER

File No#: 100067

Date: 18/3/2018

اسم المريض

Patient Name: Maysa yamash

Date of Birth (تاريخ الميلاد):

Gender (الجنس): M / F

Nationality (الجنسية):

Occupation (الوظيفة):

Marital Status (الحالة الاجتماعية): Married

Phone No. (رقم الهاتف): 0506888901

E.MAIL:

How Did You Know About Us? Yamash

Weight: Height: Blood Type:

Chief Complaint:

السجل الطبي Medical History

Diseases: Medication:

Allergies: Pregnancy:

Hospitalization: Family History:

Habits: Smoking: Y/N Alcohol: Y/N Drugs: Y/N

Remarks: CONSULTATION FOR BOTX INFECTIONS

Clinical Findings:

Radiography:

Examination: GLABRA (NW) RIBS AND LIMBS, CERVIX PBT

Diagnosis:

DOCTOR NOTE

Consent


د. غوران يوفانوفيتش
Dr. Goran Jovanovic
Specialist - جراحه التجميل
Plastic Surgeon
MOH License No.: V220
Orchid Medical Centre
مركز أوركيد الطبي

Medical Consent Form

I hereby consent and authorize the doctor to treat my medical condition, which has been explained to me by the qualified physician.

I understand that in order to provide me with the most efficient and enhanced service, diagnostic and other procedures may be deemed necessary.

I understand that my treating doctor may discover other or different conditions, which may require additional or different procedures than those planned.

I authorize my treating doctor to perform such procedure, which are advisable in their professional judgment.

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I understand that there are minimal fees to be paid per service and that all fees must be paid in full after the completion of each treatment.

I understand that any information that I provide regarding my medical status will be kept completely confidential and anonymous.

I believe that I have sufficient information to give this consent. I certify that form has been fully explained to me and that I have read it understand its contents.

Patient Signature/ Guardian (In case of minors):

Date:

Dentist Signature:

نموذج إقرار طبي

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أتفهم انه من أجل تزويدي بالعلاج الأمثل و الخدمة الأفضل، فإن بعض التشخيصات و الاجراءات الطبية الاضافية سوف تكون ضرورية لاستكمال العلاج.

وأنا اتفهم أن من الممكن ان يكتشف الطبيب خلال العلاج حالات أخرى أو مختلفة عن ما ذكر في الفحص الأولي، والتي قد تتطلب إجراءات إضافية أو مختلفة عن تلك المخطط لها.

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أتفهم أن هناك رسوم بالحد الأدنى يجب دفعها مقابل الخدمة العلاجية و أن جميع الرسوم المطلوبة يجب سدادها مباشرة بعد الانتهاء من كل علاج.

إن أي معلومات أقدمها بخصوص حالتي الصحية ستبقى سرية تماما ولا يمكن الاطلاع عليها دون موافقتي.

أقر اني امتلك المعلومات الكافية لتوقيع هذا الاقرار. و ان هذا النموذج قد تم شرحه لي بالكامل و اني قد قرأت و فهمت جميع تفاصيل هذا الاقرار.

توقيع المريض / الوصي :

التاريخ:

توقيع الطبيب المختص:

ID 050219-1 | Height 168cm | Age 38 | Gender Female | Test Date & Time 05.02.2019. 15:10

Body Composition Analysis

Total amount of water in body	Total Body Water (L)	35.6 (30.9~37.7)
For building muscles	Protein (kg)	9.5 (8.3~10.1)
For strengthening bones	Minerals (kg)	3.59 (2.86~3.50)
For storing excess energy	Body Fat Mass (kg)	33.7 (12.1~19.4)
Sum of the above	Weight (kg)	82.4 (51.6~69.8)

InBody Score

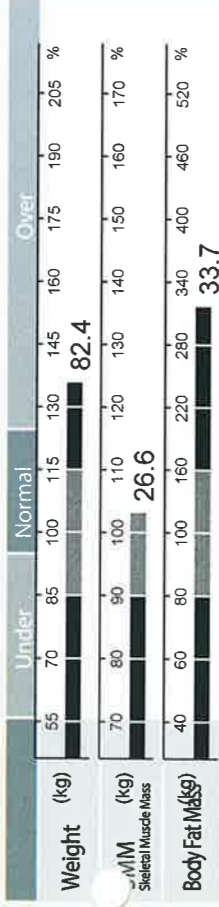
63 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

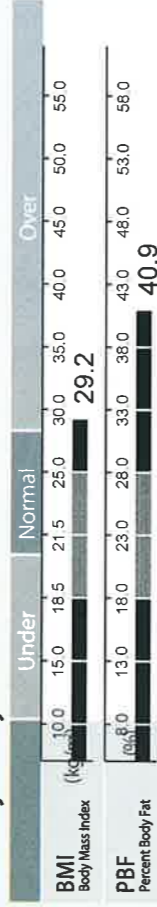
Weight Control

Target Weight 63.3 kg
 Weight Control - 19.1 kg
 Fat Control - 19.1 kg
 Muscle Control 0.0 kg

Muscle-Fat Analysis



Obesity Analysis



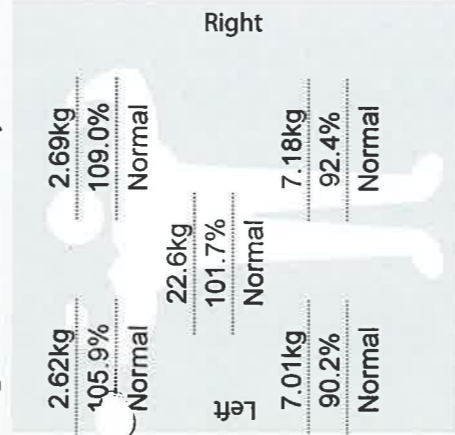
Visceral Fat Level

Level 18 (Low 10, High 18)

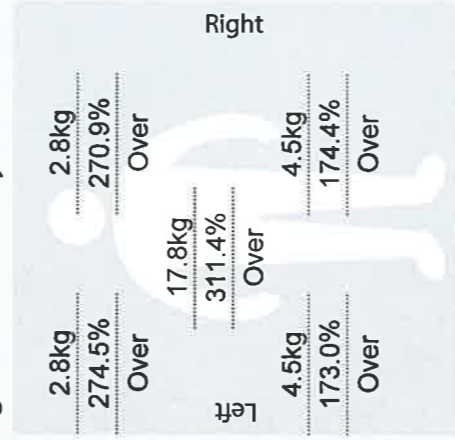
Research Parameters

Fat Free Mass 48.7 kg
 Basal Metabolic Rate 1422 kcal (1603~1878)
 Obesity Degree 136 % (90~110)
 Recommended calorie intake 1821 kcal

Segmental Lean Analysis



Segmental Fat Analysis



Calorie Expenditure of Exercise

Golf 157 Gateball 157
 Walking 165 Yoga 165
 Badminton 186 Table Tennis 186
 Tennis 247 Bicycling 247
 Boxing 247 Basketball 247
 Mountain Climbing 269 Jumping Rope 288
 Aerobics 288 Jogging 288
 Soccer 288 Swimming 288
 Japanese Fencing 412 Racketball 412
 Squash 412 Taekwondo 412

* Based on your current weight
 * Based on 30 minute duration

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Body Composition History

Weight (kg)	82.4
SMM (kg)	26.6
PBF (%)	40.9

Impedance

RA LA TR RL LL
 Z(Ω) 20 kHz | 376.7 390.7 21.9 295.6 311.2
 100 kHz | 342.8 356.1 19.1 267.6 282.6

ID 0p0219-1

Height 168cm

Age 38

Gender Female

Test Date & Time 16.02.2019. 17:43

Body Composition Analysis

Total amount of water in body	Total Body Water	(L)	34.4	(30.9~37.7)
For building muscles	Protein	(kg)	9.1	(8.3~10.1)
For strengthening bones	Minerals	(kg)	3.47	(2.86~3.50)
For storing excess energy	Body Fat Mass	(kg)	34.7	(12.1~19.4)
Sum of the above	Weight	(kg)	81.7	(51.6~69.8)

InBody Score

60/100 Points

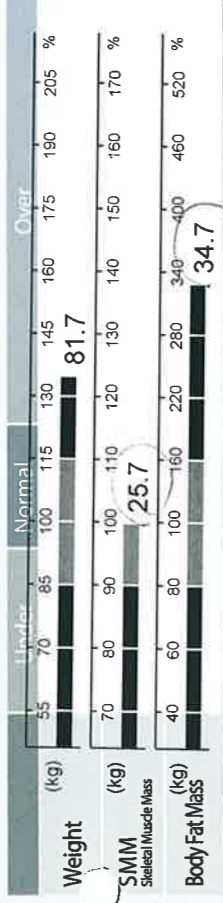
* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 61.0 kg
 Weight Control -20.7 kg
 Fat Control -20.7 kg
 Muscle Control 0.0 kg

16kg

Muscle-Fat Analysis



Obesity Evaluation

BMI Normal Under Slightly Over Over

PBF

Normal Slightly Over Over

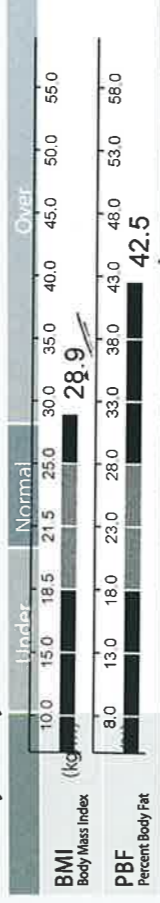
Waist-Hip Ratio

1.01 (0.75-0.85)

Visceral Fat Level

Level 18 (Low 10 High)

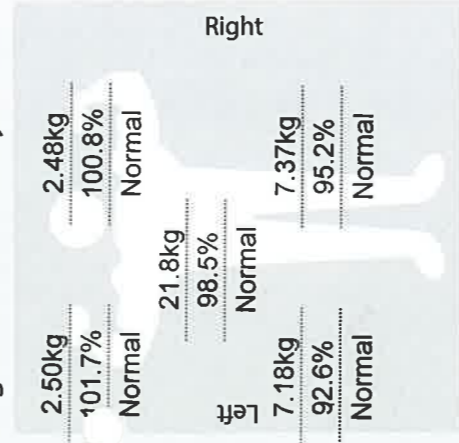
Obesity Analysis



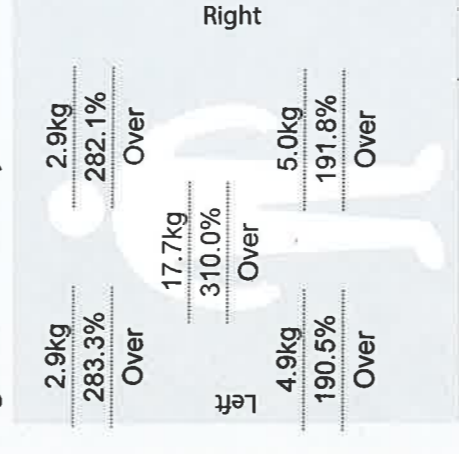
Research Parameters

Fat Free Mass 47.0 kg
 Basal Metabolic Rate 1385 kcal (1593~1865)
 Obesity Degree 135 % (90~110)
 Recommended calorie intake 1814 kcal

Segmental Lean Analysis



Segmental Fat Analysis



Calorie Expenditure of Exercise

Golf	144	Gateball	155
Walking	163	Yoga	163
Badminton	185	Table Tennis	185
Tennis	245	Bicycling	245
Boxing	245	Basketball	245
Mountain Climbing	266	Jumping Rope	286
Aerobics	286	Jogging	286
Soccer	286	Swimming	286
Japanese Fencing	409	Racketball	409
Squash	409	Taekwondo	409

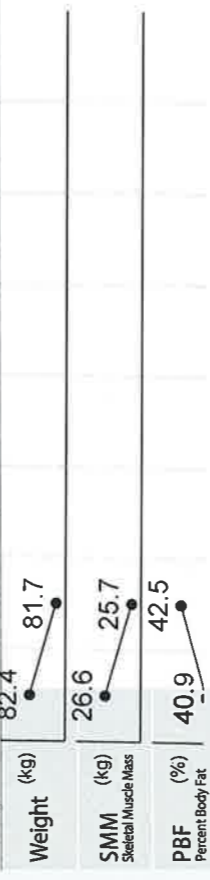
*Based on your current weight
 *Based on 30 minute duration

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Body Composition History



Impedance

Z₍₆₅₎ 20 kHz | 404.0 399.2 24.6 287.4 304.5
 100 kHz | 365.4 362.7 21.7 259.5 275.3

Bravo
↓ 2kg ↓

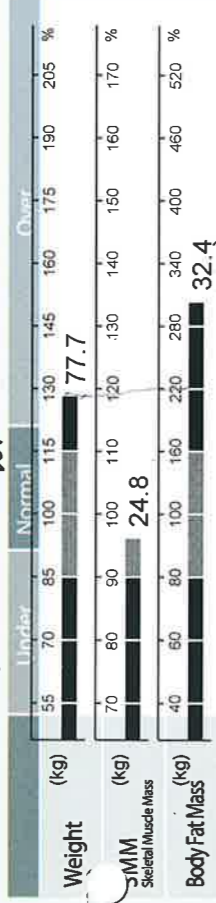
ID 050219-1 | Height 168cm | Age 38 | Gender Female | Test Date & Time 26.02.2019. 11:59

Body Composition Analysis

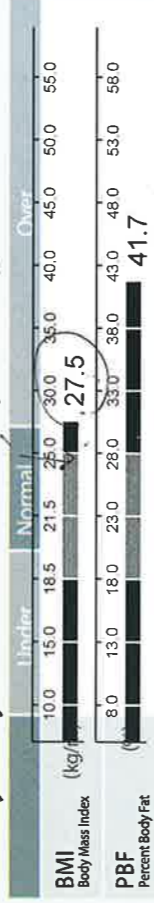
Total amount of water in body	Total Body Water	(L)	33.1 (30.9~37.7)
For building muscles	Protein	(kg)	8.9 (8.3~10.1)
For strengthening bones	Minerals	(kg)	3.34 (2.86~3.50)
For storing excess energy	Body Fat Mass	(kg)	32.4 (12.1~19.4)
Sum of the above	Weight	(kg)	77.7 (51.6~69.8)

Muscle-Fat Analysis

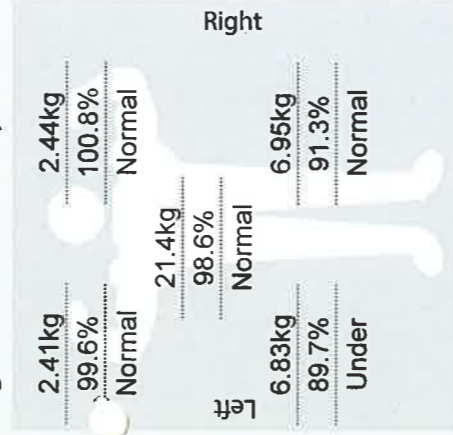
Target wt = 76.6 kg = 3kg



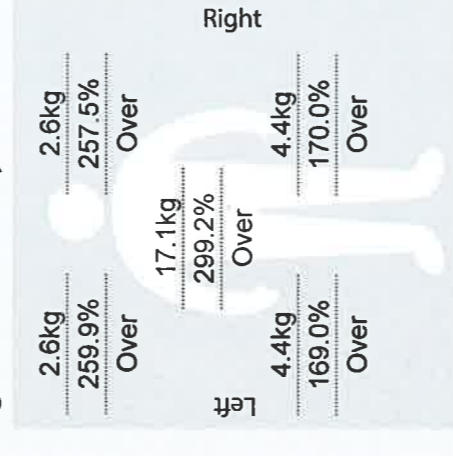
Obesity Analysis



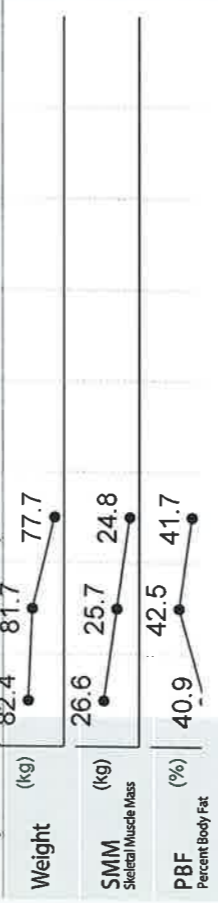
Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History



InBody Score

60 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 60.7 kg
 Weight Control - 17.0 kg
 Fat Control - 18.5 kg
 Muscle Control + 1.5 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over
 PBF Normal Slightly Over Over

Waist-Hip Ratio

1.04

Visceral Fat Level

Level 17

Research Parameters

Fat Free Mass 45.3 kg
 Basal Metabolic Rate 1348 kcal (1533~1792)
 Obesity Degree 128% (90~110)
 Recommended calorie intake 1772 kcal

Calorie Expenditure of Exercise

Golf	137	Gateball	148
Walking	155	Yoga	155
Badminton	176	Table Tennis	176
Tennis	233	Bicycling	233
Boxing	233	Basketball	233
Mountain Climbing	253	Jumping Rope	272
Aerobics	272	Jogging	272
Soccer	272	Swimming	272
Japanese Fencing	389	Racketball	389
Squash	389	Taekwondo	389

* Based on your current weight
 * Based on 30 minute duration

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

RA LA TR RL LL
 Z(Ω) 20 kHz 416.7 422.9 26.5 332.6 347.1
 100 kHz 377.4 384.1 22.7 298.3 312.7

Balance
For Constipation
Prunes

ID 030219-1 | Height 168cm | Age 38 | Gender Female | Test Date & Time 05.03.2019. 12:16

Body Composition Analysis

Total amount of water in body	Total Body Water (L)	33.3 (30.9~37.7)
For building muscles	Protein (kg)	8.9 (8.3~10.1)
For strengthening bones	Minerals (kg)	3.34 (2.86~3.50)
For storing excess energy	Body Fat Mass (kg)	32.5 (12.1~19.4)
Sum of the above	Weight (kg)	78.0 (51.6~69.8)

InBody Score **60** / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 60.7 kg
 Weight Control - 17.3 kg
 Fat Control - 18.5 kg
 Muscle Control + 1.2 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over
 PBF Normal Slightly Over Over

Waist-Hip Ratio



Visceral Fat Level



Research Parameters

Fat Free Mass 45.5 kg
 Basal Metabolic Rate 1353 kcal (1538~1797)
 Obesity Degree 129 % (90~110)
 Recommended calorie intake 1775 kcal

Calorie Expenditure of Exercise

Golf	137	Gateball	148
Walking	156	Yoga	156
Badminton	176	Table Tennis	176
Tennis	234	Bicycling	234
Boxing	234	Basketball	234
Mountain Climbing	254	Jumping Rope	273
Aerobics	273	Jogging	273
Soccer	273	Swimming	273
Japanese Fencing	390	Racketball	390
Squash	390	Taekwondo	390

* Based on your current weight
 * Based on 30 minute duration

Results Interpretation QR Code

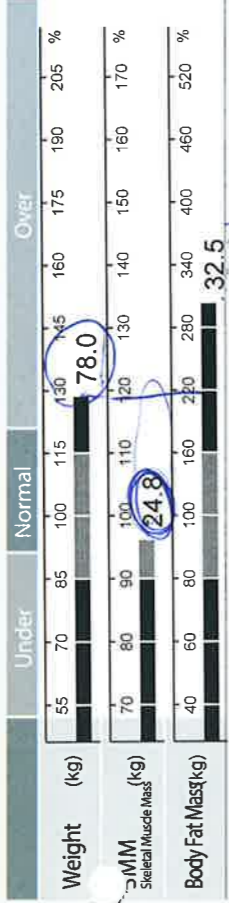
Scan the QR Code to see results interpretation in more detail.



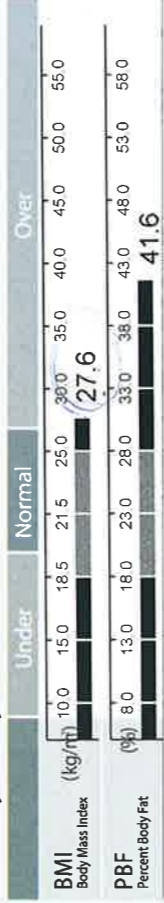
Impedance

Z_(s) 20 kHz | 390.4 | 390.4 | 409.4 | 26.1 | 288.5 | 302.7
 100 kHz | 356.9 | 374.5 | 23.0 | 262.0 | 275.6

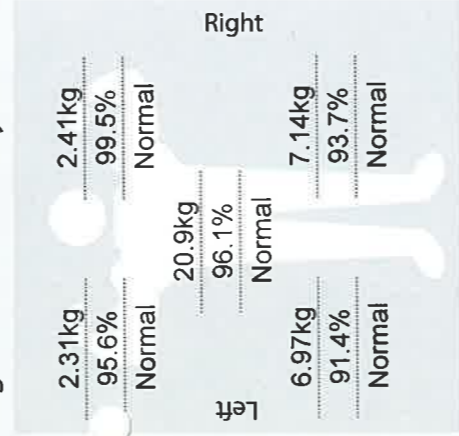
Muscle-Fat Analysis



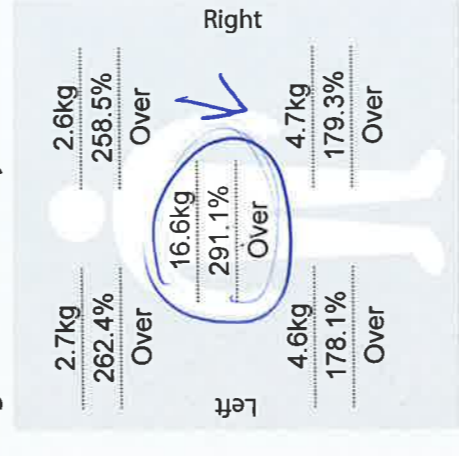
Obesity Analysis



Segmental Lean Analysis

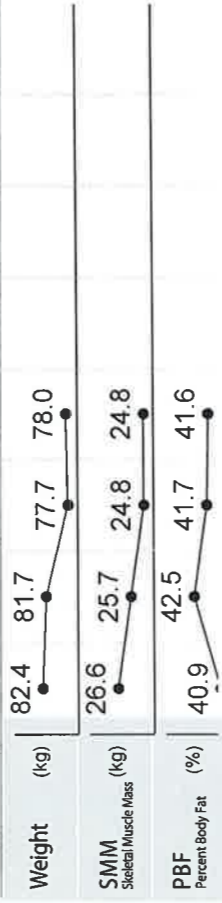


Segmental Fat Analysis



* Segmental fat is estimated.

Body Composition History



ID 05p219-1 | Height 168cm | Age 38 | Gender Female | Test Date & Time 1p.03.2019. 14:08

Body Composition Analysis

Total amount of water in body	Total Body Water (L)	33.6 (30.9~37.7)
For building muscles	Protein (kg)	8.9 (8.3~10.1)
For strengthening bones	Minerals (kg)	3.35 (2.86~3.50)
For storing excess energy	Body Fat Mass (kg)	30.5 (12.1~19.4)
Sum of the above	Weight (kg)	76.4 (51.6~69.8)

InBody Score **63** / 100 Points

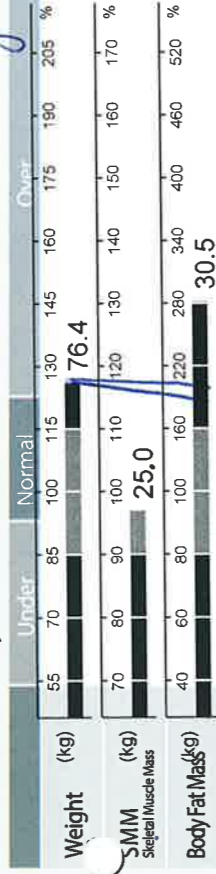
* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 60.7 kg
 Weight Control -15.7 kg
 Fat Control -16.5 kg
 Muscle Control +0.8 kg

2 kg ↓
 ↓ 15.0 kg

Muscle-Fat Analysis



Obesity Evaluation

BMI Normal Under Slightly Over Over

PBF

Normal Slightly Over Over

Waist-Hip Ratio

0.99 0.75 0.85

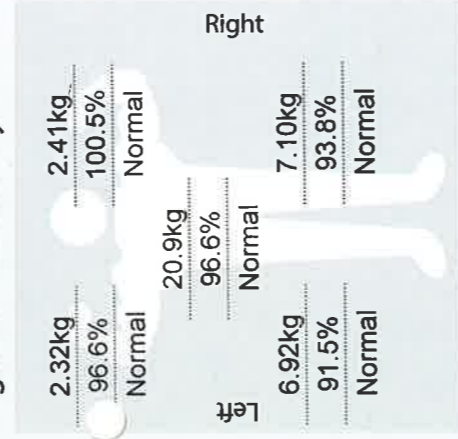
Visceral Fat Level

Level 16 Low 10 High

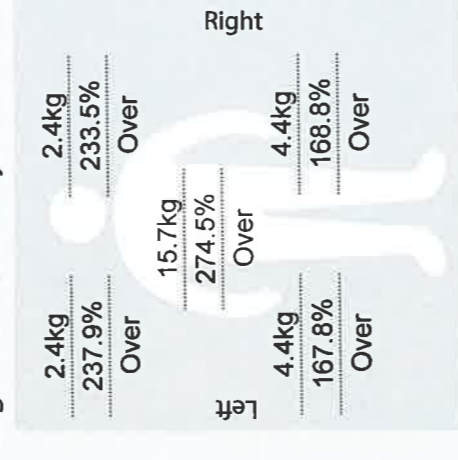
Research Parameters

Fat Free Mass 45.9 kg
 Basal Metabolic Rate 1362 kcal (1514~1768)
 Obesity Degree 126 % (90~110)
 Recommended calorie intake 1758 kcal

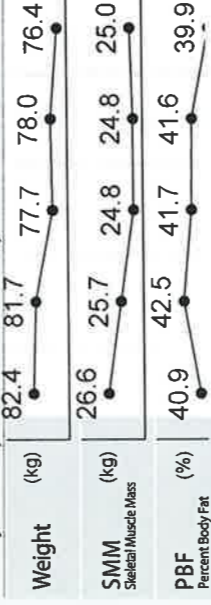
Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History



Calorie Expenditure of Exercise

Golf	135	Gateball	145
Walking	153	Yoga	153
Badminton	173	Table Tennis	173
Tennis	229	Bicycling	229
Boxing	229	Basketball	229
Mountain Climbing	249	Jumping Rope	267
Aerobics	267	Jogging	267
Soccer	267	Swimming	267
Japanese Fencing	382	Racketball	382
Squash	382	Taekwondo	382

* Based on your current weight
 * Based on 30 minute duration

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

RA LA TR RL LL
 Z(α) 20 kHz | 393.8 412.5 24.4 289.0 304.5
 100 kHz | 358.8 376.7 21.3 263.9 278.3

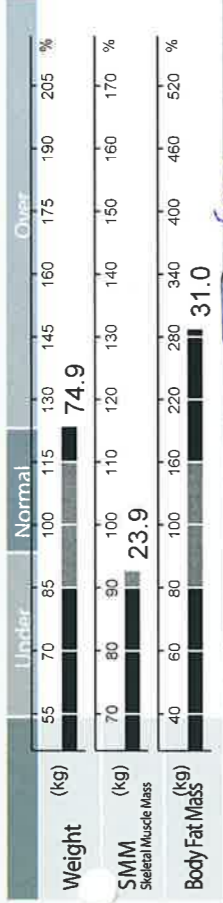
Mayse (4)

ID 050219-1 | Height 168cm | Age 38 | Gender Female | Test Date & Time 26.03.2019. 12:22

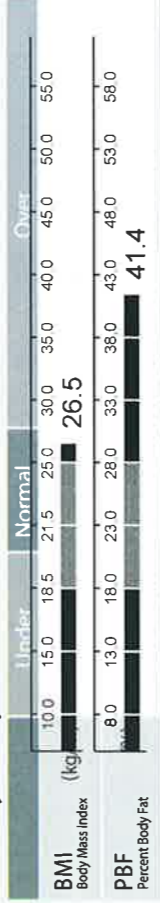
Body Composition Analysis

Total amount of water in body	Total Body Water (L)	32.1 (30.9~37.7)
For building muscles	Protein (kg)	8.6 (8.3~10.1)
For strengthening bones	Minerals (kg)	3.23 (2.86~3.50)
For storing excess energy	Body Fat Mass (kg)	31.0 (12.1~19.4)
Sum of the above	Weight (kg)	74.9 (51.6~69.8)

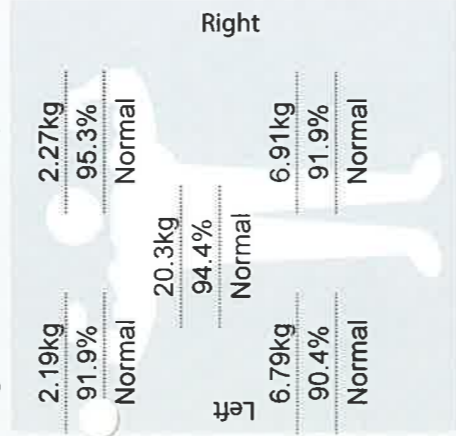
Muscle-Fat Analysis



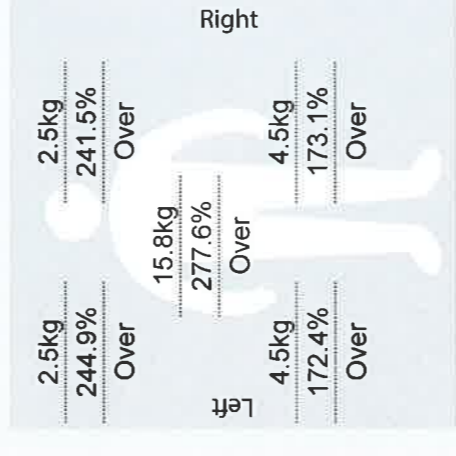
Obesity Analysis



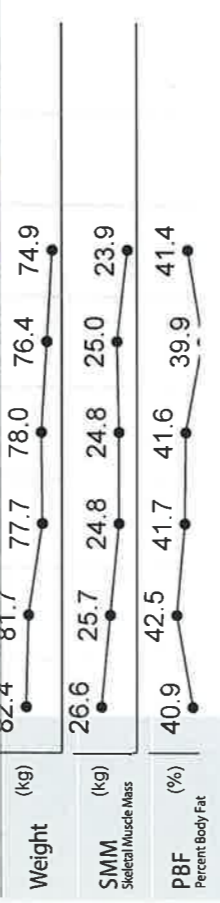
Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History



InBody Score

60 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight 60.7 kg
 Weight Control -14.2 kg
 Fat Control -17.0 kg
 Muscle Control +2.8 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over
 PBF Normal Slightly Over Over

Waist-Hip Ratio

0.99 (0.75 0.85)

Visceral Fat Level

Level 16 (Low 10 High)

Research Parameters

Fat Free Mass 43.9 kg
 Basal Metabolic Rate 1318 kcal (1491~1740)
 Obesity Degree 123% (90~110)
 Recommended calorie intake 1743 kcal (500)

Calorie Expenditure of Exercise

Golf	132	Gateball	142
Walking	150	Yoga	150
Badminton	169	Table Tennis	169
Tennis	225	Bicycling	225
Boxing	225	Basketball	225
Mountain Climbing	244	Jumping Rope	262
Aerobics	262	Jogging	262
Soccer	262	Swimming	262
Japanese Fencing	375	Racketball	375
Squash	375	Taekwondo	375

* Based on your current weight
 * Based on 30 minute duration

Results Interpretation QR Code



Scan the QR Code to see results interpretation in more detail.

Impedance

RA LA TR RL LL
 Z(Ω) 20 kHz 425.3 445.1 26.8 316.5 328.4
 100 kHz 387.7 405.9 23.2 286.7 298.0



ID 050219-1 | Height 168cm | Age 38 | Gender Female | Test Date & Time 02.04.2019. 12:27

Maya S
best 5.3kg Fat
Pravo

Body Composition Analysis

Total amount of water in body	Total Body Water (L)	33.2 (30.9~37.7)
For building muscles	Protein (kg)	8.9 (8.3~10.1)
For strengthening bones	Minerals (kg)	3.34 (2.86~3.50)
For storing excess energy	Body Fat Mass (kg)	29.4 (12.1~19.4)
Sum of the above	Weight (kg)	74.8 (51.6~69.8)

InBody Score

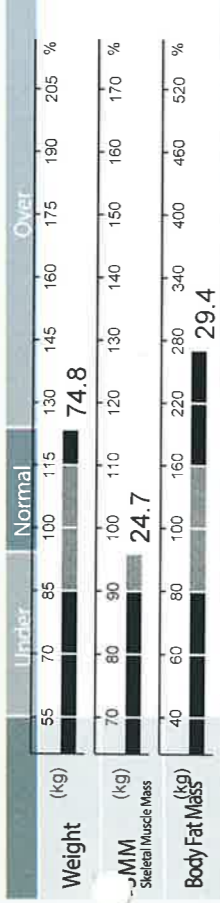
63 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

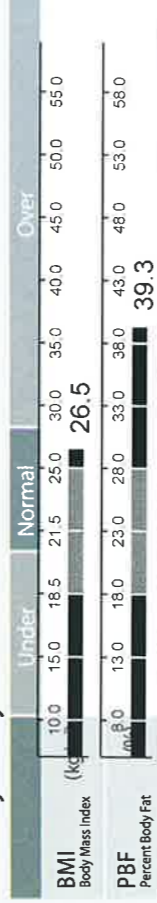
Weight Control

Target Weight 60.7 kg
 Weight Control - 14.1 kg
 Fat Control - 15.5 kg
 Muscle Control + 1.4 kg

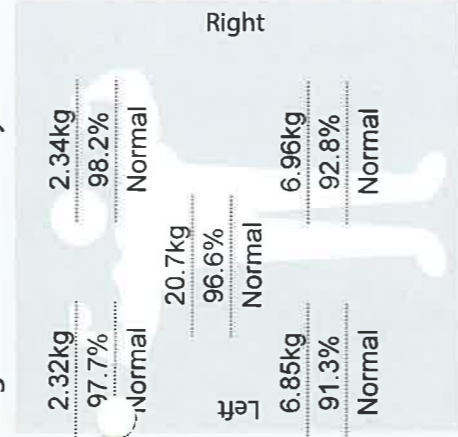
Muscle-Fat Analysis



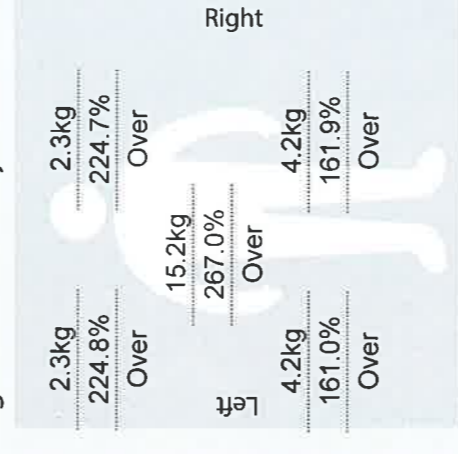
Obesity Analysis



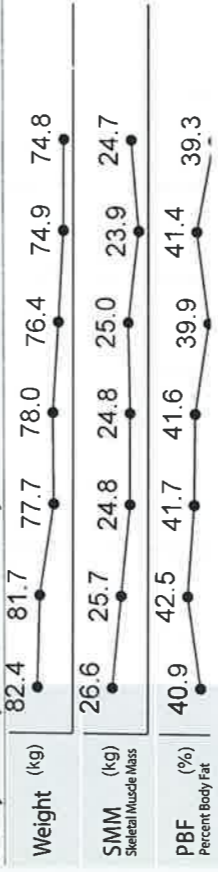
Segmental Lean Analysis



Segmental Fat Analysis



Body Composition History



Research Parameters

Fat Free Mass 45.4 kg
 Basal Metabolic Rate 1350 kcal (1490~1738)
 Obesity Degree 123 % (90~110)
 Recommended calorie intake 1742 kcal

Calorie Expenditure of Exercise

Golf	132	Gateball	142
Walking	150	Yoga	150
Badminton	169	Table Tennis	169
Tennis	224	Bicycling	224
Boxing	224	Basketball	224
Mountain Climbing	244	Jumping Rope	262
Aerobics	262	Jogging	262
Soccer	262	Swimming	262
Japanese Fencing	374	Racketball	374
Squash	374	Taekwondo	374

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail

Impedance

RA LA TR RL LL
 Z (Ω) 20 kHz 411.4 414.6 24.8 305.7 316.2
 100 kHz 375.3 377.8 21.6 277.5 287.9